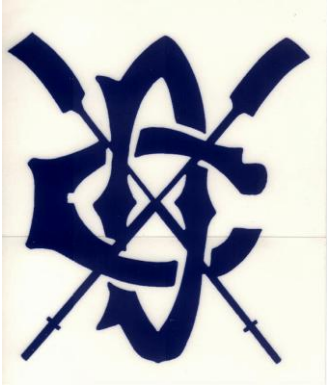
DOLPHIN LOG

Collection, Years 1972 – 1979

The Bulletin of the
Dolphin Swimming & Boating Club
San Francisco, Established 1877

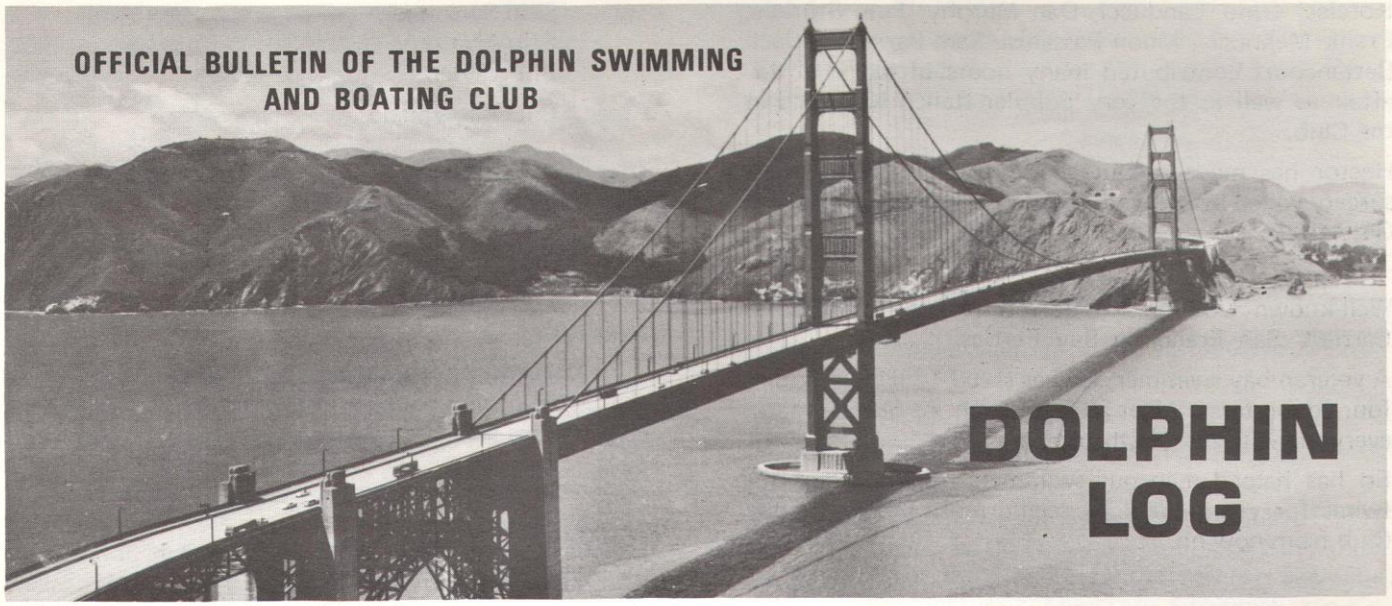


Compiled and Contributed by
W. Walter Schneebeli

Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, CA 94109

April 2011

DECEMBER 1972



502 Jefferson Street **Bill Walden, Editor** **Organized 1877**

S.F. Examiner-Chronicle – August 6, 1972

NEW CHAMP IN ALCATRAZ 2-MILE SWIM

Frank Blair withstood the last-minute challenge of Lew Cook yesterday in San Francisco Bay to win the annual two-mile Alcatraz swim by three seconds.

Cook, last year's winner of the Dolphin Club-sponsored event, swam through the rough currents to Alcatraz in 43:25. Nobody else came within a minute of the first two finishers. The standings:

1.	Frank Blair	43:22	12.	Buck Swannack	77:45
2.	Lew Cook	43:25	13.	Joe Carroll	80:10
3.	Joe Flahaven	45:10	14.	Jack Bettencourt	83:05
4.	Dick Beeler	48:08	15.	Dick Leonard	86:02
5.	Conrad Liberty	48:30	16.	Bob Rose	91:10
6.	Pierre Hathaway	52:20	17.	Bill Powning	97:05
7.	Bud Jenkins	52:35	18.	Paul Silvester	101:20
8.	Armin Poes	66:03	19.	Paul Melee	110:30
9.	Jerry Cullen	68:30	20.	George Tracy	120:00
10.	Jim Moreno	71:30	DNF	Nick Zoller	

FORT POINT SWIM – AUGUST 26, 1972

Flat water – high fog – push at end of swim.

1.	Frank Blair	49:14	6.	Jerry Cullen	58:45
2.	Joe Flahaven	49:42	7.	Pete Bianucci	60:09
3.	Dick Beeler	50:35	8.	Joe Carroll	61:20
4.	Bud Jenkins	54:47	9.	Joe Bruno	61:55
5.	Armin Poes	56:20	10.	Bill Powning	65:09

Good Pilot coverage:

Emilio Massucco	Bill Schwartz
Bill Walden	Fred Herms
Bob Katurich	Ed DeCossio
Frank Drum	Jim Glafkides
Jim Mayall	Harry Cordellos
Hans Kramer	Jack Bettencourt

Chef: Peter Sturiale
Timekeepers: Jack Gordon, Bill O'Brien
Assisting Pilots: 1 boat from South End, 2 boats from Mariposa Boat Club

The Maui News – Tuesday, September 5, 1972

FRISCO TEAM DROWNS WAIKIKI

Frank Blair and Lew Cook earned well-deserved applause for their performance in the Hawaiian Lanai to Lahaina relay race, a 7.8 mile course.

GOLDEN GATE SWIM – SEPTEMBER 17, 1972

DUNCAN WINS GATE SWIM

Ed Duncan, Thousand Oaks attorney, won the Dolphin Club's 42nd annual Golden Gate Swim, one mile across the Gate from South Tower to Lime Rock on the Marin shore.

Results:

Place	Name	Time	Place	Name	Time
1.	Ed Duncan	24:15	20.	Rudy DeMay	46:35
2.	Frank Blair	27:43	21.	Joe Bruno	47:09
3.	Lou Cook	27:44	22.	Joe Carroll	47:15
4.	Nick DeMay	27:50	23.	Buck Swannack	51:27
5.	Jim Baird	28:50	24.	Bob Rose	51:27
6.	Joe Flahaven	30:14	25.	John Beale	51:49
7.	Jim Cotton	30:39	26.	Bill Greer	54:25
8.	Dick Beeler	30:45	27.	Walt Schneebeli	55:23
9.	Lynn Fritz	31:58	28.	Dick Leonards	56:30
10.	Conrad Liberty	33:33	29.	Jack Bettencourt	58:11
11.	Art Octavia	35:33	30.	Cliff Quist	58:57
12.	Bud Jenkins	35:47	31.	Don Warto	59:20
13.	Bob Bricca	39:32	32.	Jim Glafkides	62:45
14.	Bill Watson	40:16	33.	Ken Crutchlow	63:53
15.	Armon Poes	41:29	34.	Nick Zoller	65:56
16.	Jerry Cullen	42:12	35.	Bill Powning	75:20
17.	Cliff Hathaway	42:45	36.	Pete Bianucci	87:31
18.	Pierre Hathaway	42:48	37.	Paul Melee	94:06
19.	Jim Morino	45:16			

Unofficial Entry: Mike Garibaldi

DNF	Bill Walden	DNF	George Tracy
DNF	Lou Gallic	DNF	Mac McCaleb
DNF	Harry Cordellos	DNF	Paul Sylvester

Jim Baird swam in memory of Steve Cuthbert who was shot down in Vietnam and is listed as missing.

Jim won the Golden Gate Swim in 1963.

Hector Stephen, All-American, organized a tremendously successful lunch after the Golden Gate Swim. Many of the members' wives assisted. Nick Galousin, Charles

(continues)

Korelec, Dino Landucci, Dan Murphy, Pete Sturiale, Frank Mennucci, Moon Passanisi, Sam Parisi and Jack Bettencourt contributed many hours of work to this affair as well as the very popular Italian Nite held at the Club.

Hector has made a courageous recovery from recent surgery which he delayed in order to handle the Golden Gate affair.

♦

Well-known Dolphin Ed Barrett retires from Harbor Carriers' San Francisco Bay Ferries.

A veteran bay swimmer, Ed has saved 14 lives including four youngsters off Pier 29 last March. At 68 Ed amazes everyone with his youthful energy.

Ed has halped man our swimmers' tugs for our Bay swims for years. We'll be seeing more of him at the Club from now on.

♦

CLEAR LAKE MARATHON — September 23, 1972
RUFF CLEAR LAKE MARATHON WINNER

Only 19 of the 42 contestants in the second annual Clear Lake marathon finished the 7-mile run, 3-mile swim, 3,000 foot mountain climb course.

Gary Ruff 19, of Hayward, finished first, completing the course in 3 hours and 51 minutes. Second was Dan Barraza, 14, of El Sobrante, and third was David Stevenson, 43, of Palo Alto.

7 mile run from Whitehorse Field in Lucerne to Indian Beach Resort at Glenhaven.

+ 3½ mile swim to Kenocti Beach.

+ steep climb to top of Kenocti Mountain and return to the Beach. Return lap across Lake cancelled by U.S. Coast Guard.

The Coast Guard requested that the return lap of the 3½ mile swim across the Lake be cancelled because of rough water and winds.

68 Registered 42 Entrants—Starters 19 Finishers

RESULTS

1st	Gary Ruff, 19 years old, from Hayward 3 hrs. 51 minutes.	
9th	Dr. John Beale, Dolphin Club	5 hrs. 11 min.
12th	Jack Bettencourt, Dolphin Club	5 hrs. 21 min.
13th	Buck Swannack, Dolphin Club	5 hrs. 29 min.
18th	George Tracy, Dolphin Club	7 hrs. 37 min.
19th	Jeff Montgomery, 17 years old, from Belmont 8 hrs. 37 minutes. (His brother finished 5th)	
	23 Did Not Finish	

Dr. Harry Huffaker of Honolulu and Sam Montgomery of Belmont (South End) made the return lap across the Lake at 1:55 PM, a total of 8 hrs. 55 minutes.

Pilots: Jim Lennemann
Bev Bettencourt
Skip Swannack
Eric Arnott
Bill Walden

Pacer: Chuck Stagliano

(Reprinted are two letters received from George Tracy regarding the Clear Lake Marathon)

9-26-72

Dear Walt:

Rosie told me you called and wanted to know how the Dolphin Club made out. The results I'm going to give you are what Ben Giuliano, general manager of Lake County Chamber of Commerce gave me. I don't remember the kid's name that won, but he was some nineteen year old college boy from Hayward. The Dolphin Club won the team championship. John Beale who did a great job came in 9th in 5 hrs. 22 min. Jack Bettencourt 12th in 5 hrs. 31 min. Buck Swannack 13th in 5 hrs. 34 min. And I brought up the rear as always in 18th place, in 7 hrs. 37 min. There were 56 starters, and nineteen were pulled out of the lake. Believe me Walt it was tough. Buck and Jack both told me it was the toughest event they have ever been in, and I feel the same way. I haven't had a chance to talk to John Beale after the race. I tried to reach him by phone to congratulate him and tell him what a great job he did, but was unable to reach him. When I said I brought up the rear, I meant of the four Dolphins. I was satisfied with my showing as I had no training for the event, as I have been working long hours. I was lucky to make it, after hitting the water, after the seven mile run I couldn't breathe with my crawl stroke, and had to swim like a frog for the first hour. Then I got my second wind and was able to chop through the rough water the rest of the way. Then the climb up Mt. Kenocti, boy it was ruff, it seemed like it was straight up. They say it was three miles to the top. Anyway, when I got down I was going to attempt to swim the three miles back. But they had taken all the boats back and there was no boat for my pilot. And I know I couldn't make it without Jim Lennemann, who stayed with me all the time. He ran the first seven then stayed with me across the lake, and even went to the top of the mountain with me. He is really a great guy. We all stayed at his cabin at Clear Lake, I mean most of us; Jack, Buck, Beverly, Skip, Stu, Grace, Jim and myself. The gals got up at 3:30 and got our breakfast. We left the cabin at 5:30 as we had to be at the starting line in Lucerne at 6:30. Stu Ruth really got a tough break, he was in fourth place about two hundred yards off Kenocti Harbor, when he got a cramp that tied him up, and had to be pulled from the water. At the time he was ahead of Stevenson, the top senior runner and swimmer from Stanford.

Well "Champ" in closing all I can say is that we really got a great gang and I am real proud to be one of them.

Rosie and I are planning to come to Italian night that is coming up at the club in a couple of weeks. Hope I see you there. "So-long Champ."

Your good friend
George Tracy

* * *

9-27-72

To Walt Stack:

Hi Champ:

Enclosed is the official results of the Clear Lake Marathon, just got them in the mail. I made a few mistakes in my previous letter, but that's the dope I got. One thing I know is correct, is that the Dolphin Club won the team championship. Nuff for that.

I will be at the Club Sunday for the South End's Gate Swim. I am going to pilot with Bill Wolden. Hope to see you Walt.

Your friend,
George Tracy

DR. FRED HOWARD MEMORIAL SWIM SUNDAY – SEPTEMBER 24, 1972

San Francisco Chronicle – September 25, 1972

BLAIR WINS MILE SWIM IN THE BAY

The youngest entrant, Frank Blair, 47, won a combined Dolphin Club – South End Club one-mile Bay swim for seniors yesterday – the Dr. Fred Howard Memorial Race – covering the Gashouse Cove-to-Aquatic Park route in 18 minutes, 7 seconds.

Results:

1.	Frank Blair	18:07	7.	Joe Bruno	24:26
2.	Dick Beeler	19:46	8.	Bill Greer	24:59
3.	Norm Peterson	30:34	9.	Nick Zoller	25:05
4.	George Farnsworth	20:47	10.	John Lynch	26:33
5.	Frank Coghlan	20:51	11.	Lou Gallic (age 68)	27:06
6.	Bob Lee	22:29	12.	Walter Stack	32:10

Guest swimmer from Great Britain: Dr. Eric Arnott Time: 21:58 minutes.

Dr. Arnott attended an opthalmological microsurgery conference here in San Francisco. He also piloted in the Clear Lake Swim. All in between conference work.

San Francisco
26th Sept. 1972

Dolphin Swim & Boat Club
Foot of Hyde Street
San Francisco, Ca.

Gentlemen:

Sunday via TV news I caught a glimpse of your club in action. A swim contest – "Dr. Fred Howard Memorial Rce." It did my heart good to know of your remembrance. My heartfelt "Thanks" to the membership. Me – I was a patient of Doc Howard over fifteen years – all the way – till a few weeks before his passing. I will always remember him – for he saved my life. How could I go all those years without knowing his Love for the Dolphin Club. Doc Howard the Best. So I salute you guys.

Sincerely,
Ed Burns

1001 Franklin St., Apt. 5B
San Francisco Ca. 94109

RUNNERS' NEWS

Running Commissioner, Walt Stack, reported on Running Program:

The Dolphin-South End Runners had a successful Awards Banquet attended by track and field dignitaries of wide fame.

Buck Swannack won the award for Runner of 1971. Buck Swannack ran 60 races, and a total of 2117 miles. To get in shape for Pike's Peak (14,140 feet elevation) 26.8 mile race, Buck & Mrs. Skip Swannack ran Kilimanjaro (19,000 feet elevation) in South Africa.

Skip ran 56 races and 1178 miles. Skip came in 1st, 2nd or 3rd woman in most of the races, and was named Woman of the Year for 1971.

Dolphin Runners ran in races all over the country – in Boston, New Orleans, Atlanta, Las Vegas, San Diego, Arcata, Belmont, Pike's Peak, Honolulu, and Alaska. President John Beale ran the famous Bay to Breakers and the Dipsea Races. Vice President Jack Bettencourt and our Recording Secretary Bill Walden ran these classic races.

Chuck Stagliano is our fastest runner this year. Our running program includes 400 men, women and children. The newspapers and TV have covered many of our events.

Among the Dolphin Club's participants are Andy Burleigh, Jim Keely, Bill Walden, Jim Vanya, Don Ross, Bill Kirchmeir, Pax Beale, Ken Krutchlow, George Tracy, Don Tracy, Harry Cordellos, Don Kiernan, Pete Bianucci and Larry Witter.

Check our schedule for our 10 AM Sunday Scenic Runs.

The running of the 62nd Annual Dipsea Race organized by the Mill Valley JAYCEES drew 1109 runners with 1023 finishers on Sunday, August 26, 1972. Winner was Mike Boitano of South End Rowing Dlub in the handicap time of 43:37. Father and Son trophy was won by Mike Boitano and John Boitano of South End Club. John's time was 53:37.

Mother and Daughter trophy was won by Marietta Boitano 52:44 and Mary Lucille Boitano 76:10. What a fantastic family achievement!

Many Dolphins participated.

Results:

Pat Kelly	51:30	Larry Witter	65:30
Chuck Stagliano	53:23	Don Ross	66:24
Armin Poes	59:03	John Beale	68:12

Walt Stack	61:12	J. D. Lennemann	84:10
Harry Cordellos	65:07	Bill Walden	100:07

♦

Bill Emmington, Dolphin Member, was gored by a 700 lb. boar with 5" tusks at his hog farm. Wounded in the thigh, with 4 inches of muscle torn out, Bill drove for 45 minutes to Solano County Hospital in Fairfield. Best wishes for a full recovery, Bill.

♦

If you need a suckling pig, contact Bill Emmington through the Dolphin Club.

♦

Remember when Jerry Dunn, next door, was bitten in the buttock by a sea lion in the Cove a couple of years ago?

Everything you can imagine happens around here.

♦

S.F. Examiner & Chronicle – September 24, 1972

2 SPILLS PERIL TO BAY

Bay waters were threatened by oil and gasoline spills yesterday at two locations.

In Richmond 150,000 gallons of gasoline leaked from the ARCO refinery at 1308 Canal Blvd. in the southwest part of the city, according to the Coast Guard.

When the leakage was first discovered about 11 p.m. Friday, it was feared that the gasoline might run into the Bay via the nearby Santa Fe Channel.

It was, however, confined to land covering as much as 2000 square yards before it was removed with suction pumps or absorbed in soil and gravel.

A small oil spill was also spotted here in the waters off Aquatic Park.

The spill was near a fire department pumping station.

A fireboat, two trucks and an estimated 200 bales of hay were needed to clean up the bunker oil.



OUR COVE

1972 OFFICERS:

President	Dr. John P. Beale
Vice-President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Tom Gould
Recording Sec'y	Bill Walden
Boat Captain	Frank Drum

BOARD OF GOVERNORS:

Pete Bianucci
Walter Stack
Frank Mennucci
Walter Thurman
Nick Galousin
Jim Glafkides
Will Debrunner

DOLPHIN CLUB HANDBALL NEWS

The club concluded a successful year of handball activity. Winners have been determined in the following annual Tournaments. First, second, and third class singles and the open doubles. Over 40 players participated in these Tournaments and at times the competition was "hot and heavy." The club has many young handballers that participated in Tournament play for the first time. It was good to see this interest.

Coupled with the steady experience of the "Old Timers" many good matches were viewed by enthusiastic spectators. Friendly matches are being played every day and if you want an hour of relaxing enjoyment visit the handball gallery. **Al Ward and Will Debrunner**

♦

BASEBALL STAR

We almost forgot to mention the baseball game between the married men and the single men. The game was won by the single men. Star of the fame was little Phil (Bucko) DeMauro, who hit a grand slam home run!

♦

LUDERS, Carl E. — Oct. 28, 1972, Carl E. Luders, dearly beloved husband of Hermine Luders; beloved father of Herbert Luders; loving grandfather of Nancy, Janice and Michael Luders; loved brother of Martha Thatner and Ella Buske of Germany; loving father-in-law of Joan Luders; a member of the Dolphin Swimming & Boating Club and Eureka Lodge Hermann Sons.
Rosary Sunday evening 7:30 o'clock and funeral services Monday morning, 10:30 o'clock at HALSTED & CO. 1123 Sutter St. Interment Holy Cross Cemetery.
COMPLIMENTARY PARKING

To: Dolphin Swim & Boat Club
c/o Mr. Bill Walden
Foot of Hyde St.
San Francisco, Calif.

Your kind expression of sympathy is deeply appreciated and gratefully acknowledged.

Thank you for the wreath you sent upon my Dad's death. We placed it at his grave because we know how much the Dolphin Club meant to him.

We also appreciate the fact that a toast was to have been drunk to him on the day he was buried.

– Herb Luders and family
and Mrs. Hermine Luders

♦

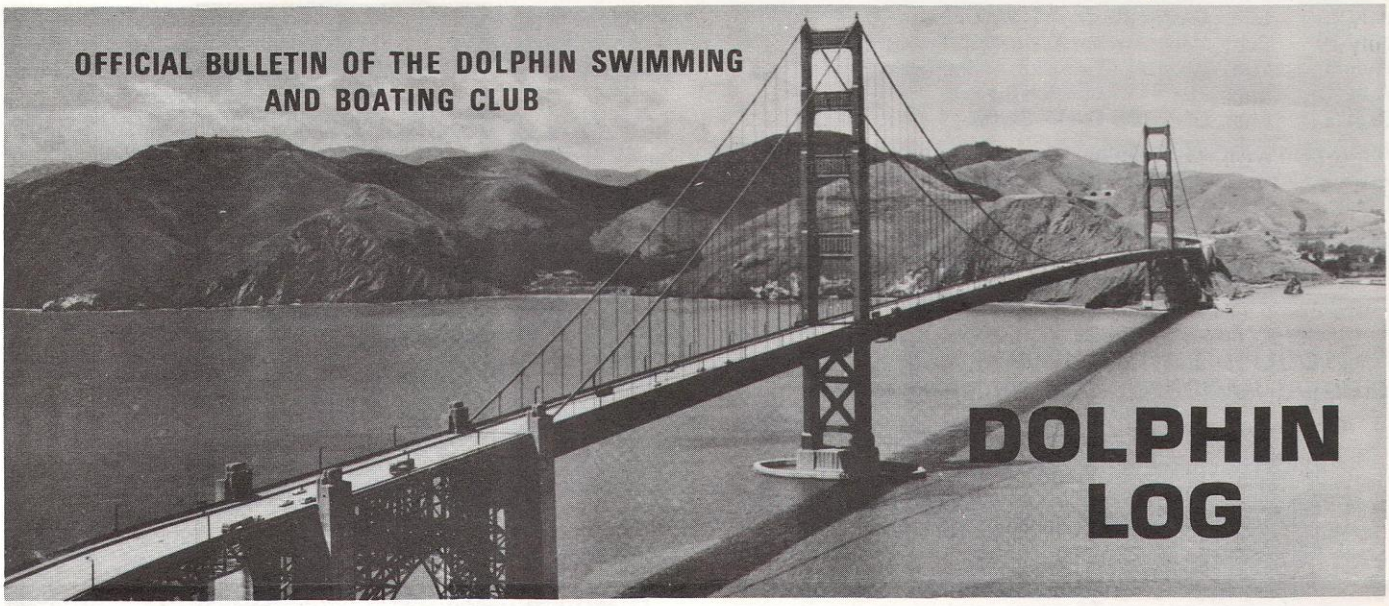
New Unopposed Officers and Board for 1973:

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Secretary	Daniel Murphy
Recording Secretary	David Hinton
Boat Captain	Dino Landucci Sr.

Board of Governors:

Wallace Jennings	Walt Thurman
Will Debrunner	Gordon Cook
Bill Walden	Pete Bianucci
Walter Stack	

MARCH 1973



502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

RETIRING PRESIDENT'S MESSAGE

Dear Fellow Dolphin Club Members:

A year ago I took office as your president. Prior to my election, the goals for the year 1972 were enumerated in a letter to the membership. With the help of a truly fine Board, devoted to the interests of the Club as a whole, much progress has been made towards these goals.

The Club treasury is healthier than it has been for many years. This should not be viewed with overconfidence since with our minimal dues structure, it is not possible to create the reserves that we really need. Advance planning for special club activities with good member support can help to forestall the need for a dues increase. The two club evening functions this year put over a thousand dollars in the club coffers.

A budgetary system has been created for our club. It will be the duty of succeeding Boards to implement its usage.

A building as old as ours has a continuous need for repair. During this past year the dock has been reconstructed and the showers renovated, both at great expense (the dock alone absorbed the dues payments of the entire membership for a four month period). Special meetings were called on several occasions so that the Board could discuss and approve the proper expenditure of club monies.

It is not possible to measure the intangible qualities of spirit and pride. When the year commenced I felt that proper communications to the members and the public were important to develop these qualities. I brought into the club a new member skilled in public relations who has provided superior press and television coverage for us throughout the year.

A new Dolphin Log Editor was appointed and his regular communications and the stimulating new mast head are symbolic of the fact that we are an active and viable club, moving with the times.

The accomplishment of our stated goals and the all-important camaraderie of successful swimming, handball, and running programs have gone to make 1972 a fine Dolphin year.

Looking to the future, it is encouraging to see new faces on the Board. More will be needed in the succeeding years if the club is to survive the internal and external economic pressures which lie ahead as we move to our 100th year.

Each member should reflect on what he personally can do to secure the future of the Dolphin Swimming and Boating Club.

Sincerely,

John P. Beale, Jr., M.D.
Retiring President

PRESIDENT'S MESSAGE

As in my three previous terms, the emphasis will be on activity both Athletic and Social. To be successful three things are required, namely: cooperation, participation and support for all Club functions.

The remodeling and refurbishing will continue until all major repairs and improvements have been completed. In order not to lag too far behind the ever rising costs of maintenance a dues increase is definitely indicated. Get with it.

Frank Drum

DOLPHIN SWIMMING AND BOATING CLUB SWIM SCHEDULE FOR 1973

DATE		EVENT*	JUMP-OFF
Feb. 24	Sat.	Midwinter Swim—Pier 43½	9:30
May 27	Sun.	Handicap Cove	10:00
June 3	Sun.	Cove (Three-Club Swim)	Noon
June 24	Sun.	Pier 43½	9:45
July 1	Sun.	Fort Point (Two Club Swim)	11:00

(continues)

July 15	Sun.	Gas House Cove (Two Club)	10:30
July 29	Sun.	Yacht Harbor (Two Club Swim)	10:00
Aug. 5	Sun.	Alcatraz (Two Club Swim) (Brunch)	10:30
Aug. 19	Sun.	Pier 41 (Two Club Swim)	8:00
Sept. 23	Sun.	GOLDEN GATE SWIM	10:30

*A two club swim means Dolphin and South End Clubs.
A three club swim means Dolphins, South End and Olympic Clubs.

Swimming Commissioners: Frank Blair and Peter Bianucci
Asst. Swimming Commissioners: Rudy DeMay and Bill O'Brien

1973 DOLPHIN SWIMMING AND BOATING CLUB SINGLES HANDBALL TOURNAMENT RULES

1. All players will be notified of their 1st round match. Arrange your own game.
2. 1st round matches will be played not later than March 1.
3. Players must arrange future rounds. Deadlines as follows:

   2nd round: March 10
   3rd round: March 20
   4th round: March 30

4. Players who do not follow the schedule will forfeit their match.
5. All players will post their match results on tournament sheet in pencil, with their scores.
6. This tournament will be a Double Elimination type. Players are out after the 2nd loss. 1st losers will advance per schedule.

The fee is $3.00.

Doubles and Ladder Tournaments coming up!

Handball Commissioners: Walt Thurman
Will Debrunner

* * *

ALCATRAZ SWIM

Kenneth Crutchlow swam from Alcatraz Island to the Club on December 10th in 90 minutes, during bitterly cold weather and a fierce easterly wind. Later in the month he bicycled from London to Edinburgh, swam the Firth of Forth, and ran to Dundee, consecutively. At a victory luncheon in San Francisco it was remarked that Ken grows more philosophical and placid with each exploit. Will Ken finally become a pussy-cat?

Tremendous newspaper coverage followed the Alcatraz effort. Ken hadn't trained for this swim. The news photograph in the Examiner showing him arriving at our beach depicts a mighty tired, cold swimmer leaning on the shoulders of Chuck Stagliano and Dr. John Beale, Jr.

Ken is 28. Somebody said that it's illegal to be 28, anyway.

Associated Press
SF CHRONICLE 1/2/73

Blair Captures Alcatraz Swim

Frank Blair, 48, battling an ebb tide that swept the swimmers off course and almost doubled the race distance, won the first Dolphin Club-South End Rowing Club Alcatraz to Aquatic Park New Year's swim race yesterday in 51 minutes.

1. Frank Blair, 51 minutes; 2. George Farnsworth, 59 mins.; 3. Jim Reid, 1:08; 4. Frank Coglan, 1:09; 5. Norman Peterson, 1:14; 6. Jos Flahaven, 1:15; 7. Bill Woodbridge, 1:18. (Bill Norton and Garry Ruff did not finish).

A powerful ebb tide and easterly winds made this swim one of the toughest ever experienced. Only the strongest swimmers could achieve it. Even Garry Ruff, the youngster who conquered the Clear Lake Marathon contest, did not finish. Remember, though, this was his first Bay Swim. And it certainly did not help that, while being rowed out to the Island for the jump-off, a big bull sea-lion insisted upon making faces at him, all the way, with big teeth. We expect Garry will become a great Dolphin Swimmer.

SWIM RESULTS – PIER 43½
FEBRUARY 24, 1973 – TWO CLUB SWIM

1. Bob Roper SE	15:45	9. Bob Rose DC	37:04
2. Frank Blair DC	17:53	10. Carl Thiele SE	37:37
3. Herb Barthels DC	21:40	11. Bill Powning DC	40:29
4. Geo. Farnsworth SE	24:22	12. Don Kiernan DC	45:32
5. Frank Coghlan SE	24:25	13. Larry Murphy DC	51:10
6. Peter Bianucci DC	32:31	14. George Tracy DC	56:15
7. Bud Jenkins DC	32:54	15. Charles Yeager DC	DNF
8. Modesto Lanzone DC	36:22		

Timer: Jack Gordon
Pilots: Al Burke, Herman Zahler, Jim Morino, Dino Landucci, Gordon Cook, Joe Davis SE, Bill Walden. Water Safety Man: Tom Rice, SE.

Congratulations to Modesto Lanzone and Larry Murphy on their first successful competitive Bay Swim. That morning was an ugly gloomy windy stormy choppy one. In other words, we've seen better.

Dr. Herb Barthels flew to San Francisco from Santa Barbara in order to make this swim. We found out later that he had undergone cervical vertebrae spinal fusion several months ago. Despite this major surgery Herb is determined not to let it cramp his style. It's always a pleasure to see Dr. Barthels at the Dolphin Club.

* * *

Peter Sturiale has donated a boat to the Dolphin Club. Herman Zahler built the steel dolly for it. This boat will be a useful motor-driven pilot-boat for our swims. Charlie Yeager and Bert Arias have been working on the interior fittings. A christening ceremony is being cooked up.

Robin Kinkead has achieved the greatest newspaper and television coverage the Club has ever enjoyed. He's in the water every day, in case you haven't noticed.

* * *

Several weeks ago, a storm destroyed and swept out a whole bent of three pilings in our dock. These were only stub pilings which had been installed by us several years ago. Fortunately, they were not critical. It was a good reminder, though, that the force of the sea can be irresistible.

* * *

Joe Weiss wants to organize a Santa Cruz Swim on a 1½ mile course.

* * *

Old Timers' Night at the Club, featuring a Cracked Crab Dinner, was a great success. Moon, Pete, Daniel, Dino, Hector, Bob, Sam and all the 'regulars' put out a mighty effort on Saturday, January 20th.

* * *

23 year old Pat Quesnel who left San Francisco on October 8th in his 22 foot dory, Hawaii Ki, rowing alone to Hawaii, was picked up finally by the Coast Guard on January 4th. Headwinds and storms had slowed his voyage. Pat covered 1080 miles of the 2400 miles he needed to complete the journey. Several weeks prior to the October departure, another attempt, with a partner, had also failed. Pat expressed his appreciation of the assistance given by Dolphins.

* * *

Have you seen the large photograph in the Staib Room which shows Dino Landucci and Moon Passanisi rowing the Brittania II from our dock towards the berth near Scoma's? John Fairfax and Sylvia Cook wish to thank all the Dolphins who assisted them in their preparations for their history-making row to Australia. A reception in their honor was held in the Staib Room after their return from Australia. Sylvia rowed alone the last several weeks after John was bitten and severely injured by a shark.

* * *

Hall Templeton visited with us and pulled out his Whitehall dory a couple of times. His generous financial donation to assist with our renovation program is appreciated by all.

* * *

Will Debrunner's boy Stevie is showing up all the professional fishermen by yanking up bass, flounder and perch without hardly trying. If you've got it you've got it. Freddie Herms is astonished.

* * *

Al Burke's boy Kevin is studying Stevie's technique. Last week Stevie's rod was carried away and when Pete Sturiale grappled for it and recovered the rig, there was a big bass on Stevie's hook!

* * *

Bert Arias works like a horse keeping the beach and dock cleaned up. This year, with these fantastic rains, tons of debris, flotsam and jetsam have had to be removed from our beach.

Herman Zahler and Al Burke wish to thank all the Dolphins who have assisted them with engineering advice.

* * *

In Memoriam —

Joseph Ambrose died at Yountville Veterans' Home on December 2nd, 1972.

Everybody remembers Little Joe with affection. All his energies were concentrated on finishing the painting of the locker room before his last illness.

Aldo Cuneo dropped in last week with his boy to say hello and check out the old paddie board. Everyone was surprised and concerned because he was on crutches. Aldo was hurt in an accident; but his spirits are great and he ought to be back to normal when our swimming season gets into high gear.

* * *

The Installation Dinner held at the Fort Mason Officer's Club on February 24th was a smashing success. It was sold out long before the deadline for reservations. Col. James Mayall is to be congratulated for the efforts he expended to arrange this great affair.

George Tracy sang.

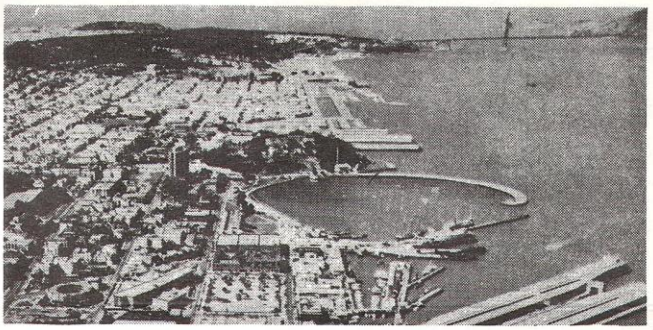
* * *

Kirby Beach — tentative date — March 25th, Sunday. Watch the bulletin board. Picnic, barbecue, swim, fish, sun, fun!

* * *

LADIES' NIGHT DINNER DANCE is set for April 28th, Saturday, Tickets are $5.00. Chairman, Lawton Hughes. Ricky-tick and Dixieland.

* * *



OUR COVE

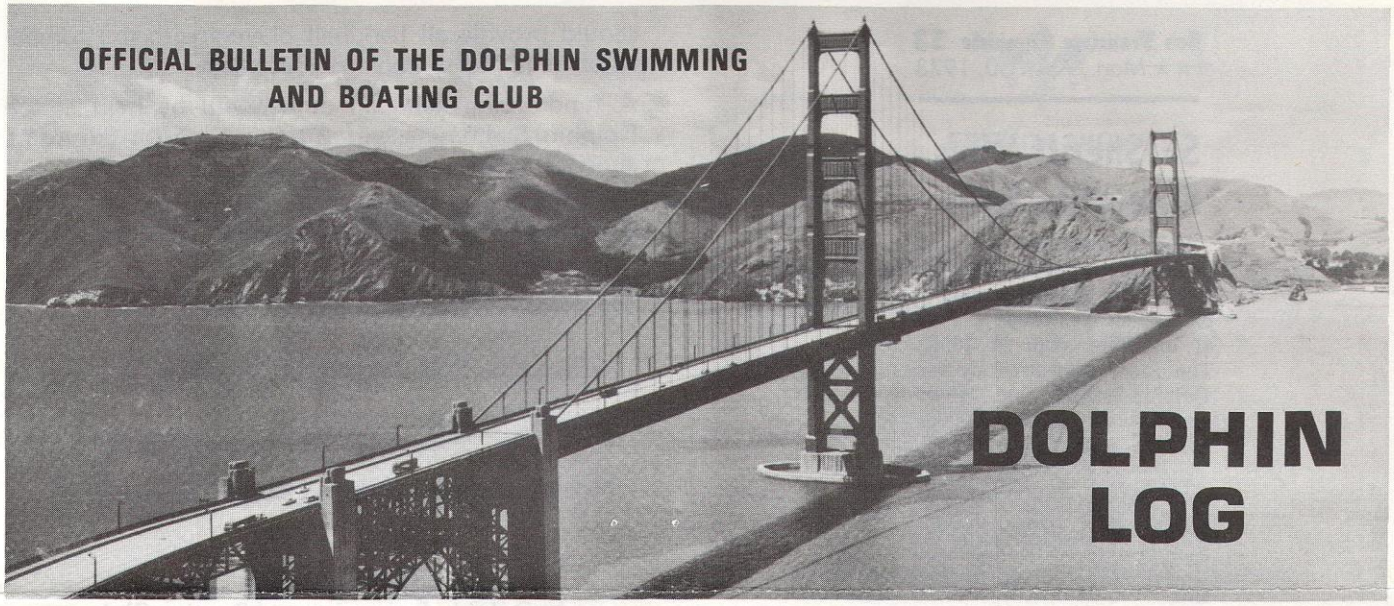
DOLPHIN SWIMMING AND BOATING CLUB

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Daniel Murphy
Recording Sec'y	David Hinton
Boat Captain	Dino Landucci

BOARD OF GOVERNORS	Wallace Jennings	Walt Thurman
	Will Debrunner	Gordon Cook
	Bill Walden	Peter Bianucci
	Walter Stack	

MAY 1973

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB



DOLPHIN LOG

502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

MID-WINTER SWIM

On Sunday, April 15, The Dolphin Club and the South End Club held their second annual Mid-Winter Swim. The course was from Gas House Cove to the Beach at Aquatic Park, one mile in length. A field of 14 swimmers from both clubs competed, all finishing in respectable times.

Order of Finish

1.	Bob Roper	18:47	S.E.R.C.
2.	Frank Blair	21:34	"
3.	Tim Reid	24:55	"
4.	Frank Coghlan	24:58	"
5.	Phil Ward	25:01	"
6.	George Farnsworth	25:26	"
7.	Norm Petersen	25:28	"
8.	Bert Capps	30:32	"
9.	Bill Woodbridge	30:33	"
10.	Jim Morino	32:42	Dolphin Club
11.	Modesto Lanzone	33:45	" "
12.	Bill Powning	34:45	" "
13.	Don Kiernan	36:50	" "
14.	Lou Gallic	38:00	" "

THE POWER OF THE PRESS!

Page 54—S.F.Examiner
☆☆☆ Mon., April 16, 1973

Swimming

DOLPHIN-SOUTHEND GAS HOUSE COVE SWIM From Gas House Cove to Dolphin Club at Aquatic Park

Finishers—1. Bob Roper 18:47; 2. Frank Blair 21:34; 3. Tim Reid 24:55; (4th) Frank Coghlan 24:58; (5th) Phil Ward 25:01; (6th) George Farnsworth 25:26; (7th) Norman Petersen 25:28; (8th) Bert Capps 30:32; (9th) Bill Woodbridge 30:33; (10th) Jim Morino 32:42; (11th) Modesto Lanzone 33:45; (12th) Bill Powning 34:35; (13) Don Kiernan 36:50; (14th) Lou Gallic 38:00.

Pilots:
April 15th, Sunday, 1973

Joe Davis
Sal Reina
Emilio Massucco
Bill Walden
Larry Cahn
Gary Estes
Ray Savigliano
Aldeo Cuneo and his Board

PRESS FLASH!

San Francisco Chronicle 51
★★★ Mon., April 16, 1973

Yesterday

GASHOUSE COVE TO DOLPHIN CLUB SWIM

Bob Roper, 21:47; Frank Blair, 21:34; Tim Reid, 24:55; Frank Coghlan, 24:58; Phil Ward, 25:01; George Farmsworth, 25:26; Norman Petersen, 25:28.

DOLPHIN-SOUTH END CLUB SWIM
PIER 41 TO DOLPHIN CLUB AT AQUATIC PARK
SUNDAY, APRIL 29, 1973

1.	Bob Roper	16:48	8.	Carl Thiele	33:15
2.	Frank Coghlan	24:22	9.	Lou Gallic	38:40
3.	George Farnsworth	24:27	10.	Pat Cunneen	40:04
4.	Armin Poes	27:40	11.	Paul Melee	43:38
5.	Jim Morino	29:30	12.	Mack McCaleb	44:17
6.	Modesto Lanzone	32:09	13.	Bill Powning	46:41
7.	Rod MacLeod	32:47		(late start)	

Congratulations to Rod MacLeod on his first competitive Bay Swim. Modesto Lanzone has astonished everyone with his remarkable times after working those long hours at his popular restaurant in Ghirardelli Square.

Pilots:

Emilio Massucco
Bill Walden
Joe Carroll
Ed Barrett
Sal Reina
Andy Casper
Dan O'Neill
Joe Davis

Timers:

Jack Gordon
Trish Roskoff

Water Safety Swimmer:

Gordon Cook

(continues)

San Francisco Chronicle 53
★★★ Mon., April 30, 1973

SF Sheriff Wins One-Mile Swim

Bob Roper of the San Francisco Sherif's Department, the defending champion, won yesterday's Pier 41 one-mile swin in 16:48. The race, sponsored by the Dolphin-South End Club, covered a stretch betwen Pier 41 and Aquatic Park.

1. Bob Roper, 16:48; 2. Frank Coghlan, 24:22; 3. George Farnsworth, 24:27; 4. Armin Poess, 27:40; 5. Jim Morino, 29:30; 6. Modesto Lanzoni, 32:09; 7. Rod MacLeod, 32:47; 8. Carl Thiele, 33:15; 9. Lou Galic, 38:40; 10. Pat Cunneen, 40:04; 11. Paul Melee, 43:38; 12. Mack McCaleb, 44:17; 13. Bill Powning, 46:41.

DOLPHIN SWIMMING AND BOATING CLUB SWIM SCHEDULE FOR 1973

DATE		EVENT*	JUMP-OFF
Feb. 24	Sat.	Midwinter Swim—Pier 43½	9:30
May 27	Sun.	Handicap Cove	10:00
June 3	Sun.	Cove (Three-Club Swim)	Noon
June 24	Sun.	Pier 43½	9:45
July 1	Sun.	Fort Point (Two Club Swim)	11:00
July 15	Sun.	Gas House Cove (Two Club)	10:30
July 29	Sun.	Yacht Harbor (Two Club Swim)	10:00
Aug. 5	Sun.	Alcatraz (Two Club Swim) (Brunch)	10:30
Aug. 19	Sun.	Pier 41 (Two Club Swim)	8:00
Sept. 23	Sun.	GOLDEN GATE SWIM	10:30

*A two club swim means Dolphin and South End Clubs.
A three club swim means Dolphins, South End and Olympic Clubs.

Swimming Commissioners: Frank Blair and Peter Bianucci
Asst. Swimming Commissioners: Rudy DeMay and Bill O'Brien

DOLPHIN HANDBALL NEWS — *by Will Debrunner*

The Dolphin Club Singles Tournament is coming along nicely. In First Class Andy Burleigh is in the lead, with Bob Lotti and Gene Simmons in hot pursuit.

Second Class has Don Barash in the winners' bracket with Walt Thurman and Will Debrunner as contenders in the losers' bracket. The Third Class Event has Howard Hall in the lead with Tom Passanisi and many others fighting to see who plays Howard for the championship.

The Tournament will conclude in May and the Dolphin Swimming and Boating Club will have new champions in all divisions.

A ladder tournament is being established. The rules and instructions will be posted within the next few weeks. This event will provide continual competition for all handball players in three divisions.

Much interest has been shown in this event. The ladder should provide all handball players with the competition required to improve their play.

A fund-raising handball dinner will be held at the Dolphin Swimming and Boating Club on Saturday, June 23, 1973.

Get your tickets early as this should prove to be a very enjoyable affair. Watch the bulletin board for further information.

See all you 'killers' on the court and at dinner.

****

from Bulletin Board:

Hosted Cocktail Hour — 6 to 7:30 P.M.

Full Course New York Cut Steak Dinner $25.00

June 23, 1973

Saturday Night

At Dolphin Swimming and Boating Club

****

Dino Landucci, Herman Zahler, Al Burke and David Hinton have put in many hours repairing our single Whitehalls. The missing rowlocks in the Tim O'Shea have been replaced.

It is always a considerable problem to find people who have the time and interest to maintain our boats.

*****

Belfast Beverages visited to record the sounds of a swimmer and a pilot for use during their centennial commercial. The sounds of the splashing arms are those of Cliff Quist who is only 70. Listen starting May 6th, for the radio commercial describing the fabulous swimmers of the Dolphin Swimming and Boating Club.

*****

Peter Sturiale caught a rare Wolf Fish at our dock. It bit him in three places. It looks like a flat eel, with sharp teeth. It was learned subsequently that a handsome reward would have been paid for this rare specimen. Unfortunately, someone ate it.

*****

Father Larry visited from St. Peter and Paul's, Salesian Fathers, on Filbert Street. A former athlete, and the most popular youth worker in North Beach, Father Larry blessed the boats, ate Al Burke's beans, and partook beverage. Prominent within the audience was Peter Sturiale who had donated a boat to the Dolphin Swimming and Boating Club.

*****

Herman Zahler made up several sliding seats for our Whitehall boats.

*****

Herman Zahler and Al Burke are presently completing the renovation of our lower level sun deck. Jack Giacomini and Jacques Mergalli take the day in shifts.

*****

A Wieland Row is planned for May 6th, Sunday, 1973, to the Mariposa Club. They assist in piloting our swims. Let's all go there to show our appreciation!

San Francisco Chronicle
THE VOICE OF THE WEST

April 9, 1973

Question Man

What Do You Do Too Much Of?

By Conti

(Asked at McAllister and Larkin streets)

★ ★ ★



Chuck Stagliano, doctor's house call service director, 1801 Bush street:
I run too much. I love to run. I run all through the city. The Park. The Presidio. I belong to the Dolphin Club and I usually represent them. I'm going back to run in the Boston Marathon.

Chuck Stagliano ran the Boston Marathon recently in the very respectable time of 2:55. – *Editor.*

*****

Ron Anderson, conqueror of the 1973 Boston Marathon, is a member of the Dolphin-South End Runners. This great achievement was publicized all over the world.

*****

IMPRESSIONS – *by Chuck Stagliano for Bill Wolden*

Bill,

Following is a summary of Dolphin Club representation in the 1973 Boston Marathon. Since the Dolphin Log is a newsletter format, I thought the best way to approach the task would be for me to list the objective facts in outline form and let you put them into a style consistent with the rest of the log. Also I'll note a few impressions.

OUTLINE

1. 1973 Boston Marathon – 77th running of the event.
2. Started at the village green in Hopkinton, Mass. and proceeded along the traditional route through Framingham, Natick, Wellesley, Newton, Brighton and finally to the Prudential Plaza in Boston. 26 mi. 385 yds.
3. Date April 16th. Patriots Day – Big Boston holiday.
4. Very hot day – 78° F along the route. Many runners were severely hampered by the heat. Several were hospitalized. Spectators provided wonderful assistance with Gaterade, water, garden hose showers and ice cubes.

Continued pg. 4

Attention:

FRENCH NIGHT

June 9th, 1973
at the
DOLPHIN SWIMMING and BOATING CLUB
Cocktails 6 P.M. Dinner 8 P.M. Dancing 9 P.M.
* * * * * * * * * * *

Menu

Assiette de Charcuterie Variee
Coq au Vin
Haricots Verts Pre
Riz au Jus
Profiterolles au Chocalat Creme Chantilly

****

Champagne Louis Gallic

****

Chef: M. Gerard Collet

$7.50 each guest

Tickets must be purchased in advance.
See Jack Giacomini, Dan Murphy, Lawton Hughes

Organizers and Co-Chairmen
Jack Giacomini
Jacques Mergalli



OUR COVE

DOLPHIN SWIMMING AND BOATING CLUB

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Daniel Murphy
Recording Sec'y	David Hinton
Boat Captain	Dino Landucci

BOARD OF GOVERNORS	Jack Giacomini	Walt Thurman
	Will Debrunner	Gordon Cook
	Bill Walden	Peter Bianucci
	Walter Stack	

IMPRESSIONS (cont.)

5. Approximately 500,000 spectators lined the route.
6. Winner was Jon Anderson, a member of DSE runners but not a Dolphin. Representing the Dolphin Club were Harry Cordellos (running with a friend from L.A.). (I Don't know Harry's time or place but it was something around 3 hrs. 35 min.) and myself. I finished in 188th place with a time of 2 hrs. 55 min. 31 sec. I was satisfied with my time considering the conditions. Next year I'm shooting for the top 100.

Hope this is O.K. Bill.

Regards,

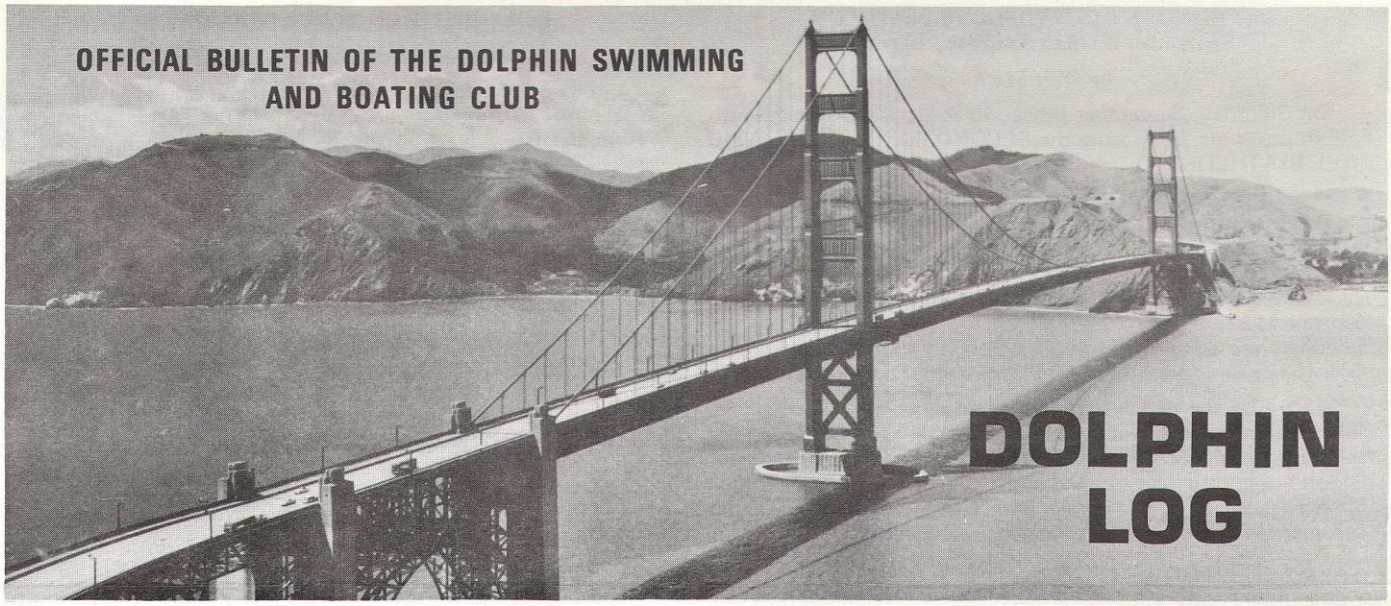
Chuck Stagliano

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



Walt Schneebli
83 Cragmont Ave.
San Francisco, CA 94116

JULY 1973



502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

DOLPHIN CLUB – SOUTH END CLUB – OLYMPIC CLUB JOINT COVE SWIM – JUNE 3, 1973

On Sunday, June 3, 1973, the three clubs held their Annual Cove Swim. Participation from the three clubs was very good. Water conditions were ideal and all but three swimmers finished the race.

Many thanks to the pilots, timers, cooks, and all those who helped make this swim a success.

Order of Finish

GROUP 1

1.	Mike Garibaldi, D.C.	14:07
2.	Lee Faust, O.C.	14:19
3.	Bob Roper, S.E.R.C.	14:25
4.	Denis Rice, O.C.	16:30
5.	Rich Glass, S.E.R.C.	16:48
6.	Bill Foehr, O.C.	17:00
7.	Frank Blair, D.C.	17:09
8.	Mick Lavelle, O.C.	18:34
9.	Pierre Hathaway, D.C.	18:40
10.	John Bricker, S.E.R.C.	19:36
11.	Frank Coghlan, S.E.R.C.	20:00
12.	George Farnsworth, S.E.R.C.	20:19
13.	Mark Haskell, S.E.R.C.	20:44
14.	Phil Ward, S.E.R.C.	21:42
15.	Skip Ohlson, D.C.	22:09
16.	Mike Dower, S.E.R.C.	22:13
17.	Rod McLeod, D.C.	22:23

GROUP II

18.	Jim Morino, D.C.	23:56
19.	Phil Rourke, D.C. (1st gp.)	25:09
20.	Joe Bruno, D.C.	25:18
21.	Nick Zoller, O.C.	26:29
22.	Don Kiernan, D.C.	26:41
23.	Modesto Lanzone, D.C.	27:00
24.	Carl Thiele, S.E.R.C.	27:27
25.	Bill Greer, D.C.	27:48
26.	Bob Hoff, D.C.	27:56
27.	Jim Robertson, O.C.	28:45
28.	Vince Canizzaro, D.C.	28:51
29.	Pat Cunneen, S.E.R.C.	28:56
30.	Bill Powning, D.C.	29:17
31.	Buck Swannack, D.C.	30:18
32.	Ken Crutchlow, D.C.	30:55
33.	Jack Bettencourt, D.C.	31:30
34.	Lou Gallic, D.C.	32:01
35.	Dan Padilla, D.C.	33:10
36.	Dave Weill, D.C.	34:11
37.	Paul Melee, D.C.	37:35
38.	Frank Drum, D.C.	39:36
39.	George Tracy, D.C.	43:31

D.N.F. Walden, Mayall & McGuire

PIER 43½ SWIM, SUNDAY, JUNE 24th 1973

Record Broken by Mike Garibaldi, Dolphin swimmer.

Time	*Place*	*Name*
14:34	1.	Mike Garibaldi
15:12	2.	Bob Roper (Guest)
17:19	3.	Frank Blair
17:55	4.	Bob Girvin (Guest)
18:36	5.	Pierre Hathaway
19:30	6.	Dick Beeler
21:36	7.	Skip Ohlson
23:59	8.	Jim Morino
24:14	9.	Jerry Cullen
24:18	10.	Don Kiernan
24:19	11.	Joe Bruno
24:40	12.	Buck Swannack
25:00	13.	Cliff Hathaway
24:44	14.	Modesto Lanzone
25:50	15.	Joe Carroll
26:32	16.	Nick Zoller
27:09	17.	Jack Bettencourt
27:35	18.	Jim Mayall
27:59	19.	Andy Burleigh
27:59	20.	Lou Gallic
28:00	21.	Ken Crutchlow
28:18	22.	Dan Padilla
31:25	23.	Mack McCaleb

Timers: Bev Bettencourt
Skip Swannack

Pilots: Herman Zahler
Emilio Massucco
Frank Mennucci
Bob Katurich
Freddie Herms
Walt Shiel
Jerry Kafka
Eugene Lanzone
Bill Walden
Dan O'Neil
Norm Patersen
Carl Thiele
Joe Davis
Sal Reina
Mel Trowbridge

Refreshments and Victuals:
Peter Sturiale

In Memoriam

Sid Foster, life-member of the Dolphin Swimming and Boating Club died Monday, June 18, 1973 at the age of 80. Sid Foster was a member of the Club for 60 years. He crossed the Golden Gate many times and once swam to Alcatraz, around the island and returned to the Club. He named his 21' sloop 'The Dolphin' and sailed it for 30 years, helping to pilot our swims. He was the winner of the Golden Gate Swim one year during the early 1920's. One of our sliding-seat Whitehalls was named the Sid Foster in his honor. Now it is in his memory. His obituary notice in the Bay Area newspapers mentioned his fondness for the Club and his many years of membership. As he had requested, his ashes were strewn in the waters of the Golden Gate where he always felt at home.

2nd ANNUAL AQUATIC COVE BIATHLON
September 8, 1973 Saturday, 10 A.M.

by Walt Stack

On Saturday, September 8th at 10 A.M., the Dolphin South End Runners are sponsoring the SECOND ANNUAL AQUATIC COVE BIATHLON:

A run out to the end of the Muni Pier from the Dolphin Swimming and Boating Club and return TWICE, (total about 2½ miles) THEN a ¼ mile swim as soon as the runner crosses the finish line after the 2nd lap.
The swim is from the eastern end of the beach to the clock at the Maritime Museum and return.
Swimmers are advised to swim as close to shore as practical in order to reduce responsibilities of pilot boats.

Last year the race was rather impromptu, and unscheduled. Only 15 participated. This year we expect at least 50. The entry fee is the usual 50c to defray the costs of administration, planning and of course the ribbons for all.

No registration is required. You'd be curious to know that the times recorded at the last show were as follows:

1. Wayne Stenberg	25:16	6. Harry Cordellos	28:50
2. Roger Major	25:55	7. Pat Cunheen	28:50
3. Mike Ladrech	27:18	8. Diane Major	29:25
4. Joan Ullyot	28:40	9. Ted McRice	29:27
	(1st woman)	10. Robyn Paulson	30:44
5. Irene Rudolph	28:44		

Average running time was approximately 16 minutes. Average swimming time of the first ten was about 11 minutes.

Bring any man or woman. All are welcome.

WIELAND ROW TO THE MARIPOSA CLUB ON MAY 6th, 1973

Harry Cordellos rowed stroke on this trip. Other rowers were Bill Walden, Jim Morino, Jack Bettencourt, Buck Swannack and Dan Padilla.

Making history were the hardworking ladies: Bev Bettencourt, Skip Swannack and Joyce Padilla who handled the tiller and the bailing.

Dan Padilla was given the cunning instruction: don't touch the water with the wood until the stroke touches the water with the wood,' and darn it, he picked it up pretty good!

Harry Cordellos with his marvellous instincts and coordination did a fine job.

At the Mariposa Club we met all our old friends who assist us as pilots in our Bay Swims. Other Dolphins such as Dino and Lawton met us there, and Bill Powning won a salami!

* * *

Phil Fernandez, Chairman of the Race Committee for The Guardsmen (Service to Youth Since 1947), sent to us a thank-you note for our participation in their 2nd Annual Angel Island Race. Ritch Geisel conquered the 4.8 mile spectacular course in the fantastic time of 23:59, on Sunday, May 13th, 1973.

Other friends and members noted among the finishers were:

Don Pickett	Philip Fernandez
Stuart Ruth	Lawrence Witter
Phil Paulson	Elaine Pedersen
Jack Bettencourt	Walt Stack
Phil Conley	Dan Ullyot
Ken Israel	Robyn Paulson
Joan Ullyot	Pat Pickett
Ken Crutchlow	Bill Walden
Fran Conley	Pax Beale
David Levy	

Phil Fernandez should be congratulated for a top-notch professional job of organizing this run and getting out the results in a private mailing with all the details beautifully described. Phil, your talents are needed at the Bay to Breakers Race.

DOLPHINS' RUN ACROSS SAN FRANCISCO

By Walt Stack, Running Commissioner

The biggest foot race ever held in the United States, consisting of 4130 runners who crossed the length of San Francisco from the Bay waterfront to the Pacific Ocean, a distance of 7.8 miles, was run on May 20, 1973.

Contrary to popular opinion, the runners involved are rarely novices. They represent every track team from just about every college, high school and grammar school and a couple of thousand registered AAU runners from all parts of Northern California and the whole country, and overseas.

10% of the runners may be people who decided in the preceding six months to train for this run after being a jogger for about a year.

The winner who has been the champion for several years in a row was Ken Moore of Oregon in the time of 37:15. All the way from England, Chris Stewart came in second in the time of 37:17! John Farrington of Australia finished in the time of 37:23.

The fastest Dolphin Swimming and Boating Club participant was Chuck Stagliano, air-line pilot. He was 139th, in the time of 44:08. Chuck recently came in 80th in a field of 1200 runners in the world-renowned Boston Marathon of 26 plus miles.

Practically all of about a score of Dolphin runners finished between the times of 50 and 60 minutes. After Chuck Stagliano, Ray Talavera came in No. 531, followed by Will Baptiste, No. 712, and Andy Burleigh, No. 981. Other Dolphin Swimming and Boating Club runners ranged from 1000 to 3000. (The A.A.U. acknowledges that after the first 500 runners they were not capable of registering an accurate time within 15 minutes of those following.)

The following Dolphin Swimming and Boating Club members participated, but *not* in the order mentioned:

John Beale, Jack Bettencourt, Ken Crutchlow, Harry Cordellos, Don Kiernan, Tom Lyons, Don Ross, Buck Swannack, Walt Stack, George Tracy, Jim Vanya, Bill Walden and Larry Witter.

My apologies to anyone overlooked in the small print. You should have seen the mob there!

Editor's Note:
You bet! We also met the Boitano Family, Bill Hinchy, Skip Swannack, Tom Dougherty, Tom Cuneo, Joe DiCossio (Eddie DiCossio's grandson), Lou Field, and Jim Lenneman. Joe DiCossio and I ran together and finished together. After the race Eddie DiCossio Jr. finally retrieved Joey from the great milling crowd.

DOLPHIN CLUB HANDBALL NEWS

by Will Debrunner

The Dolphin Club Handball Benefit Dinner on Saturday June 23 was a great success. Hector Stephen provided a full course New York Cut Dinner par excellence. The affair was enjoyed by many Dolphins and various outstanding handball personalities were present. Prominent were Roy Leu, Bob McGuire, Bill Keays, Rudy Stadlberger and many others. Dolphin handballers are looking forward to other evenings of this type in the near future.

The Club Singles Tournament was completed this past week. At press time Andy Burleigh was the winner in the first class event. Bob Lotti was the runner-up. In second class it is Lotti between Walt Thurman and Don Barash. Third class will see Howard Hall and Mel Fortenberry in a hot battle for top laurels.

The Club Ladder Tournament is now posted, and the draw has been made. This tournament will give Dolphin players the chance to compete at their level of competence and enjoy handball when they desire to play. The rules are posted and must be followed.

If you are on the ladder, start playing. If not on the ladder, sign up and you will be placed on the ladder. The Tournament will be conducted in 3 classes, with a group of five places on each rung of the ladder. DROP IN AND SEE THE NEW BOARD!

There are 35 players on the ladder and we can stand a few more entries.

DOLPHIN CHALLENGERS TO HAWAIIAN ISLANDS

The first and second finishers of our Fort Point Swim to be held on Sunday, July 1st, 1973, will be assisted financially by the Club as entries in the LAHAINA 9 MILE SWIM from Lanai Island to Lahaina on Maui Island.

These two swimmers as well as other San Francisco challengers will be guests aboard the 'New World,' the 68' flush-deck wooden schooner which is the flagship of the Oceanic Society. Our Club, at their invitation, has become a member of the Oceanic Society, of which George Kiskaddon, a Dolphin, is the Chairman. George invites all Dolphin Swimming and Boating Club members to communicate with him concerning the Oceanic Society's activities to keep the waters of the Bay clean and also regarding the various scientific cruises of the New World.

Boat Captain Dino Landucci Sr. reports that Peter Pell has repaired two of our single Whitehalls, the Sid Foster and the Baggiani. The Dino Landucci Whitehall will be ready in a couple of weeks. The next boat scheduled to be repaired is the Cronin, a double.

• • •

NOTICE! NOTICE!

DOLPHIN – SOUTH END GAS HOUSE COVE SWIM DATE HAS BEEN CHANGED FROM JULY 15 TO JULY 14, SATURDAY.

SWIMMING COMMISSIONER

• • •

The lower sun-deck adjacent to the Gym has been completed by Herman Zahler, Jacques Mergalli, Jack Giacomini, and Al Burke.

• • •

Bids are being solicited to repair the rear stairs, and the renovation of the toilet areas on the 2nd deck. John Quint is providing design assistance.

• • •

Jack Giacomini is setting up an improved system for the distribution of athletic gear. See Jack for trunks, shorts, shirts and other Club supplies.

• • •

How do you like the new shower room? (After 3 decks were put in!) An improved ventilation system through the skylight is being planned.

• • •

Herman Zahler is building a boat for the Club with materials donated by Emilio 'Horse' Massucco. Emilio wants to call it the 'Sea Horse.' Some of his friends say it ought to be called the 'Dolphin Exacta.' Anyway, we can sure use it for piloting in our swims. Herman has also renovated the winch housing.

• • •

Sam Parisi is back at the Club after a hospital experience. Good to see you back, Sam! Everybody missed you. We need your assistance in the Galley – that gourmet touch.

• • •

Al Bogart is back after a Canadian vacation, much enjoyed.

• • •

One of our regulars required daily dressings of an ugly wound on his foot. Since he refused to sign a waiver for the benefit of the practicing layman who treated him, and furthermore, since he declined to state his average annual income, his case was abandoned and referred to the society of retired and defrocked sheep shearers.

• • •

Frank Drum has proposed an Oktoberfest at the Dolphin Club on October 6, Saturday. Keep the date open. Watch the bulletin board.

Continued pg. 4

HANDBALL NEWS (cont.)

Contract bids are being solicited for improved lighting in our handball court.

Handball Commissioners: Will Debrunner, Walt Thurman

SUNDAY, MAY 27th HANDICAP COVE SWIM

	Handicap Time	*Handicap*	*Net Time*
1. Rod McLeod	31:27	9	22:27
2. Jim Mayall	32:01	3	29:01
3. Jack O'Leary	32:10	0	32:10
4. Pierre Hathaway	33:38	15½	18:08
5. Nick Zoller	33:56	8	25:56
6. Bud Jenkins	34:11	15	19:11
7. Don Kiernan	34:21	9	25:21
8. Phil Rourke	34:23	9½	24:53
9. Bill Powning	34:34	9	25:34
10. Bob Hoff	34:35	9	25:35
11. Frank Blair	35:09	19	16:09
12. Cliff Hathaway	35:19	11	24:19
13. Skip Ohlson	35:27	14	21:27
14. Modesto Lanzone	35:42	9	26:42
15. Bill Watson	35:46	15	20:46
16. Jim Morino	35:48	13	22:48
17. Bill Greer	36:21	10½	25:51
18. Dick Beeler	36:38	18	18:38
19. Rudy DeMay	36:50	12½	24:20
20. Lou Gallic	37:30	9	28:30
21. Frank Drum	37:30	4	33:30
22. Jack Bettencourt	37:30	9½	28:00
23. Joe Bruno	37:52	12½	25:22
24. Dan Padilla	38:44	8	30:44
25. Harry Cordellos & Pete Bianucci	38:44	9	29:44
26. Joe Weiss	39:48	9	30:48
27. Mac McCaleb	41:48	7	34:48

Congratulations to Skip Ohlson and to Dan Padilla on their first competitive open rough water swims. At the climactic moment Dan Padilla was instructed by his pilot 'MAKE YOUR MOVE!' Dan produced a remarkable sprint to finish in the net time of 30:44. Nevertheless, Frank Blair does not feel threatened yet. Skip Ohlson will improve as he breaks in to rough water swimming and learns the ropes.

A NOTE FROM ED CURTIS

June 16, 1973

Dear Bill,

I hope that the story you asked for is about the length you can use. You may change it to your needs however. You could dub it "S.F. to San Luis Obispo by pedal power" . . . or whatever . . .

• • •

For a change of pace and adventure our fellow Dolphin Ed Curtis astride his trusty velocipede (bicycle) and proudly wearing the club emblem, huffed and puffed his way S.F. to San Luis Obispo, seat of the annual Great Western Bicycle Rally.

With overnite stops at Hollister, King City and Paso Robles covering three and half days of valley temperatures Ed was finally embraced by soothing ocean breezes as he crested the hills overlooking Morro Bay. With the help of a tail wind Ed was soon gliding into S.L.O. leaving scenic Morro Rock in his dust. At Cal-Poly, official rally headquarters, Ed signed in along with hundreds of other participants. Cycling events included endurance tests, hill climbs, scenic tours, a picnic and a banquet, crowded into the Memorial Day weekend. Though saddle sore and weary Ed pushed to the finish of the one hundred mile (Chaparral Century) and hill climb events earning him the coveted and colorful arm patches.

• • •

The girl friend and I sure enjoyed "French Night." We thought the food, music and atmosphere was the greatest.

Your fellow Dolphin,
/s/ Ed

Editor's Note:

Thank you, Ed. I wish I could have joined you. Sounds like you had a great time on the bike trip, and it was good to see you at the French Night Dinner.

• • •

Frank Blair and Bob Roper are co-chairmen of a new event: INVITATIONAL AQUATIC COVE SWIM, JULY 22, 1973 at 12 Noon. The entry fee is $3.00. Please see Frank or Bob concerning entry blanks. Dozens of swimmers from many areas are expected to attend. The date is a SUNDAY. This endeavor is in the tradition of innovation and progress to support recreational and amateur rough water swimming in San Francisco Bay. Applications will be mailed out soon to many organizations. This will be a big day for the swimming clubs in Aquatic Cove. Be sure to attend.

• • •

French Night Dinner and Dance on June 9th at the Dolphin Swimming and Boating Club was a complete success. Tickets were sold out and late requests had to be refused with apologies.

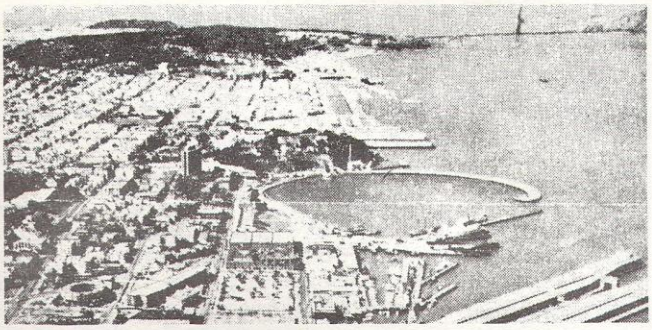
Many thanks to Jack Giacomini and Jacques Mergalli, co-chairmen of the affair, and to Chef M. Gerard Collet. Charles Corda and George Farnsworth provided crucial support to this affair. It could not have succeeded without them. Our thanks to the ladies who assisted.

• • •

The San Francisco Chronicle reported that the Coast Guard is testing a pollution spotting amphibious plane based at San Francisco Airport. This HU-16 Grumman, equipped with $150,000 in infrared and ultraviolet sensing gear, is believed to be able to locate an oil slick at night from a height of 20,000 feet.

• • •

'AQUATIC WORLD' printed a fine 4 page article about the Dolphin Club with Jerry Hawryluk's photo credits. Send 50¢ for costs and handling to Dan for your copy, or see Bill, Jack or Lawton. Included is a group photo of a recent Golden Gate Swim.



OUR COVE

DOLPHIN SWIMMING AND BOATING CLUB

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Daniel Murphy
Recording Sec'y	David Hinton
Boat Captain	Dino Landucci

BOARD OF GOVERNORS	Jack Giacomini	Walt Thurman
	Will Debrunner	Gordon Cook
	Bill Walden	Peter Bianucci
	Walter Stack	

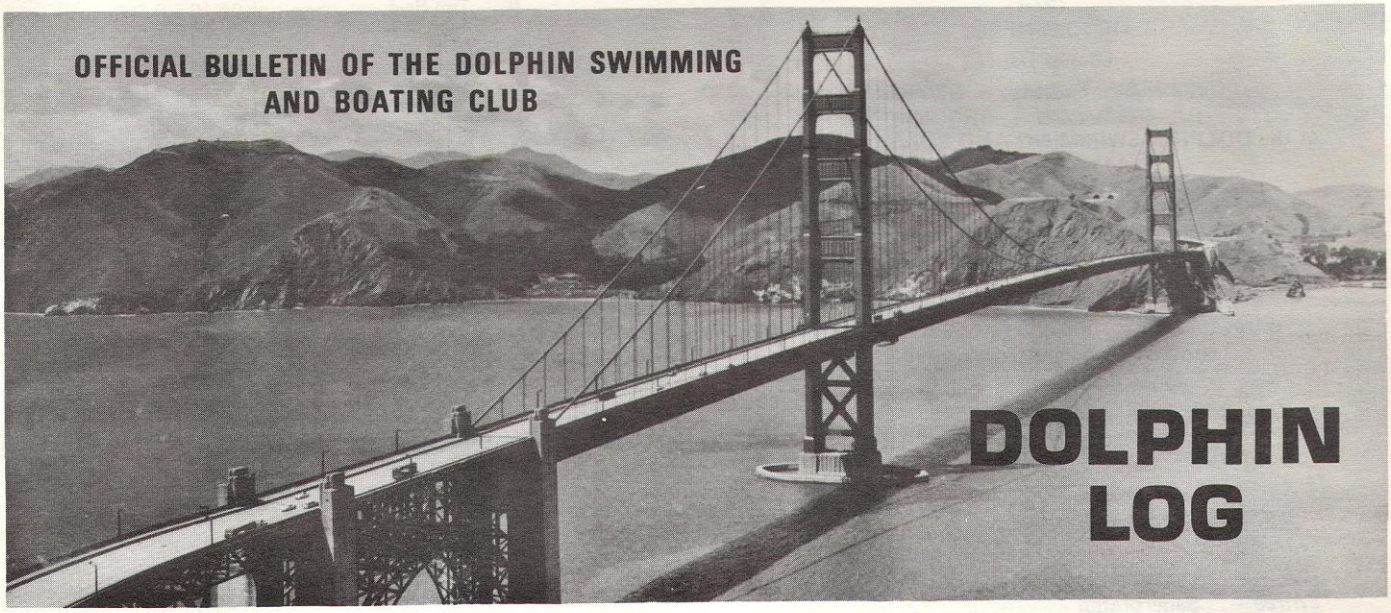
DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

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SEPTEMBER 1973



502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

ANNUAL GOLDEN GATE SWIM
Sunday, September 23, 1973

Spectator Boat leaves Pier 43½ (tickets $1.50) ..... 10:00 A.M.
Golden Gate Swim starts ..... 10:30 A.M.
Lunch and Refreshments at the Club ..... 1:00 P. M.
Awards Ceremony ..... 2:00 P. M.
Mail your check for Boat Tickets now or pay any Officer.

SWIM QUEEN ..... Joan Cook
SPECTATOR BOAT HOST ..... Hector Stephen
GRAND MARSHAL OF COURSE ..... Lawton Hughes
BEVERAGES COORDINATOR ..... Gordon Cook
MAITRE D'HOTEL ..... Hector Stephen
AWARDS CHAIRMAN ..... Rudy DeMay
ADMISSIONS CONTROLLER ..... Will Debrunner
PILOT BOAT CAPTAIN ..... Dino Landucci, Sr.

SWIMMING COMMISSIONERS:

George (Skip) Ohlson
Gordon Cook
Pete Bianucci
Rudy DeMay

TIMERS:

Sheila Bianucci
Gigi DeMay
Dianne DeMay
Skip Swannack
Bev Bettencourt

Observer for British Channel Swimming Association: Jack Gordon
Director of Public Relations: Robin Kinkead

SWIMMERS REGISTERED TO DATE:

Buck Swannack
Dick Beeler
Skip Ohlson
Bill Powning
Rod MacLeod
Modesto Lanzone
Lou Gallic
Bud Jenkins
Tom Lyons
Mike Garibaldi
Bob Colyar
Lou Nagy
Ed Duncan
Frank Blair
Don Kiernan
Dan Padilla
Pete Bianucci
Paul Silvester
Jim Morino
Pierre Hathaway
Cliff Hathaway
Joe Bruno
Nick Zoller
Walt Schneebeli
George Kiskaddon
Rudy DeMay
Tom Robb
Joe Carroll
Larry Murphy
Joe Weiss
John Davis
Jim Mayall

REGULARS NOT YET REGISTERED:

Herb Barthels
Lew Cook
Bob Rose
Joe Flahaven
Bill Greer
Armin Poes
Bill Harlan
George Tracy
Harry Cordellos
Cliff Quist
John Beale
Jack Bettencourt
Jerry Cullen
Don Warto
George DiCossio
John Beale
Ken Crutchlow

PILOTS:

Al Burke
Herman Zahler
Frank Drum
Jim Mayall
Charles Yeager
Phil Rourke
The Horse
Tom Troneum
Jim Keely
Jerry Kafka
Bob Katurich
Ed Barrett
Bill Walden
John Klein
Tony Browne
Frederick Herms

Official Photographer: Jerry Hawryluk

Culinary Consultants: Pete Sturiale • Sam Parisi

1973
OCTOBERFEST
Dinner Dance
October 6th, Saturday – 6:30 P.M.

at the DOLPHIN SWIMMING AND BOATING CLUB
$7.50 per person

Advance tickets available from Lawton Hughes, Jim Mayall, Dan Murphy, Frank Drum, OR –mail your check to Dan Murphy, and your tickets will be held for you at the Club.

dress optional
prizes for best costume, best waltz, best polka
strolling musicians from 6:30 P.M.
dance band from 9:00 P.M.

Limited to 150 Reservations: Mail your check now.

SPEISEKARTE

Kalter Aufschnit
Verschiedene Würste
Bismarck Hering in Sauer Creme
Schweinefüsse Aquavit
Entree – Sauerbraten
Kartofflpfannkuchen mit apfelmus
Rotkohl Special
Nachspeise – Apfel Strudel Bairische Stiel
Kaffee
Verschiedene Getränke

DOLPHIN CLUB SWIM RECORDS

COVE	ED DUNCAN	1965	13:00
YACHT HARBOR	LEW COOK	1968	25:59
ALCATRAZ	ED DUNCAN	1966	27:28
PIER 43½	MIKE GARIBALDI	1973	14:34
RACOON STRAIT	JIM BAIRD	1964	12:47
GOLDEN GATE	ED DUNCAN	1968	18:42
FORT POINT	JIM BAIRD	1964	44:19
RICHARDSON BAY	LEW COOK	1967	19:16
GASHOUSE COVE	ED DUNCAN	1965	17:54
JOINT GASHOUSE COVE (D.C. & S.E.R.C.)	LELAND FAUST	1972	16:22

NOTEWORTHY CLUB RECORDS

FARRALLONES SWIM:
STU EVANS – AUGUST 27-28, 1967
CLUB TO ALCATRAZ & RETURN:
BILL McIVOR – 1 Hr. 47 Mins. 1954
SAUSALITO TO CLUB:
WALT SCHNEEBELI – 3 Hrs. 6 Mins. 1960

WALLY SMITH swam in first Gate Swim 1917 – is still active swimmer. PAUL SYLVESTER has most Gate Swims completed. Started in 1930 and has been in every Swim since (no swims during War years).

Compiled by: Jerry Hawryluk

On Sunday, July 1st, 1973, the South End Rowing Club and the Dolphin Swimming and Boating Club held an Annual Fort Point Swim. Water and weather conditions were ideal with a very fast run in. There was a total of 24 swimmers who completed the three mile course in very fast time.

ORDER OF FINISH

1.	Mike Garibaldi	48:02 D.C.
2.	Bob Roper	49:03 S.E.R.C.
3.	Rich Glass	56:09 S.E.R.C.
4.	Frank Blair	56:46 D.C.
5.	Denis Rice	57:31 S.E.R.C.
6.	Tim Reid	1.04:15 S.E.R.C.
7.	John Bricker	1.05:25 S.E.R.C.
8.	Mike Dower	1.07:00 S.E.R.C.
9.	Phil Ward	1.07:27 S.E.R.C.
10.	Norm Petersen	1.07:44 S.E.R.C.
11.	George Farnsworth	1.08:04 S.E.R.C.
12.	Joe Flahaven	1.08:23 S.E.R.C.
13.	Skip Ohlson	1.14:37 D.C.
14.	Bill Woodbridge	1.17:03 S.E.R.C.
15.	Jim Morino	1.17:45 D.C.
16.	Bob Watson	1.22:14 D.C.
17.	Modesto Lanzone	1.22:15 D.C.
18.	Tom Lyons	1.26:27 D.C.
19.	Bert Capps	1.28:20 S.E.R.C.
20.	Jerry Cullen	1.28:50 D.C.
21.	Joe Bruno	1.30:20 D.C.
22.	Dan Padilla	1.30:45 D.C.
23.	Andy Burleigh	1.37:10 D.C.
24.	George Tracy	2.05:03 D.C.

On Saturday, July 14, 1973, the Dolphin Swimming and Boating Club hosted the Annual Dolphin/South End Rowing Club Gas House Cove Swim. Weather conditions were ideal with rough waters. A total of 33 sturdy participants finished the one mile course.

ORDER OF FINISH

1.	Mike Garibaldi	17.10 D.C.
2.	Bob Roper	17.50 S.E.
3.	Rich Glass	18.55 S.E.
4.	Bill Foehr	20.06 S.E.
5.	Frank Blair	21.15 D.C.
6.	Tim Reid	22.35 S.E.
7.	Phil Ward	22.40 S.E.
8.	Bob Colyar	22.50 Guest
9.	Pierre Hathaway	23.02 D.C.
10.	George Farnsworth	24.15 S.E.
11.	Norm Petersen	24.24 S.E.
12.	Skip Ohlson	25.27 D.C.
13.	Roger Major	26.15 S.E.
14.	Bill Woodbridge	26.32 S.E.
15.	Bert Capps	26.42 S.E.
16.	George DiCossio	26.45 D.C.
17.	Phil Rourke	26.55 D.C.
18.	Jim Morino	27.10 D.C.
19.	Modesto Lanzone	28.40 D.C.
20.	Joe Bruno	28.55 D.C.
21.	Nick Zoller	29.10 D.C.
22.	Cliff Hathaway	29.15 D.C.
23.	Don Kiernan	29.16 D.C.
24.	Bill Greer	29.17 D.C.
25.	Joe Carroll	29.25 D.C.
26.	Jim Hentz	29.47 S.E.
27.	Bill Powning	30.24 D.C.
28.	Tom Lyons	30.26 D.C.
29.	Bill Norton	30.30 S.E.
30.	Lou Gallic	30.34 D.C.
31.	Tom Robb	31.37 D.C.
32.	Dan Padilla	32.05 D.C.
33.	George Tracy	40.20 D.C.

From the San Francisco CHRONICLE – July 22, 1973

GARIBALDI WINS SWIM

It was a great day for a dip in the Bay, so 60 swimmers, aged 20 to 69, did so yesterday in a mile-long AAU-sanctioned event at Aquatic Park.

The event was a joint venture of San Francisco's two old aquatic clubs – the Dolphin (founded in 1877) and the South End Rowing Club (1880) – and was billed as the first annual invitational rough water competition.

Thirteen women were in the water, and four former Olympians, and a blind man who swam the course while heeding shouted directions.

The winner among the men was Mike Garibaldi, 27, who is the swimming coach at Hartnell College in Salinas. His time was 16 minutes and one second) 25 seconds faster than second-place Bob Roper, San Francisco deputy sheriff and record holder for the Golden Gate and Alcatraz (round-trip) swims.

Swiftest swimmer among the women was Tina Sommers, a physical education instructor at San Francisco State, whose time

of 23 minutes,32 seconds bettered second-place Kathleen Bauer by a minute and 26 seconds.

It took Lou Gallic 34 minutes and 50 seconds to make the circular mile, but he was a proud winner too. Gallic, 69-year-old real estate man, led the field of oldsters.

FIRST ANNUAL SOUTH END ROWING CLUB/DOLPHIN SWIMMING AND BOATING CLUB AQUATIC PARK INVITATIONAL COVE SWIM

July 22, 1973

Place	Class No.	Time	Name	Affiliation
1.	A-8	16:01:32	Mike Garibaldi	D.C.
2.	B-2	16:26:92	Bob Roper	S.E.R.C.
3.	B-6	16:43:65	Tom Mann	San Mateo Marlins
4.	B-8	16:43:66	Richard McDonough	
5.	E-4	17:20:27	Carl Yates	Rinconata
6.	D-2	18:05:78	Robert Beach	St. Peters Rec. Dept. Florida
7.	F-4	18:32:36	Fred Taioli	
8.	E-2	18:32:37	Frank Blair	
9.	D-10	18:42:08	Denis Rice	O.C.
10.	B-14	19:10:18	Steve Clark	Marin Aquatic Club
11.	C-8	21:17:57	Louis Cook	O.C.
12.	A-6	21:54:95	Robert Colyar	
13.	H-10	22:01:80	Louis Nagy	Montclair
14.	A-10	22:32:60	Mike Dower	S.E.R.C.
15.	A-14	23:13:69	Mark Haskell	O.C.
16.	G-2	23:23:59	George Farnsworth	S.E.R.C.
17.	E-6	23:23:63	Bud Jenkins	D.C.
18.	A-4	23:23:63	Rod Swanigan	
19.	B-16	24:59:05	Joe David	S.E.R.C.
20.	D-4	26:23:50	Jim Morino	D.C.
21.	C-10	26:30:45	Bill Wilson	S.E.R.C.
22.	A-2	26:38:59	George DiCossio	D.C.
23.	H-8	26:53:07	Willard Johnson	S.E.R.C.
24.	B-4	27:48:14	Roger Major	S.E.R.C.
25.	G-6	27:58:03	Nicholas Zoller	D.C.
26.	F-2	27:59:40	Phillip Rourke	D.C.
27.	H-6	28:25:96	Joseph Bruno	D.C.
28.	A-12	28:45:87	David Lavelle	S.F. Fire Dept.
29.	B-12	28:53:47	Harry Limbert	S.E.R.C.
30.	I-10	29:09:65	Joe Carroll	D.C.
31.	D-8	29:40:27	Don Kiernan	D.C.
32.	F-10	30:10:14	Carl Thiele	S.E.R.C.
33.	I-4	30:10:14	Bill Greer	D.C.
34.	D-12	30:23:14	Jack Bettencourt	D.C.
35.	C-4	31:02:84	Andy Burleigh	D.C.
36.	F-6	31:13:64	William Powning	D.C.
37.	I-6	31:27:92	James Mayall	D.C.
38.	C-6	31:34:18	John Davis	
39.	C-2	31:45:73	Daniel Padilla	D.C.
40.	B-10	32:45:15	Bill Norton	S.E.R.C.
41.	D-6	33:20:70	Tom Robb	D.C.
42.	I-2	34:50:03	Louis Gallic	D.C.
43.	C-12	37:27:08	Pat Cunneen	S.E.R.C.
44.	C-14	37:27:08	Harry Cordellos	D.C.
45.	H-2	37:28:10	Garret Estie	S.E.R.C.
46.	H-4	38:03:40	Mack McCaleb	D.C.
47.	F-8	39:49:48	George Tracy	D.C.
48.	G-4	42:45:71	Larry Murphy	D.C.

Women

1.	A-5	23:32:03	Tina Sommers	
2.	A-9	24:58:49	Kathleen Bauer	
3.	E-1	25:05:46	Betty Talbot	San Fernando Valley Athletic Club
4.	A-11	25:11:64	Denise Boghosian	Moraga Valley Pool
5.	C-3	25:40:91	Robyn Paulson	
6.	F-1	27:00:26	Zada Taft	San Mateo Marlins
7.	A-1	28:22:14	Diane Major	
8.	D-1	28:42:09	Marilyn Rodman	
9.	A-3	31:16:25	Debbie Babcock	
10.	B-1	32:27:44	Ilse Cannizzaro	
11.	A-15	32:28:49	Vera Kotas	
12.	A-7	39:01:45	Carmelita Miranda	
13.	C-1	54:48:59	Joan Cook	

On Sunday July 29, 1973, the South End Rowing Club and Dolphin Swimming and Boating Club had their Annual Yacht Harbor Swim. Weather conditions were on the cloudy side with an exceptionally strong run in. A total of thirty-three swimmers started with all but one finishing.

ORDER OF FINISH

1.	Mike Garibaldi	27:11.67	D.C.
2.	Bob Roper	27:51.64	S.E.
3.	Rich Glass	29:22.98	S.E.
Tie (4.	Frank Blair	30:37.48	D.C.
(	Denis Rice	30:37.48	S.E.
6.	Dick Beeler	33:15.39	D.C.
7.	Phil Ward	34:13.49	S.E.
8.	Lou Nagy	34:28.16	D.C.
9.	Norm Petersen	34:36.51	S.E.
10.	Frank Coghlan	34:37.51	S.E.
11.	Bud Jenkins	35:23.43	D.C.
12.	George Farnsworth	36:16.56	S.E.
13.	John Moyes	36:45.45	D.C.
14.	Bill Woodbridge	37:50.11	S.E.
15.	George De Cossio	39:59.35	D.C.
16.	Bill Wilson	40:00.00	S.E.
17.	Jerry Cullen	40:26.23	D.C.
18.	Jim Morino	40:57.19	D.C.
19.	Joe Bruno	41:32.95	D.C.
20.	Joe Carroll	41:13.82	D.C.
21.	Don Kiernan	42:20.52	D.C.
22.	Tom Lyons	42:57.21	D.C.
23.	Tom Robb	43:16.59	D.C.
24.	Jim Heinz	43:27.22	D.C.
25.	Dan Padilla	43:41.50	D.C.
26.	Bill Powning	44:59.71	D.C.
27.	Jim Robertson	45:06.50	D.C.
28.	Bill Norton	45:27.57	S.E.
29.	Lou Gallic	46:50.87	D.C.
30.	Pat Cunneen	46:52.14	S.E.
31.	Garrett Estie	47:21.71	S.E.
32.	Mac McCaleb	49:23.34	D.C.
33.	John Parent	D.N.F.	

Congratulations to Lou Nagy on his tremendous performance in his first open rough water San Francisco Bay swim.

On Sunday August 5, 1973 forty-four brave South End Rowing Club and Dolphin Swimming and Boating Club open water swimmers, held their first joint Alcatraz Swim. Weather conditions were cloudy with heavy winds and swells making it a hard crossing. Forty-one swimmers finished the two mile cross channel swim.

Many thanks to Pilots of both Clubs, Cooks, Timers, Judges and all those who helped to make the swim a success.

ORDER OF FINISH

1.	Bob Roper	34.12:91	S.E.
2.	Lee Faust	35.50:57	S.E.
3.	Rich Glass	37.30:44	S.E.
4.	Frank Blair	38.10:44	S.E.
5.	Herb Barthels	41.39:66	D.C.
6.	John Bricker	42.46:97	S.E.
7.	Dick Beeler	42.54:79	D.C.
8.	Dave Lomski	43.07:92	S.E.
9.	Lou Nagy	44.51:73	D.C.
10.	Phil Ward	44.59:81	S.E.
11.	Pierre Hathaway	45.07:25	D.C.
12.	George Farnsworth	46.37:16	S.E.
13.	Frank Coghlan	47.59:83	S.E.
14.	Mark Haskell	48.16:92	S.E.
15.	Mike Dower	49.30:13	S.E.
16.	Norm Petersen	50.46:18	S.E.
17.	Bud Jenkins	54.45:26	D.C.
18.	Skip Ohlson	59.36:16	D.C.
19.	Roger Major	59.46:79	S.E.
20.	Joe Bruno	60.08:98	D.C.
21.	Jerry Cullen	60.15:51	D.C.
22.	Bill Watson	63.30:20	D.C.
23.	Buck Swannack	64.31:77	D.C.
24.	Ed DiCossio	64.56:95	D.C.
25.	George DiCossio	66.33:61	D.C.
26.	Cliff Hathaway	67.32:22	D.C.
27.	Pete Pianucci	71.30:43	D.C.
28.	Tom Lyons	72.35:43	D.C.
29.	Bill Woodbridge	73.03:98	S.E.
30.	Bob Gibson	74.53:68	S.E.
31.	Jim Morino	76.21:23	D.C.
32.	Jim Robertson	76.51:56	S.E.
33.	Andy Burleigh	77.20:04	D.C.
34.	Bill Powning	77.33:59	D.C.
35.	Joe Carroll	78.52:34	D.C.

36.	Dan Padilla	79.13:27	D.C.
37.	Tom Robb	81.03:59	D.C.
38.	Don Kiernan	83.49:48	D.C.
39.	Nick Zoller	85.33:63	D.C.
40.	Pat Cunneen	92.25:27	S.E.
41.	Larry Murphy	100.00:00	D.C.
	Joe Michael	D.N.F.	S.E.
	Jim Henz	D.N.F.	S.E.
	Roger Pavlov	D.N.F.	D.C.

Congratulations to Dan Padilla, Skip Ohlson and to Larry Murphy for their first Alcatraz cross channel swim.

We salute the Oyster Point Yacht Club, represented by Gray Burns, Ken Carver, Ken Broderick, Jeannie and Bob Wiegart, whose assistance made this Swim a success.

RESULTS OF FIRST ROUGH WATER SWIM IN SANTA CRUZ

Place	Name	Time	Affiliation
1.	Mike Wagnon	15:56	
2.	Bob Maddock	15:57	
3.	Bob Roper	16:16	S.E. Club
4.	Wayne Colahan	16:48	
5.	Thomas Mann	22:01	
6.	Jim Morris	22:22	
7.	Sara Wylie (1st Girl)	26:19	
8.	George Farnsworth	28:14	S.E. Club
9.	Frank Coghlan	28:15	S.E. Club
10.	Bud Jenkins	28:35	Dolphin Club
11.	Beth Young (2nd Girl)	30:38	
12.	Roger Major	32:18	S.E. Club
13.	Sue Mitchell (3rd Girl)	33:40	
14.	Diane Major (4th Girl)	34:18	
15.	Buck Swannack	36:24	Dolphin Club
16.	Jack Bettencourt	38:38	Dolphin Club
17.	Bill Powning	40:12	Dolphin Club
18.	Vern Louden	40:36	Dolphin Club
19.	Ken Crutchlow	41:55	Dolphin Club
20.	Joe Weiss	44:57	Dolphin Club
21.	Veronica Mann	D.N.F.	

Men's Record

1st	Mike Wagnon	15:56
2nd	Bob Maddock	15:57
3rd	Bob Roper	16:16
4th	Wayne Colahan	16:48
5th	Thomas Mann	12:01
6th	Jim Morris	22:22

Women's Record

1st	Sara Wylie	26:19
2nd	Beth Young	30:38
3rd	Sue Mitchell	33:40
4th	Diane Major	34:18

1st City Resident:

Mike Wagnon

Oldest to Finish:

Joe Weiss — Dolphin Club

On Sunday, August 19, 1973 the South End Rowing Club and Dolphin Swimming and Boating Club held their first joint Pier 41 Swim. Weather conditions were good with partly sunny skies and very little run out during the swim. A total of thirty-five swimmers finished the one and a quarter mile swim. Ed Duncan flew up from Southern California. In a thrilling finish sprint Ed came in like a champ. Mike, we love you, too. Many thanks to the Pilots of both Clubs, Cooks, Timers, Judges and all those who helped to make the Swim a success.

ORDER OF FINISH

1.	Ed Duncan	18.15	D.C.
2.	Mike Garibaldi	18.18	D.C.
3.	Bob Roper	18.25	S.E.
4.	Rich Glass	18.40	S.E.
5.	Denis Rice	19.29	S.E.
6.	Dick Beeler	21.30	D.C.
7.	John Bricker	21.45	S.E.
8.	Bob Colyar	22.15	D.C.
9.	Phil Ward	25.55	S.E.
10.	George Farnsworth	26.05	S.E.
11.	Frank Coghlan	26.08	S.E.
12.	Norm Petersen	26.10	S.E.
13.	Bud Jenkins	28.50	D.C.
14.	Mike Dower	29.53	S.E.
15.	Tim Reid	30.15	S.E.
16.	Skip Ohlsen	30.40	D.C.
17.	Nick Zoller	31.18	D.C.
18.	Jerry Cullen	31.35	D.C.
19.	Jim Morino	32.10	D.C.
20.	George DiCossio	32.12	D.C.
21.	Bill Woodbridge	32.23	S.E.
22.	Joe Bruno	32.55	D.C.
23.	Modesto Lanzoni	33.17	D.C.
24.	Don Kiernan	33.19	D.C.
25.	Joe Carroll	33.21	D.C.
26.	Andy Burleigh	33.25	D.C.
27.	Bob Rose	35.01	D.C.
28.	Bill Powning	37.04	D.C.
29.	Jim Mayall	37.28	D.C.
30.	Dan Padilla	37.50	D.C.
31.	John Davis	38.03	D.C.
32.	Bill Norton	38.12	S.E.
33.	Lou Gallic	38.20	D.C.
34.	Roger Pavlov	40.21	D.C.
35.	Mac McCaleb	41.10	D.C.

Often, we don't have enough space to give credit to the Pilots who patrol our swims and protect our swimmers. Consider, for example, a swim such as Yacht Harbor: In addition to Timers, Cooks, Public Relations and Boat Ramp Assistants, the following listed regulars piloted:

Dino Landucci, Sr.	John Klein
Joe Davis	Jerry Kafka
Jim Lennemann	Carl Thiele
Al Burke	John Hentz
Herman Zahler	Dan O'Neil
Emilio Massucco	Sal Reina
Mel Trowbridge	Bill Walden

Starter: Bill Woodbridge, Jr.

Timers: Bev Bettencourt
Dan Murphy

THE FOUR GREAT RACES

There are four great runs that most of our membership have read about. Dozens of Dolphins have participated in them. Some run all of them and many others, regularly.

The most famous of the local runs was formerly called the *Cross City Race.* Now it is known as the *Bay to Breakers Race.*

From the Bay at the Ferry Building to the breaking waves of the Pacific Ocean, it is a total length of 7.8 miles. The course proceeds up Howard St., Ninth Street, Hayes Street, Divisadero Street, Fell Street, The Panhandle, Golden Gate Park, and the Great Highway. Over 4000 runners ran this race in 1973, a race that has been run for more than a half century.

The *Dipsea Race* has a 67 year history. *'Dipsea'* is the name given to the idea of a dip into the sea after finishing the race. Although the race is shorter than the *Bay to Breakers.* it is a much more arduous experience.

1500 runners are running the *Dipsea* in 1973. It starts at Lytton Square in Mill Valley and proceeds over the mountains and valleys of Marin County to the Ocean at Stinson Beach. Many of the old-timers in the Dolphin Club have run this race 50 years ago. Every year sees a husky representation of our Dolphin membership in this race. This race is 98% on country trails as compared to the *Bay to Breakers* which is 100% on paved roads.

The third major race which Dolphins compete in is the *Boston Marathon.* This classic race is held annually on Patriots' day, a

Massachusetts holiday. 500,000 spectators line the 26 plus miles to watch it. It has been run for 77 years. The world's best runners have watered that marathon course with thousands of gallons of sweat. For dedicated runners it is the equivalent of Mecca, Jerusalem, the Kentucky Derby and the World Series to their respective aficionados.

The fourth great run is the *Pike's Peak Marathon,* a 26.8 mile race from 6500 feet elevation to a height of 14,110 feet – over 13 miles to the summit, and none of it on a road. This run is 18 years old. Had 250 participants this year. They included a 6 year old who hiked it when he was 4(!), a couple of 75 year old warhorses, and 15 courageous women from 15 to 48 years of age. This is by far the toughest of all United States Marathons, due to the steepness of the trails and the thin air at that high altitude. Those Dolphins who have run it will certainly agree to that. We hope next year to take a sizeable delegation of Dolphins to run this exciting race. If you want a thrill to write home about next August, try the *Pike's Peak Marathon.*

WALT STACK – Running Commissioner

Editor's Note: This month, two Dolphins, Ken Crutchlow and Walter Stack, completed this marathon. Stack holds the five year record in his age division: 6 hours 37 minutes.

Flash: Pat Kelly finished 9th in a field of 1500 runners in the *Dipsea Race,* Sunday, August 26th. A tremendous achievement against world-famous competitors. Chuck Stagliano came in 22nd!

ROWING COMMISSIONER'S REPORT

The Dolphin Swimming and Boating Club was nosed out by just two feet by the University of Washington in the Western Sprints held by the National Rowing Association in May, 1973. In this 2000 meter classic of 4-oared shells with coxswain, Armin Poes stroked for Dr. Gunderson, Lee Chew, and Myron Heckman.

Official Results:

University of Washington 1st
Dolphin Swimming and Boating Club 2nd
St. Mary's University 3rd
Santa Clara University 4th

By Tom Troneum

Latest Run:

Sunday, September 2nd, Lake Merced: This five-mile course saw 300 runners loping around the Lake that morning. Among the friendly faces were Skip Swannack, Buck Swannack, Walt Stack, Bev Bettencourt, Jack Bettencourt, Pax Beale, Harry Cordellos, George Tracy, Bill Walden.

HANDBALL NEWS

by Walt Thurman, Handball Commissioner

The ladder tournament got off to a big start. Remember, this is a perpetual tournament, with trophies awarded to the player at the Annual Handball Dinner-Dance.

Singles tournament is completed. The winner in fierce competition is as follows:

Andy Burleigh beat Bob Lotti out for first place in the A Class in one of the most competitive matches ever seen at the Club.

In B Class Don Barrish beat out Walt Thurman for the title. (It is not nice to beat out the Handball Commissioner!).

In C Class, Mel Fortenberry squeezed by perennial champ Howard Hall for top honors.

Doubles tournament will start September 15th, ending October 31st. THE SIGN-UP SHEET IS ON THE BULLETIN BOARD.

Don't forget:

NOVEMBER 10th, 1973
SATURDAY NIGHT
HANDBALL BANQUET
Cuisine and price to be announced.

Handball players who have won awards must be present to receive trophies. No exceptions.

Handball Commissioners: Walt Thurman
Will Debrunner

Howard Hall: Where are you?

THE LOCKER STORY

How many Dolphins know that Peter Bianucci is an expert electrician?

How many Dolphins know that Peter Bianucci is a Dolphin Swimming Commissioner?

How many Dolphins know that Peter Bianucci is also our worthy LOCKER CAPTAIN?

Here is a note from Pete:

It has come to my attention that some members have moved to another locker or have taken a second locker without notifying me. Please leave a note in my locker No. 304 so that I can straighten out my records. Thank you.

Peter Bianucci – Locker Captain

SWIM FEE TIME – NOTICE

The Swim Fee has been raised to $15.00 due to the rising costs of insurance, boat repairs, and everything else connected with running the Club. Please remit to Gordon Cook before the day of the Golden Gate Swim which is Sunday, September 23, 1973.

CLUB IMPROVEMENTS

The rear stairs have been repaired. Remember how it felt when it was raining in December and you were walking up the stairs to the locker room after emerging from a swim? No more. We have a canopy now. Progress!

A new clock adorns the facade of our rear wall, thanks to Belfast Beverages. They publicized our Club in a famous commercial radio ad. Jerry Hawryluk organized this transaction. Jack Giacomini installed it.

Jim Keely, Gymnasium Commissioner, reports the acquisition of a wall pulley machine and exercise bicycle. Jack Giacomini engineered the installation. Gym users, remember: THE MOP, BROOM AND DUSTPAN ALSO DEVELOP MUSCLES; its aerobic!

Yuma, Arizona papers reported that Buck Swannack won first place in the 36-49 age category in the local Rough Water Swim in the time of 3 hours 18 minutes. The Dolphin Swimming and Boating Club entered 10 participants.

Southern California Report: Dr. Herb Barthels, member of the Dolphin Swimming and Boating Club, and his partner George Tomlinson, won the Dory Race against 9 competitors.

IN MEMORIAM

(from the San Francisco Chronicle, August 13, 1973)

WILLIAM GIOVANNONI – At rest in Los Altos, August 12, 1973, devoted husband of Julia Giovannoni of Los Altos; loving father of Catherine Shannon of Santa Clara and the late William J. Giovannoni; grandfather of ten, great-grandfather of seventeen; a native of San Francisco, aged 91 years; a member of the San Francisco Dolphin Club.

(To the Dolphin Swimming and Boating Club):

Your kind expression of sympathy was deeply appreciated and is gratefully acknowledged.

(signed) Mrs. William Giovannoni and Family



OUR COVE

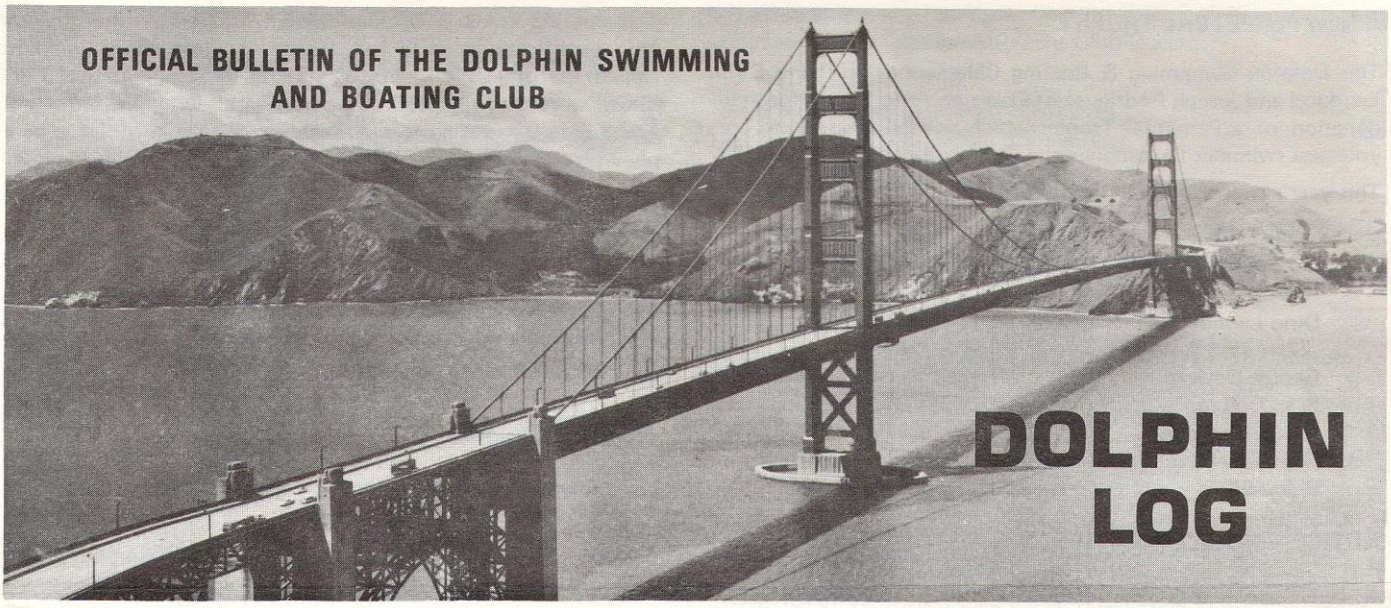
DOLPHIN SWIMMING AND BOATING CLUB

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Daniel Murphy
Recording Sec'y	David Hinton
Boat Captain	Dino Landucci

BOARD OF GOVERNORS	Jack Giacomini	Walt Thurman
	Will Debrunner	Gordon Cook
	Bill Walden	Peter Bianucci
	Walter Stack	

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

NOVEMBER 1973



502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

1973 GOLDEN GATE SWIM REPORT

This was a swim from shore to shore. At Fort Point the breakers were savage. If you were in a pilot boat near the South Tower you would have seen the marvelous spectacle of 54 swimmers standing in formation on the beach waiting for the starting signal. The surf was so lively that there was hardly room for the starters to get ready without getting wet.

The jump-off was on the end of a flood. The way the swimmers were instructed, if a medium or slow man stayed East, or on the Bay Side of the Golden Gate Bridge, he would have a better chance of reaching Lime Rock.

Many swimmers who were East of the Bridge decided to cut to the West, towards the Rock, too early. The beginning of the Ebb caught them and drove these swimmers towards Kirby Beach, westerly.

A slow swimmer's best strategy was to stay on the Bay Side of the Bridge, and aim for Horseshoe Cove, always East of the Rock, letting the beginning of the Ebb curl you into Lime Rock.

It's an irresistible temptation to head for the target landing. The Golden Gate Swim is a tough course for slow swimmers. Without good conditions and reasonable strategy, this swim will always frustrate its contestants.

1973 GOLDEN GATE SWIM RESULTS
Sunday, September 23d

1.	Mike Garibaldi	21:39	30.	Andy Burleigh	47:24
2.	Ed Duncan	22:42	31.	Roger Pavlow	51:12
3.	Frank Blair	25:18	32.	Don Kiernan	53:16
4.	Herb Barthels	27:24	33.	Ken Crutchlow	53:58
5.	Lew Cook	27:29	34.	Tom Lyons	55:55
6.	Bill Harlan	27:45	35.	Cliff Quist	57:50
7.	Joe Flahaven	28:46	36.	Nick Zoller	60:09
8.	Dick Beeler	29:18	37.	Dan Padilla	61:40
9.	Conrad Liberty	31:08	38.	Bill Powning	61:45
10.	Lou Nagy	31:26	39.	John Davis	62:49
11.	Bud Jenkins	31:35	40.	Gordon Cook	68:06
12.	Mick Lavelle	31:44	41.	Paul Sylvester	69:33
13.	Pierre Hathaway	31:48	42.	Dick Leonards	76:54
14.	Art Octavia	34:25	43.	Paul Melee	82:54
15.	Bob Colyar	35:36			
16.	Skip Ohlson	36:35		**Kirby Beach Landing:**	
17.	Cliff Hathaway	37:44	44.	George Tracy	77:00
18.	Jerry Cullen	38:42	45.	Joe Carroll	83:00
19.	Walt Schneebeli	38:57	46.	Lou Gallic	83:00
20.	Rudy DeMay	39:04	47.	Tom Robb	83:00
21.	Rod MacLeod	39:21	48.	Larry Murphy	83:00
22.	Buck Swannack	40:09	49.	Ray Talavera	83:00
23.	Pete Bianucci	42:01			
24.	John Beale	42:44		**No time recorded:**	
25.	Jim Morino	43:45	50.	Jack Bettencourt	
26.	Joe Bruno	44:56	51.	Jim Mayall	
27.	George Di Cossio	45:37	52.	John Moyes	
28.	Ed Curtis	46:04	53.	George Kiskaddon	
29.	Modesto Lanzone	46:32	54.	Joe Weiss	

Official Photographer: Jerry Hawryluk

Golden Gate Swim Pilots:

Emilio Massucco
Phil Rourke
Al Burke
Herman Zoller
Joe Michael
Jerry Watson
Don Pirrer
Don MacPherson
Mel Trowbridge
Bill Walden
John Klein
Tony Browne
Tom Troneum
Jerry Kafka
Dino Landucci, Captain
Pat Kelly
Charles Yeager
Aldo Cuneo
Vince Cannizzaro
Fred Herms
Jim Lennemann
Frank Coghlan
Hans Kramer
Lawton Hughes, Grand Marshal
Frank Drum

Lime Rock Officials:

Jack Gordon
Dan Murphy

Spectator Boat Hosts:

Hector Stephen
Walter Stack

Swimmers' Launch Committee:

Frank Mennucci
Bob Katurich
Frank Petiti

Swim Queen:

Joan Cook

Director of Public Relations

Robin Kinkead

Culinary Consultants: Pete Sturiale • Sam Parisi

A NEW PERPETUAL TROPHY

The Dolphin Swimming & Boating Club wishes to thank Dino Landucci and Joseph Rodriguez of Precision Auto Repair for their donation of a Perpetual Trophy which will be awarded to the youngest swimmer to complete the Golden Gate Swim.

This year's winner was Cliff Hathaway.

1973 GOLDEN GATE TROPHY DONORS

Dino Landucci (Precision Auto Repair)
George DeGear
Fran DeGear
Frank Mennucci
Tom Troneum
Bill O'Brien
Pierre Hathaway
Virginia Rybicki
George Freeberg (Buena Vista Cafe)
Chet Wing
South End Rowing Club
Elmer Gunther

NOTICE – NOTICE – NOTICE

A Thanksgiving Day Swim from Yacht Harbor is scheduled for 8:00 A.M., November 22, 1973.

Next Door's Alcatraz Swim on September 17th

With rough water conditions, 14 swimmers started and finished. In this South End swim, Dolphin pilots were conspicuous.

Mike Garibaldi, Dolphin, was the winner in the time of **29:59:2**, a fantastic time considering the competition:

2nd	Lee Faust	32:08:6
3d	Bob Roper	35:25
4th	Frank Blair	38:29:2
5th	Denis Rice	39:56:1
6th	Tim Reid	42:02:6
7th	Phil Ward	46:29:8
8th	Norm Petersen	47:05:6
9th	George Farnsworth	49:01:7

Frank Blair's time, when we see the youngsters he's swimming against, is incredible.

DOLPHIN SWIMMING & BOATING CLUB ON NATIONAL TV

The popular Mike Douglas show filmed and taped a Dolphin swim from Alcatraz to the beach at Aquatic Park on October 12, 1973. The first local screening on TV was on October 26th.

All the swimmers were over 21. Well, let's say in the 50's. One was in the 60's. Mike couldn't believe it.

Skip Ohlson, Swimming Commissioner, was on the reviewing stand with Mike Douglas as the swimmers sprinted to the finish and walked up to the podium where they were greeted by Skip and Mike Douglas.

Frank Coghlan, Dick Beeler, Bud Jenkins, Lou Nagy and George Farnsworth were the swimmers.

Dave Hinton, Hector Stephen and Jack Gordon assisted on the swimmers' launch which carried the swimmers to the Island and patrolled the swim.

The pilots were Frank Drum, Gary Estes, Ray Savigliano, Tom Rice, Dino Landucci, Ed Barrett, and Bill Walden.

Surface conditions were good. Jump-off was on the end of a flood, and the swimmers were pointed to Pier 45. As calculated, the beginning of the ebb began to help about 500 feet from the pier heads. So no struggle was required to make it into the cove.

The amazing Frank Blair, who certainly could have met the geriatric qualifications, is so fast, it was calculated he would have lapped the other old-timers. The technical requirements of the 'show' were that all the swimmers arrive at about the same time. Frank would have had to swim an extra ¼ mile in circles to comply with that restriction.

Dolphin Pilots Assisted at the South End Rowing Club's Golden Gate Swim on October 7th, 1973:

Tom Troneum
Jerry Kafka
Al Burke
Gordon Cook
Herman Zahler
Dick Beeler
Bud Jenkins
Dan Padilla
Bill Walden
Jim Morino
Charles Yeager
Phil Rourke
Dino Landucci

Lee Faust won, setting a record! Conditions were good.

HANDBALL NEWS

Handball Commissioners: Will Debrunner, Walt Thurman

TOURNAMENT RESULTS

Dino Landucci, Sr. ..... longest continuous participant
Walter Thurman ..... 2nd class, runner-up
Don Barash ..... 2nd class, WINNER
W. G. Debrunner ..... 2nd class, third place
Mel Fortenberry ..... 3d class, WINNER
Howard Hall ..... 3d class, runner-up
Tom Passanisi ..... 3d class, third place
Andy Burleigh ..... 1st class, WINNER
Bob Lotti ..... 1st class, runner-up
Gene Simmons ..... 1st class, third place
Al Ward ..... Ex-Handball Commissioner, Special Award for Distinguished Service and Meritorious Deeds Accruing to The Benefit and Distinction of The Dolphin Swimming and Boating Club.
Hector Stephen ..... Master of Ceremonies at Handball Awards Dinner-Dance.

The Dinner-Dance on Saturday Night, November 10th, was so successful, hardly anyone wanted to go home. Jack Giacomini, Herman Zahler, Vince Cannizzaro, Dino Landucci, Sr., Sam Parisi and many others contributed their time. Walt Thurman and Will Debrunner organized the affair. The decorations designed and executed by Gordon Cook and Joan Cook were a handsome background. Cunning and intricate dance steps were performed by attractive couples of varied age groups.

OKTOBERFEST REPORT

The Oktoberfest Dinner was a huge success. Joan Cook and Gordon Cook decorated the Boathouse with artful hangings. Frank Drum, Jim Mayall, Herman Zahler, Al Burke, Charles Yeager, Emilio Massucco, Modesto Lanzone, Dan Murphy, Jack Giacomini, Bob Katurich and Charlie Corda donated many hours of work to make this affair a winner.

RUNNERS' NEWS

Dolphin runners won many notable awards in widely publicized PAAU events. The Dolphin–South End runners' program attracted hundreds of enthusiasts. The scenic Bay Area runs have been described in national publications as *"the most beautiful in the world."* Walt Stack will compete at International Masters track events in Australia and Fiji next month.

Watch for the announcement of the Runners' Award affair to take place at the Boathouse, 2nd Saturday in January.

ALCATRAZ RETURNED TO THE PUBLIC

After 125 years, the 22 acre Island may now be visited by the public.

The Island is part of the 34,000 acre Golden Gate National Recreation Area.

The National Park Service is managing the tours.

Consider how many people associate the Island with George Raft, only. Alcatraz' history is more interesting:

Year

1775: Don Juan Manuel de Ayala landed on the Island. He called it "Isla de los Alcatraces." This means 'Island of the Pelicans.'

1853: First Pacific Coast Lighthouse established by the U.S. Government, on Alcatraz. Military fortifications were constructed.

1906: The Great Earthquake and Fire destroyed the lighthouse.

1909: The new lighthouse and prisoners' cell blocks were completed.

1934: Federal civil prison is established.

1963: Alcatraz becomes surplus property in care of the General Services Administration.

1969: Indians occupy the Island.

1971: U.S. Marshals retake Alcatraz.

As for the future: This Island with its incomparable views will give pleasure to millions of visitors. Our swimmers will jump off from its shores for our regular Alcatraz swims, instead of from boats. All of us will remember its ominous warning signs to stand off-shore.

SOUTH SAN FRANCISCO OYSTER POINT YACHT CLUB DEDICATION

Sunday, October 28th was a beautiful, clear day for the impressive affair. Among the distinguished speakers were Monsignor Gallagher, Acting City Manager Ed Alario, and past Mayor Pat Ahearn. Dolphin Boat-Captain Dino Landucci was invited to address the large audience. Dino presented to the Oyster Point Yacht Club a handsome, engraved silver bowl as a token of our appreciation of their invaluable assistance to the Dolphin Swimming & Boating Club in our swims. Dino remarked that they can always count upon our cooperation for their program events, too.

Among our old friends at their attractive, new building were:

Commodore Louis J. Kinkella
Vice Commodore Hank Soldavini
Grey and Bernice Burns
John and Gerry Tamburini
Bob and Jean Wieger

A generous buffet lunch was a big hit with everyone. Some of the Dolphins who attended were: Dan Murphy, Frank Drum, Charlie Yeager, Herman Zahler, Jim Mayall and Bill Walden.

Di Cossio Pulls On The Wood!

Eddie Di Cossio Does It Again — Only Better — This Time He Rows Round Trip From San Francisco to Sacramento!

Ed described his trip as follows:

Left the Dolphin Club at 7:30 A.M. August 29th, Wednesday.
Stopped at Antioch. Slept over at Tommy's Harbor.
To Steamboat Landing. Slept over.
To La Rosa's Landing. Slept over.
Next Day to Sacramento Yacht Club, at 6:30 P.M. Welcomed by Commodore and Sacramento Yacht Club Queen.

Left on Monday at 1 P.M.
To Cortland Landing. Stayed overnight.
To Antioch at 9 P.M. Stayed overnight.
To Martinez. Stayed overnight.
Returned to Dolphin Swimming & Boating Club.

Never mind if the dates are wrong. We all know that Eddie made the trip. We can tell by the oar leathers. *Congratulations!*

Who Will Believe It?

On the morning of the Handball Dinner, Horse returned from a row with a 25 pound striper.

It was cooked and eaten immediately.

He stunned it with the handle of an oar, when he saw the fish on the surface, apparently in trouble.

That's the way it goes. Some fishermen will fish patiently with a $200 rig and nothing happens. Horse needs only an oar.

PROGRESS: We have a new winch installation at our boat ramp. All the rowers think it is a great improvement.

REPORT: CLAMBAKE ON THE BEACH
Sunday, September 16th

An informal beach picnic featuring clams, corn, watermelon and French bread, attracted 2½ dozen hungry Dolphins.

Peter Sturiale negotiated the clams.

Everybody said "Let's do it often!"

Bulletin:

Eve Hall is at home recovering after a hospital stay. This is the reason we haven't seen much of Howard Hall recently. Everyone at the club hopes for a speedy recovery for Eve and we all look forward to seeing that most popular couple, Mr. and Mrs. Howard Hall, at our next installation dinner.

HANNA BOYS CENTER
P.O. Box 100 Sonoma, California 95476 Tel. 707-996-6767

September 17, 1973

Mr. Dave Hinton
Dolphin Swimming and Boating Club
502 Jefferson Street
San Francisco, CA 94109

Dear Mr. Hinton:

On behalf of the boys at Hanna Boys Center I wish to thank you and the members of the Dolphin Club for providing our boys, once more, with a very entertaining day.

I know that the boys had a tremendous time on Saturday, September 8, 1973. I say this because on Sunday, September 9, 1973 all the boys talked about was their trip to the Dolphin Club!

Thank you very much for your continued support of our program.

Sincerely,

(S) James E. Pulskamp

Reverend James E. Pulskamp, M.S.W.

IN MEMORIAM:

Dr. A. W. Ward, oldest member of the Dolphin Swimming & Boating Club died on November 7, 1973. Very recently, Dr. Ward was a passenger in our six-oared barge, the John Wieland, during one of our trips on the Bay. During his last years he would frequently walk up those long stairs to our Front Room and enjoy the view. He was a mighty champion for a clean Bay. Dr. Ward will always be remembered with affection by the Dolphin Swimming & Boating Club.

(From the San Francisco Chronicle, Thurs. Nov. 8, 1973)

ABRAHAM W. WARD DIES AT 93

Dr. Abraham W. Ward, pioneer dental surgeon, flyer and conservationist, died here yesterday. He was 93.

Dr. Ward, a native of Washington, was graduated from the College of Physicians and Surgeons in 1902. He later became chief of oral surgery at Southern Pacific Hospital and developed many new medical techniques and instruments.

He also built a pioneer west coast airplane, a monoplane he constructed at the foot of Steiner street.

He also was an ardent conservationist before such activities became popular.

Following the 1906 earthquake and fire, he buried his dental instruments near the Dolphin Club, to which he belonged, and with some slides and a magic lantern toured the west, lecturing on San Francisco's great disaster.

He was past president of the San Francisco Dental Society, past president of the California Academy of Periodontology, a fellow of the Royal Society of Health, recipient of the grand medal of the City of Paris in 1958.

He was a founder of Ducks Unlimited, a charter member of the Isaac Walton League, a member of the Sierra Club, the Wilderness Society, Masons, Commonwealth Club and St. Francis Yacht Club.

Dr. Ward, who lived at 1123 Greenwich Street, is survived by two sisters, Sadie Savage of Piedmont and Ruth Schmidt of Los Altos.

He is survived by a daughter, Dorothy Wisnom of Woodside, and a son, John Ward of San Francisco.

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



OUR COVE

DOLPHIN SWIMMING AND BOATING CLUB

President	Frank Drum
Vice President	Jack Bettencourt
Treasurer	Lawton Hughes
Financial Sec'y	Daniel Murphy
Recording Sec'y	David Hinton
Boat Captain	Dino Landucci

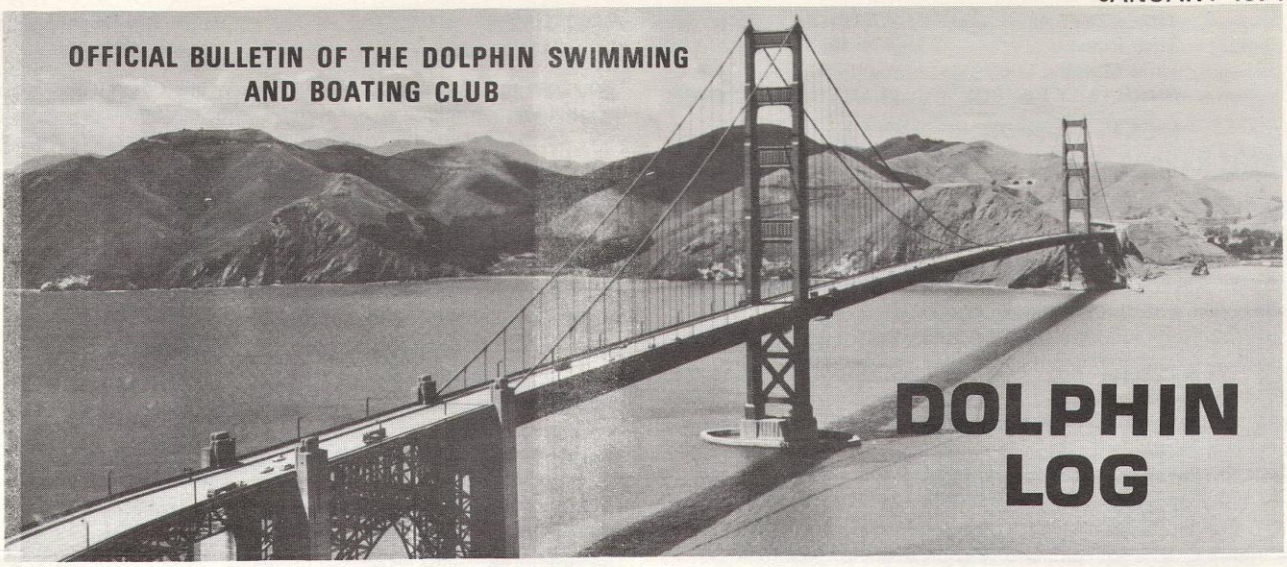
BOARD OF GOVERNORS	Jack Giacomini	Walt Thurman
	Will Debrunner	Gordon Cook
	Bill Walden	Peter Bianucci
	Walter Stack	

Services will be conducted at 11 a.m. tomorrow (Friday) at N. Gray & Co., Divisadero and Post streets.

WARD, Dr. A.W. — In this city, Nov. 7, 1973, Dr. A.W. Ward, beloved husband of the late Martha Ward, devoted father of Dorothy Wisnom of Woodside and John W. Ward of San Francisco, dear grandfather of Susan Nelson, Mimi Neal and Jonathan Wisnom, Stephen, Lucinda, Jeffrey and Jennifer Ward; great-grandfather of our; loving brother of Sadie Savage and Ruth Schmidt; aged 93 years.

Friends are invited to attend funeral services 11 a.m. Friday, Nov. 9, at N. GRAY & CO., Divisadero St. at Post. Inurnment, Cypress Lawn Memorial Park. Contributions to the Dr. A. W. Ward Memorial Fund, of Dentistry, 2155 Webster, San Francisco, preferred.

JANUARY 1974



SAN FRANCISCO BILL WALDEN, EDITOR Organized 1877

Announcing:

Dolphin Swimming and Boating Club
INSTALLATION OF OFFICERS

DINNER DANCE
AT THE VERDI CLUB
2424 Mariposa Street, San Francisco
West of Potrero Avenue

FEBRUARY 23, 1974
SATURDAY NIGHT
SOCIAL HOUR FROM 7 P.M. – DINNER AT 8 P.M.

The entree is Roast Beef. Beverages, food, music. Ample parking.
An entire evening of entertainment, only **$10.00**
per person, complete.
Get your tickets now from any officer or send your check to Dan Murphy right away. Tickets won't last long for this one!

Notice to Dolphin Swimming and Boating Club Members:

Important Date:

OLD TIMERS' NIGHT

SATURDAY, JANUARY 26th, 1974
come at 6:30 P.M. – dinner at 8:00 P.M.

Antipasto
Fresh Oregon Cracked Crab
Spaghetti and Meat Balls
Salad
Fruit

$5.00 each ticket

Please see or call Lawton Hughes, Frank Mennucci or Gordon Cook. OR: Mail your check to us at least a week in advance, and your ticket will be held for you at the Club that Saturday night.

TRADITIONAL NEW YEAR'S DAY SWIM FROM ALCATRAZ TO DOLPHIN CLUB

A vicious ebb tide, reinforced by a lively easterly wind, combined to make a memorable, tough, survival swim of this classic event by Dolphin Club and South End Club swimmers.

The swimmers were all driven towards Fort Mason. Most of them were forced into the Cove behind the Fort. Tom Rice, Water Safety Man, and all the Pilots, had a real work-out in assisting the swimmers. A big credit to Bill Powning for toughing it out. It is said one becomes humble and tranquil. It you didn't see it, imagine the swimmers arm-wrestling concrete pilings, trying to struggle against the ebb tide, in their efforts to make the San Francisco shore. That was the scene at the Municipal Pier at Noon on New Year's Day, 1974.

Larry Murphy and Robin Kinkead, consummate professionals, generated a remarkable press, TV and radio coverage for this swim.

Bob Roper, S.E. Swimming Commissioner, and Ray Savigliano, Grand Chef, presided at the luncheon affair next door, which was enjoyed by all.

ORDER OF FINISH

1.	George Farnsworth	SE	52:14
2.	Bill Norton	SE	60:37
3.	Frank Coghlan	SE	62:27
4.	Bill Woodbridge	SE	68:13
5.	Skip Ohlson	DC	69:50
6.	Bill Powning	DC	78:55
7.	Bert Capps	SE	79:16
8.	Modesto Lanzone)	DC	
9.	Tim Reid)	SE	no times
10.	Don MacPherson)	SE	

PILOTS

Joe Davis
Garrett Estie
Don Birrer
Norm Petersen
Joe Flahaven
John Parent
Dan O'Neill
Hector Valencia
Sal Reina
Jim Mayall
Emilio Massucco
Gordon Cook
Herman Zahler
Al Burke
Frank Drum
Phil Rourke
John Klein
Bill Walden

OBSERVERS:

Jack Gordon
Mary Ann Reese

PUBLIC RELATIONS

Larry Murphy
Robin Kinkead

TIMEKEEPERS
Trish Roper
Larry Murphy

WATER SAFETY MAN
Tom Rice

AUXILIARY PATROL
Mr. & Mrs. Rudy DeMay

PLANNING DIRECTOR
Phil Hunter

YACHT HARBOR SWIM

On Thursday, November 22, 1973, the South End Rowing Club and the Dolphin Club held their Annual Thanksgiving Day Yacht Harbor Swim. Water temperature was around 53 degrees with light showers prevailing. A total of seven swimmers attempted the two mile course with five finishing in respectable times.

ORDER OF FINISH

1.	Frank Coghlan	S.E.R.C.	44:15.68
2.	George Farnsworth	S.E.R.C.	44:16.06
3.	Bud Jenkins	Dolphin	47:56.55
4.	Rod McLeod	Dolphin	53:12.06
5.	Bill Powning	Dolphin	76:06.12
	George Tracey	Dolphin	not timed
	Charlie Yeager	Dolphin	not timed

No. push. Charlie got cold. George contested with Tom Rice, Water Safety Man, before he agreed that the current conditions were immensely unfavorable. George, that indefatigable battler, finally made it into the stern of our single Whitehall with the help of a knee-lift from Tom. And it was miserable. It was raining. And no push. It was a 20 minute pull back to the Club. George wore my wet flannel shirt and suffered mightily before making it to the Sauna. But it wasn't long before George recovered, just as cocky as ever.

Afterwards, Herman Zahler, Al Burke, Jerry Kafka and the Editor, (all pilots), trudged for 30 minutes all around The Wharf until we found a place where we could buy a clam chowder that Thanksgiving Day morning.

DR. FRED HOWARD MEMORIAL SWIM

On Saturday, September 29, 1973, the Dolphin Club and the South End Rowing Club held their 2nd Annual Dr. Fred Howard Memorial Gas House Cove Swim. Weather and water conditions were fair with a total of 18 swimmers completing the one mile course, all finishing in good times.

ORDER OF FINISH

1.	Frank Blair	Dolphin	18:57
2.	Frank Coghlan	South End	20:41
3.	George Farnsworth	South End	21:08
4.	Bud Jenkins	Dolphin	21:16
5.	Norm Petersen	South End	21:46
6.	Rod MacLeod	Dolphin	22:46
7.	Phil Rourke	Dolphin	24:56
8.	Jim Mayall	Dolphin	27:06
9.	Joe Carroll	Dolphin	27:42
10.	Ray Talavara	Dolphin	28:15
11.	Gordon Cook	Dolphin	28:31
12.	Bill Powning	Dolphin	29:12
13.	Jack Bettencourt	Dolphin	29:19
14.	Mac McCaleb	Dolphin	30:41
15.	George Kiskaddon	Dolphin	32:39
16.	Jack O'Leary	Dolphin	33:08
17.	Charlie Yeager	Dolphin	35:53
18.	Walter Stack	Dolphin	36:26

PILOTS

Herm Zahler
Dan Padilla
Bill Walden
Mel Trowbridge

GUEST OF HONOR: Mrs. Lois Howard, who was told, in a brief introduction, that she is always welcome at the Dolphin Swimming and Boating Club. (This report should have appeared in an earlier issue.)

FIRST TIMER

Bill, here's the story of my first Gate Swim. Thanks, Skip Ohlson.

I had been thinking about it all year. Every time I passed over the bridge, I was conscious of the turmoil below. A mile and a tenth shore to shore. Not much farther than a good trip around the cove, I told myself, and we can all do that, can't we?

Standing beneath the Bridge one looks out on a course which presents no less than three changes in water conditions, not to mention some pretty rough surf at the jump off point – breakers that can pound a swimmer into early submission. In view of all this, a deep rumble of excitement wells up. It builds very slowly but with excruciating force.

We had voted to go in two groups, the slower swimmers at 10:30 A.M. and the faster group at 10:45. As the first jump off time approached the guys in the first group awaited the clap of the starter's gun, barely audible against the roaring Pacific. Swell after swell slammed against the sea wall and rocks below. Being under, and in the shadow of the bridge, the combination of ocean spray and wind was bone chilling. I believe many of the swimmers never recovered from this.

This was to be a very rough day for many. We all had to contend with murderous water conditions. The first third of the course we had to plow through swells from the west and a nasty wind chop. But no sooner had we passed the south tower, when the swells let up a bit, and the water began to "boil". It was in the eye of this seething cauldron, just before mid-span that the decision as to course had to be made. Many of the men who chose to go Northwest were swept out and beached somewhere west of Lime Rock. Still a hell of a swim, but not where these men really wanted to finish. Others had to be pulled out, all victims of the murderous conditions. Well, live and learn.

That middle stretch was the roughest for me. Most of the successful swimmers rode the end of the flood, Northeast underneath the bridge and either swam under or just inside and parallel to it.

I was being thrown about and tumbled violently. Visibility was very low, It was kind of like swimming in a huge Kenmore.

The last third of the course was another experience in conditions. The swells came from the Southwest and some open water body surfing was enjoyed by the swimmers who had taken the straightest line across. But a strong wind chop never seemed to let up. The ebb running out past the rock was the last obstacle, and if approached from the right angle, wasn't too hard to cross to the finish.

Well, we all know Mike Garibaldi won, despite being attacked by "man-eating" jelly fish, but there really are no losers. Everyone who even got into the water is a winner for this effort.

Thank heaven for the pilots. They really did a tremendous job as always. These guys are truly the unsung heroes.

Ed Barrett and Frank Mennucci did a great job on the swimmers' launch. They are just two of the many behind the scenes people who helped. Thanks to all.

The Golden Gate Swim was only a dream, a legend to me. But, now I can say I've been there and enjoyed every second of a great natural high.

Editor's Note:

Thanks, Skip. We know very well what a first time Golden Gate crossing means to a swimmer. You will never forget it.

The curious thing is this: Recently you finished an Alcatraz Swim which was a real horror story. In order to make it, it was necessary to arm-wrestle concrete pilings (leg-locks too?) and try to survive the New Year's Day 49 degree water as well.

But we still think you are right. The Golden Gate Swim is a grand accomplishment. Congratulations.

ROWING NEWS
Visit From a National Champion

The Dolphin Swimming and Boating Club was honored by a visit from Karen McCloskey with her mother and sister, on November 24, 1973.

Karen McCloskey, National Champion in Fours for 1972 and 1973, has received extensive publicity in sports publications all over the world.

Miss McCloskey rows out of the Long Beach Rowing Club in Southern California. She described her training schedule of three work-outs a day. It was awesome. That's what it takes to be a National Champion.

Lake Merritt in Oakland will be the scene of some important national competitive rowing events which Miss McCloskey will enter, in April of 1974.

Although she had to catch a flight to Southern California at 10 A.M. the next day, Miss McCloskey jumped at the offer to row in San Francisco Bay the next morning.

At 7 A.M. Miss McCloskey was parked and waiting in front of the Club. After instructing her where to park in The Alley in order to avoid the dread hand of the Meter Maid, your Editor and Miss McCloskey pulled out the Viking, with the Champion pulling stroke. "It sure is different from shells," she remarked.

We toured Yacht Harbor, said 'good morning' to all the sleepy-eyed skippers crawling out of their hatches, waved at Manny Fagundez (who apparently never sleeps) presiding at the Golden Gate Yacht Club front counter, then returned to the Club where Miss McCloskey showered in The Staib Room facility before hopping into her car to catch the flight to Southern California.

Karen McCloskey signed the Dolphin Log Book. We'd like her to sign it again when she makes the Olympics.

BOAT-BUILDING AT THE DOLPHIN CLUB

Herman Zahler has been building a lap-strake dory to be named the *Sea Horse*, in our 'B' Court work area.

The formula is Horse's donation, and Herman's work.

The boat is about 60% complete. Basic materials are Philippine mahogany, oak, and bronze fastenings.

Frederick Herms is drooling. It will be a magnificent fishing boat. But it will also be the best supporting pilot boat for our San Francisco Bay swims. Its stability and strength will allow for hauling a swimmer aboard, in rough water.

This will be the first lap-strake pulling boat hand-built at the Club since our singles were built by Richards way back in the 40's.

The Dolphin Swimming and Boating Club and every friend of Joe Bruno want to express their concern and deepest feelings of solidarity because of the illness of his wife, Kay.

DOLPHIN CLUB HANDBALL NEWS — by Will Debrunner

The sign-up for the club's 1974 singles handball tournament is now in progress. The sign-up sheet is on the bulletin board in the locker room. The tournament will start the week of 10 February.

Depending upon the number of members participating, it is planned to have a round robin tournament rather than a double elimination type that we conducted in past years. This new type of tournament will provide more matches for each player and will assure each player facing all other players in the tournament. Awards will be based upon the number of wins (one point for a win – none for a loss). An award will be given to ALL players who complete the schedule without forfeiting any games. It is the desire of the handball commissioners that this new type of tournament will provide a greater interest and competition between the players. As usual, players will be asked to contact their opponent and arrange for the various matches themselves. Time limits will be posted. During the tournament, it is expected that a player will play at least one tournament match per week. Telephone numbers will be listed for all players. Each player shall copy this list of telephone numbers for all the other players so that matches can be arranged. Watch the board for further information. Entry fee for the tournament is $3 per player to partially defray the cost of the awards.

This year it is planned to conduct various one day tournaments. If interest is shown in these events, additional tournaments of this type will be held.

The handball commissioners will also investigate the possibility of the Dolphin Club participating in the Inter-Bay Area Handball League. This league has competition in various classes with the Olympic Club, South End, Oakland & San Francisco "Y". Clubs play on a "home and away" basis on a round robin schedule.

We want to welcome the newly appointed assistant handball commissioner Phil Sturiale, and we know that he will be very helpful with the many required tasks of the commissioners.

Will Debrunner and Walt Thurman — Handball Commissioners

RUNNERS' NEWS

This morning, Sunday, January 6th, 1974 more than a hundred runners were champing at the bit at 10 A.M. in front of the Dolphin Swimming and Boating Club.

This was a regularly scheduled run to the Presidio Gate and return; a four-mile course.

Dr. Eric Brenner was introduced to the crowd. Who is he? Well, he won the Bay to Breakers Race in 1966. That's who.

Many old friends milling about: Florry Rodd, Robyn Paulson, Elaine Pedersen, Pax Beale, Otto Sommerauer, John Getas, Phil Paulson, Harry Cordellos, Pat Cunneen and all.

Walt Stack, the Iron Man with the Iron Voice, berated the crowd, demanding silence; exhorted the crowd, demanding conformance to the Rules of The Race. This is the way we do it, you hear? Okay. Everybody had a ball. You better . . .

Walt Stack had just returned from The International Masters' Conference Meets in Australia and The Fiji Islands.

That's the way we work it here at the old Dolphin Swimming and Boating Club. This continent today, that continent tomorrow. Next week, Tamalpais! Next month, Daly City! Later, Coit Tower, Stow Lake, Lake Merced and Muni Pier!! By the way, hasn't everyone seen the beautiful aspect of the snowy mountains in Marin and Sonoma from the vantage point of the Dolphin Club? This is a year to remember.

Jimmy Morino and Dan Padilla ran the course. Me too. None of us came in last. That's something, anyway.

The champion ran minus-five-minute-miles, for all four. Read the results on the bulletin board.

Just retrieved from my locker a note from Walter Stack, signed *'Yours truly, Just a Plodder.'*

Walter and Marcie Stack have recently returned from a 3 week tour of Sydney, Melbourne and Canberra in Australia; Auckland, Rota Rura and Hamilton in New Zealand; The Fiji Islands and Honolulu. Walter Stack, Running Commissioner of the Dolphin Swimming and Boating Club, was a member of the International United States Masters' Track Team which competed in various track and field events for athletes over 40 years of age, in all of the countries visited.

130 people were in the group, counting spouses and children. Last summer the 'Masters' team toured Europe, with over 200 members. World record holders and Olympic stars mingled and competed during this tour. Among them were Lydyard, Snell and Foster.

Posted on our Bulletin Board is the 1974 schedule of Scenic Running Events hosted by Dolphin-South End Runners.

ELEGANT CHRISTMAS PARTY

On Saturday afternoon, December 22nd, the Staib Room was the scene of a party hosted by the Dolphin Swimming and Boating Club.

Gordon Cook and Joan Cook organized the whole event and created the attractive decorations.

Dolphin Ladies staffed the affair and contributed to the groaning board of delicacies.

Among the featured delicacies were cheeses, paté de fois gras and aromatic cakes. We remember the offerings of Bobby, Ilsa, Lee, Mrs. Zahler, Mrs. Landucci and Mrs. Mergalli. Dan Padilla negotiated the tasty paté.

HELLO NOTES

Christmas card received from the Conquerors of the Pacific Ocean, Sylvia Cook and John Fairfax. They remember the assistance given by the Dolphin Swimming and Boating Club to start them on their historical conquest of the big water with wood oars.

Other Greeting Cards received from George Bay, Jerry Hawryluk, Herb Barthels, and – from Germany – Armin and Nancy Poes.

WELCOME ABOARD

New member Glenn Taylor of Menlo Park was featured in the recreation section of the San Francisco Chronicle. There he was in the large photograph, in a business suit, standing on his Windsurfer. What is that? It is a variation of a surfboard, 12 feet long, weighs 60 pounds, and carries a sail. The sailor, by using his balance and his manipulation of the boom which controls the sail, can fly around the Bay like a dragon-fly. I meant to say that he was standing on the board in the middle of the Cove. Business suit, yes. But you have to wear old sneakers. Right, Glenn?

GRANDMOTHER BEATS THE SEA

Mrs. Larsen was picked up last Tuesday along with two other crew members of the seagoing tug Marpole, which capsized Saturday during a storm midway between California and Hawaii.

'Mrs. Larsen and two others, Captain Henry Poudrier and Eugene Astett, are now aboard the Navy Destroyer Hull, scheduled to arrive at San Diego Saturday morning. They were picked up after a patrol plane from Moffett Field at Sunnyvale spotted their 14-foot skiff.

'Three others aboard the Marpole apparently went down with the tug, the survivors said. Search for them has been abandoned.'

We all bow our heads in memory of those who perished. All of us will remember Margaret's ready devotion and generous assistance to the Dolphin Swimming and Boating Club when we needed Piloting.

Margie, we would be very pleased to have you as a GUEST OF HONOR at our Installation Dinner in 1974.

A note from Dr. A. W. Ward's family:

Dolphin Swimming and Boating Club:

Dear Friends:

Our family is deeply grateful for the lovely floral spray in memory of A. W. Ward. We wish to express our thanks to the Dolphin Swimming and Boating Club.

John W. Ward

DOLPHIN SWIMMING AND BOATING CLUB
OFFICERS AND BOARD OF GOVERNORS FOR 1974

President ..... Jack Bettencourt
Vice-President ..... Peter Bianucci

BOAT CAPTAIN ..... Herman Zahler

Treasurer ..... Lawton Hughes
Financial Secretary ..... Daniel Murphy
Recording Secretary ..... David Hinton

BOARD OF GOVERNORS

Frank Drum
Bill Walden
Frank Mennucci
Gordon Cook
Jack Giacomini
Andy Burleigh
Walter Stack

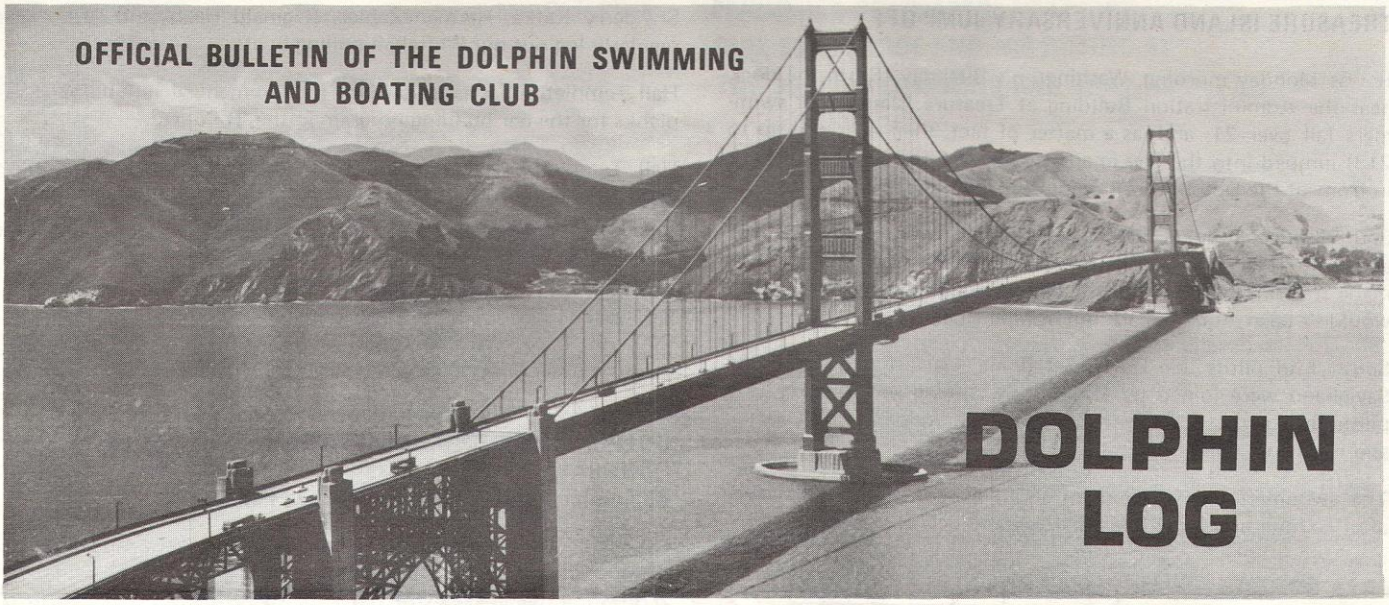
DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



Walt Schneebli
83 Cragmont Ave.
San Francisco, CA 94116



MARCH 1974



SAN FRANCISCO BILL WALDEN, EDITOR Organized 1877

1974 SWIMMING SCHEDULE

DATE	TIME (approx)	LOCATION	CLUBS
Mar. 24	11:00 A.M.	Cove	Joint
April 21	9:30 A.M.	Gas House Cove	Dolphin
May 19	10:00 A.M.	60 & Over Cove	Dolphin
May 26	8:30 A.M.	Pier 41	Dolphin
June 2	10:30 A.M.	Cove	Dolphin S.C. & Olympic
June 16	10:00 A.M.	Cove Handicap	Dolphin
July 7	12:00 P.M.	Gas House Cove	Joint
July 21	11:30 A.M.	Yacht Harbor	Joint
July 28	11:00 A.M.	2nd Annual Invitational Cove Swim Dolphin Club Host for 1974	
Aug. 3		Santa Cruz	Watch for details
Aug. 11	11:45 A.M.	Alcatraz	Joint-Limited
Aug. 18	10:00 A.M.	Fort Point	Dolphin
Sept. 8	11:00 A.M.	Alcatraz	Dolphin
Sept. 15	10:00 A.M.	Yacht Harbor	Dolphin
Sept. 29	9:00 A.M.	Dr. Howard Memorial Swim Gas House Cove	Dolphin
Oct. 20	9:30 A.M.	Golden Gate	Dolphin

Other swims will be posted as soon as times and dates can be verified. Prompt payment of the $15.00 will be greatly appreciated. The Oyster Point Yacht Club and the U.S. Coast Guard will assist whenever possible.

Commissioner ..... Frank Drum
Assistant Commissioner..... Jim Mayall
Assistant Commissioner.....Mac McCaleb
Assistant Commissioner....Will Debrunner
Assistant Commissioner... Hector Stephen
Assistant Commissioner.. Frank Mennucci

NOTE: The posted times are times of jump-off. Swimmers should arrive at the Club from 30 to 90 minutes before jump-off time, depending upon the particular event. Some swims require that swimmers be carried by launches, and some by cars, to the starting areas.

Swimming dates are subject to cancellation when safety considerations so require. Try to verify in advance by calling the Club.

RESULTS – DOLPHIN-SOUTH END PIER 43½ SWIM
February 17, 1974

NAME	TIME	CLUB
1. F. Coghlan	19:08	South End Tie
2. D. Lomski	19:08	South End Tie
3. M. McElligott	19:25	Dolphin
4. G. Farnsworth	19:27	South End
5. D. Beeler	19:40	Dolphin
6. B. Jenkins	21:55	"
7. S. Ohlson	22:10	"
8. M. Lanzone	24:05	"
9. J. Morino	24:10	"
10. J. Carroll	24:27	"
11. B. Powning	26:35	"
12. L. Marcelli	27:49	"
13. K. Crutchlow	28:29	"
14. M. McCaleb	29:45	"

South Ender Tom Rice was the swimming water-safety man on the job.

Pilots		Timers & Judges	
C. Pinetti	D.C.	L. Hughes	D.C.
H. Zahler	D.C.	D. Murphy	D.C.
J. Mayall	D.C.	B. Arias	D.C.
H. Kramer	D.C.	F. Drum	D.C.
A. Burke	D.C.		
B. Walden	D.C.		
D. Padilla	D.C.		
D. Hinton	D.C.		
S. Reina	S.E.		
J. Davis	S.E.		
M. Trowbridge	S.E.		
G. Estes	S.E.		

In his first effort as an open water swimmer, Mike McElligott gave notice that he will be a top contender for swimming honors this year. Congratulations to Lou Marcelli, Bay Swimmer!

TREASURE ISLAND ANNIVERSARY JUMP-OFF

It was Monday morning, Washington's Birthday. From the dock near the Administration Building at Treasure Island, four swimmers (all over 21, and, as a matter of fact, their ages add up to 213) jumped into the Bay in an attempt to finish at Aquatic Park in front of the Dolphin Swimming and Boating Club.

South Enders Frank Coghlan, George Farnsworth, Dave Lomski and Tom Rice had to call it a day when the powerful ebb-tide made it plain and clear that if they were going to touch shore it wouldn't be at Aquatic Park but at Mile Rock.

South End pilots Joe Davis, Sal Reina, Garrett Estes and Ray Savigliano were joined by Dolphin Swimming and Boating Club pilots Bud Jenkins, Modesto Lanzone, Bill Walden, Skip Ohlsson and Herman Zahler.

The swimmers were picked up about a mile off Yacht Harbor after an hour and forty-five minutes in 49 degree water.

JACK GORDON REPAIRING AT FORT MILEY HOSPITAL ALONGSIDE WINNER OF 1917 GOLDEN GATE SWIM!

While visiting Jack at the Veterans' Hospital, in Building 5, room 508, we were introduced to Doc Koch, in the adjacent bed.

Jack Gordon is ailing with heart and eye problems. His good spirits are inspiring. Jack said, "Bill, meet Mr. and Mrs. Koch."

Mr. Koch won the Dolphin Club Golden Gate Swim in 1917. He showed me his gold medal for this event. He pointed out of the window to Mile Rock and said: "We used to pull out the Wieland to the lighthouse keepers and bring to them beverages and sandwiches."

Mrs. Koch described how the Hall of Flowers in Golden Gate Park was founded with her help.

"Hap" Koch showed me an old newspaper clipping of the results of that Golden Gate Swim in 1917. I borrowed it to make several copies. His pilot for that swim was Al Pape. Time was 26:51.

Wally Smith is listed as Number 15 among the finishers. Walter Smith comes for a dip every day. I told him about Hap Koch. Walter remembered very well.

Jack Gordon says hello to all his Dolphin friends.

Doc Koch remarked that he remembered so well 'Ishi', the last surviving Indian of his tribe. Ishi was brought down to San Francisco at the Affiliated Colleges by Prof. Kroeber after the famous anthropologist heard that the Sheriff of Oroville had in his custody 'a wild man'. Doc Koch taught Ishi how to eat bananas. Ishi was 'captured' in 1911.

(Late News: Jack is home again.)

WATCH THE BULLETIN BOARD FOR ANNOUNCEMENTS OF THE FOLLOWING REGULAR DOLPHIN EVENTS:

HANNA BOYS
WIELAND ROW
ALMA BAY CRUISE

ROWING NEWS

Several new members have been turned on by the unique pleasures of rowing in San Francisco Bay.

Pinetti and McElligott are weekend regulars.
Ed Curtis, Pat Kelly, Bill Walden, Emilio Massucco, Dino Landucci, Sr., Jerry Kafka, Herman Zahler, Reginald Hearn and Al Burke regularly log out our Whitehall pulling boats.

Hall Templeton has assisted in the procurement of suitable spruce planks for the oar-building program in the 'B'Court.

Hall Templeton called us from Portland. He always looks forward to coming to San Francisco where he can pull out the lightweight Whitehall and row to the Golden Gate Bridge, or to the San Francisco Bay Bridge, and return.

The new dory under construction in the 'B'Court was turned over last week. Interior ribs and thwarts will be completed soon. The Club will have very soon a new boat which will give pleasure to many members and which will be a great help in piloting our swims.

DOLPHIN SWIMMING AND BOATING CLUB HANDBALL NEWS

By Commissioners Will Debrunner and Phil Sturiale

Have you tried the 'new' handball court? There are new lights, paint, and the lower ceiling makes for a very lively game. In addition, a higher backstop prevents the balls from bouncing into the gallery.

Much work and effort went into the court and the contractors did an excellent job. Many Dolphin handballers contributed work and painting. Andy Burleigh and Dino Landucci deserve special mention for their unselfish effort in this regard. They and many others spent long hours of supervision and labor on this project.

Without the efforts of these players the renovation of our handball court would never have become a reality. The fact that the court 'plays' well has accounted for the increase in usage, and the attraction of many fine new players.

Al Routh, Pat Kelly, John Stadlberger, Don Barash, Walt Thurman, Gene Simmons, Jon Quint and many others have been playing some highly contested games.

The club Singles Tournament is in progress.

As you know, the tournament this year is a 'round robin' in order to enable the players to have more games. For the first time in years the first class event will provide many good games before the club champion is determined.

It is much too soon to make predictions. Among the contestants are such excellent players as Al Ward, Gene Simmons, Andy Burleigh, Bob Lotti, and elevated newcomers Don Barash and Walt Thurman; all in battle for top honors.

Second Class is perhaps the most even group of players in the tournament. This is really a wide open race. Third Class will also be contested all the way.

The new event this year is the Novice Class. It is hoped that this event will give newcomers a chance to compete on equal terms and perhaps to produce many future handball greats for our Club.

The handball players have been meeting on the last Thursday of the month to discuss court rules and the types of competitive events which the players desire. Andy Burleigh prepared a hot dog and beer feed for the initial event which was attended by about 12 players. The next meeting is scheduled for March 28th at 7:30 P.M. Why not attend and make your thoughts and handball desires known to the group? It is felt that by these meetings, bigger and better handball events can be offered to the many fine players we now have in the Club.

Tournament entry fees are due. Mail in your check in the sum of $3.00 to the Club, c/o Handball Commissioner, or pay $3.00 to any officer, or Will Debrunner or Phil Sturiale.

RUNNERS' NOTES — Running Commissioner—Walt Stack

The 78th annual BOSTON MARATHON will be run on April 15th.

The 19th annual PIKE'S PEAK MARATHON will be climbed and descended on August 11th.

To make these two 26 mile runs is the aim of every seasoned long distance runner. The Boston is the easier one.

Dolphins who have made both are: Walt Stack, Chuck Stagliano, Pax Beale, and Harry Cordellos. This year of 1974, Chuck Stagliano and Harry Cordellos hope to do it again, and under 3 hours.

Ken Crutchlow, who has already conquered Pike's Peak, will challenge The Boston Marathon as the beginning of a round-the-world honeymoon with his lovely bride.

Pax Beale, who has bicycled against a *ship* to Alaska with Ken Crutchlow, and run from below sea level at Death Valley to the Summit of Mt. Whitney, tallest mountain in the United States, is considering Pike's Peak this year. All Dolphins who want a memorable experience: Join us in 1974.

Jim Morino, Dan Padilla, Jim Keely, Bill Walden and at least 30 other Dolphin Swimming and Boating Club members are getting ready for the 64th running of the famous San Francisco race known all the world over as the BAY TO BREAKERS on May 19th. A little under 8 miles, the course will be run by perhaps 5000 runners!

Sunday, August 25th is the date for one of the toughest, and probably the most scenically beautiful races in the world: THE DIPSEA. This 6.7 mile race, from Mill Valley, across open country, canyons, ravines, and up mountain trails, ought to attract 1700 runners from the United States and every continent.

Every Dolphin ought to check our running schedule on the Bulletin Board for our regular Sunday Runs in order to get into shape for those two big events.

We have all read of the death of Larry Lewis, a friend of the Dolphin Club, just a few months away from his 107th birthday. In the *'Oasis'* – an organ of the Social Security set-up in Washington, D.C., Larry Lewis was listed as the only centenarian of over 5000 drawing social security benefits who was still working. He ran and worked until 3 months before he died. Larry and Bessie Lewis attended many of our picnics at Kirby Beach and Paradise Cove. Larry often observed our Golden Gate Swims from the Spectator Boat.

Larry Lewis weighed 138 pounds. He used to pick up Ray Savigliano without effort. When Bill Powning did the same, Larry said: "Yes, Bill, but you did not hold him out at arm's length as I did!"

He retained all his faculties up to nearly the very last moment. A film issued by Brigham Young University was translated into a half-dozen languages. The subject of this film is Larry Lewis' inspirational effect on people all over the world: men and women who strive for physical fitness.

Bulletin: Ray Savigliano is considering running the DIPSEA.

PENINSULA NEWSPAPERS HEADLINE GIRL SCOUT TROOP NO. 446 OUTING AT THE DOLPHIN SWIMMING AND BOATING CLUB

The Record and *The Post* of January 30th featured the Girl Scout Story:

(from *The Post*):

Dolphin Club in San Francisco was the location of a recent outing of Daly City Troop No. 446 led by Mmes. Pat Knox, Caroline Futrell, Jewell Drexler, as these girls were chosen to pose for National Girl Scout calendar pictures for 1975.

Bill Walden, with oarsmen Herman Zahler, Daniel Padilla of Pacifica, and Jim Morino of Daly City, rowed the girls around Aquatic Park and Fisherman's to provide interesting Scout settings.

Mary Hale, Region VI public relations specialist, took the photographs of Lana Andes, Denise and Doreen Brignoli, Karen Carter, Marilyn Drexler, Kim Erler, Dayna Figone, Renee Futrell, Charlene Gardella, Nancy Geimer, Susan Kemp, Lianne Knox, Adrienne Konstan, Janet Leong, Marve Milton, Alice Plichcik, Laura Prado, Jennifer Roemer, Donna Sabbatini, Donna Salkind, Diane Sapienza, Ellen Sorensen, Debbie Thomas, Karen Venezio, Lisa Watts, Tamara Wetzel, and Lauri Yoshioka.

A charming thank-you note with individual comments, was received from all these girls.

DOLPHIN CLUB FEATURED ON GIRL SCOUT CALENDAR

Letters received:

The Girl Scouts of the U.S.A., District VI Regional Office, wish to express their thanks to the officers and members of the Dolphin Club for providing location settings for our 1975 Girl Scout Calendar.

Ms. Mary Hale, Regional Public Relations Specialist, was able to get just the pictures she needed with the full cooperation of Bill Walden, Herman Zahler, Daniel Padilla and Jim Morino.

The girls of Daly City's Troop No. 446 who served as our models were impressed with the friendliness and accommodation of all the Dolphin Club members they met.

Again, thank you, and we hope the Dolphin Club and Girl Scouts of the U.S.A. will continue their cooperation for many years to come.

Gentlemen:

May I take this opportunity to send the sincere best wishes of the Girl Scouts of the U.S.A., the National Equipment Service, the West Coast Regional Office and the San Francisco Bay Area Council, to the Dolphin Swimming Club and its members, for providing facilities for our recent photography session . . . . .

Scoutingly yours,

Roz Morino
Public Relations Dept.

OLD TIMERS' NIGHT

Old Timers' Night on January 26th featured fresh cracked crab. All you could eat.

Old Timers converged at the Club from all over the country. Mr. McIsaacs from Fresno enjoyed the crab. Everybody enjoyed the crab.

Zahler and Sturiale and Horse started their work early in the morning. Mennucci, Parisi, Korda, Katurich, Burleigh and Moon contributed special talents.

INSTALLATION OF OFFICERS AND DINNER AT THE VERDI CLUB

More than two hundred happy Dolphins and guests dined, danced and diverted.

John Ardizzone, chef extraordinaire, produced a faultless dinner. Everybody wants to do it again next year.

Many thanks to all Dolphins who worked on a crash program to sell tickets. Special mention should be made of Pete Sturiale, Bud Jenkins, Ray Belluomini, Frank Drum, Dino Landucci, Sr., and Frank Mennucci.

IN MEMORIAM

George W. Freeberg, Major, U.S.A.F., Ret. – Feb. 12, 1974. Major George W. Freeberg, beloved husband of Vera Freeberg, brother of Carl Freeberg of Tustin, California, and Mrs. Lorana Bakke of Englewood, Florida; a member of the Board of Directors of the Golden Gate Restaurant Association, the Presidio Golf Club, the Dolphin Swim Club, the World Trade Club, and San Francisco Giants Think Tank Club; owner of the Buena Vista Restaurant, Hyde and Beach Streets.



DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS FOR 1974

President ..... Jack Bettencourt
Vice-President ..... Peter Bianucci
BOAT CAPTAIN ..... Herman Zahler
Treasurer ..... Lawton Hughes
Financial Secretary ..... Daniel Murphy
Recording Secretary ..... David Hinton

BOARD OF GOVERNORS

Frank Drum
Bill Walden
Frank Mennucci
Gordon Cook
Jack Giacomini
Andy Burleigh
Walter Stack

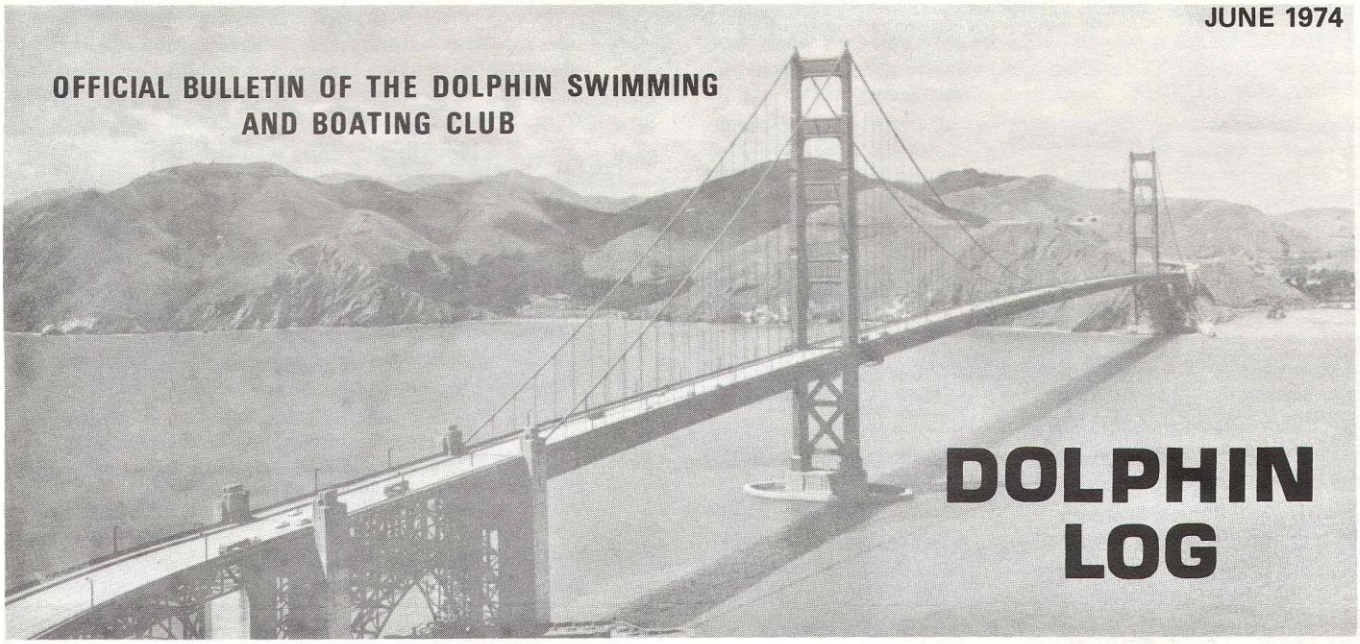
NEXT REGULAR MEETINGS AT 8:00 P.M., 3rd WEDNESDAYS:

March 20th **April 17th** **May 15th**

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

JUNE 1974

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB



DOLPHIN LOG

502 Jefferson Street, S.F. CA 94109 BILL WALDEN, EDITOR Organized 1877

RESULTS — DOLPHIN — SOUTH END COVE SWIM
March 24th, 1974

RESULTS:

1. Mike McElligott	18:00	8. Bill Powning	27:24
2. Dick Beeler	18:13	9. Modesto Lanzone	27:31
3. Frank Coghlan	18:50	10. Joe Carroll	27:55
4. George Farnsworth	19:55	11. Ken Crutchlow	28:28
5. Skip Ohlson	22:55	12. John Lynch	29:35
6. Jim Morino	23:52	13. Lou Marcelli	30:02
7. Bob Hoff	26:54	14. Jack O'Leary	32:47

San Francisco Bay Swimmer Pilots:
John Klein
Joe Davis
Gordon Cook
Ray Savigliano
Jerry Kafka
Herman Zahler
Al Burke
Bill Walden

Commissioner:
Frank Drum

Assistant Commissioners:
Jim Mayall
Mac McCaleb
Will Debrunner
Hector Stephen
Frank Mennucci

ANNUAL GASHOUSE COVE SWIM
April 21, 1974

On a cold, overcast Sunday morning, fifteen members of the Dolphin Swimming and Boating Club dove into the chilly bay waters at Gashouse Cove in a mile and one-quarter effort swim to Aquatic Park. A 54 degree water temperature spurred the natators on.

The entire swim course was expertly controlled by experienced pilots from the Dolphin and the South End Rowing Club.

Order of finish as follows:

1. Mike McElligott	22:40	9. Joe Carroll	35:05
2. Mickey Lavelle	23:47	10. Dan Padilla	35:16
3. Skip Ohlson	26:34	11. Bill Powning	35:34
4. Bud Jenkins	27:00	12. Lou Marcelli	39:20
5. Jim Morino	30:31	13. Lou Gallic	40:10
6. Modesto Lanzoni	31:09	14. George Kiskaddon	46:30
7. Buck Swannack	33:59	15. Paul Melee	68:00
8. Joe Bruno	34:49		

NATIONAL PUBLICITY AT AQUATIC PARK COVE SWIM FOR SWIMMERS OVER 60

Robin Kinkead, Public Relations Director for the Dolphin Swimming and Boating Club promised and delivered to the representatives of the Press, Radio and T.V. when 10 (mature) Dolphins swam the cove on Sunday, May 19th, 1974.

Here are the results:

1. Lou Nagy	18:04	(National Masters Champion)
2. Joe Bruno	21:30	Joe swims for fun
3. Joe Carroll	22:00	He can't help it
4. Jim Mayall	22:37	It's such good theater
5. Dan Murphy	23:48	What is in the frig?
6. Vern Louden	24:47	This one is easy
7. Mac McCaleb	27:40	The current was anti-cyclonic
8. Joe Weiss	28:37	In Santa Cruz it was warmer
9. Hector Stephen	34:53	Who did I beat?
10. Robin Kinkead	34:54	Notify the press

Mike McElligott
Water Safety Man

PIER 41 SWIM
May 26, 1974

1. Mike Garibaldi	15:20-08	10. Joe Carroll	25:37-03
2. Mike McElligott	19:21-00	11. Joe Bruno	25:38-03
3. Mick Lavelle	19:23-00	12. Nick Zoller	26:19-63
4. Lou Nagy	20:12-15	13. Bill Powning	26:51-83
5. Dick Beeler	20:23-44	14. Jim Mayall	27:33-24
6. Skip Ohlson	20:37-71	15. Dan Padilla	27:56-19
7. Bud Jenkins	21:13-64	16. Lou Marcelli	30:56-56
8. Jim Morino	25:35-03	17. Mac McCaleb	32:30-89
9. Modesto Lanzone	25:36-03	18. Paul Melee	35:50-96

Timers:
Bob Roper S.E.
Frank Drum
Joan Cook
Stan Alynsky

Pilots:
Steve Pinetti
Herm Zahler
Bill Walden
Jon Klein
Dave Hinton
Frank Coghlan S.E.
John Lynch S.E.

****

announcement

Dolphin Swimming and Boating Club

HANDBALL DINNER DANCE AT THE CLUB

Saturday, June 15th, 1974

Cocktails	6:30 P.M.
Steak Dinner	8:00 P.M.
Dancing	9:00 P.M.

Reservations Limited: $10.00 each

yes: Everything

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RUNNER'S NEWS

BAY TO BREAKERS RACE
Sunday, May 19, 1974

Running Commissioner:
Walt Stack

Gary Tuttle of Ventura, representing the Beverly Hills Striders, conquered this world-famous event, a 7.8 mile course, in the time of 37 minutes and 7 seconds. He is a graduate of Humboldt State University.

Jim Crawford	New York A.C.	37:28
Phil Camp	U.S. Navy	37:37
Ron Wayne	Oregon Track Club	fourth
Adelino Silva	West Valley T.C.	fifth

More than 5000 runners stampeded up Howard Street at 10:00 A.M. as the race started. The whole city applauded in good natured cooperation, as lines of autos were delayed and the sidewalk audiences cheered the contestants.

The sun shone, but there were cooling winds. At the beach, those who couldn't find their sweat shirts suffered.

Witnessed at the fracas were:

Tom Dougherty	Walter Haake	John Beale
Walter Stack	Dave Warren	Ken Crutchlow
Jimmie Vanya	Will Baptiste	Art O'Keefe
Chuck Stagliano	Don Ross	Tom Gould
Pax Beale	Larry Witter	Jon Quint
Bill Walden		Charlie Zaskorn
Andy Burleigh		John Getas
		Paul Kantroon

Congratulations to the San Francisco Police Department for their planning and control of a difficult assignment. And thanks to the Firemen of San Francisco who cheered the runners from all their fire stations.

Jim Lennemann, hello; You Were There!

John Getas and Paul Kantroon: Thanks for standing by at the last mile to cheer on us plodders! We said hello to Dr. Paul Spangler: How many minutes do you need this year? He answered: Well, I think 70. I usually do it in 66, but I'm not in good enough shape today. Dr. Spangler is 75 years of age.

ANGEL ISLAND RUN

On May 12th, Sunday morning, The Guardsmen again hosted a successful 5-mile run around the Island.

The weather was beautiful. Special ferry boats carried runners, their families and friends from San Francisco and Tiburon. Phil and Sarah Fernandez of The Guardsmen were prominent as always in the organizing and management of this popular event.

Dolphins Walt Haake, Walt Stack, Chuck Stagliano, Bill Walden and all their families and guests were there. A great dixieland jazz band entertained the thousands of picnickers after the run.

CORRESPONDENCE RECEIVED

To: Bill Walden
From: Chuck Stagliano
Subj: Boston Marathon

Bill:

As you know, there were 3 Dolphins representing the Club in this year's running of the Boston Marathon. As usual, it was a thrilling experience to be part of this historic event. This year's field was the largest ever, with 1,971 official entrants as well as several hundred unofficial runners who just showed up to run. Official entrants had to qualify by running a sub 3 hour 30 minute marathon in the previous 12 months.

Dolphin Swimming and Boating Club Members who ran were:

Harry Cordellos	3 hours 6 mins. 23 secs.
Ken Crutchlow	4 hours 6 mins.
Chuck Stagliano	2 hours 46 mins. 4 secs.

(Editor's Note' Chuck placed a very respectable 248th.)

The race was run on a nearly perfect day – overcast, cool, and a light quartering breeze. The early pace of the first several hundred runners was exceptionally fast and never let up until beyond the 20 mile mark. For example, I was averaging sub-6 mihute miles through the first 10 miles, and was still in about 300th place at that point. I couldn't believe that so many runners could be so good.

The winner was Neil Cusak of East Tennessee State in the time of 2 hours 13 minutes (a truly fine performance.) The quality of the field is apparent in the fact that there were 600 finishers in times under 3 hours, more than double the number for breaking that mark in last year's race.

Dear Chuck:

Thanks for this colorful and informative recount of the Race. The Dolphin Swimming and Boating Club thanks you and Harry Cordellos and Ken Crutchlow for representing our Club in this most publicized Marathon of all.

Bill

ROWING NEWS

Rowing Commissioner . . Tom Toneum
Rowing Coach. . . . . Lawton Hughes
Asst. Rowing Coach. . . Steve Pinetti

Weiland Row:

April 28th, Sunday was Opening Day for the boating fraternity on San Francisco Bay.

To the welcoming cheers and hand waving of thousands of yachtpersons in the Bay, and hordes of enthusiastic natives and tourists of Sausalito, and all the guests of the Spinnaker, the Trident, and Glad Hand, Zack's and the Boathouse, the venerable Wieland arrived at noon.

A variety of victuals and beverages was served to the hungry and thirsty crew by the genial blonde waitress and the charming brunette wife of the Grand Chef of the Boathouse.

Here is the crew roster:

Lawton Hughes	Gordon Cook
Jerry Kafka	Dan Padilla
Herman Zahler	Bob Katurich
Jim Morino	Mike McElligott
Bill Walden	Frank Mennucci
Bill Leipham	

No more than 15 gallons of Bay water were taken over the side on the return trip.



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See Photo on

On April 14th, Sunday, the weather was so good, it couldn't be helped. The Wieland was hauled out and rowed to Fisherman's Wharf and return. In the crew were:

Herman Zahler	Bill Walden
Randy Pinetti	Mike McElligott
Steve Pinetti	Dave Hinton
Pete Bianucci	Gordon Cook

Assisting on the beach were Dan Murphy, Pete Sturiale, and Lou Marcelli.

UC BEARS CONQUER WASHINGTON HUSKIES

On Saturday, April 27th, Cal's varsity coach, Steve Gladstone, watched his unbeatable eight triumph over Washington. A huge crowd witnessed the victory from the 28th Street bridge at the Oakland Estury.

DOLPHIN SWIMMING AND BOATING CLUB HANDBALL NEWS

Commissioners: Will Debrunner
Phil Sturiale

Our renovated handball court continues to draw new players and increased usage. Once again a vote of thanks to all the Dolphins who helped give more pleasure to our members.

Big Notice: Our DOLPHIN SWIMMING AND BOATING CLUB DINNER DANCE, to be held on June 15th, Saturday. $10 per ticket. Steak entree, all beverages, music, dancing. That's everything.

In charge of entree preparation are our Boat Captain, Herman Zahler and old-timer Pete Sturiale. Researching tasty and mysteriously delectable salad formulae, and presiding thereover will be Gordon Cook.

The beverage slot: Moon Passanisi.

Dancing: 'Til maybe 1:00 A.M.

Awards: Last year's doubles — this year's singles.

Sign up NOW; reservations are limited. Thank you.

Annual Spring Singles Tournament will terminate May 31st, after which winners and runners-up in all four classes will be announced. Right now first class appears to be a duel between Al Ward and Dino Landucci, Jr. Close at their heels are Gene Simmons, Bob Lotti, and Don Barash.

Al Routh and Jon Quint are battling for top honors in 2nd class; but others are close.

In third class, Buck Swannack, Phil Sturiale, Dino Landucci, Sr. and Jack Nichols are the top contenders. But Pat Kelly has a chance.

The Novice Class is interesting. Steve Tomei and David Pigott show great promise. Frank Drum is showing them the ropes.

The 'round robin' type of tournament appears to be more popular than the 'double elimination' type.

We want to schedule 8 or 10 players each year against the Olympic Club in an annual event. Contact any handball commissioner if you are interested. Opponents will be selected according to ability. These events will be held on a Saturday.

Tournament entry fees are due. Mail to us your check in the sum of three dollars or pay this sum to Will or Phil.

ALERT!
THE COMING EVENTS TO WATCH:

August 3, Saturday: Santa Cruz 2nd Annual Rough Water Rough Water Swim. One mile around the Pier. Entry fee $2.50. Men and women from everywhere will participate. Classified age group categories. A grand steak barbecue at Harvey West Park will follow. Harvey West Park has a dancing area, an Olympic-size pool and a baseball field.

June 1st, Saturday: The Hay Scow, Alma, CRUISE IN THE BAY; Our guests will be students of the Good Shepherd Convent. Liaison Officer: Walt Shiel.

June 15th, Saturday: THE HANDBALL DINNER DANCE. An entire evening of entertainment for $10.00, each ticket. Herman Zahler, Gordon Cook and Peter Sturiale will prepare a culinary extravangaza of steak, salad and paste together with domestic and exotic beverages.

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A Sunday in August will be selected for DOLPHIN DAY ON THE ALMA, a cruise in the Bay.

September 7th, Saturday: The Hanna Boys will be our guests at the Club.

Tentative Date: Saturday, October 5th: a moonlight buffet-dance cruise on a Harbor Tour Boat.

WATCH THE BULLETIN BOARD

****

Walt Shiel crewed on the Alma on Master Mariner Regatta Day. Sunday, May 26th. It was a gorgeous day at the Cove. Winds were light in morning, but it perked up later.

Jerry Hawryluk, 60 year old Dolphin Member and former swimming champion will receive an Official Commendation.

Jerry threw a body block at a fleeing purse snatcher who was in his twenties, at the Cannery.

Jerry, official photographer for the Dolphin Swimming and Boating Club, has been trying hard to stay out of trouble. But what can you do?

STEPHEN DEBRUNNER'S BIRTHDAY PARTY
Sunday May 5, 1974

Attending were Mr. and Mrs. Will Debrunner, Moon Passanisi, Gordon and Joan Cook, Jerry Kafka, Herman Zahler, Dino Landucci, Jon Quint, Peter Sturiale, Bob Katurich, Frank Drum and Bill Walden.

After an unusually long laudatory address in honor of Stephen, and powerful exhortations to respond, Stephen replied, 'Thank you,' to vigorous applause and admiration.

The party was held after pilots Herman Zahler and Bill Walden returned from a South End Club swim from Gas House Cove which was won by Rich Glass.

CHRISTOPHER ROPER'S CHRISTMAS CELEBRATION
at the South End Rowing Club

Bob and Trish Roper hosted a popular party at the South End Galley. The most original gift was a hand knitted set of swimming trunks, size minus one, emblazoned: SERC. Dolphins and South Enders mingled and enjoyed. Farnsworth, Savigliano, Zahler and Spiller joint-ventured in a highly successful luncheon, featuring champagne, chicken and ham, with an irresistable specially baked Christening Cake.

YACHT GROUNDS AT AQUATIC PARK
Saturday, April 6th, 1974

The San Francisco Sunday Examiner and Chronicle cited the 'efforts of perhaps 30 members of the Dolphin Club, Sea Scouts. . ' before a 33 foot sailboat was pulled free from the beach at Aquatic Park.

A Coast Guard cutter finally hauled her free at 8:05 P.M.

Herman Zahler secured a line to one of our pilings in order to prevent the boat from injury before refloating.

SICK CALL

Sam Parisi is at St. Mary's Hospital in San Francisco. Emilio 'Horse' Massucco is at Stanford Hospital in Palo Alto. Both were in intensive care when we checked last. Everybody at the Club sends his best wishes, Sam and Emilio!



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IN MEMORIAM

In Loving Memory of Andreas Echeandia-Franco Y Carlo

April 10, 1911 - February 18, 1974

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CORRESPONDENCE RECEIVED FROM OUR FRIENDS OF *THE BUENA VISTA*:

Dear Members of the Dolphin Club:

My sincere appreciation for the beautiful floral arrangement in George's memory.

I have had a very sad year, but I have to find the courage to accept what has happened and I count all of my blessings.

Vera Freeberg

(Mrs. Freeberg's note to us included 'George's Prayer,' which we are glad to reprint.)

Lord, Thou knowest better than I know myself that I am growing older, and will someday be old.

Keep me from getting talkative, and particularly from the fatal habit of thinking I must say something on every subject, and on every occasion.

Release me from craving to straighten out everybody's affairs.

Keep my mind free from the recital of endless details, give me wings to get to the point.

I ask for grace enough to listen to the tales of others' pains. Help me to endure them with patience.

But seal my lips on my own aches and pains: they are increasing and my love of rehearsing them is becoming sweeter as the years go by.

Teach me the glorious lesson that occasionally it is possible that I may be mistaken.

Keep me reasonably sweet; I do not want to be a saint — some of them are so hard to live with — but a sour old man/woman is one of the crowning works of the devil.

Make me thoughtful, but not moody; helpful, but not bossy. With my vast store of wisdom, it seems a pity not to use it all — but Thou knowest, Lord, that I want a few friends at the end.

Dear Mrs. Freeberg,

Thank you for your gracious remarks and for the privilege of knowing George Freeberg's special prayer.

Please come across the Park anytime to visit us for friendship and sunshine.

Very sincerely yours,

Bill Walden
Editor, Dolphin Log
Dolphin Swimming
& Boating Club

George W. Freeberg — April 14, 1917 - February 12, 1974



OUR COVE

DOLPHIN SWIMMING AND BOATING CLUB
OFFICERS AND BOARD OF GOVERNORS FOR 1974

President ..... Jack Bettencourt
Vice-President ..... Peter Bianucci
BOAT CAPTAIN ..... Herman Zahler
Treasurer ..... Lawton Hughes
Financial Secretary ..... Daniel Murphy
Recording Secretary ..... David Hinton

BOARD OF GOVERNORS

Frank Drum
Bill Walden
Frank Mennucci
Gordon Cook
Jack Giacomini
Andy Burleigh
Walter Stack

NEXT REGULAR MEETINGS AT 8:00 PM - 3rd WEDNESDAYS

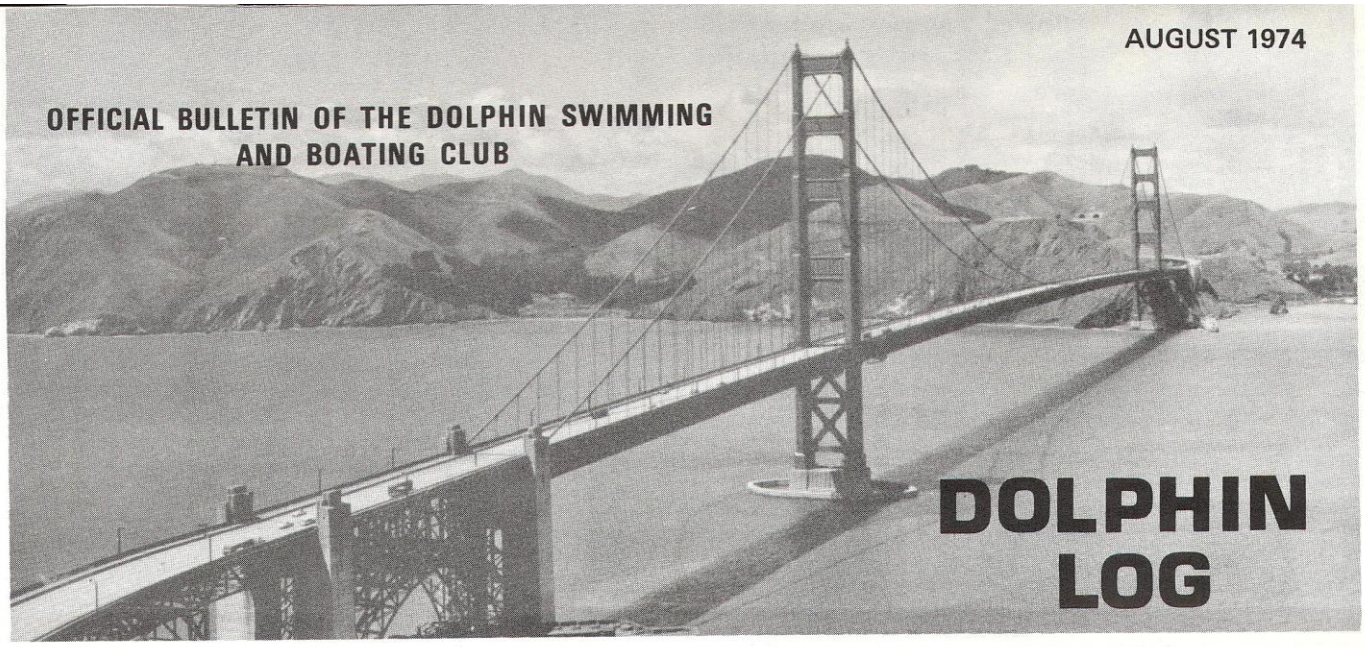
June 19th **July 17th** **August 21st**

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

Walt Schneebli
83 Cragmont Ave.
San Francisco, CA 94116

AUGUST 1974

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB



DOLPHIN LOG

SAN FRANCISCO | BILL WALDEN, EDITOR | Organized 1877

SWIM COMMISSIONERS:
Frank Drum
James Mayall

RESULTS

Second Annual South End – Dolphin Club Invitational Aquatic Park Cove Swim, Sunday July 28th, 1974.

Place	Class	Time	Name	Affiliation
			WOMEN	
1.	E-5	18:05	Gail Roper	Unattached
2.	A-3	19:58	Kathy Duncan	Unattached
3.	A-5	22:32	Kathleen Bauer	Unattached
4.	D-1	24:13	Robyn Paulson	No Cal Seniors
5.	A-1	24:22	Suzanne Colyer	S.M.Marlins
6.	B-1	25:43	Ilse Cannizzaro	Unattached
7.	E-7	26:18	Marilyn Rodman	Unattached
8.	A-7	27:20	Vera Kotas	Unattached
9.	C-1	27:33	Joan Cook	Unattached
10.	D-3	27:35	Theresa Zaro	S.M.Marlins
11.	D-5	28:29	Elena Stumpf	S.M.Marlins
12.	E-1	30:55	Mary Ann Dake	Unattached
13.	B-3	32:00	Diane McEwen	D.S.E. Runners
14.	B-5	32:31	Phyllis Schrubsdorff	Unattached
15.	E-3	55:50	Alice Dingwall	Pamakids
			MEN	
1.	A-8	15:29	Alex Shestakov	Unattached
2.	A-4	15:52	Joel Wilson	Hartnell A.C.
3.	A-16	16:02	Ed Duncan	D.C.
4.	B-12	16:37	Dick McDonough	New York
5.	A-14	16:42	Rich Glass	S.E.R.C.
6.	A-2	16:43	Lee Faust	O.C.
7.	C-4	16:50	Bob Roper	S.E.R.C.
8.	E-2	16:54	Carl Yates	Rinconada
9.	B-16	17:35	Thompson Mann	S.M.Marlins
10.	A-12	17:45	Jim Allen	S.M.Marlins
11.	B-2	17:49	Steve Clark	Marin Aquatic
12.	F-8	17:54	Fred Taoli	Hayward
13.	A-18	18:09	Bob Colyar	D.C.
14.	E-6	18:15	Frank Blair	S.M.Marlins
15.	D-4	19:27	Dennis Rice	O.C.
16.	C-12	19:28	New Cook	D.C.
17.	E-12	19:35	Bob Cunningham	S.M.Marlins
18.	F-6	19:57	Dick Beeler	D.C.
19.	H-2	20:30	Lou Nagy	D.C.
20.	E-4	21:54	Bud Jenkins	D.C.
21.	C-2	22:11	Bill Wilson	S.E.R.C.
22.	G-4	22:23	Geo. Farnsworth	S.E.R.C.
23.	A-10	24:49	Jerry Hill	D.S.E. Runners
24.	B-20	25:20	Roger Major	S.E.R.C.
25.	G-2	25:29	Nick Zoller	D.C.
26.	D-16	25:44	Vince Cannizzaro	D.C.
27.	A-20	26:04	Ney Brito	Unattached
28.	D-10	26:10	Tom Robb	D.C.
29.	E-10	26:50	Bob Hoff	D.C.
30.	C-14	27:02	Stu Ruth	Pamakids
31.	B-10	27:03	Rich Castro	D.C.
32.	H-4	27:11	Joe Bruno	D.C.
33.	D-14	27:18	Pat Cuneen	S.E.R.C.
34.	I-8	27:22	Joe Carroll	D.C.
35.	C-16	27:57	Buck Swannack	D.C.
36.	C-6	27:58	Andy Burleigh	D.C.
37.	I-2	28:03	Jim Mayall	D.C.
38.	E-8	28:05	Jack Bettencourt	D.C.
39.	B-14	28:11	Bill Norton	S.E.R.C.
40.		28:17	Bill Powning	D.C.
41.	E-14	28:43	Al Burke	D.C.
42.	I-4	28:48	Vern Louden	D.C.
43.	C-8	28:49	Logan Franklyn	Pamakids
44.	E-14	29:50	Bill Koehler	S.E.R.C.
45.	B-18	29:51	Dick Peterson	Unattached
46.	B-4	30:04	Pete Biannucci	D.C.
46.	C-10	30:04	Harry Cordellos	D.C.
47.	D-12	31:29	Herb Madden	D.C.
48;	B-8	31:42	Ken Crutchlow	D.C.
49.	I-6	31:55	Lou Gallic	D.C.
50.	C-18	33:04	Russ Kiernan	Unattached
51.	G-6	35:17	Jack O'Leary	D.C.
52.	F-10	38:06	George Tracy	D.C.

PILOTS: Joe Davis, S.E.; Dino Landucci, D.C.; Ed DeCossio, D.C.; Gordon Cook, D.C.; Bill Walden, D.C.; Joe Weiss, D.C.

TIMERS-JUDGES: Frank Drum, D.C.; Bev Bettencourt; Skip Swannack; Rosie Tracy.

YACHT HARBOR SWIM

On Sunday, July 21, 1974, the Dol South End Club held their annual Yacht Harbor Swim. Weather and water conditions were good, with a total of 31 swimmers from both clubs finishing the mile and a half course in respectable times.

ORDER OF FINISH

1.	Mike Garibaldi	27:24.96	D.C.
2.	Lee Faust	30:13.74	S.E.
3.	Rich Glass	30:49.12	S.E.
4.	Bill Harlan	31:51.97	D.C.
5.	Bob Roper	32:12.40	S.E.
6.	Bob Colyar	32:28.21	D.C.
7.	John Moyes	33:02.85	D.C.
8.	Lew Cook	33:20.95	D.C.
9.	John Bricker	33:45.60	S.E.
10.	Dennis Rice	33:55.98	S.E.
11.	Mickey Lavelle	34:10.22	D.C.
12.	Frank Coghlan	34:29.71	S.E.
13.	Bob Cunningham	34:35.05	S.E.
14.	Dick Beeler	34:47.53	D.C.
15.	Lou Nagy	35:53.99	D.C.
16.	Tim Reid	36:04.06	S.E.
17.	George Farnsworth	36:33.05	S.E.
18.	Kevin Phipps	36:33.06	S.E.
19.	Norm Peterson	36:33.06	S.E.
20.	Bud Jenkins	36:46.46	D.C.
21.	Phil Ward	38:01.00	S.E.
22.	Bill Wilson	39:51.97	S.E.
23.	Jim Morino	41:38.34	D.C.
24.	Ed Phipps	42:19.86	S.E.
25.	Ed DeCossio, Jr.	43:43.05	D.C.
26.	Joe Carroll	44:04.91	D.C.
27.	Joe Bruno	44:38.91	D.C.
28.	Andy Burleigh	46:38.30	D.C.
29.	Jim Mayall	46:48.05	D.C.
30.	Al Burke	50:36.51	D.C.
31.	Lou Gallic	50:45.78	D.C.

DOLPHIN PILOTS: Gordon Cook, Steve Pinetti, Dave Hinton, Ed DeCossio, Sr., Bill Walden, Jerry Kafka, Dino Landucci, Bob Hoff, Tom Dougherty.

S.E. PILOTS: Mel Trowbridge, Joe Davis, Hector Valencia, Sol Reina, Andy Casper.

OYSTER POINT YACHT CLUB: Bob Wiegert, Gray Burns

The Dolphin Swimming and Boating Club wishes to express their thanks to the Oyster Point Yacht Club of South San Francisco for their support in patrolling the course. Because of a yacht race in the vicinity, the hard work of Bob Wiegert and Gray Burns, (who piloted the course with their power cruisers), was the key to the success of this swim.

Chefs: Zahler, Sturiale, Cook.

GAS HOUSE COVE SWIM

On Sunday July 7, 1974 the Dolphin Club and the South End Club held their annual Gas House Cove Swim. Water & Weather conditions were ideal, with a total of forty swimmers from both clubs finishing the one mile course in good times.

ORDER OF FINISH

*1.	Mike Garibaldi	14:55	D.C.
2.	Lee Faust	18.33	S.E.
3.	Rich Glass	18:43	S.E.
4.	Bob Roper	19:02	S.E.
4.	J. Moyes	19:02	D.C.
5.	Dick Beeler	19:05	D.C.
6.	Bob Colyar	19:48	D.C.
7.	Bill Foehr	20:21	S.E.
8.	Dennis Rice	20:26	S.E.
9.	John Bricker	21:26	S.E.
10.	Bob Cunningham	21:35	S.E.
11.	Jerry Dunn	22:41	S.E.
12.	Kevin Phipps	22:47	S.E.
13.	George Farnsworth	23:10	S.E.
14.	Norm Peterson	23:16	S.E.
15.	Roger Major	24:05	S.E.
16.	Don McPherson	24:21	S.E.
17.	Bill Wilson	24:43	S.E.
18.	George Decossio	24:57	D.C.

(CONTINUED ON NEXT PAGE)

19.	Nick Zoller	25:24	D.C.
20.	Joe Flahaven	25:32	S.E.
21.	Modesto Lanzone	25:44 D.C	D.C.
22.	Ed DeCossio	25:46	D.C.
23.	Ed Phipps	25:48	S.E.
24.	Rudy Demay	25:59	D.C.
25.	Joe Bruno	26:01	D.C.
26.	Mike Mager	26.01	D.C.
26.	Jim Mayall	26:36	D.C.
27.	Victor Winkel	26:45	D.C.
28.	Jim Morino	27:34	D.C.
29.	Vern Louden	27:43	D.C.
30.	Joe Carroll	27:50	D.C.
30.	John Lynch	27:50	S.E.
31.	Al Burke	28:32	D.C.
32.	Ed Curtis	28:37	D.C.
33.	Bill Powning	28:56	D.C.
34.	Jim Hentz	29:37	S.E.
35.	Lou Gallic	30:25	D.C.
36.	Joe Weiss	32:50	D.C.
37.	Mac McCaleb	34:35	D.C.

**New Record*

PILOTS

Andy Casper, S.E.
Joe Davis, S.E.
Mel Trowbridge, S.E.
John Hentz, S.E.
Sal Reina, S.E.
Herm Zahler, D.C.
Dino Landucci, D.C.
Jerry Kafka, D.C.
Gordon Cook, D.C.
Dave Hinton, D.C.
Tom Robb, D.C.

COOKS:

Ray Savigliano, Herm Zahler

TIMERS:

Sue Faust, S.E.
Trish Roper, S.E.
Joan Cook, D.C.
Stan Hlynski, D.C.
Frank Drum, D.C.

Congratulations to Al Burke, Bay Swimmer!!



COVE HANDICAP SWIM June 16, 1974

Name	Handicap Time	Handicap	Net Time	
1. Dan Padilla	32:30	4:30	28:00	8th
2. Jim Mayall	32:44	4:50	28:14	9th
3. Vern Louden	33:14	4:00	29:14	11th
4-5 Bill Powning	33:45	4:30	29:15	12th
4-5 Bob Hoff	33:45	5:00	28:45	10th
6. Bob Colyar	34:03	13:00	21:03	3rd
7. Jack O'Leary	34:00	1:00	35:00	13th
8. Nick Zoller	34:15	9:30	24:45	6th
9. Lou Nagy	34:16	13:30	20:46	2nd
10. Jim Morino	34:33	9:00	25:33	7th
11-12. Bud Jenkins	35:07	13:00	22:07	4-5th
11-12. Skip Ohlson	35:07	13:00	22:07	4-5th
13. Lou Marcelli	35:55	2:00	33:55	13th
14. Dick Beeler	36:00	16:00	20:00	1st
15. Joe Weiss	36:10	1:30	34:40	16th
16. Lou Gallic	36:35	2:30	34:05	15th

PILOTS

Hern Zahler
Jerry Kafka
Dino Landucci
Bill Walden
Steve Pinetti

TIMERS & JUDGES

Frank Drum
Lawton Hughes
Robin Kinkead
Joe Davis, South End

COVE SWIM

On Sunday, June 2, 1974, the South End Rowing Club, the Dolphin Club and the Olympic Club held their 4th Annual Aquatic Park Cove Swim. A total of 31 swimmers participated, all finishing in respectable times.

ORDER OF FINISH

1.	Mike Garibaldi	15:24.20	D.C.
2.	Lee Faust	16:44.54	O.C.
3.	Rich Glass	17:00.31	S.E.
4.	Bob Roper	17:53.97	S.E.
5.	Bill Foehr	18:50.58	S.E.
6.	Dennis Rice	10:05.43	O.C.
7.	Mick Lavell	19:26.25	D.C.
8.	Mike McElligott	20:08.62	D.C.
9.	Frank Coghlan	20:10.90	O.C.
10.	Dave Lomski	20:23.10	S.E.
11.	Dick Beeler	20:34.46	D.C.
12.	Bud Jenkins	20:49.40	D.C.
13.	Lou Nagy	20:52.26	D.C.
14.	Bob Colyar	20:59.81	D.C.
15.	Skip Ohlson	21:05.29	D.C.
16.	George Farnsworth	21:21.89	S.E.
17.	Jerry Hume	22:41.19	O.C.
18.	Mike Dower	22:59.92	S.E.
19.	Bill Wilson	24:08.88	S.E.
20.	Ed McKay	24:57.31	O.C.
21.	Modesto Lanzone	25:26.35	D.C.
22.	Nick Zoller	25:48.47	D.C.
23.	Jim Morino	26:25.45	D.C.
24.	Joe Bruno	27:57.49	D.C.
25.	Bill Hoff	28:13.36	D.C.
26.	Dan Padilla	28:23.05	D.C.
27.	Jim Mayall	28:58.13	D.C.
28.	Bill Powning	29:43.94	D.C.
29.	Jack O'Leary	33:35.64	D.C.
30.	Lou Marcelli	33:50.13	D.C.
31	George Kiskaddon	34:43.16	D.C.

DOLPHIN SWIMMERS CAPTURE TOP TROPHIES AT COLORADO RIVER RACE

The Yuma Daily Sun of July 7th reported that 'An estimated 5000 people cheered, beered and were seared yesterday during the 8th annual World Championship Inner Tube Race and Colorado River Floatdown Parade. - - - The Race attracted 1,518 official entries according to Jim Bjornstad, Yuma County Chamber of Commerce manager. He estimated another couple thousand tubers jumped in just for the fun of it.' - - -

Dolphin Dr. Herb Barthels of Santa Barbara finished two minutes behind his close friend Dr. Harry Huffaker of Honolulu, who finished the 8-mile course in two hours and 48 minutes.

Third best time of the day was turned in by Lewis E. Cook of the Dolphin Swimming and Boating Club in 3 hours and 3 minutes. Lew earned 2nd place in the 36 to 49 year group. Third place in that group went to Buck Swannack of the Dolphin Swimming and Boating Club.

Not bad for a field of 1,518. Congratulations to Dr. Huffaker (who competed with us at the Clear Lake Marathon) and to Dolphins Barthels, Cook and Swannack who swam for the Club that day.

By the way: top time in the 20 to 25 years group was 3:30 by Glassel of Yuma, and top time in the 14 to 16 years group was 3:14 by Don Collins of Yuma. Pretty good, then, for Huffaker, Barthels, Cook and Swannack!

NOTICE:

Dolphin Rowing Finals: Sat., August 16th, at Cove.

ANGEL ISLAND RACE RESULTS

Mr. Virgil Caselli of The Guardsmen has mailed to all participants their compilation of the running times.

This 5-mile race was won by Charles Harris in the time of 24:34. Chuck Stagliano of the Dolphin Swimming and Boating Club was 26th in the time of 27:16. There were 640 participants, and many top contenders. Other Dolphins recorded as finishers were: Jack Bettencourt, Walter Stack and Bill Walden in addition to many DSE friends.

RUNNERS' NEWS

DOLPHIN – SOUTH END RUNNERS CALENDAR:
Running Commissioner, Walt Stack

August 4 Sunday	San Francisco Dolphin – South End Runners Practice Dipsea, 6.8 miles; 10:00 A.M. Meet at Mill Valley bus station.
August 11 Sunday	19th Annual Pike's Peak Marathon. Walt Stack, co-director, 647-9459.
August 17 Saturday	Lake Tahoe 72 Mile Relay. 7 runners, 8:00 A.M.
August 18 Sunday	DSE Practice Dipsea. 6.8 miles, 10:00 A.M. Mill Velley.
August 25 Sunday	64th Annual Dipsea Race. 6.8 miles, handicaps, 10:00 A.M. Contact Mill Valley Jaycees, PO Box 30, Mill Valley, Ca. 94941.
September 2 Monday	DSE Lake Merced, 5 miles, 10:00 A.M. Meet at the Boathouse.
September 7 Saturday	Biathlon. 3 mile run plus ¼ mile swim. 10:00 A.M. At the Dolphin Club.
September 8 Sunday	5th Annual Double Dipsea, by DSE, sanctioned by AAU. See Jerry Hill or John Boitano.
September 29 Sunday	Baker's Beach Run. 4.2 miles. 10:00 A.M. Meet at Beach.
October 6 Sunday	Golden Gate Park. 4 miles. 10:00 A.M. Meet at Stow Lake Boathouse.

PUBLIC NOTICE

Stan Hlynsky spells his name like that.
Yes sir: H L Y N S K Y
No more typos from now on.
Let it never happen again.
Glad to see you starting to swim, Stan.
Thank you, Mr. Hlynsky.

CORRESPONDENCE RECEIVED

To: Bill Walden
From: Harry Cordellos

Dear Bill,

I am writing to fill you in on my experience in this year's Boston Marathon. I will probably give you more than you want, but feel free to cut and rewrite whatever you need for the Dolphin Log. Here it is.

ANOTHER RECORD FOR THE DOLPHINS

The morning of the 1974 Boston Marathon began with a bright sun and a feeling that it was going to be another hot marathon. I had made the trip to Boston three previous times to make a good time on this famous course and have always run into trouble. Though I had run 20 previous marathons, I had never finished Boston with the same man who started as my partner. Twice, my partners had the flu just before the trip to the east, and last year, we ran into a scorching hot day that almost took me out of the race also. This year however, we put an end to the "Boston Jinx". Jack Leydig of the West Valley Track Club was recovering from his own case of the flu. He is an Olympic quality runner, but knew he could not run his best. He offered to pace with me and wanted to help me get a good time.

The race started out hot and muggy, but it cooled off after about 15 miles. We hit the famous "Heartbreak Hill" and roared over it as if it were a bump in the road. I actually picked up speed during the final few miles. From Heartbreak Hill all the way to the end, all I could hear from the crowds lining the streets was "Go Dolphin Club! You're going to break three hours." I knew they were wrong, but it sounded so much better than "Hurry up, you can break 3:30." I finished the race in 3:06.23. It was 19 minutes better than I ever did in Boston, and it is definitely a record for blind runners on that course. It may also be a national record. The only blind runner between me and a world record now is a German who has broken the three hour mark by a few seconds. I'm after him!

Hoping to be more active in the swims this year – if I can get some practice with someone. I felt bad about missing out last year. So long for now,

Very sincerely,
Harry Cordellos

Dear Harry,

Thank you for this very inspirational Marathon letter. Kindly list for the Dolphin Log your timely requirements for running and swimming partners.

Yours,
Bill

ROWING NEWS

TOM TRONEUM, Rowing Commissioner
LAWTON HUGHES, Rowing Coach
STEVE PINETTI, Asst. Coach



WOMEN'S NATIONAL ROWING CHAMPIONSHIPS AT LAKE MERRITT

Joan Lind of the Long Beach Rowing Association turned in the fastest qualifying time in the single sculls on June 14, 1974.

Joan Lind was a winner in world competition in Moscow last year. Qualifying with Ms. Lind were Karen McCloskey, Jane Loomis and Lisa Hansen, also of the Long Beach Rowing Association.

Last year Karen McCloskey trained in San Francisco Bay, pulling in the Viking to Yacht Harbor with Bill Walden. The Dolphin Swimming and Boating Club is ready and willing at all times to cooperate with and assist amateur contenders in rowing races. When Ms. McCloskey walked by the Club with her mother and sister, she had not been able to work out for days. The Dolphin Swimming and Rowing Club filled the gap. Congratulations, Karen McCloskey!

HANDBALL NEWS

Handball Commissioners Will Debrunner
Phil Sturiale

1974 Results of Open Singles:

'A' Class	Winner & Club Champion	Al Ward
	Runner-up	Bob Lotti
'B' Class	Winner	Art O'Keefe
	Runner-up	Jon Quint
'C' Class	Winner	Phil Sturiale
	Runner-up	Buck Swannack
Novice Class	Winner	Dave Pigott
	Runner-up	Steve Tomei

JUNE 15th DINNER DANCE WAS A BIG HIT!
The Dolphin Handball Dinner was attended by 175 members and guests. They dined well at a feast prepared by Boat Captain Herman Zahler, Governor Gordon Cook, and House Committeeman Peter Sturiale. To mention everyone who contributed would take up this whole page. Thanks to all – including Joan Cook, Jerry Kafka, Bob Katurich, Jack Giacomini, Dino Landucci, Daniel Murphy and Moon Passanisi.

Awards were presented to the Singles champs and runners-up, in 4 divisions.

A one day Singles Handicap Tournament will be held on Saturday, August 31, 1974. The sign-up sheet is on the board. This one day event will be the mid-summer tournament prior to the sign-up for the Fall Doubles Event. One game to 31 points will be played except for the finals.

All handball players are requested to review the scoring results on the Bulletin Board. Phil Sturiale is responsible for the excellent job of listing all the players by class for the '74-'75 season. If your name is not on the list, please post it as the new list is being prepared.

The Dolphin Club Doubles Tournament will be held in four classes, in lieu of a single class as played last year. Depending upon the number of players who sign up, a round-robin type tournament will be conducted instead of an elimination type tournement. Watch the bulletin board in the locker room for the sign-up and deadline dates. Have a nice summer and be ready for the Fall events.

DOLPHIN CLUB STARS IN IRWIN MEMORIAL BLOOD BANK AQUATIC EVENT

The theme was 'Launching of the World's Largest Life Preserver'. On June 26th, as the contenders in the Santa Barbara Yacht Race jockeyed for their positions in front of the St. Francis Yacht Club, hundreds of San Franciscans gathered on the Yacht Harbor Beach to participate in the event for publicizing the Irwin Memorial Blood Bank.

Present were teams from the San Francisco Fire Department, the San Francisco Police Department and delegations from prominent San Francisco firms. The San Francisco Fireboat put on a beautiful display of its pumping ability. The Presidio 'Hellcats' played hot fanfares and the Coast Guard patrolled vigilantly offshore. The scuba team of the S.F. Police Department launched the 6-feet diameter life preserver which was built by Mr. McKay of Bethlehem Shipyard.

Dolphin Bill Walden rode the life preserver into the Bay while it was towed by Bruce Hope in his dinghy. Dolphin Eddie DeCossio and South-Enders Joe Davis Sr. and Joe Davis Jr. patrolled the course in their rowing boats.

The preserver was made fast to a line manned by a symbolic contingent of pullers on the beach who pulled the preserver back to shore.

Mr. Wilmoth and Mrs. Hemphill of the Irwin Memorial Blood Bank were their principal representatives at the event.

ALMA BAY CRUISE

On June 1st, Saturday, the Dolphin Swimming and Boating Club hosted 2½ dozen delightful young ladies from the University Mound School, conducted by the Sisters of the Good Shepherd. We sailed the venerable Alma, last of the San Francisco Bay Scow Schooners, to Angel Island and return to the Cove.

George Kiskaddon skippered. Here is the crew roster: Walt Shiel, Herman Zahler, Dino Landucci, Wally Jennings, Mack McCaleb, Bill Walden, Dave Hinton, Tom Clark, Clark Dooley, Frank Drum.

Dan Buckley of the Sacramento Bee observed. John Mikulin of the San Francisco Police Department overseed. Herbert Ely Garcia, Program Director of the University Mound School, expressed his sincere thanks for our efforts.

At Angel Island Herman Zahler engineered a magnificent hamburger barbecue for all. Ben Benton, a Wharf entrepeneur, appeared with cakes and gifts for all the girls, and a generous donation to the School.

There was plenty of wind. The Alma sailed beautifully. The bow wave drenched all the girls who thought it was so much fun standing arm-in-arm up forward.

Hello and thanks for all the fun we hand! :

Here are the names of our passengers:

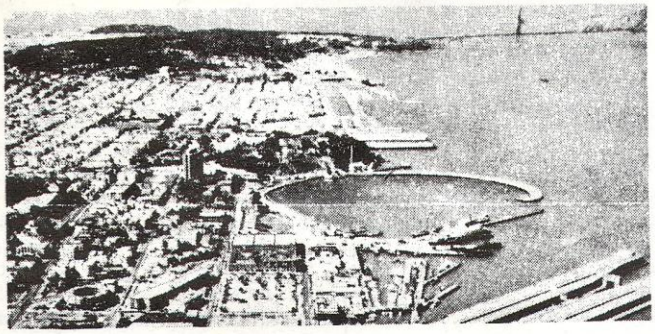
SHA	Euphrasia	Madonna	del Rey
Anna	Noreen	Cheryl	Brenda
Betty	Sherry	Jean	Jackie
Jennifer	Linda	Marilyn	Diane
Carol	Jennifer	Pat	Dorine
Cindy	Donna	Fran	Pat
Dovie	Tammy	Anna	Lisa
Nova	Roxanne	Marcia	Char
Sandy	Mr. Garcia	Sr. Jane	Dovie
Caroline			

SICK LIST:

Emilio 'Horse' Masucco
Sam Parisi
Ben Joseph

CHRISTOPHER ROPER'S CHRISTENING PARTY

(Dear Bob, I hope this will undo the damage done by the 'typo' in the last issue).



OUR COVE

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS FOR 1974

President . . . . . Jack Bettencourt
Vice-President . . . . . Peter Bianucci
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Drum
Bill Walden
Frank Mennucci
Gordon Cook
Jack Giacomini
Andy Burleigh
Walter Stack

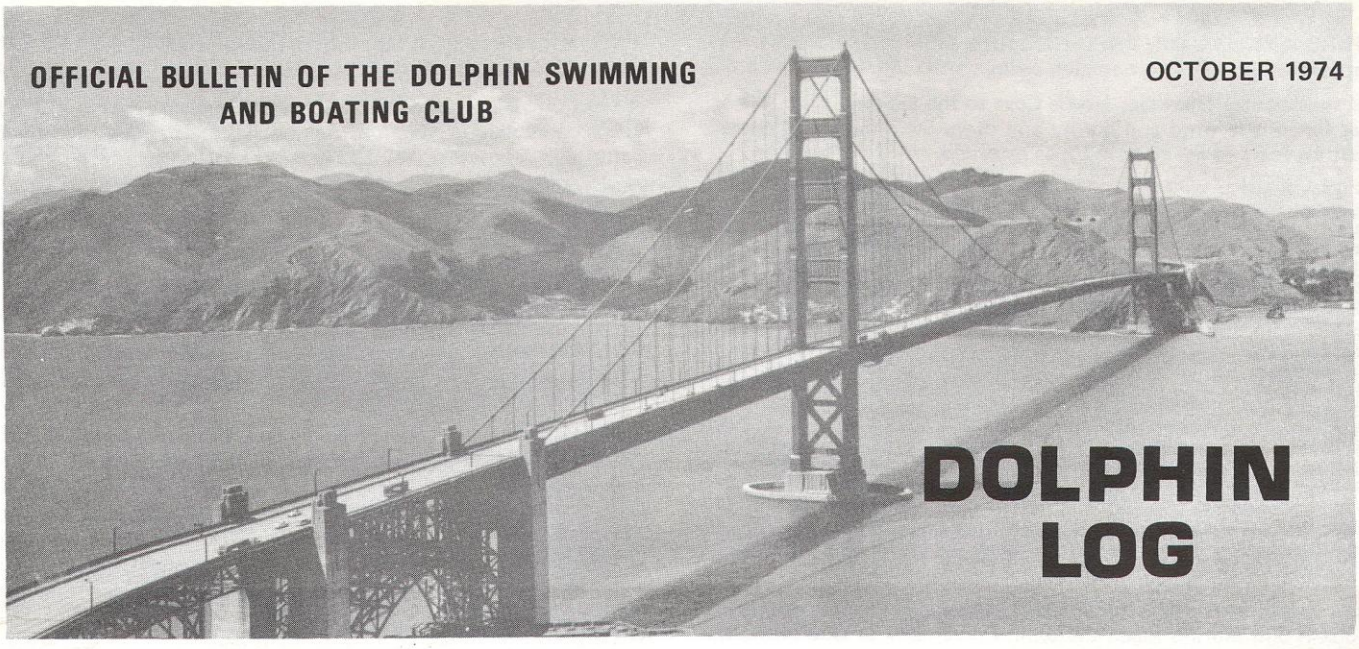
NEXT REGULAR MEETINGS AT 8:00 P.M., 3rd WEDNESDAYS:

August 21st **September 18th** **October 16th**

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

OCTOBER 1974



DOLPHIN LOG

SAN FRANCISCO | BILL WALDEN, EDITOR | Organized 1877

ANNUAL GOLDEN GATE SWIM
Sunday, October 20th, 1974

Jump-off from the beach near Fort Point, about 10:00 a.m.

Two launches will pick up the swimmers for the return trip. The swimmers will be transported to the jump-off beach in a heated bus. Swimmers' gear will be loaded on the launches, at the club. COME EARLY! All participants! Assemble in the Staib Room at 8:30 a.m.!

SWIM QUEEN: Vickie Morino (popular student of Jefferson High) (daughter of Mr. and Mrs. James Morino)

MARSHAL OF THE COURSE: Lawton Clarence Hughes

OBSERVER FOR THE BRITISH CHANNEL SWIMMING ASSOCIATION: Jack Gordon

Chief Timer:	Dan Murphy
Chief Steward:	Jack Giacomini
Chief Pilot:	Tom Troneum
Official Photographer:	Jerry Hawryluk
Director of Public Relations:	Robin Kinkead
Boat Captain:	Herman Zahler
Swimming Commissioners:	Frank Drum and James Mayall

Here are the names of the swimmers:

Modesto Lanzone
Bud Jenkins
Bill Powning
Jim Morino
Ken Crutchlow
Hector Stephen
Jack O'Leary
Mack McCaleb
Gordon Cook
James Mayall
Lou Gallic
George Kiskaddon
Buck Swannack
Paul Melee
Rod MacLeod
Cliff Quist
Ed DeCossio
Lou Marcelli
Mickie LaVelle
Nick Zoller
Daniel Padilla
Michael McElligott
Frank Drum
Andy Burleigh
Skip Ohlson

Lou Nagy
Vern Louden
Bob Hoff
Bob Colyar
Vic Winkel
Joe Carroll
Mike Magers
Mike Garibaldi
Lew Cook
Ed Curtis
John Moyes
Al Burke
Rudy DeMay
Joe Weiss
Joe Bruno
Pete Bianucci
Bill Harlan
Ed Duncan
George Tracy
Dick Castro
Herb Madden
Conrad Liberty
Dick Beeler
Don Warto
Gerry Cullen

Herb Barthels
Patrick Clancy
Joseph Flahaven
Steve Wolf
John Beale
Mick Griffin
Jack Bettencourt
Walter Schneebeli

Golden Gate Pilots:
Herman Zahler
Bill Walden
Ed Barrett
Phil Rourke
Jim Keely
Hans Kramer
Dino Landucci
Pat Kelly
Charles Yeager
Aldo Cuneo
Ed DeCossio

Auxiliary Patrol:
Mariposa Boat Club
Oyster Point
Yacht Club

DOLPHIN JACK LALANNE CONQUERS ALCATRAZ CHANNEL SWIM

Limbs shackled and manacled, Jack towed a boat from Alcatraz Island to the Dolphin Club in less than 90 minutes on Thursday, October 3, 1974.

Under threatening foggy skies and a lively northwesterly wind which kicked up a vicious sea-chop, Jack completed the course in a time which many swimmers in the Club have never achieved.

An armada of launches, yachts and our pilots accompanied Jack.

Herman Zahler and Walt Shiel relayed the vital and crucial information to Jerry Hawryluk that the first fingers of the flood current were running at the Muni Pier, when Jack was in mid-channel.

Jimmy Morino, rowing for Jerry in the lead pilot boat, altered the course westerly.

Jack was steered to a point about 200 feet west of the OPENING. A vicious counter-cyclical current caught Jack's tow behind a piling. Finally, when free, Jack LaLanne finished the swim at the Beach.

Lead Scout Pilots were Lawton Hughes and Tom Troneum. Point Pilot was Jim Morino with Jerry Hawryluk in the stern directing Jack LaLanne.

Breast pilots were Jimmy Vanya on the sea-side and Bill Walden with Peter Bianucci on the Bay-side. Each of the breast pilot boats carried a shot-gun guard for sharks.

Mrs. Elaine LaLanne and thousands of spectators and reporters and camera-men welcomed Jack as he completed the extra-ordinary swim.

Pilots:

Herman Zahler
Tom Troneum
Lawton Hughes
Bill Walden

Jim Vanya
Walt Shiel
Dick Beeler

Bud Jenkins
Frank Coghlan
Ed Barrett

The magnificent 40-footer South End was hauled out and rowed by Dolphins Mickey Griffin, Al Casciato, Steve Wolf, Tom O'Connel, and Skip Holmes. South-Enders Ray Savigliano and John Lynch assisted. Ray was skipper, as a matter of fact.

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THIRD ANNUAL DR. FRED HOWARD MEMORIAL SWIM
September 29, 1974. A two-club swim.

1¼ mile course from Gas House Cove to the Dolphin Club. Water was flat. Little wind and hardly any push. Swimmers must be at least 45 years of age to have times recorded.

1.	Dick Beeler	Dolphin Club	22:06
2.	Frank Coglan	South End Club	22:12
3.	Bud Jenkins	Dolphin Club	23:53
4.	Lou Nagy	Dolphin	23:57
5.	Norm Petersen	SE	24:09
6.	George Farnsworth	SE	28:03
7.	Rod MacLeod	Dolphin	30:13
8.	Modesto Lanzone	DC	31:55
9.	Nick Zoller	DC	32:06
10.	Joe Bruno	DC	35:47
11.	Bob Hoff	DC	36:51
12.	Joe Carroll	DC	37:07
13.	Bill Greer	DC	39:01
14.	Gordon Cook	DC	30:04
15.	Don Warto	DC	40:10
16.	Lou Gallic	DC	44:07
17.	Lou Marcelli	DC	44:07
18.	Al Burke	DC	48:02
19.	John Lynch	SE	48:05
20.	Mac McCaleb	DC	48:05

Lou Gallic, over 70, is easily the champion old-timer swimmer around! Jim Morino made the swim in memory of Doc Howard. Because he is not 45, no time was recorded. Al Burke was forced to show his birth certificate, a driver's license, a passport and parish documents before he was able to convince the Commissioner to award to Al the coveted finisher's ribbon.

Dolphin Pilots included Herman Zahler, Jimmy Vanya, and Bill Walden. South End Pilots really showed up today: Phil Ward, Tim Reed, Mel Trowbridge, Hector Valencia, and Dennis Rice. By the way, Phil and Tim who were in a South End Double complained about the overlap in the oars on the inboard side. One of them said, "I'll never be able to play the piano again!" The other said, "I think one of my arms is shorter now!" Hector Valencia called out patiently: "One hand *above* the other. Okay?"

Mrs. Norman Petersen assisted Commissioner Frank Drum in the timing.

YACHT HARBOR RESULTS
September 15, 1974

Swimmers:

1.	Mike Garibaldi		25:25
2.	Bob Colyar		31:19
3.	Dick Beeler		32:24
4.	Joe Flahaven		34:00
5.	Modesto Lanzone		35:35
6.	Nick Zoller		35:36
7.	Rudy Demay		36:17
8.	Jim Marino		36:21
9.	Jerry Cullen		36:23
10.	Rich Castro		37:01
11.	Joe Bruno		38:24
12.	Jim Mayall		39:33
13.	Andy Burleigh		43:29
14.	Bill Powning		44:42
15.	Don Warto		45:32
16.	Lou Gallic	*Tie*	47:49
16.	Lou Marcelli		47:49
18.	Pat Clancy		48:07

Pilots:

Bill Walden	D.C.
Gordon Cook	D.C.
Herm Zahler	D.C.
Dan Padilla	D.C.
Al Burke	D.C.
Hec Valencia S.E	S.E.
Frank Coglan	S.E.
M. Trowbridge	S.E.
Joe Michaels	S.E.
Garret Estes	S.E.
G. Hodgson	S.E.
Roger Major	S.E.

Timers & Judges:

Frank Drum	D.C.
Marilyn Clancy	

Mike Garibaldi set a new course record by clipping 34 seconds off Lew Cook's record time.

Three power boats from the Mariposa & Oyster Point Boat Clubs helped patrol the swim course.

Pat Clancy has surfaced again. Congratulations!

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TAHOE RECORD SET BY FRANK COGHLAN
July 29, 1974

Frank Coghlan, reliable pilot of our San Francisco Bay swims, and distinguished member of the South End Rowing Club, set a record, swimming the nine mile course from Meeks Bay to Cave Rock in 6 hours and 37 minutes.

Two years ago Norm Peterson of the South End Rowing Club swam that course in 6 hours and 43 minutes.

Pilots in attendance were Tom Rice and John Lynch.

Jump-off was at 5:51 A.M. at Meeks Bay.
Landing at Cave Rock, Nevada, was at 12:28 P.M.

Robert Lynch and Steve Varraizzo assisted with their power-boats in piloting the course.

TWO DOLPHIN CLUB MEMBERS COMPLETE CLEAR LAKE RUN, CLIMB AND SWIM TRIATHON

A field of 35 all-round athletes ranging in ages of from 12 to 47 years competed in the fourth annual Clear Lake Triathon on Saturday, September 14, 1974.

Our president Jack Bettencourt, age 45 and fellow Dolphin Club member Ken Crutchlow, age 33, finished this grueling contest. There were 35 starters and 24 finishers. Jack Bettencourt's time in splits consisted of a 50 minute run, 1:45 swim, 1:35 Mt. climb and descent, 1:50 min. swim to the finish for a total time of 6 hours and placing 18th.

Ken Crutchlow's time in splits were 55 minute run, 2:30 swim, 1:40 Mt. climb and descent, 3:23 min. swim to the finish for a total time of 8:15 and 24th place.

This, one-of-its-kind event is named a triathon, as running, swimming and climbing are all included in this test of stamina and endurance. The Clear Lake Triathon sponsored by the Lake County Chamber of Commerce, features a seven-mile run along the north shores of Clear Lake on Hwy. 20 from Lucerne to Glenhaven, then a 3½ mile swim to the Konocti Harbor Inn, a 2000 ft. run and climb up Mr. Konocti and descent and another 3½ mile swim back to Glenhaven where it "finally" ENDS.

Contestants came from as far south as San Diego and as far north as Eureka. The contestants ranged from students in elementary, Jr. high, high school and college to laborers, farmers, and college professors.

There is no age limit to enter the triathon and all that's necessary is for an entrant to pay a $3.00 fee. Winners received trophies for first, second and third places; the first to reach the top of Mt. Konocti; the oldest and the youngest; and trophies to all finishers that completed this grueling contest.

ALCATRAZ SWIM RESULTS
September 8, 1974.

Swimmers:

1.	Bill Harlan		38:07
2.	Bob Colyar		38:46
3.	Conrad Liberty		41:52
4.	Dick Beeler		45:56
5.	Bud Jenkins		51:45
6.	Jerry Cullen		56:41
7.	Modesto Lanzone		59:51
8.	R. Resneck		66:20
9.	Jim Marino		66:48
10.	Joe Bruno	*Tie*	67:44
10.	Rich Castro		67:44
11.	Buck Swannack		71:52
12.	Andy Burleigh		73:00
13.	Pete Biannucci		81:09
14.	Bill Powning		84:00
15.	Lou Gallic		102:00
D.N.F. Jack Bettencourt			
D.N.F. George Tracy			

Pilots:

Gordon Cook	D.C.
Bill Walden	D.C.
Dan Padilla	D.C.
Herm Zahler	D.C.
Hans Kramer	D.C.
Jon Klein	D.C.
Jerry Kafka	D.C.
Al Burke	D.C.
Tom Robb	D.C.
Joe Davis	S.E.
Bill Woodbridge	S.E.

Water Safety Man:

Tom Rice	S.E.

Starters — Timers:

Jim Mayall	D.C.
Frank Drum	D.C.

Ribbons were presented to the swimmers and pilots following a luncheon prepared by Joan and Gordon Cook and Herm Zahler.

Pilots, Dolphins:
Al Burke
Gordon Cook
Joe Carroll
Jon Klein
Tom Robb
Hans Kramer
Bill Walden

Pilots, S.E.:
Garrett Estes
John Lynch
Mel Trowbridge
Joe Davis

Water Safety:
Tom Rice

Timers:
Joan Cook
Beverly Bettencourt

EXCEPTIONAL ACHIEVEMENT

Lou Nagy, of the Dolphin Swimming and Boating Club captured top trophies in the 400-meter and 1500-meter National Masters AAU Meets at Santa Clara and was record breaker in the 200 meters, on September 4th, 5th, and 6th, 1974.

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WE NEVER SWAM THIS COURSE

The Associated Press reported on September 4th, that Roy Webster, 73 years old, finished last of 146 swimmers, crossing the Columbia River, at Hood River, Oregon. It took him an hour. Webster is the founder of the event.

The river is a mile-wide there.

Somebody, investigate!

MIKE GARIBALDI SETS FANTASTIC RECORD FOR ALCATRAZ ROUND TRIP COURSE

On August 25th, 1974, Mike Garibaldi jumped off from our beach at the Dolphin Club, swam to Alcatraz, around the Island, clockwise, and landed at our beach in one hour and fourteen minutes.

Dr. Herb Barthels finished in the time of 1 hour and thirty-nine minutes. Bill Harlan completed the grueling course in 1 hour and forty-one minutes.

Conditions were far less than ideal: Gray skies, a brisk wind, and a short chop.

Jump-off was at 8:00 a.m.

Here were the tidal conditions:		
	Slack water:	9:06 a.m.
	Maximum ebb:	11:07, 1.3 knots
	High water:	7:59 a.m., 4.1'
	Low water:	12:15 a.m., 3.0'

The crucial variable was the wind. A later jump-off would have given Mike a better time. The last part of the flood tide was too strong. And the beginning of the ebb was later than we had figured.

But Mike demolished the previous record with authority.

Two cruisers from the Mariposa Boat Club helped patrol the course. Our thanks to Chuck Elleard and Dick Sipe for their assistance.

As Mike rounded the east end of Alcatraz, a fisherman about 20 feet away hauled up a 7-gilled cow shark. Mike did not see this.

Pilots for the Dolphin Club:
Frank Drum
Bill Walden
Modesto Lanzone
Gordon Cook
Eddie DeCossio
Mac McCaleb
Al Burke
Dino Landucci
Herman Zahler
Stan Hlynsky

Pilots for the South End Club:
Garrett Estes
Ray Savigliano
Phil Hunter
Bob Roper
Frank O'Brien

Timer and Pilot:
Lew Cook

Observers:
Angela McCoy
Louis Garibaldi
Joan Cook
Marnie Garibaldi
Steve Desmond
Dianne Colyar
Noel Cook

Participants:
Frank Blair
Bob Colyar

HAWAIIAN RESULTS

Third Annual Lanai to Maui – 10-Mile Relay Swim. 8/31/74

1.	San Franciscans	3:36:29
2.	Dolphin Club	3:44:29
3.	Waikiki S.C.	
4.	Outrigger Canoe Club	

Masters Swim. Manoa Pool, Honolulu. 9/1/74.
Mike Garibaldi set new Hawaiian records in these events.

50 meters	26:03 seconds
100 meters	59:08 seconds
400 meters	4:42 minutes
1500 meters	19:33 minutes

Lew Cook won the 100-Meter back-stroke in 1:27:10.

Two-Mile Rough Water Swim. Waikiki Beach, Honolulu. 9/2/74.
25–34. Mike Garibaldi finished 3rd in 53:33 (8th overall).
35–44. Herb Barthels finished 3rd in 63:20.
There were approximately 170 entrants in the above swim.

Complete results will be posted as soon as they are received. Communications in the Islands are not perfect.

ANNUAL FORT POINT SWIM
Sunday, August 18, 1974

Swimmers		
1.	Bill Harlan	57:03
2.	Herb Barthels	58:30
3.	Lew Cook	59:06
4.	Bob Colyar	60:42
5.	Mickey Lavelle	62:58
6.	Conrad Liberty	63:05
7.	Dick Beeler	63:31
8.	Lou Nagy	64:40
9.	Bud Jenkins	71:56
10.	John Moyes	72:30
11.	Skip Ohlson	74:28
12.	Jim Morino	82:29
13.	Modesto Lanzone	83:27
14.	Jerry Cullen	88:23
15.	Joe Bruno	89:15
16.	Joe Carroll	98:18
17.	George Tracy	98:32
18.	Andy Burleigh	99:14
19.	Bill Powning	105:16

Pilots	
Ed De Cossio	Dolphin
Bill Walden	"
Hans Kramer	"
Jim Vanya	"
Larry Cahn	"
Dave Hinton	"
Herm Zahler	"
Gordon Cook	"
Al Burke	"
Dino Landucci	"
Dan Padilla	"
John Lynch	South End
Joe Davis	"
Frank Coghlan	"
Mel Trowbridge	"
Don Sommer	D.S.E. Runner

Starter and Timer: Frank Drum

Special thanks to the members of the Mariposa Boat Club and the Oyster Point Yacht Club for their coverage of the swim course.

JOINT DOLPHIN-SOUTH END ALCATRAZ SWIM
Sunday, August 11, 1974

1.	Lee Faust	30:35	South End	
2.	Thompson Mann	32:20	"	
3.	Bob Roper	32:20	"	
4.	Bob Beach	33:42	"	
5.	Lew Cook	34:02	Dolphin	
6.	Bob Colyar	34:22	"	
7.	Mickey Lavelle	34:43	"	
8.	Tim Reid	35:09	South End	
9.	John Bricker	35:23	"	
10.	George Farnsworth	39:27:29	"	
11.	Bob Cunningham	39:27:	"	
12.	Norm Peterson	39:53	"	
13.	Mike Dower	41:17	"	
14.	Skip Ohlson	52:32	Dolphin	
15.	Bud Jenkins	52:47	"	
16.	Bill Norton	54:32	South End	
17.	John Lynch	54:58	"	
18.	Bill Woodbridge	60:21	"	

Pilots	
Gordon Cook	Dolphin
Bill Walden	"
J. Klein	"
Hans Kramer	"
Al Burke	"
Bill Leipham	"
Dave Hinton	"
Modesto Lanzone	"
Jim Mayall	"
Herm Zahler	"
Joe Davis	South End
Mel Trowbridge	"
Sal Reina	"
Hector Valencia	"
Herm Dudak	"

Water Safety Man: Tom Rice (South End)

Starter and Timers: Frank Drum (Dolphin), Susan Reid, Janet Faust

Auxiliary Patrol: Oyster Point Yacht Club, Mariposa Boat Club

DOLPHINS STAR IN SECOND ANNUAL SANTA CRUZ ROUGHWATER CLASSIC
Saturday, August 3, 1974

"56 swimmers ranging from 12 years old to 73'––" swam the one-mile course around the Wharf, reported Dave Brockmann, Santa Cruz Sentinel Assistant Sports Editor. The Sunday Sentinel featured photographs of Harry Cordellos coming in with Peter Bianucci, and the famous trio: Herb Jenkins, Lou Nagy, and Frank Coghlan.

Oldest competitor to finish was Joe Weiss, 73, a Dolphin old-timer.

OPEN (30 to 34):		
Brian Foss	22:03	
Nick Roberts	31:07	
Peter Bianucci	40:25	D.C.
Phyllis Schrobsdorff	41:57	
Ken Crutchlow	42:23	D.C.
OPEN (35 to 39):		
Joan Cook	37:55	D.C.
Harry Cordellos	40:25	D.C.
OPEN (40 to 44):		
Denis Rice	25:03	
Robyn Paulson	31:24	
Tom Robb Jr.	32:51	D.C.
James Morino	34:25	D.C.
Rudy DeMay	34:46	D.C.
OPEN (45 to 49):		
Bud Jenkins	27:01	D.C.
Nan Limbaugh	32:46	
Bill Levin	33:51	

OPEN (50 to 54):		
Frank Coghlan	26:53	
Norman Peterson	27:53	
W. P. Powning	38:51	
OPEN (55 to 59):		
George Farnsworth	27:54	
Nicholas Zoller	33:53	
OPEN (60 to 64):		
Lou Nagy	26:22	D.C.
Frank Drum	44:30	D.C.
OPEN (65 and over):		
Arthur Hargrave	28:58	
James Mayall	35:09	D.C.
Vern Louden	37:19	D.C.
Joe Weiss	45:40	D.C.
Jack Betten-Court	35:16	D.C.
Gordon Cook	38:15	D.C.
Al Burke	39:26	D.C.

ROWING NEWS

Rowing Commissioner: Lawton Hughes
Rowing Coach: Tom Troneum; Assistant Comm.: Steve Pinetti

ROWING DINNER DANCE A WINNER!

Saturday night September 28th was the date. Tender New York Cut Steaks and a memorable tomato-shrimp salad. Herman Zahler, Peter Bianucci, Gordon Cook, Joan Cook and Jack Giacomini slaved in the galley. Moon Passanisi and Lou Marcelli engineered beverages. Steve Pinetti and Phil Sturiale mastered the ceremonies. Top awards for rowing competitions were delivered.

ROWING COMPETITION RESULTS
THREE-BUOY COURSE IN AQUATIC COVE

Singles:		Doubles:	
Mike McElligott	6:52	Pinetti and McElligott	6:10
Steve Pinetti	6:57	Burke and Cook	6:40
Dino Landucci	7:20		
Gordon Cook	7:25		
Herman Zahler	7:40		
Bill Walden	7:42		
Al Burke	7:49		
Frank Drum	8:25		

ROWING COMPETITION RESULTS
SINGLE-BUOY COURSE IN AQUATIC COVE

Singles under 40:			Singles 40 and Over:		
1.	Steve Pinetti	4:06	1.	Al Burke	4:08
2.	Bill Leipham	4:12	2.	Herman Zahler	4:14
3.	Phil Sturiale	4:18	3.	Dino Landucci	4:25

Doubles under 40:

1. Bill Leipham and Phil Sturiale 4:30

Doubles over 40:

1. Herman Zahler and Al Burke 3:58

THE WIELAND CRUISES THE BAY

On Sunday, September 8th, the Dolphins who frequent the fresh water at Lake Merced decided they needed the smell of salt water to sharpen their talents, and besides, they had to help at the festivities for the first regular Bart Crossings under The Bay. The cruise included a landing at Sausalito. They pulled out the Wieland, 87 years young.

The long-oar power-house crew, (all youngsters) were:

Tom Troneum
Lawton Hughes
Al Casciato
F. Fulton
Michael Griffin
Bill Miller
Mr. Nesson
Pat Pfeifer
Steve Wolf

JOSHUA SLOCUM AND THE SPRAY

John Stryker and Bill Walden pulled out the Viking in late September and rowed to Yacht Harbor. Imagine their surprise when they saw an antique-type yawl tied up at a slip bearing the name under the transom: SPRAY BOSTON. Here's the story: The Campbell family bought the boat in Cartegena, and sailed it here. As you know, Joshua Slocum sailed the original spray around the world many decades ago. Slocum's son designed the Campbell's Spray as a replica.

HANDBALL NEWS
Commissioner: Will Debrunner
Assistant Commissioner: Phil Sturiale

A one-day handicap tournament was held on Saturday, August 31st. It was won by a bright new light on the Dolphin Club handball court: Allan McCann.

In a hard final contest he bested Walt Shiel for top honors.

Don Barash, Jon Quint, Phil Sturiale and many others provided a full day of good, competitive handball to the cheering gallery of 30 Dolphins. All contests were well-played. Hot dogs and beer were served at noon.

An extra treat was prepared by Herman Zahler and Peter Sturiale in the form of a leg of lamb dinner, donated to the handball players and their guests.

The Annual Doubles Tournament will be held this fall. The sign-up sheet is on the bulletin board. The type of tournament and the number of classes depends upon the number of players signed up. The closing date for sign-up was September 30th.

The Olympic Club has expressed an interest in an inter-club one-day match, to be held at the Olympic Club some Saturday. A notice will be placed on the board and interested players will be invited to sign up.

This should prove to be an interesting event and it could become an annual affair.

DOLPHIN CLUB HANDBALL CLASS RATINGS

During a period of two years and more the following Dolphins have established their class ratings. Many are not playing regularly, now. We're sure everyone enjoyed their games.

A Class	B Class	C Class
Don Barash	Carl Ahroon	Tom Baenziger
Andy Burleigh	Will Debrunner	Chuck Biddulph
Rudy Capriotti	John Erdman	Barry Cooper
Joe Flahaven	George Faltico	Willy Durkin
Jim Glafkides	Mel Fortenberry	John Hodge
Dino Landucci Jr.	Howard Hall	Wally Jennings
Bob Lotti	Dick Kamienicki	Pat Kelly
Art O'Keefe	Jack Kerler	Lou Landini
Alan McCann	Charles Korelec	Dino Landucci Sr.
Harry Miller	Jack Nichols	Joe Luchini
Rico Passanisi	Dan O'Donnell	Dave Pigott
Jon Quint	Bill Pfister	Steve Pinetti
Walt Shiel	Al Routh	Walt Schneebeli
Gene Simmons	Phil Sturiale	Rich Schultz
Bruce Van Alstyne	Buck Swannack	John Stadlberger
		Steve Tomei
D Class		
Bill Arietta	Mike Horst	Dan Reed
Ray Belluomini	Ed Kenney	Ron Chroth
Pete Briggs	Gene Larson	Larry Schultz
Frank Drum	Bill Leipham	Tom Silk
Nick Galousin	Ray McCaulay	George Van Vranken
Larry Giovacchini	Mike McElligott	Paul Watters
Sid Goldstein	Len O'Keefe	Nick Winslow
Walt Haake	Dan Padilla	Charles Zakskorn
Stan Hlynsky	Len Pera	

DIPSEA RACE
August 25

Pat Kelly got skunked.

Finishing among the 4 dozen hot-shots he lost at least 14 places when he got lost trying for the short-cut at the top of Insult Hill. We remember when Pat captured 13th place in that Classic a few short years ago!

ED CURTIS, BICYCLE CHAMPION, CONQUERS YOSEMITE!

Ed Curtis, a San Francisco policeman and long-time Dolphin Swimming and Boating Club member, was awarded the grand trophy at a bicycle rally in Yosemite National Park. 2000 competitors converged at Yosemite Valley. Ed Curtis pedaled 350 miles and went over the Tioga Pass to reach the Park.

HELLO!
RAY SAVIGLIANO

Popular and extraordinary personality of North Beach.
Regular and faithful major domo for the South End Club.
Loyal defender of the Dolphin Swimming and Boating Club.

Ray's vigilant watch over our physical safety is appreciated.

Salute, Ray!

RUNNERS' NEWS
Running Commissioner, Walter Stack

The most difficult cross-country foot race west of the Mississippi is the annual Dipsea Race from Mill Valley to Stinson Beach on the Pacific Ocean. The 6.7 miles of tough hills and steep ravines, the treacherous rocks and protruding roots are a challenge.

The names of the hills indicate the terrain: Dynamite Hill, Cardiac Hill, Rain Forest, Frenchman's Creek, Insult Hill.

Each year up to 1500 runners run this race and receive survivors' medals upon completion.

Five years ago the Dolphin-South End Runners initiated a 'DOUBLE DIPSEA' — a course of 13.6 miles.

175 runners make this course each year. The most admirable and dramatic of all these runners is the completely blind 35 year old Harry Cordellos. His running partner is the former Senior National Handball Champion, Rudy Stadlberger of the South End Rowing Club, and a past president of our neighbor club. Rudy has run the Double Dipsea two years in a row with Harry.

Injuries are not uncommon during these runs.

Rudy said, 'Harry outweighs me 20 pounds. This creates a problem on the down-hill. In the ultra-rough steep parts he places both his hands on my hips. Otherwise, in normal level running, we ju just touch elbows. He is always talking. This keeps me from concentrating. He is interested in the esthetic aspects: How does it look? It sure is fragrant. What trees are we passing?'

Rudy said: 'He wants constant description of the land. It's kind of ironic that I can't see to well. I have to concentrate on the terrain. — 'OK, Harry, — rough ground ahead and a big dip. Tree across trail. Here's the creek — bad footing. Walk here! Step up on many rocks!'

Harry fell badly only twice during this 3½ hour, 14 mile run.

Rudy says: 'If you want to thoroughly understand this accomplishment, please close your eyes and imagine you are running this course. It will terrify you. I can't believe he did it. And I can't believe I did it with him!

Harry Cordellos and Rudy Stadlberger claim the world championship record for a BLIND RUNNER and a HANDBALL PLAYER on this course and will accept all challenges.

Rudy and Harry are thinking of running the 14,110 feet elevation Pike's Peak Marathon next August third!

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FLOWER POWER

Mrs. George DeGear, popular Dolphin supporter and wife of Old-Timer George, was awarded 9 prizes for 12 entries at the Hall of Flowers in Golden Gate Park. Congratulations, Fran!

Fran DeGear is well-remembered by the Dolphin Club for her regular assistance as timer and observer at our San Francisco Bay swimming events.

George surfaces irregularly from the brine of Santa Cruz to appear in our locker room. Unexpectedly.

Everyone recalls the unnumbered hours of work George DeGear donated to keep our oars in repair. We appreciate your many years of work.

We need a replacement, bad, George.

ANIMAL CLINIC AT THE DOLPHIN CLUB
September 18, Wednesday

A typical scene at the Dolphin Club dock:

An injured sea gull is attended to by 7 Dolphins with a masterly array of talents:

Two Dolphins secured the bird with their hands. One operated with a pair of scissors. Another handled the pliers. Other participants in the surgeons' gallery contributed on-going advice and guidance.

A lead sinker and a dozen hooks were removed from the body and under the wing of the sea bird. When it was given its freedom it opened its beak, wailed, and refused to depart.

Further investigation showed a hook in its mouth. This was removed. Then the bird accepted its freedom and it walked toward the end of the ramp in a confident manner.

Attending at the informal surgery were Dave Hinton, Skip Ohlson, Bert Arias, Hiro, and other regulars.

56 DAY SURVIVAL ON RAFT FROM GOLDEN GATE TO HAWAII

George Sigler, 29, and Charles Gore, 27, both of Alameda, were picked up by a Coast Guard helicopter and brought to Honolulu along with their 16 foot craft. A U.P. dispatch on August 29th reported this incredible feat. Their goal was the island of Kaui.

They spent 29 days without food.
They capsized off Monterey.
They each lost 40 pounds in weight.

They took off on July 4th, from the Golden Gate.
They were picked up 120 miles short of their destination.
They had three pieces of candy and one vitamin C pill a day for the first forty days.
They existed on a solar still until the last day when they caught five dolphin.
Their living space was 6 feet by 3 feet.
Their course was 2,600 miles.

Their voyage was intended to prove that a couple of men in a 16 foot raft, without food or water, could survive, and navigate.
They proved it.
Sigler and Gore! Salute!



Mr. Dave Hinton
Dolphin Swimming and Boating Club, In.
Boat House
Jefferson and Hyde
San Francisco, CA 94109

Dear Mr. Hinton:

On behalf of the boys I wish to thank you and the members of the Dolphin Club for a very enjoyable day on the Bay. I am sure our boys will be talking of this adventure for months to come.

All of us at Hanna Boys Center are most grateful for your kindnesses over the years.

Sincerely yours,

Reverend James E. Pulskamp

Mac McCaleb skippered the Alma on a course toward Peninsula Point at Tiburon, then along the north side of Angel Island, finally docking at the East Garrison Pier.

A barbecue picnic was followed by athletic contests.

Mike McElligott and Steve Pinetti rowed to the Island and joined the party. Their double Whitehall, the 'Lawton Hughes', was towed behind the Alma on the return leg.

Crew members included Jerry Kafka, Frank Drum, Dave Hinton, Walt Shiel, Dino Landucci, Pat Clancy, and Bill Walden. Hector Stephen prepared his miniature pizza for the provisions.

SICK CALL

Tom Dougherty was severely injured while on duty with the S.F. Police Department. After many hours of surgery his left leg was finally saved. He is at San Francisco General Hospital, ward D22. Tom's spirits are very good. He appreciates visits from us all. From the accounts, Dr. Chapman, the captain of the medical team including the attentive nurses, did a marvelous job, and are continuing their excellent treatment.

Emilio Masucco received and reviewed color photographs of the boat he has donated to the Dolphin Club. The Boat is to be called the 'Sea Horse'. Horse is at the Kaiser Hospital on Geary Boulevard. A note on the bulletin board at the Club says, 'The Masucco and the Spediacci families thank the Dolphin Club for the blood donations.' What a guy! He said: 'Did you put the boat in the water yet?' I said: 'No, we are waiting for you to be there at the christening!' Herman Zahler built the boat with the materials donated by Emilio.



IN MEMORIAM
SAMUEL F. PARISI

In San Francisco, August 18th, 1974, dearly beloved husband of Margaret Parisi, loving father of James S. Parisi, dear grandfather of Lisa and Susan Parisi; loving brother of Mildred Jackson, Joe, Fred, Nick, and Jimmy Parisi; a member of the Bartenders Union No. 41 and Dolphin Swimming and Boating Club.

Everybody misses Sam.

Everybody remembers Sam Parisi as a gentle, good-natured and good-humored man.

Sam loved to paddle the Dolphin Canoe in our Cove.

Sam was an amateur chef of unusual talent.

He never hesitated to donate his time to our benefits and dinners.

We wish to express our condolences to Mrs. Parisi.

LAKE ONTARIO RECORD!
Toronto, Canada.
August 18th, 1974

Cindy Nicholas, 16-year-old Canadian, cut 3 hours off the previous record set by Jim Woods of Orlando, Florida, in 1957.

Miss Nicholas was the 6th person to complete this swim from Youngstown, New York State, to Toronto, Canada.

It was a 15-hour swim.

Our congratulations!

13-YEAR-OLD SWIMS THE ENGLISH CHANNEL
(From the S.F. Chronicle of 8/19/74)

Abla Khair, a 13-year-old Egyptian girl, yesterday became the youngest person to swim the English Channel, covering the 21-mile Dover straits from England to France in 12½ hours in choppy seas. The previous youngest swimmer was Leonore Modell, then of Sacramento, who was 14 years, 5 months, old. Salute!

(Many of us remember when Leonore trained in the Cove and used our facilities at the Dolphin Club.)

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DOLPHIN SWIMMING AND BOATING CLUB
OFFICERS AND BOARD OF GOVERNORS FOR 1974

President . . . . . Jack Bettencourt
Vice-President . . . . . Peter Bianucci
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

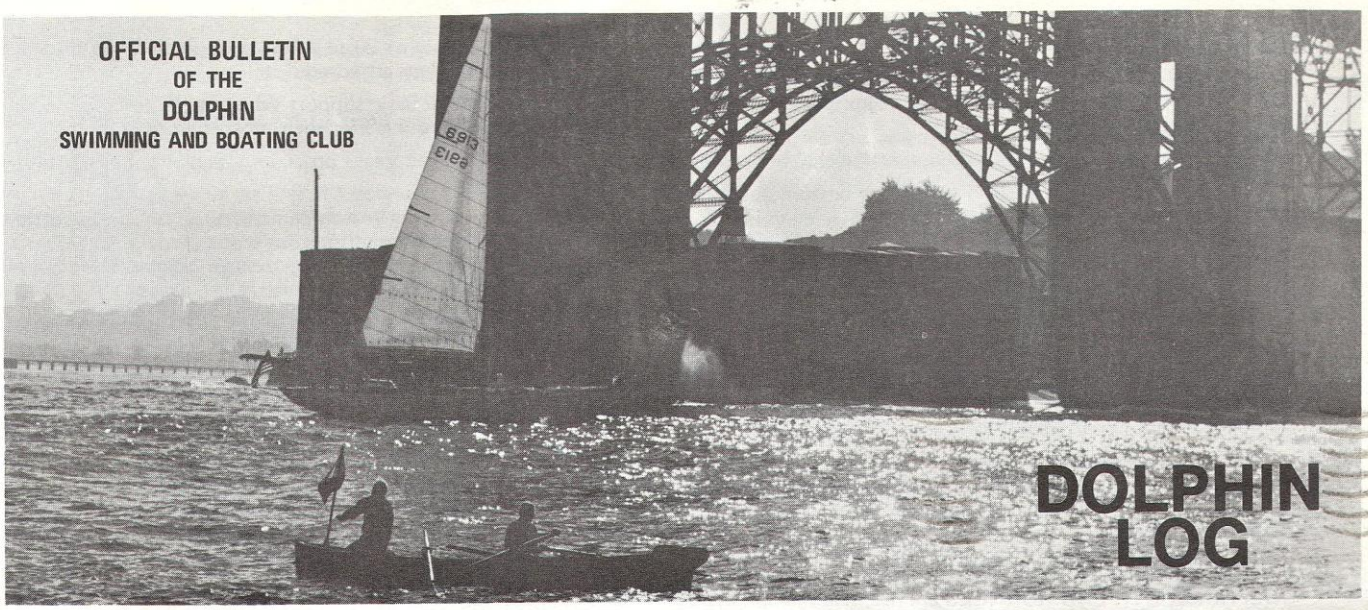
Frank Drum — Gordon Cook
Bill Walden — Jack Giacomini
Frank Mennucci — Andy Burleigh
Walter Stack

NEXT REGULAR MEETINGS AT 8 PM
3rd WEDNESDAYS: October 16th, November 20th
DECEMBER MEETING: 2nd WEDNESDAY, December 11th

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



Walt Schneebli
83 Cragmont Ave.
San Francisco, CA 94116



SAN FRANCISCO — BILL WALDEN, EDITOR — ORGANIZED 1877

GOLDEN GATE SWIM RESULTS FOR 1974

Technical Analysis by Bill Powning — Swimming Commissioners: Frank Drum, James Mayall

1973 Place	1973 Time	1974 Place	1974 Time	Difference in Time from 1973 to 1974	Difference in Place from 1973 to 1974
1. Garibaldi	21:39	1. Garibaldi	23:47	+ 2:08	1 same
2. Duncan	22:42	2. Duncan	26:16	+ 3:34	2 same
3. Blair	25:18	3. Harlan	29:46	+ 2:01	6 + 3 better
4. Barthels	27:24	4. Lavelle	33:26	+ 1:42	12 + 8 better
5. L. Cook	27:29	5. Barthels	34:20	+ 6:56	4 — 1 worse
6. Harlan	27:45	6. Colyar	34:36	— 1:00	15 + 9 better
7. Flahaven	28:46	7. Beeler	36:12	+ 6:30	8 + 1 better
8. Beeler	29:18	8. Liberty	36:46	+ 5:42	9 same
9. Liberty	31:08	9. Moyes	36:52		
10. Nagy	31:26	10. Nagy	37:24	+ 5:58	10 same
11. Jenkins	31:35	11. Jenkins	38:24	+ 6:49	11 same
12. Lavelle	31:44	12. McElligott	39:16		
13. P. Hathaway	31:48	13. Ohlson	44:29	+ 7:54	16 + 3 better
14. Octavia	34:25	14. Schneebeli	50:43	+11:46	19 + 5 better
15. Colyar	35:36	15. Wolf	51:30		
16. Ohlson	36:35	16. Griffin	52:32		
17. C. Hathaway	37:44	17. Lanzone	53:18	+ 6:46	29 +12 better
18. Cullen	38:42	18. Macleod	53:33	+14:12	21 + 3 better
19. Schneebeli	38:57	19. De May	53:38	+14:34	20 + 1 better
20. De May	39:04	20. Castro	53:56		
21. Macleod	39:21	21. Morino	56:35	+14:12	25 + 4 better
22. Swannuck	40:09	22. Cullen	57:45	+19:03	28 — 4 worse
23. Bianucci	42:01	23. Bianucci	58:43	+16:42	23 same
24. Beale	42:44	24. Beale	59:50	+17:06	24 same
25. Morino	43:45	25. Curtis	61:10	+15:06	28 + 3 better
26. Bruno	44:56	26. Hoff	61:30		
27. DeCossio	45:37	27. Swannuck	62:58	+22:49	22 — 5 worse
28. Curtis	46:04	28. DeCossio	63:40	+18:03	27 — 1 worse
29. Lanzone	46:32	29. Kiernan	65:42	+12:26	32 + 3 better
30. Burleigh	47:24	30. Bruno	68:19	+23:23	26 — 4 worse
31. Pavlow	51:12	31. Powning	76:12	+14:27	38 + 7 better
32. Kiernan	53:16	32. Burleigh	76:27	+29:03	30 — 2 worse
33. Crutchlow	53:58	33. Mayall	78:08		
34. Lyons	55:55	34. Warto	78:13		
35. Quist	57:50	35. G. Cook	81:00	+11:54	40 same
36. Zoller	60:09	36. Padilla	83:20	+21:40	37 + 1 better
37. Padilla	61:40	37. Sylvester	92:08	+22:35	41 + 4 better
38. Powning	61:45	38. Crutchlow	92:27	+38:29	33 — 5 worse
39. Davis	62:49				
40. G. Cook	68:06				
41. Sylvester	69:33				
42. Leonards	76:54				
43. Melee	82:54				



DNF

Jack Bettencourt	Lou Gallic
George Tracy	Lou Marcelli
Paul Melee	Pat Clancy
Ray Talavera	Nick Zoller

PILOTS:

Mac McCaleb	Herman Zahler
Jim Lennemann	Tom Troneum
Bill Walden	Steve Pinetti
Jerry Kafka	X. Cooper
Frank Dollasso	Dino Landucci

The complicated planning for this Swim is an annual challenge. It could not have succeeded without the efforts of Jack Giacomini, Dan Murphy, Frank Mennucci, Walt Shiel, Jack Gordon, Joan Cook, Moon Passanisi, Hector Stephen and Ray Belluomini.

ANOTHER TOUGH ONE

It was not an easy swim. The beginning of the flood caught many medium and slow swimmers and gave them either a battle or a 'no finish.'

All the Dolphins appreciate the vital help and support given to us by the Oyster Point Yacht Club and the Mariposa and Hunter's Point Boat Clubs.

Those who 'did not finish' deserve the highest marks because they wind up the coldest!

COVE HANDICAP SWIM RESULTS

**means 10 minute handicap*

1.	*Jim Vanya	13:40
2.	*Bill Powning	14:00
3.	*Joan Cook	14:10
4.	*Ray Talavera	14:20
5.	*Gordon Cook	14:25
6.	*Guido Lucchesi	14:30
7.	Mickey Lavelle	14:55
8.	M. Burger	15:10
9.	Bud Jenkins	15:25
10.	Dick Beeler	16:00
11.	Lou Nagy	16:40
12.	George Farnsworth	17:10
13.	*Ken Crutchlow	18:00
14.	Don Kiernan	19:30
15.	*Daniel Murphy	19:35
16.	*Jack O'Leary	20:00
17.	*Mack McCaleb	20:05
18.	*Lou Marcelli	20:10
19.	*Lou Gallic	20:10
20.	Rudy DeMay	20:35
21.	Modesto Lanzone	21:00
22.	James Mayall	21:23
23.	Jim Hentz	22:00
24.	*Patrick Clancy	23:00

STRAIGHT TIME WINNERS

1. Mickey Lavelle
2. Bud Jenkins
3. Dick Beeler
4. Lou Nagy
5. George Farnsworth
6. Don Kiernan
7. Rudy DeMay
8. Modesto Lanzone
9. James Mayall
10. Jim Hentz

Sighted by Lookout:

Marilyn Rodman

PILOTS: Herman Zahler, Bill Walden

PIER 7 SWIM TO THE DOLPHIN CLUB DECEMBER 7th, 1974

On a murky, foggy, dismal and unfriendly morning, four swimmers jumped off from Pier 7 and completed the swim in 52° water to the Dolphin Swimming and Boating Club.

Here are the results:

Frank Coghlan	44:36
Bud Jenkins	46:41
George Farnsworth	47:18
Don Kiernan	55:18

PILOTS: Herman Zahler, Bill Walden, John Lynch, Gary Estes, Pat Cunneen

WATER SAFETY MAN: Tom Rice

LaLANNE'S TRIBUTE TO THE CLUB

Jack LaLanne, honorary out of town member, donated to the Dolphin Swimming and Boating Club a magnificent wall-mounted weight machine.

By far, this machine is the best equipment the club has ever used.

Heavily plated, with attachments for top or bottom pulley-pulls, the machine will last indefinitely. Everyone is enjoying it, and using it. Jack, thank you.

All of us who assisted in Jack's swim from Alcatraz were entertained at the St. Francis dinner and/or the Joe Scoma Lunch. Jack picked up the whole tab.

Jack Giacomini, who was the official 'manackler and shackler' and who 'demanackled and deshackled' Jack when he arrived at our beach, engineered the intricate installation of this gift, in our gymnasium room on the west wall.



RUNNERS' NEWS

Running Commissioner, Walt Stack

DOLPHIN-SOUTH END RUNNERS are reaching the 500 mark in paid-up membership. And if you count their family participants such as children, husbands and wives, it easily exceeds 1000.

Our Bay Area and Northern California runners are reinforced with members from Southern California and thirty other States!

We include any group or category you can imagine!

The Las Vegas Sun of Saturday, November 30, 1974 reported this extraordinary athletic event:

OLDTIMERS SET RUN RECORD

A group of distance runners – all more than 60 years old – set a new world record, running from Hollywood to Las Vegas in elapsed time of 40 hours, 33 minutes.

The group finished in front of the Sahara Hotel at 2:42 p.m. Friday. The old record, set by this same group in 1972, was 41 hours, 40 minutes.

Participating in the 300 mile run were Bill Selvin, 64, Orange, Calif.; Monty Montgomery, 68, Sherman Oaks, Calif.; Al Clark, 61, Orange, Calif.; Walt Frederick, 67 Pico Rivera, Calif.; Noel Johnson, 75, San Diego; Bert Williams, 60, Orange, Calif.; John Montoya, 62, Colton, Calif.; Bill Monheit, 65, Oakland, and Walt Stack, 67, San Francisco.

Selvin, the group captain and organizer, suffered the only injury, a sprained ankle.

The runners left the parking lot of KTLA-TV at 4 p.m. Wednesday, Each member ran relay legs of either 15 or 10 minutes, depending whether the terrain was level or hilly. In the past four years each member ran 30 minute legs.

The group, paced by a mobile home, took periodic breaks, including a one hour stop in Jean.

The runners agreed that the toughest part of the trip was going through Mountain Pass at 4,600 feet elevation where they bucked a strong wind. The group followed freeways through California and came into Las Vegas by the old Los Angeles highway.

Selvin said after the race, "By completing this run I think we have made further progress in the area of getting senior citizens to go out and keep healthy."

While the members make this run only once a year, each participates in marathons in California.

Walt Stack reports:

The Hollywood to Las Vegas Supermarathon has been run for five straight years by a group of long distance runners whose average age is 65 and includes one gentleman of 75.

The first year the running relay was two hours apiece shared by five runners.

Lately the run has been divided at ½ hour apiece until 5 hours from Hollywood when approaching the 250 miles of desert; then 15 minutes each are run in an attempt to break previous records. There are a couple of 30 to 40 mile grades at the 4000 feet level when 10 minute laps are scheduled.

A large van is the basic support vehicle and a car with a flashing light follows the runners for their protection.

The Mayors of Las Vegas proclaim a Senior Citizens' Day when the runners arrive.

The basic underlying reason for this type of run is to develop fitness among seniors and to prove that the rocking chair can wait awhile. All of the participating runners have run marathons. A marathon is 26 miles and 385 yards.

Monty Montgomery at 68 years of age holds the world record for his age group for the Marathon in the time of 2:48:00. By the way, that is a hell of a time even for any 19 year old hot-shot!

Noel Johnson, 75 years old, and a participant in this record run, has run Pike's Peak Marathon twice. This event hauls you to an elevation of 14,140 feet.

This year, running around the clock, this group whose ages add up to 589 years among 9 runners, smashed the old record of 41 hours and 40 minutes by arriving at the Sahara Hotel at 2:42 p.m. in the time of 40 hours and 33 minutes.

The Sahara Hotel hosts the runners in a truly hospitable and generous fashion – a great wind-up to a great run!

Happy Days and Season's Greetings!



PAX REPORTS: THE WORLD'S LONGEST JOG

By Pax Beale

From jogging in the green forests of Switzerland, a runner's paradise, I plunged onward alone, regretfully seeing my compatriot, confidant and running cohort, Elaine Pedersen, return to the "States". Beirut involved a large hot city, with French influence and one of the few non-oil Arab states. Ran pass tanks, soldiers, and barbed wire with guns pointed toward Israel. In the open air markets of the "gateway to the Middle East," I was bombarded with tomatoes, and using some of the erstwhile DSE and Dipsea training experience, I managed to outrun my adversaries.

I even ran around the Temple of Bacclius, not far from Beirut, but a long way in time. It was built 150 A.D. I assume by now that the mortgage has been paid. Then . . . on to the "Arab countries" of the Persian Gulf, most of which are about the length and width of a Marathon. I mean Saturday night in downtown Manana in Bahrain would make Milpitas, California exciting. Then to Abu Adabi (you've heard this pronounced before – it sounds about like Walter Stack's breathing when you pass him in a race) and then to Dubai. Dubai is in the country of the United Arab of the Emirates. I ran 8 miles in one of the hottest places on the Earth and even the Arabs thought I was crazy . . . so did their camels. Running in Dubai was "shades of Death Valley . . . I mean HOT!! However, I refreshed myself with dips in the Dubai harbor while examining in detail the most incredible seagoing craft I've ever seen. These are called dhows and are used by the smugglers for their 1,200 mile journey to India. Although Dubai has no gold mines, they officially shipped $200 million of gold "somewhere" last year.

When the Indian Coast Guard approaches these old teakwood dhows (designed years ago by the Indians,) the Arab smuggler turns the entire scene into a race regatta. Reason? Deep in the bowels of these special dhows are two 325 h.p. Rolls Royce engines which can turn these ancient mariners into a pace which would make a World War II torpedo boat proud . . . and off they go at 40 m.p.h. until out of sight and then back into the Indian Ocean toward the Persian Gulf and Dubai, the home port. An eye for an eye and an Addidas running shoe for a . . . Neighboring Saudi Arabia, richest oil state of them all still takes a life via decapitation if one commits murder, while a thief gets off easy . . . he only gets his hand cut off. This, of course, saves the feet for more jogging, which I did everywhere I went. You just don't step out of line, let alone jog out of line. Saudi Arabia has no booze as they follow the strict Muslim teachings. Jog the

straight line, Boy! Bombay, India was sad as was Karach, Pakistan. I ran twice a day for two days all in different directions and there is no way to hide the poverty. Every morning run I saw **thousands** of people brushing their teeth and washing in gutters. If you are moderately successful, you sleep in a 4' x 4' wooden orange crate type dwelling on the sidewalk and if you are poor, you sleep only on a mat or just in a doorstep. The jogger doesn't have to look for this sad human state, but it is immediate as he starts his run . . . left or right from the main entrance to the best hotels in Bombay and Calcutta. Even some beggars are compelled to the lowest of all crimes, purposely maiming their children to make them better beggars. Yet . . the sacred cow meanders, dumping his dung in the city streets totally fearless of worrying about becoming a sirloin steak. Running gives one a chance to think. Routinely, I would find out the route of the guided tours of each city I visited and then I would run the course. It saves a lot of time and dollars.

Bangkok took me into Buddhist territory, an amazingly large city and back into greenery, but bad jogging territory. Traffic jams were the worst I've ever seen and smog filled my nostrils. I found some Thailand Kickboxers and did some road work with them. They are small and lithe, but unlike the Indian, he is not emaciated and starving to death. I ran through Bangkok's "Chinatown". Ever notice how all cities seem to have 'chinatowns,' but other ethnic groups in towns are not routinely represented.

Ran from the Palace to the Floating Gardens, to several fantastically ornate (gold trimmed) Buddhist temples. Thailand is like Switzerland in that wars come and go (World War II and Vietnam) and Thailand maintains its neutrality.

Finally, Hong Kong and a run up the Peak Tower to 1,320 feet for a breathtaking view of Hong Kong and Kowloon, and only 22 miles away are the new territories and Red China. You can run along the rows of Chinese junks, up Ladder Street, through the thieves' market. Hong Kong is a natural boontown. They don't have any resources, but if you ship something there, the localites will make something out of it and ship it back to you at a profit. The Chamber of Commerce says – don't give anything to a beggar because Hong Kong has plenty of work. They don't say – some of it is legal and lots of it illegal.

Believe it or not, success in Hong Kong has not changed the famous Chinese Junk, which is amazingly poorly designed as a seaworthy vessel compared to the Indian dhows. Junks have poor balance, draw little water, but are acceptable "barges" in the harbors. Put a Rolls Royce engine in them, the myth of the great junks would be ripped apart. Thousands of Chinese live on them and it is facinating to run along the dock and see them in this great harbour. (That's harbour, as this is under control of England.)

Nowhere in my travels did I meet one fellow jogger, which probably reflects the mediocre track times being turned in currently at the Asian Games in Teheran, Iran. The heat commands the respect of the athletes of Asia and it is difficult for these people to train properly.

I was stared at on all my runs and I suspect few could even relate to the "jogging is my thing" concept. The orderliness of my mind compels me to compartmentalize the world. I failed to assess a clear distinction among countries by any standard yardstick, e.g. Muslim, Catholic, Buddhist. Traverse territories and you can find beauty in the women regardless of ethnic group. However, after two hot 50 mile running weeks, my empirical approach has come up with one absolute distinction. You can divide all these countries into those which feature "coke" and those that feature "pepsi" . . . and my running friends . . . you had better learn which countries are coke countries and which countries are pepsi countries because when you belly up to the bar after you jog in the Asiatic heat, you want to be right the first time 'cause you may be so dry, you won't get a second chance.

ROWERS' NEWS



TOM TRONEUM, Rowing Coach
LAWTON HUGHES, Rowing Commissioner
STEVE PINETTI, Asst. Rowing Commissioner
MIKE McELLIGOTT, GORDON COOK, BILL WALDEN, Committee Participants

Herman Zahler unearthed an ancient bound volume of the Aquatic Monthly of 1873, published in New York.

Here is an excerpt:

> "Edward Nelson and Dave Morris contended in a sculler's race, in Whitehall boats, for $250 a side, at San Francisco, Cal., May 4, the course being about 3 miles long. Nelson won by over a dozen boatlengths, doing the distance in thirty-two minutes thirty seconds. Had his antagonist not broken an oar his victory would have been less complete."

We will print more in the future about rowing in San Francisco Bay a hundred years ago. Especially in Whitehalls.

Has anyone a grandfather who remembers Edward Nelson or Dave Morris?

In 1974, we had a spirited competition among rowers in singles and doubles along one buoy and two buoycourses, in the cove.

This year, 1975, will see competitions in the long barges, between the South End and the Dolphin Swimming and Boating Club, to Tiburon, loser paying for breakfast.

Steve Pinetti and Mike McElligott were champs in 1974.

Watch out for ringers in 1975. The competition will get tougher.

One, two, and three buoy courses in the cove will be set up. Timings will be recorded over a period to be allocated by the Commissioners. An awards function will be planned.

What a pleasure it was to see Ray Speck row to our dock in the Whitehall he built, followed by Chris Africa rowing the dory Chris built! Later, Scott Diamond visited with us. These young men build and repair traditional boats. They have shops in Sausalito.

HANDBALL NEWS

Handball Commissioners Will Debrunner
Phil Sturiale

The current tournament competition is lively and interesting.

Watch the bulletin board for the developing top contenders. The play-offs will be truly exciting.

The next issue will recount the results.

THE CHRISTENING OF THE SEA HORSE OCTOBER 26, 1974

Emilio Massucco's donation to the Club, 'The Sea Horse,' was christened today at the Dolphin Swimming and Boating Club.

This rowing dory was contributed by Emilio and built by Herman Zahler, our Boat Captain.

Champagne was offered and accepted.

Regional frankfurters, in the quaint style of barbecue, were profferred. Everybody enjoyed.

This dory, before it is retired, will row forty-five Golden Gate Swims.

CHRISTMAS PARTY DECEMBER 22, 1974

A party was hosted by the Club for everyone. Gordon Cook engineered beverages. Jack Giacomini assisted with logistics. Many Dolphins contributed special treats. Among the guests were: Mr. & Mrs. Gordon Cook, Mr. & Mrs. Frank Drum, Mr. & Mrs. Will Debrunner, Mr. & Mrs. Vincent Cannizzaro. The treats included prosciutto, salame, imported cheeses, and special North Beach pastries.

SICK CALL

The Horse has surfaced. Emilio Massucco has returned. No one understands how a man who has undergone so many surgical interventions has had the amazing stamina to survive, except that Emilio is a unique person.

Joe Carroll is resting easy. We heard that he reacted badly to aspirins.

Nick Sarabun continues to jump into the Bay with his Pacemaker. What? Yes. A first.

Hi - Walt - Hope you will be at the Old Timers Dinner
Bring some friends -
I send a copy of the log to Fred Herms -
Maybe you give a call he might come
Sign up in Lockers Room
Lawton

ELECTION RESULTS FOR 1975

Ballot Committee: Lou Marcelli
Bill Powning
John Tansley

It was a keen contest: Thirteen candidates competed for 7 seats on the Board of Governors.

Two candidates competed for the office of Vice-President.

The handball court proposition was defeated decisively by a vote of nearly two to one.

Unopposed candidacies were those of President, Boat Captain, Treasurer, Financial Secretary, and Recording Secretary.

Jack Bettencourt may now be addressed as 'Past-President.' Thank you, Jack, for a great year of accomplishment!

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS FOR 1975

President . . . . . Peter Bianucci
Vice-President . . . . . Gordon Cook
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Drum
Frank Mennucci
Bill Walden
Walter Stack
Phil Sturiale
Walter Thurman
Jack Giacomini

Regular meetings are held promptly at 8:00 p.m. every third Wednesday, January through November.

Our annual general meeting is held on the second Wednesday of December at 8:00 p.m.

ATTENTION -- SPECIAL NOTICE
COMING EVENTS

NEW YEAR'S DAY SWIM AROUND THE COVE
11:00 A.M. JUMP-OFF



OLD-TIMERS' NIGHT AT THE DOLPHIN CLUB
SATURDAY NIGHT
JANUARY 18th, 1975

CRAB EXTRAVAGANZA

Entertainment at 6:00 P.M.
Dinner at 8:00 P.M.
Donation: $5.50 per person
Participation limited to 125 persons

Payment by check to Dolphin Club preferred, C/O:
Dino Landucci Dan Padilla
Jerry Kafka Andy Burleigh
Dan Murphy

Cut-off date for reservations: January 15th

WE HAVE A FEW TICKETS AVAILABLE!!

INSTALLATION OF OFFICERS AND BOARD OF GOVERNORS FOR 1975

DINNER DANCE AT THE VERDI CLUB

2424 Mariposa Street, near Potrero Avenue
Saturday Night, February 22, 1975

Beverages from 7:00 P.M. to 8:00 P.M.
and 10:00 P.M. to 1:00 A.M.

Entertainment from 9:00 P.M.

The entree is roast beef.

The price is **$12.00**. *For everything. Yes.*

Make out your check immediately payable to the Dolphin Club for the number of tickets you require because this DINNER DANCE WILL BE A GRAND SUCCESS!

CONTACT ANY OFFICER OR MEMBER OF THE BOARD OF GOVERNORS FOR YOUR TICKETS.

NEW SWIMMING PROGRAM FOR WINTER SEASON

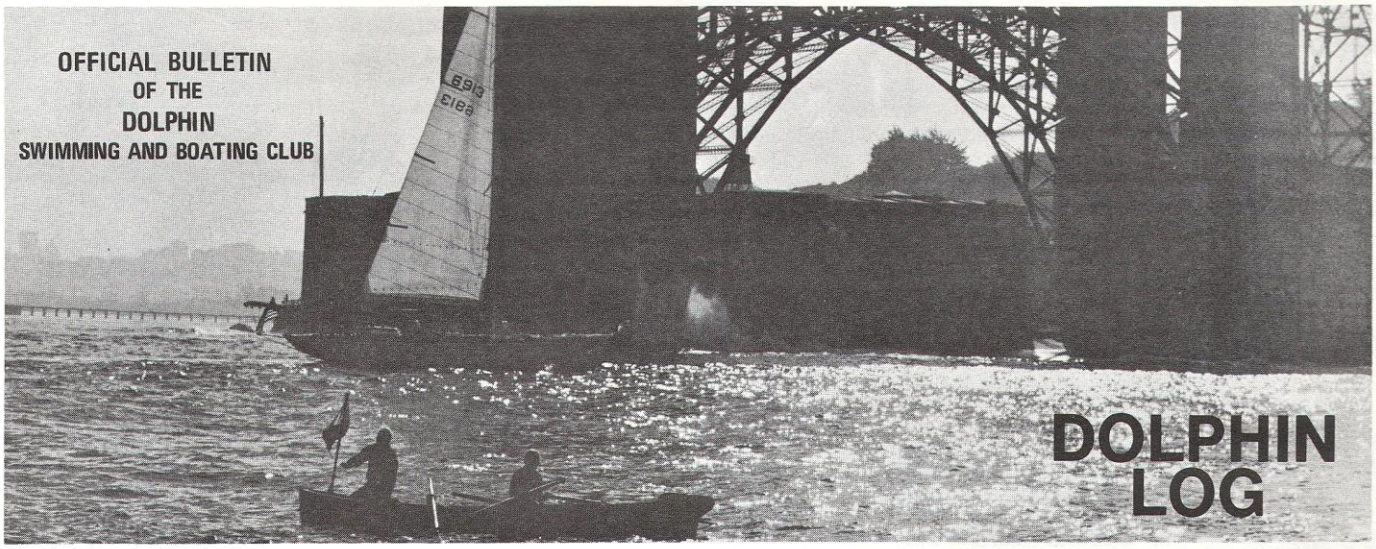
A Winter Polar Bear qualifications procedure has been set up. See the details on our bulletin board.

JANUARY 1975

Walt Schneebli
83 Cragmont Ave.
San Francisco, CA 94116



DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



SAN FRANCISCO BILL WALDEN, EDITOR ORGANIZED 1877

1975 OFFICIAL DOLPHIN SWIMMING AND BOATING CLUB SWIMMING SCHEDULE

SWIMMING COMMISSIONERS: Frank Drum
Dick Beeler
Bud Jenkins
Jim Mayall
Tom Gould (financial)

1975 Swimming Schedule

1.	Wednesday, Jan 1st	Cove Swim	10:00 A.M.
2.	Sunday, Feb 9th	Gas House Cove	9:00 A.M.
3.	Sunday, Mar 2nd	Pier 43½	8:30 A.M.
4.	Saturday, Mar 22nd	Spring Cove Swim *(see below)*	3:30 P.M.
5.	Sunday, April 13th	Over 60 Cove Swim	10:00 A.M.
6.	Saturday, May 17th	Cove Handicap	10:30 A.M.
7.	Monday, May 26th	**3 Club Cove Swim**	10:30 A.M.
8.	Saturday, June 7th	Yacht Harbor Swim	9:30 A.M.
9.	Sunday, July 6th	Gas House Cove	9:00 A.M.
10.	Sunday, July 27th	**A.A.U. Masters Cove Invitational Swim**	10:30 A.M.
11.	Saturday, Aug 9th	Santa Cruz Pier Swim	11:00 A.M.
12.	Sunday, Aug 24th	Pier 41	8:00 A.M.
13.	Sunday, Aug 31st	Golden Gate Swim	8:45 A.M.
14.	Saturday, Sept 13th	Alcatraz Swim	8:30 A.M.
15.	Saturday, Sept 20th	Fort Point	10:00 A.M.
16.	Sunday, Oct 5th	Sausalito Swim	6:30 A.M.
17.	Saturday, Oct 18th	Dr. Howard Memorial Gas House Cove Swim. Joint Swim, over 45 only.	10:00 A.M.

The South End Club is the host for above underlined swims. Dates and times for Richardson's Bay Swim, Lake Tahoe Swim, LaJolla Rough Water Swim, Santa Barbara Channel Swim and San Francisco Seabuoy 14 Mile Relay Swim to be announced.

Swimmers in the Sausalito to Aquatic Park Swim must have individual pilots. Swim goggles are suggested.

Swim fee is due and payable on or before April 1st. NO FEE — NO SWIM.

Should any changes in the above schedule be made, all interested parties will be notified.



TACK THIS SCHEDULE ON YOUR PERSONAL BULLETIN BOARD!

SPECIAL ANNOUNCEMENT:

POLAR BEAR AWARDS DINNER
AFTER COVE SWIM
ON MARCH 22nd, SATURDAY, 1975
at 5:00 P.M.

The price is $6.00

This will be a steak barbecue.

Bud Jenkins will be the goat if the steaks are not juicy and tasty.

The Cove Swim is scheduled for 3:30 P.M. that day.

At this date, Modesto Lanzone is champion. But beware, Modesto, of others who are conspiring craftily to zap you.

Pay your six dollars to any swim commissioner, officer or governor.

The awards will be bestowed upon those intrepid and gallant swimmers who swam all during the winter months in 48 degree water along regular Cove Courses.

ANOTHER TRY—

A team of Dolphins and South Enders will attempt the Treasure Island to Aquatic Park Swim on Friday morning, March 7, 1975. Frank Coghlan and Bud Jenkins will be among the swimmers. *Good Luck!* Editor's Note: A vicious storm that morning caused the C.G. to cancell it.

OLD TIMERS' NIGHT A BLAST

January 18th was the date of a Crab Extravaganza Old Timers' Dinner. Dolphins from all over the United States attended.

Many thanks to Andy Burleigh, Herman Zahler, Al Burke, Jerry Kafka, Dan Murphy, Jack Giacomini, Bob Katurich, Hector Stephen, Gordon Cook, Mike McElligott, and Moon Passanisi for their donated services.

Impressive laudatory plaques were awarded to old-timers who have been members of the Dolphin Swimming Boating Club for fifty years or longer: Hector Giuntini, Romeo Rocca, Dr. Guido Pera, Wally Smith, Elmer Gunther, Marcus Hein, Bill Peoples, Lawton Hughes, Richard Harms, Tom Troneum.

(The award for Dr. Guido Pera was prepared before he died on January 13, 1975.)

INSTALLATION DINNER DANCE HUGE SUCCESS

Over 200 Dolphins and Dolphin guests dined and wined at the Verdi Club to honor the new Officers and Board of Governors for 1975.

John Ardizzone, the chef, produced a tasty cuisine. The orchestra provided a fine balance of old-time and modern tunes.

The Club has received many compliments.

Nobody wanted to go home.

ANNUAL NEW YEAR'S DAY ALCATRAZ SWIM

Water and weather conditions were ideal with water temperature at a chilling 50 degrees. A total of seven brave Southenders and Dolphin Club swimmers attempted the crossing, all finishing but one, in good times.

ORDER OF FINISH

1.	Tim Reid, S.E.	34:09
2.	Frank Coghlan, S.E.	35:53
3.	Dick Beeler, D.C.	37:55
4.	George Farnsworth, S.E.	42:10
5.	Mike McElligott, D.C.	42:25
6.	Skip Ohlson, D.C.	42:57
	Modesto Lanzone, DNF	

*New Record for New Year's Day

We thank all the pilots of S.E.R.C. and Dolphin Club who helped provide coverage for the swim, and Mr. Leo Gardipee from the Bay View Boat Club of San Francisco for his escort work.

PILOTS	
Dave Hinton	D.C.
Dan Padilla	D.C.
Dino Landucci	D.C.
Garrett Estes	S.E.
Joe Davis	S.E.
Bill Walden	D.C.

Modesto Lanzone kept stroking, waiting for the tide to change. We had to convince him that many of us had to go home for lunch. Later that same morning, he finished third in the Cove Swim! —imagine— and walked across to Ghirardelli Square to complete a tough shift of duty at his renowned and popular restaurant.

NEW YEAR'S DAY COVE SWIM RESULTS

Swimmers		Pilots
1. Dick Beeler	17:00	Gordon Cook
2. Ed DeCossio	21:04	Dan Padilla
3. Modesto Lanzone	21:48	Al Burke
4. Bob Hoff	22:58	Bill Walden
5. Mark Burger	23:18	
6. Ray Talavera	23:27	**Timer**
7. Pat Clancy	27:20	Jim Mayall
8. Frank Drum	29:15	

Coffee and another stimulants were served after the swim.

Atmosphere temp. was 52°. Water temp. was 50°.

Both Dick Beeler and Modesto Lanzone swam in from Alcatraz with the South End Club earlier in the morning. What a way to start the New Year!

A big hand and special praise to Mark Burger who when he joined the Dolphin Club less than a year ago could not swim a stroke. You Hot Water Charlies, Take note.

RESULTS JOINT MID-WINTER GAS HOUSE COVE SWIM 2-9-75

1.	Frank Coghlan	South End	27:10.4
2.	Mick Lavelle	Dolphin	27:40.2
3.	Dick Beeler	Dolphin	27:40.9
4.	George Farnsworth	South End	28:03.0
5.	Bud Jenkins	Dolphin	28:06.3
6.	Modesto Lanzone	Dolphin	34:27.0
7.	Ed Decossio	Dolphin	34:31.5
8.	Ron Mac Leod	Dolphin	38:41.9
9.	Bill Powning	Dolphin	40:38.5
10.	Lou Marcelli	Dolphin	D.N.F.

PILOTS:

Al Burke	Dolphin	Jim Lenneman	Dolphin
Phil Foremes	South End	Bill Walden	Dolphin
Jerry Kafka	Dolphin	Herm Zahler	Dolphin

STARTERS, TIMERS & JUDGES:

Dolphin members Dan Murphy, Hiro Tsuymine and Frank Drum.

Despite a slow run in, several interesting and exciting races took place.

RESULTS PIER 43½ MID-WINTER SWIM SUNDAY, MARCH 2nd, 1975

Swimmers:	Time:	Pilots:
1. Dick Beeler	18:05	Herm Zahler
2. Bud Jenkins	18:10	Bill Walden
3. Mac MacLeod	19:49	Gordon Cook
4. Modesto Lanzone	21:05	Frank Dollosso
5. Jim Mayall	23:20	Dino Landucci
6. Don Kiernan	23:54	Mike McElligott
7. Bill Powning	24:01	Mel Trowbridge, S.E.
8. Ken Crutchlow	28:05	
9. Pat Clancy	28:41	**Timers & Judges**
10. Frank Drum	29:30	Dan Murphy
		Hiro Tsuyumine

After a slight delay due to a locked gate and because one of our swimmers forgot to put on a swim suit, the swim got off to a good start under ideal conditions.

Coffee and pastry were served and ribbons presented to all who participated.

Following some discussion from those present, the Swim Commissioners have decided to hold a Time & Distance Cove Swim Competition open to all Dolphin members. This project will start March 23rd thru December 22nd. Similar to the Polar Bear set-up each swimmer will record his own time and distance. There will not be any charge or fee for this event.

SWIM COMMISSIONERS: Frank Drum, Jim Mayall, Bud Jenkins, Dick Beeler, and Tom Gould (Finances)



ROWING NEWS

NEW BOAT CHRISTENING:

ROWING COMMISSIONER, Lawton Hughes
ASSISTANT COMMISSIONER, Steve Pinetti
ROWING COACH, Tom Troneum

On February 22, 1975 at the Lake Merced Boathouse, a new shell was christened. It was named *TOM TRONEUM* in his honor. The 4-man racing shell was purchased by Dolphin members Steve Wolf, Vince Neeson, Mickey Griffin, Pat Pfeifer, and Al Casciato. The new shell was purchased at a cost of $3500 from the Geo. Pocock Co. in Seattle, Washington. Under the direction of Coach Tom Troneum these Dolphin members hope to revive crew racing and rowing to the status it held years ago.

At the christening Tom Troneum stroked the new shell on her maiden voyage. This event was shared with a good number of friends, Dolphin Club members, and families of the crew team. This day was also especially significant to the crew team members because it was a day of appreciation for their coach Tom Troneum who has given of himself without reservation to his men.

Signed/Al Casciato

ANOTHER ROWER

From a *Chronicle* report:

The rowboat christened "Waka-Moan" (which means Luck Sailor in Polynesian dialect) took 46-year-old Andres Svelundi of New Zealand 6300 miles from Chile to Samoa, in Polynesia. With only a radio receiver, a pair of oars and a small charcoal stove for cooking, Svelundi had intended to row all the way to Australia, but had to give up because of stomach trouble.

THAT BEATS THE SACRAMENTO TRIP!

LATE ROWING NEWS!

The following Dolphins rowed out to greet the *Golden Hinde II* on Sunday morning, March 9th: Herman Zahler, Al Burke, Jerry Kafka, Steve Pinetti, Mike McElligott, Ed Curtis and Bill Walden.

Nova Albion

THE GOLDEN HINDE II

The Dolphin Crew plans to greet *The Golden Hinde II* in our 40 foot barge, the 88 year old *John Wieland*.

Culminating a 13,000 mile voyage from Plymouth, England, started on September 29th, 1974, this namesake of the ancient vessel which Sir Francis Drake sailed to California in 1579, will arrive in mid-March, 1975.

Sir Francis Drake was born in Devonshire about 1542 and died at sea off the Spanish Main in 1596.

He sailed around the world 400 years ago with his brave crew.

He discovered and entered Drake's Bay and Estero in the summer of 1579 while searching for a cove where he could repair his ship, *The Golden Hinde*.

Sir Francis Drake spent 36 days with his crew in the San Francisco Bay Area. They careened the ship, repaired it, traveled the countryside, traded with the local Indians and reprovisioned for the return voyage to England

In 1933, a 'crudely inscribed and time blackened Plate of Brass was found near the shores of Drake's Bay.' This unique treasure is on permanent display at the Bancroft Library, University of California, Berkeley. Here is an early account of the voyage:

> "Before we went from thence, our General caused to be set up a monument of our being there, as also of her majesties and successors right and title to that kingdom; namely, a plate of brasse, fast nailed to a great and firme post; whereon is engraven her graces name, and the day and yeare of our arrival there, and of the free giving up of the province and kingdome, both by the king and people, into her majesties hands: together with her highnesse picture and armes, in a piece of sixpence currant English monie, shewing itself by a hole made of purpose through the plate; underneath was likewise engraven the name of our General, etc."

Here is a copy of the famous PLATE OF BRASSE:

BE IT KNOWN UNTO ALL MEN BY THESE PRESENTS
JUNE 17, 1579

BY THE GRACE OF GOD AND IN THE NAME OF HER MAJESTY QUEEN ELIZABETH OF ENGLAND AND HER SUCCESSORS FOREVER I TAKE POSSESSION OF THIS KINGDOME WHOSE KING AND PEOPLE FREELY RESIGNE THEIR RIGHT AND TITLE IN THE WHOLE LAND UNTO HER MAJESTIES KEEPEING. NOW NAMED BY ME AND TO BEE KNOWNE UNTO ALL MEN AS NOVA ALBION.



FRANCIS DRAKE

DR. WARD

SPECIAL HONOR TO DR. ABRAHAM W. WARD, A DISTINGUISHED LIFE MEMBER OF THE DOLPHIN SWIMMING AND BOATING CLUB:

The A. W. Ward Dental Museum was dedicated recently at the University of the Pacific School of Dentistry.

Dr. A. W. Ward was a 1902 graduate of the old College of Physicians and Surgeons.

He developed many instruments and techniques still in use nad was a pioneer ecologist.

The A. W. Ward Dental Museum is located in room 205 of the Dental School at 2155 Webster Street near Sacramento Street. This Museum is open to the public from noon to 1 P.M., Monday through Friday.

We have a photograph of Dr. Ward riding passenger in the stern of the *John Wieland* a couple of years ago, just before his sad death at a venerable age.

HANDBALL NEWS

COMMISSIONER, Phil Sturiale
ASST. COMMISSIONERS: Ray Belluomini, Will Debrunner

The Singles Tournament will be held in four classes this year: A-B-C-D. The tournament will start March 15, D and C Classes will play on Saturdays, A and B on Sundays.

Pre-Tournament favorites in A Class are Andy Burleigh, Art O'Keefe and Gene Simmons. Also, another player coming up fast and not to be overlooked is young Alan McCann. The two long shots in this class are Rico (Moon) Passanisi and Walt (The Hawk) Sheil.

B Class favorite is Walt Thurman. He will get a lot of competition from George Faltico, Jose Fernandez and Bill Pfister. A new club member not to be overlooked in this class is Bill Walton. Dark Horse in this class will be (Little Phil) Sturiale.

C Class favorite are Rich Schuly, Pat Kelly, Steve Pinetti, John Stadlberger and John Hodge. There are two players that moved up from D Class last year that should give them all they can handle. They are Dave Pigott and Steve (The Ticket Man) Tomio.

Pre-Tournament favorites in D Class are Bill Arietta, Sid Goldstein, Gene Larson and, don't forget, iron man Frank Drum. Making a comeback this year is Ray Belluomini and with his experience he will be right in the race. Two new faces in this class will be Mike (Honey Bear) McElligott and Dan (Crazy Mex) Padilla.



HANDBALL PLAYERS / 1975

A CLASS

Don Barash	Dino Landucci, Jr.	Harry Miller
Andy Burleigh	Bob Lotti	Rico Passanisi
Rudy Capriotti	Dan O'Donnell	Jon Quint
Joe Flahavan	Art O'Keefe	Walt Sheil
Jim Glafkides	Alan McCann	Gene Simmons
		Byron Van Alstyne

B CLASS

Carl Ahroon	Howard Hall	Bill Pfister
Mike Cerre	Wally Jennings	Al Routh
Will Debrunner	Dick Kamienicki	Phil Sturiale
John Erdman	Jack Kerler	Buck Swannack
George Faltico	Charlie Korelec	Walt Thurman
Jose Fernindez	Jack Nichols	Bill Walton
Mel Fortenberry	Skip Ohlson	

C CLASS

Chuck Biddulph	Mike Horst	Dave Pigott
Terry Collins	Pat Kelly	Steve Pinetti
Barry Cooper	Lou Landini	Walt Schneebeli
Michael Doyle	Dino Landucci, Sr.	Rich Schultz
Willy Durkin	Joe Luchini	John Stadlebrger
John Hodge	Dino Pangalos	Bruce Tassi
		Steve Tomei

D CLASS

Bill Arietta	Stan Hlynsky	Len Pera
Ray Belluomini	Ed Kenney	Dan Reed
Jay Berry	Gene Larson	Monte Sahagian
Pete Briggs	Bill Leipham	Ron Schroth
Paul Capurro	Jim Leonard	Larry Schultz
Frank Drum	Ray McCauley	Tom Silk
Nick Galousin	Mike McElligott	George Van Vranken
Larry Giovacchini	Mike Mitchell	Paul Watters
Sid Goldstein	Len O'Keefe	Nick Winslow
Walt Haake	Dan Padilla	Charles Zarskorn

RUNNERS' NEWS

Running Commissioner: Walter Stack

The 1975 running season is in high gear. The 5-miler at Lake Merced brought out some 400 men, women and children. The 6-mile race at Ocean Beach attracted 250 competitors.

Welcome to John Whalen, a new Dolphin member who played rugby for St. Mary's. He ran Lake Merced and Ocean Beach in respectable times.

Congratulations to Patricia Tomei who ran her first competitive race at Lake Merced in 48 minutes. Dolphin Steve Tomei, her husband, burns up the handball court at the Club. Life Member Pete Sturiale, who is Pat's uncle, coached her scientifically for her debut.

Here are the 1975 'DSE SCENIC RUNS OF SAN FRANCISCO': Tack this schedule on your bulletin board:

1975 "DSE" Scenic Runs of San Francisco

This schedule includes only DSE runs. For information on AAU races, contact the AAU office at 942 Market Street, San Francisco.

IN MEMORIAM

DR. GUIDO J. PERA

In this city, January 13, 1975, dearly beloved husband of Albina J. Pera; a native of San Francisco. Entombent at the Mausoleum of Holy Cross Cemetery.

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1975

President . . . . . Peter Bianucci
Vice-President . . . . . Gordon Cook
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Drum — Walter Stack
Frank Mennucci — Phil Sturiale
Bill Walden — Walter Thurman
Jack Giacomini

Regular meetings are held promptly at 8:00 p.m. every third Wednesday, January through November.
Our annual general meeting is held on the second Wednesday of December at 8:00 p.m.)

1.	Sun.	Jan. 5	10 a.m.	1.5 mi.	Muni Pier—Meet at Dolphin Club, Foot of Hyde St.
2.	Sun.	Jan. 12	10 a.m.	3 mi.	Double Muni Pier—Meet as above
3.	Sun.	Jan. 19	10 a.m.	4 mi.	Presidio Gate—Meet as above
4.	Sun.	Jan. 26	10 a.m.	3 mi.	Coit Tower—Meet as above
5.	Sun.	Feb. 2	10 a.m.	4 mi.	Ferry Building—Meet as above
6.	Sun.	Feb. 9	*9 a.m.*	3.6 mi.	Twin Peaks—Meet at Portola Dr. and Twin Peaks Blvd.
7.	Sun.	Feb. 16	10 a.m.	5 mi.	Lake Merced—Meet at boathouse
8.	Sun.	Mar. 2	10 a.m.	6 mi.	Ocean Beach—Meet at Balboa and Great Highway; on the beach
9.	Sat.	Mar. 22	10 a.m.	3 mi.	Mt. Davidson Hill Climb—Meet at Phelan Avenue, north Ocean Ave.
10.	Sun.	Mar. 30	10 a.m.	4.5 mi.	Legion of Honor—Meet at parking lot, up hill from 31st and Clement
11.	Sun.	Apr. 6	10 a.m.	3 mi.	Nob Hill—Meet at Dolphin Club
12.	Sun.	Apr. 13	*9 a.m.*	5 mi.	Golden Gate Bridge Vista—Meet at Legion of Honor Parking lot
13.	Sun.	Apr. 20	10 a.m.	4 mi.	Golden Gate Park—Meet at Polo Field
14.	Sun.	Apr. 27	8 a.m.	7.8 mi.	Bay to Breakers Practice—Meet at Howard and Spear
15.	Sun.	May 25	10 a.m.	4 mi.	Bakers Beach and BUO Barbecue—Meet at Beach parking lot
16.	Sun.	June 8	10 a.m.	3 mi.	"Presidio Roller Coaster Runn"—Meet at Mt. Lake Park, 12th Ave. and lake
17.	*Sat.*	June 21	*6:30 p.m.*	5 mi.	"Summer Solstice Run and BYO Barbecue—Meet at Lake Merced boathouse
18.	Sun.	June 29	10 a.m.	3 mi.	Stow Lake—Meet at boathouse in GGP
19.	*Fri.*	July 4	10 a.m.	9.5 mi.	Double Lake Merced—Meet at boathouse
20.	Sun.	July 6	10 a.m.	4 mi.	Golden Gate Park—Meet at Stow Lake Boathouse
21.	Sun.	July 13	10 a.m.	3 mi.	Coit Tower—Meet at Dolphin Club
22.	Sun.	July 27	10 a.m.	4 mi.	Fort Point—Meet at Presidio Gate (Marina Blvd.)
23.	Sun.	Aug. 3	10 a.m.	6.8 mi.	Practice Dipsea—Meet at Mill Valley Bus Station
24.	Sun.	Aug. 10	10 a.m.	6.8 mi.	Practice Dipsea—Meet as above
25.	Sun.	Aug. 27	10 a.m.	5 mi.	Lake Merced—Meet at boathouse
26.	Sun.	Aug. 31	10 a.m.	6 mi. (¼ mi. swim)	Ocean Beach—Meet at Balboa and Great Highway; on the beach
27.	Sun.	Sept. 7	10 a.m.	(3 mi. run)	Biathalon—Meet at Dolphin Club
28.	*Sat.*	Sept. 20	*8:30 a.m.*	13.6 mi.	Double Dipsea—Meet at Stinson Beach
29.	Sun.	Sept. 28	10 a.m.	4 m mi.	Bakers Beach and Byo Barbecue
30.	Sun.	Oct. 19	10 a.m.	4.7 mi.	Kennedy Drive—Meet at Polo Field
31.	Sun.	Nov. 16	10 a.m.	4 mi.	Presidio Gate—Meet at Dolphin Club
32.	Sun.	Nov. 23	10 a.m.	6.2 mi.	Daly City Hill Run—Meet at Colma School, east of 7200 Mission & Market
33.	Sun.	Dec. 7	10 a.m.	4 mi.	Ferry Bldg.—Meet at Dolphin Club
34.	Sun.	Dec. 13	10 a.m.	2 mi.	Stow Lake Relay—Meet at boathouse in GGP; men-women relay

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

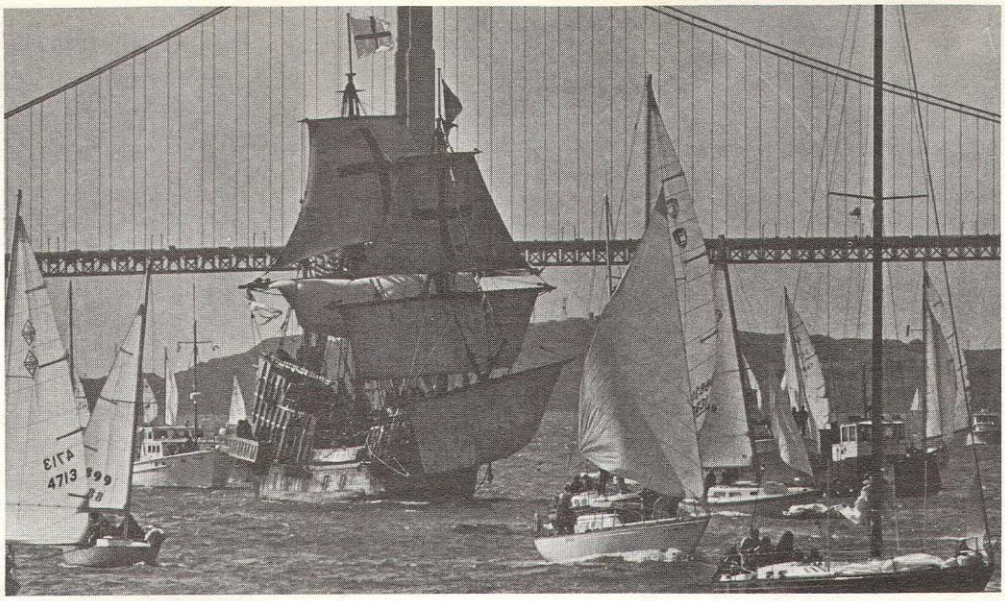
WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116

MARCH 1975

DOLPHIN LOG

OFFICIAL BULLETIN
OF THE
DOLPHIN
SWIMMING AND BOATING CLUB

JUNE 1975



SAN FRANCISCO — BILL WALDEN, EDITOR — ORGANIZED 1877

Swimming Commissioners:

Frank Drum Bud Jenkins
Dick Beeler Jim Mayall
Tom Gould (financial)

Public Relations:

Robin Kinkead

CLUB CHAMPION

FROM: Mike Garibaldi

TO: BOARD MEMBERS
RE: MASTERS NATIONAL SWIMMING CHAMPIONSHIP

At this time I would like to thank the Dolphin Club board members and all those members who sponsored my trip to the Masters National Swim Championship. It is an honor for me to represent the Dolphin Club in these championship events and with your continued support, I will strive to do my best as an active Dolphin member.

Respectfully,
Mike Garibaldi, *Swimming Coach*
Hartnell College

Against a field of formidable champions Mike Garibaldi racked up these impressive results:

1650 meters	2nd place	17:31
200 meters	3rd place	1:50.1
100 meters	6th place	49.4

DOLPHIN CLUB

Age 60 and Over Cove Swim
Sunday, April 13, 1975

Results:

Place	Athlete	Time
1	Col. James Mayall	16:50.8
2	Lou Gallic	19:48.9
3	Dan Murphy	21:28.0
4	Frank Mennucci	22:35.8
5	Mack McCaleb	23:20.9
6	Joe Davis (SE Club) Tie Frank Drum	23:38.8
8	Paul Adrian	24:13.3
9	Hector Stephen	26:07.8

Officials

Water Safety Man — Frank Coghlan (SE Club)
Pilots — Bill Walden and Al Burke
Officials — Hiro Tsuyumine and Dick Beeler
Publicity — Robin Kinkead
Chef & Gastronome — Bill Powning
Assistant C & G — Pete Sturiale

RESULTS MID-WINTER POLAR BEAR SWIM SCHEDULE

OVER EIGHTEEN MILES

Modesto Lanzone	82	Jerry Cullen	27
Dick Beeler	68½	Dan Murphy	26½
Bud Jenkins	63½	Jack O'Leary	25½
Lou Gallic	50½	Hector Stephen	24½
Hiro Tsuyumine	39½	Jim Mayall	24½
Frank Drum	36½	Pat Clancy	23½
Don Kiernan	36	Bob Hoff	22
Lou Marcelli	34½	Paul Kantroon	20
Bill Powning	32	Tom Silk	18½
Jacq Mergalli	29½	Gordon Cook	18½
Rod MacLeod	29½		

The above listed Dolphins were given Polar Bear awards. These coveted trophies feature a miniature Polar Bear.

UNDER EIGHTEEN MILES

Harold Miramonte	15¼	Cliff Quist	11½
Ed DeCossio	13½	Mack McCaleb	11¼
Skip Ohlson	13¼	Al Bogart	10¼
Frank Mennucci	13	Mark Burger	5½
Stan Hlynski	12½		

The above listed Dolphins were given Polar Bear certificates.

The awards and certificates were presented at a steak dinner held at the Club House Saturday, March 22nd. Bud Jenkins, Herman Zahler, Jack Giacomini and Jerry Kafka handled the galley.

The 100 mile or 100 hour Swim Season will start May 1st and finish October 31st. Each swimmer shall keep his own record in the same manner used for the Polar Bear Swim. Anyone may enter. There is no fee.

5TH ANNUAL DOLPHIN-OLYMPIC-SOUTH END COVE SWIM

MAY 25, 1975

Results:

1	Mike Garibaldi	15:24	DC	21	Don MacPherson	24:19	SE
2	Lee Faust	16:54	OC	22	Edward MacKay	25:25	OC
3	Joel Wilson	17:12	SE	23	Bill Wilson	25:31	SE
4	Thompson Mann	17:33	SE	24	Ed Phipps	25:56	SE
5	Dennis Rice	17:52	OC	25	Modesto Lanzone	26:03	DC
6	Bill Foehr	19:07	OC	26	Nick Zoller	26:05	DC
7	Tim Reid	19:19	SE	27	Guido Lucchesi	26:20	DC
8	Bob Roper	19:26	SE	28	James Mayall	26:21	DC
9	Bob Cunningham	20:12	SE	29	Jim Hentz	27:27	SE
10	Bill Van Horn	20:22	OC	30	Don Kiernan	27:30	DC
11	Dick Beeler	20:43	DC	31	Jim Morino	27:35	DC
12	Chip Fussell	20:49	SE	32	Joe Carroll	27:44	DC
13	Frank Coghlan	21:32	SE	33	Pat Cunneen	28:24	SE
14	Mike McElligott	21:49	DC	34	Bill Norton	29:19	SE
15	Bud Jenkins	22:22	DC	35	Gordon Cook	29:42	DC
16	Cameron Emmett	22:41	DC	36	Ken Crutchlow	31:13	DC
17	Phil Ward	22:52	SE	37	Dennis Flannery	31:35	SE
18	Kevin Phipps	23:05	SE	38	Lou Marcelli	32:39	DC
19	George Farnsworth	23:34	SE	39	Pat Clancy	34-12	DC
20	Mike Dower	23:41	SE				

Pilots:
Herm Zahler, D.C.;
Bill Walden, D.C.
Al Burke, D.C.
Dino Landucci, D.C.
Joe Davis, S.E.

Timers and Judges
Jack Bettencourt Bev Bettencourt
Marilyn Clancy Joan Cook
Frank Drum

After a serving of coffee and snails, Ribbons from both the Dolphin and South End Clubs were presented to all participants.

NOTE: Handball Dinner Dance
June 14th, Saturday Night
See Handball News

NOTE: The Lake Tahoe Swim is not scheduled.

SWIMMING NEWS CON'T.

COVE HANDICAP SWIM RESULTS
MAY 17, 1975

Technical Analysis By
James Mayall, Swimming Commissioner

Place	Name	Handicap	Time	Net Time
1	Cook	9:00	33:00	24:00
2	Tsuyumine	0:00	33:20	33:20
3	Lucchesi	6:00	33:45	27:45
4	Hoff	11:00	35:00	24:00
5	Jenkins	16:30	36:35	20:05
6	Mayall	13:00	36:45	23:45
7	MacLeod	16:00	37:00	21:00
8	Lanzone	14:30	37:30	23:00
9	Morino	14:00	37:45	23:45
10	Powning	10:30	37:50	27:50
11	Bauer	1:30	38:00	37:30
12	Kiernan	13:30	38:30	25:00
13	Clancy	6:00	39:00	33:00
14	Bruno	12:30	40:30	28:00
15	Cordellos	5:30	40:30	35:00
16	Marcelli	5:00	41:00	36:00
17	Drum	5:00	41:30	36:30
18	Yaeger	1:00	DNF	

STRAIGHT TIME WINNERS

1	Jenkins	20:05
2	MacLeod	21:00
3	Lanzone	23:00
4	Mayall	23:45
5	Morino	23:45
6	Cook	24:00
7	Hoff	24:00
8	Kiernan	25:00
9	Demay	25:45
10	Bruno	27:30
11	Lucchesi	27:45
12	Powning	27:51
13	Marcelli	32:05
14	Clancy	33:00
15	Tsuyumine	33:20
16	Cordellos	35:00
17	Drum	36:30
18	Bauer	37:30

NOTE: Time registered at time of swim were in many cases incorrect and difficult to figure out.

Joe Carroll and Stan Hlynsky swam right and left flank for Harry Cordellos all the way. Harry Cordellos is blind.

A DAY'S WORK

Stan Hlynsky dove into the Cove on Sunday, May 25th, to swim for a dog which was confused and heading out to sea. Stan succeeded in returning the animal to its anxious owners who observed the rescue from our pier.

Later, that same day, Stan escorted Frank Drum back to the Beach when Frank developed leg cramps.

THE WIELAND CRUISES THE BAY

On Sunday, April 27, greeting the yachting fraternity in San Francisco Bay on Opening Day, the six-oared barge, "John Wieland" was rowed to Sam's at Tiburon.

Pulling on the wood were Steve Wolf, Al Casciato, Gene Travasero, John Lynch, Dennis Bennet and Jim Strange. The SFPD was well represented in this crew.

The Wieland was built for us in 1887. After the 40 minute row to Tiburon, where everyone enjoyed a brunch, the Wieland fought through strong winds and white caps to return to the Dolphin Club.

Everyone had fun.

Note: The expression 'pulling on the wood' has been traced back to Dan Padilla. However, we cannot verify the originality.

EMMY AWARD FOR DOLPHIN

Mike Cerre was awarded an 'Emmy' for his show called 'A Closer Look at Football'.

Mike is a writer at Channel 4. John Brodie is their Sports Director.

Congratulations!

DOLPHINS SURPRISE THE EXPERTS

Western Sprints at Long Beach

In a field of five contestants the Dolphin Swimming and Boating Club finished exactly 60 seconds behind the Burnaby Rowing Club of Canada which team captured the honors against the Long Beach R.C., U.C.L.A. and Copenhagen R.C.

Consider that the Burnaby Club is the Olympic Team.

Consider that the other clubs were competing for the United States Team.

Congratulations to the crew at Lake Merced, and to Coach Tom Troneum.

ROWING NEWS 1975



STEVE PINETTI, Rowing Commissioner
MIKE McELLIGOTT, Asst. Rowing Commissioner
LAWTON HUGHES, Rowing Coach
TOM TRONEUM, Rowing Coach-Lake Merced

The 1975 Season has attracted many new rowers. The competition promises to be keen. Look for a great crop of novices to take to the oars. Steve Pinetti, Mike McElligott and Jack Cooper have continued with their Sunday excursions to Tiburon for breakfast and cocktails. Mike and Jack even made it to Jack London Square (in Oakland) and back. Quite a feat. A contingent of members from both the Dolphin and South End Clubs greeted the Golden Hinde. It was a special treat well worth the energy. Al Burke, Herman Zahler, Bill Walden, Gordon Cook, Ed Curtis and other regulars keep the boats in the water constantly.

Upon the completion of the new portion of the dock there will be regular orientation sessions on the weekends for those newcomers who would like to join our rowing program. ALL ARE MORE THAN WELCOME!

We are beginning the first Annual '100 MILE CLUB' competition and hope to make this a real winner.

As last season, there will be the monthly cove races and with enough participation we will have relay races and longer individual and doubles races to the various destinations around the bay – Tiburon, Alcatraz, GG Bridge, etc.

Later in the summer with enough interested oarsmen we will attempt to row all our boats across the bay for breakfast. Begin now to iron out your form. Loosen up those forearms.

Don't hesitate to sign up as a pilot for the various swims as this is another excellent way to learn the various tidal flows within the bay and to become familiar with the boats themselves. You will also get to see what the real *crazies* in the club do for exercise.

CONTINUE TO CHECK THE ROWING SECTION OF THE ANNOUNCEMENT BOARD FOR THE LATEST HAPPENINGS – ONCE YOU BEGIN TO ROW YOU REALLY WON'T WANT TO STOP!

Faintly as tolls the evening chime,
Our voices keep tune and our oars keep time,
Row brothers row, the stream runs fast,
The rapids are near and the daylight's past.

Thomas Moore

If there had been a Dolphin club on December 26, 1776, we certainly know how George Washington would have crossed the Delaware – in the Landucci?

OPENING DAY PARADE

KEN and JACKIE Carver took second power prize with their Atlantis theme in the Sunday parade. Bayview, Oyster Point and Mariposa Yacht Clubs: Great Show!

MOTOR PILOTS' DINNER

A special dinner affair was hosted for the motor pilots of the Mariposa, Bay View and Oyster Point Yacht Clubs.

The Staib Room at the Dolphin Swimming and Boating Club was the site of a first-class reception party after which dinner was served at the South End Club in their new Louis Carella Room.

Jack Giacomini and Lou Marcelli served beverages at the Staib Room.

Gordon Cook and Herman Zahler were co-chefs at the galley. The steaks were tasty.

Toasted, hosted and roasted were Gray Burns and Bob Wiegert, stalwart veteran motor pilots on all our swims.

A ROW TO SACRAMENTO

with Ed DeCossio and Al Burke



by Mack McCaleb

Wednesday, August 28, 1974

At 06:10 A.M. left the Dolphin Club dock.

Daylight just breaking, moderately choppy on the Bay, and fresh westerly breeze blowing.

The double-banked boat, *The Lawton Hughes*, rose with the swells as we nosed out of Aquatic Park Cove.

Rowing stroke: Ed DeCossio, and Al Burke also at the oars, with Mack McCaleb in the stern at the tiller, was how we started. For the next four days of rowing, we alternated from two hours at the oars to one hour at the tiller.

For Ed DeCossio, the veteran-toughened oarsman, this was to be his nineteenth row from San Francisco to Sacramento. On previous trips up-river, sometimes Ed had company and at other times he was alone.

As we left the cove, the flood tide was just beginning to run and the westerly swell also shoved us along. We took off like a big-assed bird.

At 07:00, our boat the Hughes was entering Racoon Straits tide running strong with us, and we were bending the oars. Actually, we were not far from San Francisco, yet in another world.

We were acutely aware of other boats moving about in the bay and changing view of points of land and incessant sound as the rowing seats rode forward, then aft, as the two oarsmen bent to the oars.

At 08:20, passed under the Richmond/San Rafael Bridge and heading up San Pablo Bay. We still had a following wind and the incoming tide boosting us along. Sky was overcast and a misty haze hung over the bay. Our direction of rowing for the next couple of hours was determined by looking at the distant hills and the feel of the wind. It was quite a feeling of satisfaction when the upper structure of the Carquinez bridge was sighted. All of the lower section of the bridge was obscured by the low-lying misty haze. We had held a good course and were on the proper heading. I believe it was along about this time that DeCossio started singing "It's a long way to Sacramento, it's a long way to row. It's a long way to Sacramento – so row! row! row!"

Ed's chant was to the vaguely recognizable tune of "It's a Long Way to Tipperary."

At 11:53 a.m. we passd under the Carquinez Bridge. At 1:00 p.m. we snubbed the boat up alongside of the Benicia Main Dock. It was quite a relief to stand up in the boat and stretch arms and legs.

At 1:45 p.m. we had finished lunch and were again underway. At 2:00 p.m. passed under the Benicia Martinez Bridge. At 3:30 p.m. we were abeam of the Port Chicago Main Docks. At 6:45 p.m. our boat, the *Lawton Hughes* was tied up at the Pittsburg Marina. On this, our first day, we had been underway for 11 hours and 50 minutes and covered a distance of 40 nautical miles.

After that long day of fresh air and exercise, food from the supply we had brought seemed a delicious banquet. After shooting the breeze for awhile with a boat owner whose boat was moored at the Marina, sleeping bags were laid out on the floats by the moorage.

Mac McCaleb was thinking – "tomorrow is my 66th birthday – what the hell am I doing out here?"[1] Also, I had a pleasant feeling of tiredness and satisfaction. As tired as we were, sleeping was no problem.

2nd Day – August 29, 1974

Had breakfast, stowed our gear in boat, and at 8:20 a.m. were again on our way. "It's a long way to Sacramento, it's a long way to row" Ed Decossio was singing, if you could call it singing; anyway, it was a cheerful sound.

We did not take the shorter route from the Marina back out into the Northeast Reaches of Suisun Bay, but proceeded southeastward in New York slough and along the Pittsburgh docks. At 9:40 a.m. rounded the southeast corner of Winter Island and took a Northwest slant towards the Sacramento ship channel. At 10:50 a.m. we were abeam Buoy #10 and entered the Sacramento Ship Channel and were soon into the river. From 12:10 p.m. to 12:55 p.m. tied boat up along side a landing at a point between Buoys #22 and #24. The three of us took a most refreshing swim in the river. The weather was sunny and warm and water temperature must have been about 60°.

Much refreshed after lunch and swim. At 12:55 p.m. we rowed away with a carefree feeling of well-being. Since this was my birthday Al Burke said, "you can row an extra hour." Needless to say, I declined the most generous offer.

Mack McCaleb was the only one having trouble with his hands, which were developing blisters. Al Burke mentioned having a sore back, but Ed DeCossio, the iron man, would never admit to being tired or having sore muscles. The two hour stint of rowing frequently seemed a long, long time. The two men at the oars just stoically rowed and didn't do much yakking.

The one hour at the tiller seemed an all too brief period. The man at the tiller did most of the talking and this short time of relaxation seemed to bring on an exuberant feeling. While at the tiller on a couple of occasions, Al Burke rendered a couple of Irish songs – yeah, he rendered them, but they sounded pretty good anyway.

At about 3:30 p.m. (our 2nd day), we were standing by inquiring from harbor master at Rio Vista Marina about mooring boat for the night. Mrs. Korbel, a yacht owner and member of the Korbel wine family, was about to leave the marina in her cabin cruiser. She very graciously offered us the use of her boat moorage.

The Korbel moorage was sheltered and snug. At 3:45 p.m. the boat was secured for the night. This day we had rowed for only 6 hours and 4 minutes and traversed a distance of only 16 nautical miles, but it had been a pleasant and soul-satisfying day.

[1] *Editor's note: Ed DeCossio is older!*
Al Burke is a youngster in his 40's!

At Rio Vista the three of us walked into town, had dinner at a cafe and browsed about town. That night we had a snug, sheltered place to lay our sleeping bags. After a day in the sunshine and fresh air, rowing and walking, and a good meal, sleep came quickly when we stretched out for the night.

3rd Day — Friday, August 30, 1974

At about 7:00 a.m. we were restowing gear in preparation for another day on the river. We again strolled into town and had a hearty breakfast. Returning to the Marina, chatted for awhile with some boating people who were quite interested in the boat *Lawton Hughes* and our row to Sacramento. We extolled the fine points of the boat and imparted quite a bit of information about the Dolphin Club, past and present.

At 9:30 a.m. we rowed away from the Rio Vista Marina. A few people were on the balcony at the Yacht Club watching us depart. I am sure that we presented a rather impressive picture as the two oarsmen smoothly bent to the oars and the *Hughes* glided thru the water.

Another fine, sunshiny day. Quite often we saw fish (probably bass) break the surface and plop back into the water. As usual, the man at the tiller did a lot of gabbing. The two men at the oars quietly rowed. The long hours of sitting were rough on our butts, but we were very happy and contented to be where we were. At 10:45 a.m. we nosed the boat into Steamboat Slough, getting out of the Sacramento River. A fascinating place, "Steamboat Slough," high banks on each side, covered with big, overhanging trees and brush, and occasionally a strip of sandy beach. Camp sites came into view — then slipped by. From a few big cottonwood trees, ropes were hanging down, with an old auto tire attached to the end, places for kids to swing and drop into the river. We began to see more cabin cruisers and a few houseboats, moored or slowly moving. In general, the power-boat operators were very considerate, slowing down as they approached us, hailing us, passing a few remarks, then picking up speed when far enough away not to swamp us. A couple of water skiers were not so thoughtful and caused us some concern. In the slough there was not too much tidal effect and we were mostly rowing against the current. Close to the river bank, the current ran less strong, especially in the straighter stretches of the river. Close by the banks we rowed. The man at the tiller was constantly looking out for snags and shoal water as we wended our way upriver.

12:00 Noon, stopped for lunch. Tied boat to a float at Snug Harbor landing on the bank of Ryer Island. Each of us had brought a few items of food which we shared. We had a crock of baked beans with bits of ham in it which was truly a gourmet item — or so it seemed.

At 1:00 p.m., again underway and proceeding northward through Steamboat Slough. Weather was sunny and comfortably warm. The feel of the sun on our bodies was very soothing.

At 3:55 p.m. abeam Steamboat Landing and re-entering the Sacramento River.

At 4:25 p.m. passed under Courtland Bridge. At 4:55 p.m. moored boat for night alongside of a float at Morgan landing. This day we had traversed 15½ nautical miles in rowing time of 5 hours and 25 minutes.

We each had a most enjoyable swim. As current was running strong, we swam one at a time and swam upstream while two men kept watch on the swimmer. We dried ourselves in the sun, thoroughly enjoying its warmth. Again had food from the supply we had brought along.

The town of Courtland was less than a mile away — so we strolled into town. That town is really a one-horse town, not even a Bank of America. Except for a Drug and General Store, the few shops were closed. We didn't at all care, for we were just out to stretch our legs and take a look-see. A dusty farming town is soothingly pleasant and quiet after a long stay in the San Francisco area. The slow stroll into town and back to Morgan's landing was a pleasant ending to a pleasant day.

When darkness closed in, we were snug and secure in our sleeping bags. Ed and Al racked up in boats secured at the landing. Mack laid out his sleeping bag under the shelter of an old shack on the bank of the river.

Mack's hands were blistered and some muscles were sore. Lying in the sleeping bag, listening to the night sounds, it wasn't long until he drifted off to pleasant, sound sleep.

4th Day — Saturday, August 31, 1974

At the first beginning of dawn Ed DeCossio was bustling about. "It'sa notso longa way to Sacramento — let's go! let's go!" Ed was warbling.

At a little restaurant just above the landing, we had a hearty breakfast.

7:55 a.m., left Morgan Landing and proceeded up river, another day of fair weather.

11:15 arrived at Clarksburg Landing and secured boat. We each took a swim, following the usual procedure of swimming up stream, and one at a time. Current was swift and we each got a good workout while only covering a short distance.

After the refreshing swim, we had lunch at a small restaurant located near the landing. Ed DeCossio was exuberant and talkative as he reminisced with the restaurant operator. Ed had stopped at that landing on a couple of previous trips on the river. A couple of canteens were returned to Ed — canteens he had forgotten to pick up on a previous trip.

At 1:20 p.m., we shoved off, again rowing upstream. This P.M. we were startled by an unusually large fish that broke the water near the boat and hit the surface with a loud p-l-o-p. The fish looked to be four feet or more long; what kind of fish was it, we wondered? Probably a bass? We didn't know. Another momentary glimpse; while rowing quietly near the bank, Al Burke went p-s-s-s-t, and pointed. There on a strip of sand in the sun, with a background of bushes and trees, were two nude forms — a man and a woman — basking in the sunshine. They did not see us and we did not disturb them; what a picture of serene contentment.

3:15 p.m., passed under Freeport Bridge. Several people on passing boats hailed us, having recognized the Dolphin Club Boat. These boats were from Sacramento and yachting people knew Ed DeCossio and about his previous trips from San Francisco to Sacramento. A couple of boat operators, in hailing us, said "See you at the Yacht Club," referring to the Sacramento Yacht Club. Regrettably, we were not to make it all the way up to the club.

6:50 p.m., boat moored to float at Da Rosa Marina — on the outskirts of Sacramento. This day we had traversed 21½ nautical miles and been underway for 8 hours and 50 minutes.

On the trip up from San Francisco we had rowed 93 nautical miles (+ distance back and forth across channels) and had been underway for 32 hours and 45 minutes. Computed on the above, our average speed was 2.84 kts. Mack McCaleb, having been a seafaring man for many long years, just had to note time underway, distance, and average speed.

We would have liked to linger longer, but Al Burke had to return to San Francisco and his work. Did a bit of socializing at the Da-Rosa Marine Clubhouse, had some food and again hit the sleeping bags.

Fifth day — Sunday, September 1, 1974

At 9:30 a.m. boat and our gear was stowed and lashed in a panel U-Haul truck.

10:00 a.m., underway for San Francisco.

1:30 p.m., the boat *Lawton Hughes* again stowed in the boathouse at Dolphin Club.

End of memorable adventure. All three of us were much in need of a bath, but feeling fit and happy about completing the trip. Memories of the summery days on the bay, slough and river will forever be a part of us three.

Mack

LOUIS CARELLA ROOM DEDICATION AT THE SOUTH END ROWING CLUB

THE magnificent galley and dining room of the South End Rowing Club was dedicated today and named the Louis Carella Room. Louis Carella was a faithful South Ender and a great club chef.

The dedication ceremonies, conducted by Father Keane and attended by dozens of ladies and gentlemen of the South End Rowing Club and the Dolphin Swimming and Boating Club, came to a climax as the Golden Hinde sailed by.

The Golden Hinde had been en route from Plymouth, England, since September, 1974.

A tremendous armada of yachts, the fireboats and the single whitehalls, doubles and 40-foot barges of the Dolphin Club and the South End Rowing Club joined the fray as though to honor Louis Carella.

Present at the Louis Carella Room dedication ceremonies were several members of the Carella family, Mr. and Mrs. Phil Hunter, Mr. and Mrs. Joe Davis, Mr. and Mrs. Bruno Botto, Mr. and Mrs. Herman Zahler, Mr. and Mrs. Rudy Stadlberger, Mr. and Mrs. Roy Parodi, and here and there fleeting glimpses of: Horse, Burke, Murphy, Perlite, Mennucci, Walden, Campagna and Debrunner.

Here are the engineers of this S.E. Club event:

Nat Calegari, *Chairman*
Nick Crivello, *Host*
Ray Savigliano, *Host*
Chuck Waller, *Host*
John Hentz, *Host*

Thanks to all the ladies who prepared the tasty treats for this affair.

Gourmet Magazine compliments Dolphin Modesto Lanzone's cuisine and his swimming!!!

DOLPHIN RUNNING VICTORIES

Running Commissioner: Walt Stack

The 75th running of the Boston Marathon on April 21st, Patriots' Day, witnessed two distinguished performances by members of the Dolphin Swimming and Boating Club.

Harry Cordellos, born blind, broke the world marathon record for blind runners by finishing the Boston Marathon in 2 hours, 57 minutes and 3 seconds. Harry Cordellos cut off 5 minutes from his best times previously achieved in 6 Boston Marathons.

John Butterfield ran, (and he guided) and he escorted Harry to break this record.

Charles Stagliano was the fastest Dolphin Swimming and Boating Club runner, finishing in the time of 2:34:00. Two hours and thirty-four minutes is the finest Dolphin Club time ever achieved in this World Classic.

65TH ANNUAL BAY TO BREAKERS RACE on May 18th expected 6000 runners to run the course from the Ferry Building to the Beach.

Marietta Boitano, 12 years old, Dolphin-South End Runner, triumphed 2nd year in a row, as first woman finisher at the Bay to Breakers in the time of 46 minutes and 4 seconds. Scores of Dolphins finished this race. Steve Tomei's wife, Pat, finished in 65 minutes. The tremendous crowding made it difficult to recognize Dolphins. George Tracy, Tom Gould and Bill Walden were sighted. Al Burke stationed himself at a strategic junction on the course through Golden Gate Park exhorting: "Dolphin, make your move!"

The Pike's Peak Marathon will be run by 50 men and women members of the Dolphin-South End Runners. August third is the date.

ANGEL ISLAND RACE

The fourth annual running of this 5 mile classic brought thousands to the island.

Jon R. Fowler of the Guardsmen was their Committeeman for this major success. The organization and planning for this event is always efficient and a credit to the Guardsmen.

Many Dolphins, South Enders and Dolphin-South End Runners participated. Those who did not were off running some kind of Marathon up north somewhere.

Bill Clark won in the time of 23:40. Phil and Walt Paulson won third place in the Father/Child category. Robyn Paulson was the first woman in her age bracket in the time of 38:36. Conny Cunneen won third place in the girls' 14-17 class with a time of 34:49. Phil Paulson's time was 32:45. The best your editor can say is that there were 60 runners behind him at the finish according to the official print-out mailed to each registrant.

HANDBALL NEWS



Handball Commissioner — Phil Sturiale
Assistant Commissioners — Will Debrunner
Ray Belluomini

The Dolphin Club Handball Dinner Dance will be held on Saturday Night, June 14th, at the Dolphin Club. Tickets are $12.50 each: and that covers everything!

Social hour starts at 6:30 P.M.
Dinner at 8:00 P.M.
Dancing from 9:00 P.M.

This should be a sell-out success. Sign up early and pay with your check in advance.

The annual singles handball tournament is almost completed. The winner has been determined in Class A: Allan McCann. Allan defeated Andy Burleigh in the finals. Bob Lotti was the 3rd place winner. Class B has Bill Walton and Jose Fernandez battling for top honors. Class C is a toss-up. Mike Horst is in the winners' bracket with John Hodge and Steve Pinetti still in the running. Class D is a real struggle. Paul Capurro is leading the pack with Bill Arietta, Gene Larson and Sid Goldstein playing it off to see who meets Capurro for the title.

Remember the HANDBALL DINNER DANCE ON JUNE 14TH. See all you kill-shot artists there.

Watch for the Annual Doubles Sign-Up, which will start soon after the summer vacations in September.

GOLDEN HINDE II CREW UNWINDS AT DOLPHIN CLUB AFTER VOYAGE FROM ENGLAND

This happened on Friday Evening, March 14th.
The courageous Captain Adrian Small and his valiant crew were our guests in the Staib Room. Refreshments were served.

There was a brief toast and later much interesting conversation about their extraordinary voyage.

Many wives and girl friends of the crew members were present. They had flown to San Francisco from England.

Captain Small presented to the Dolphin Club a hand drawn placard of appreciation which was signed by him and the crew of the Golden Hinde II.

Herman Zahler and Ken Crutchlow handled the technical chores.

OLD TIMERS' DINNER SUCCESS

Please remember the efforts of Dan Padilla and Dino Landucci Sr. who contributed their services without stint in order to help make this affair a great success.

PUMPING IRON

Gymnasium Commissioner: Ricco Passanisi
Assistant Commissioners: Jim Keely
Mike Horst
Rich Fossat

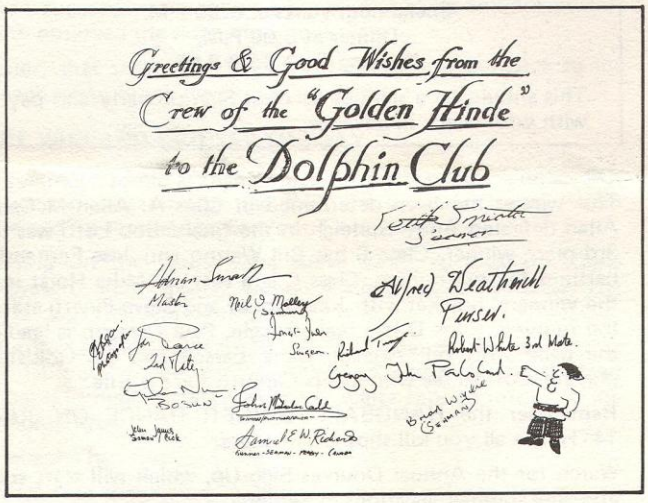
A resurgence of activity in the Joseph B. Keenan Hall marks the beginning of the summer season as the Dolphin Club gymnasts hone their muscles for outdoor activities.

The early morning contingent includes Mike Horst, Monte Sahagian, Ivan Balarin, Frank Inferrara, Daniel Murphy and Tom Feeney. As the setting sun departs beyond the Golden Gate Bridge, on tip toe we see Moon Passanisi, Rich Fossat, Dave Hinton, Bill Peoples, Al Bradford, Steve Pinetti and Stan Hlynsky.

A program is being planned to encourage more use of the Keenan Room by adding new equipment designed to condition participants in all our sports activities. In addition, competitions will be scheduled with our good neighbor the South End Club.

We want to add $1,000 of new equipment in order to properly serve all of our participants and to encourage maximum use of the most attractive area in our Club. Jack LaLanne's donation of his 'lat' machine and Stan Hlynsky's donation of his Olympic weights have brought our gymansium equpment to a respectable level. Monte Sahagian: Thanks for the leg press machine!

Don Kiernan is working out a program for swimmers. Mike Horst is designing an exercise series for handball players. Steve Pinetti will work with rowers on the rowing machine.



IN MEMORIAM

Manuel V. Fagundes died at the age of 73 years in Mary's Help Hospital on April 16th, 1975.

Manny Fagundes was a charter member since 1939 of the Golden Gate Yacht Club. He was their Commodore since 1951 and their Port Captain since 1952.

He loved to cook.

He was the Master Chef of many memorable Club Dinners at the Golden Gate Yacht Club.

Manny Fagundes was reliable and dependable.

The last time we enjoyed Manny Fagundes' hospitality was when we rowed the John Wieland into Yacht Harbor. We backwatered to stop in front of the Golden Gate Yacht Club. Several rowers hurled taunts and challenges to Manny.

He appeared forthwith with suitable thirst-quenchers for all. All of us will miss Manny Fagundes.

MACK MCGRAW NEW FACTOTUM AT GOLDEN GATE YACHT CLUB

Greetings, Mack. You can always rely upon our fraternal and neighborly cooperation. (On Sunday, June 1st, Herman Zahler and Bill Walden rowed to the Golden Gate Yacht Club in the Viking. Fraternal greetings were delivered to Mack McGraw.)

NEW TELEPHONE NUMBER FOR DOLPHIN CLUB
441-9329
MAKE A NOTE OF THIS

DOLPHIN SWIMMING AND BOATING CLUB
OFFICERS AND BOARD OF GOVERNORS
1975

President . . . . . Peter Bianucci
Vice-President . . . . . Gordon Cook
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Drum — Walter Stack
Frank Mennucci — Phil Sturiale
Bill Walden — Walter Thurman
Jack Giacomini

Regular meetings are held promptly at 8:00 p.m. every third Wednesday, January through November.
Our annual general meeting is held on the second Wednesday of December at 8:00 p.m.)

JUNE 1975

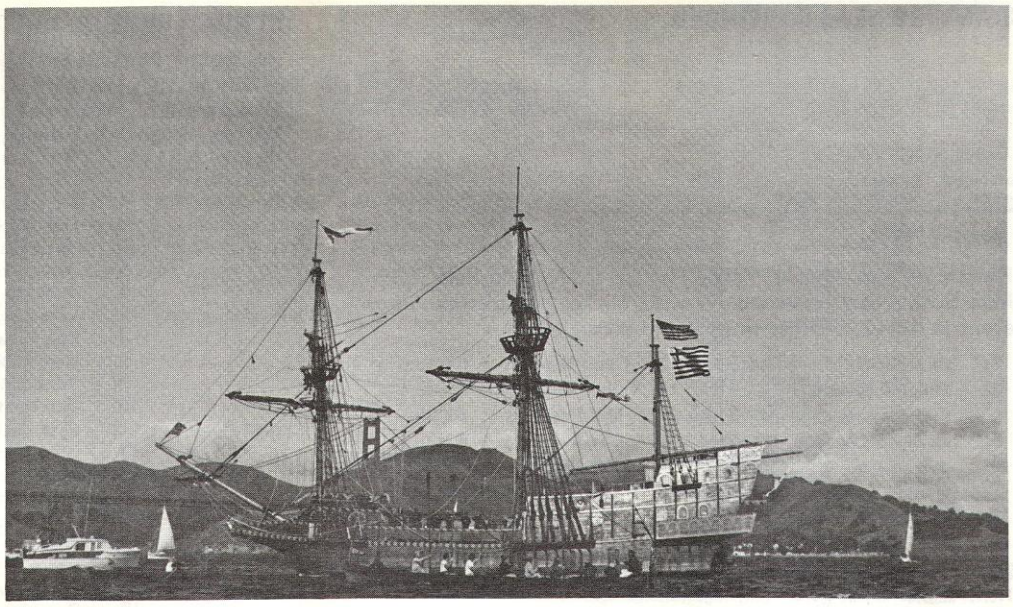
WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

DOLPHIN LOG

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

SEPTEMBER, 1975



SAN FRANCISCO | BILL WALDEN, EDITOR | ORGANIZED 1877

SWIMMING COMMISSIONERS:

Frank Drum — Bud Jenkins
Dick Beeler — Jim Mayall
Tom Gould *(Financial)*

Our Official Liaison Officer for Public Relations is
MR. ROBIN KINKEAD, Bay Swimmer

SWIM SCHEDULE ANNOUNCEMENT
RICHARDSON BAY SWIM
SUNDAY, OCTOBER 12, 1975
Jump-off about 10:00 A.M.
Brunch at Sausalito Yacht Club
Bring a guest.

SUNDAY, AUGUST 31, 1975

1975 GOLDEN GATE SWIM



RESULTS:

Place	Name	Age	Time	Age group place
1.	Mike Garibaldi	29	23:47.8	1
2.	Lou Zitnik	25	25:46.4	2
3.	Mickey Lavelle	23	32:25.6	1
4.	Jim Hulihan	32	33:15.4	1
5.	John Moyes	21	34:23.9	2
6.	Dick Beeler	54	34:49.8	1
7.	Conrad Liberty	33	35:20.2	2
8.	Bob Colyar	29	37:42.3	3
9.	Bud Jenkins	50	38:28.9	2
10.	Tom Hofman	32	38:30.2	3
11.	Joe Flahaven	39	39:01.9	1
12.	Skip Ohlson	29	45:13.0	4
13.	Modesto Lanzone	46	46:37.3	1
14.	Tom Brennan	25	47:38.0	5
15.	Rudy DeMay	45	48:14.3	2
16.	Conrad Von Blankenburg	34	50:53.7	4
17.	Hugh Reilly	34	51:18.4	5
18.	Jerry Cullen	43	51:28.3	1
19.	Jim Morino	44	52:11.5	2
20.	Walt Schneebeli	49	52:36.1	3
21.	Tom Robb	43	54:55.7	4
22.	Stan Hlynsky	31	55:06.2	6
23.	George DeCossio	27	55:36.2	6
24.	Pete Bianucci	32	56:22.9	7
25.	Don Kiernan	42	58:17.3	3
26.	Guido Lucchesi	35	58:35.2	2
27.	Buck Swannack	39	58:54.8	3
28.	Jim Mayall	68	60:46.3	1
29.	Mike McElligott	25	60:57.4	7
30.	Nick Zoller	58	62:37.3	1
31.	Gordon Cook	47	65:30.7	4
32.	Joe Carroll	68	66:36.4	2
33.	Joe Bruno	62	67:09.3	1
34.	John Beale	51	67:10.1	3
35.	Jack Bettencourt	49	68:01.9	5
36.	Don Warto	47	69:23.7	6
37.	Bill Powning	54	69:58.4	4
38.	Pat Clancy	38	71:48.8	4
39.	Mike Doyle	32	72:48.9	7
40.	Al Burke	46	73:47.9	7
41.	Dan Padilla	40	74:04.1	5
42.	Ken Crutchlow	31	74:18.8	9
43.	Hal Miramonte	56	76:08.4	2
44.	Mike Cerre	28	78.16.5	8
45.	Paul Sylvester	67	79:16.9	3
46.	Dick Leonards	49	79:16.9	8
47.	Art Bauer	51	81:12.0	5
48.	George Tracy	53	89:11.6	6

CONGRATULATIONS!
FIRST TRIPPERS

Lou Zitnik
Jim Hulihan
Tom Hofman
Tom Brennan
Conrad Von Blankenburg
Hugh Reilly
Stan Hlynsky
Guido Lucchesi
Jack Bettencourt
Mike Doyle
Dan Padilla
Hal Miramonte
Mike Cerre
Art Bauer

Age Groups: 24 & under, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over.
Pilots: from the Dolphin Club, Steve Pinetti, Dave Hinton, Herman Zahler, Bill Walden, Dan Foley, J. Cooper, Jim Gaebe, Jim Cooper, G. McCombe, Malcolm Yuill-Thornton, Tom Troneum, Tom Dougherty, Al McCann, Hans Kramer; from the South End Club, Mel Trowbridge, John Lynch, Hector Valencia, Garett Estes, Joe Davis, Joe Michael, Ray Savigliano, Dudak, Sal Reina, Lawley.



JUNE 7, 1975

Results of the Annual Yacht Harbor to Aquatic Park Two Mile Swim. San Francisco Fireman Mickey Lavelle won the event in 43:47.7. Other finishers, in order, were:

2.	Dick Beeler	44:06.0	10.	Don Kiernan	64:15.0
3.	Mike McElligott	47:21.4	11.	Stan Hlynsky	65:33.4
4.	Bud Jenkins	47:21.5	12.	Bill Powning	69:36.5
5.	Modesto Lanzone	56:21.4	13.	Joe Bruno	70:26.4
6.	Jim Morino	56:44.8	14.	Pat Clancy	73:08.0
7.	Guido Lucchesi	58:45.1	15.	Art Bauer	89:59.7
8.	Jim Mayall	59:07.2	16.	Lou Marcelli	dnf
9.	Nick Zoller	61:25.1			

Pilots: Jack Bettencourt, Harry Cordellos, Gordon Cook, Bill Walden, Herm Zahler, John Lynch and Mel Trowbridge.
Motorized Escort: from Oyster Point Yacht Club, Bob Weager and Frank Pendergast; from Dolphin Club, Rudy DeMay.
Officials: Frank Drum, swimming commissioner, starter and referee. Dan Murphy and Dan Padilla, timers.

SUNDAY, JULY 6, 1975
GAS HOUSE COVE SWIM

1.	Lou Zitnik	19:56	11.	Bill Powning	36:20.3
2.	Bob Colyar	22:48.2	12.	Pat Clancy	37:49.4
3.	Dick Beeler	23:51.7	13.	Lou Gallic	38:37.8
4.	Conrad Liberty	25:22.8	14.	Ken Crutchlow	39:26.4
5.	Nick Zoller	30:39.5	15.	Hal Miramonte	39:30.7
6.	Modesto Lanzone	32:15.2	16.	Lou Marcelli	42:28.6
7.	Guido Lucchesi	32:21	17.	Dan Padilla	45:48.2
8.	Don Kiernan	32:41.6	18.	Harry Cordellos	45:48.2
9.	James Mayall	32:54.5	19.	Stan Hlynsky	45:48.2
10.	Bill Greer	34:46.4	20.	Art Bauer	48:43

Timers: Dan Murphy, Joan Cook, Frank Drum, Dianne Colyar, Jac Mergalli.
Pilots: Bill Walden, Herm Zahler, Mel Trowbridge, Gordon Cook, Joe Michaels, George Farnsworth, Bob Roper, Joe Davis, Don Sommer, Dave Hinton, Steve Pinetti.

SUNDAY, JUNE 22, 1975

Results of joint Dolphin-South End Gas House Cove Swim. Finishing first was Mike Garibaldi of the Dolphin Club who placed second in the one mile swim at the National A.A.U. Masters Swim Meet held at Fort Lauderdale, Florida last month.

1.	Mike Garibaldi	D.C.	16:34.5
2.	Joel Wilson	S.E.	17:18.8
3.	Lee Faust	S.E.	17:58.7
4.	Rich Glass	S.E.	18:04.6
5.	Tom Mann	S.E.	18:09.4
6.	Lou Zitnik	D.C.	18:20.7
7.	Bob Roper	S.E.	19:06.5
8.	Denny Rice	S.E.	19:24.0
9.	Bill Foehr	S.E.	19:24.5
10.	Tim Reid	S.E.	19:35.0
11.	Mick Lavelle	D.C.	10:18.9
12.	Chip Fussell	S.E.	20:34.6
13.	John Bricker	S.E.	21:41.4
14.	Frank Coghlan	S.E.	22:03.9
15	Bud Jenkins	D.C.	22:51.9
16.	Geo. Farnsworth	S.E.	23:35.9
17.	Norm Peterson	S.E.	23:58.8
18.	Bill Wilson	S.E.	24:39.2
19.	Don Macpherson	S.E.	25:02.9
20.	Roger Major	S.E.	25:54.5
21.	Mac MacLeod	D.C.	26:11.9
22.	Jim Hentz	S.E.	26:51.5
23.	Bert Capps	S.E.	27:54.9
24.	Bill Woodbridge	S.E.	27:58.1
25.	Jim Mayall	D.C.	28:23.6
26.	Don Kiernan	D.C.	28:34.3
27.	Bob Hoff	D.C.	32:18.7
28.	Joe Bruno	D.C.	32:44.0
29.	Bill Powning	D.C.	33:07.4
30.	Joe Carroll	D.C.	33:07.4
31.	John Lynch	S.E.	33:07.5
32.	Joe Michael	S.E.	34:55.2
33.	Lou Gallic	D.C.	42:26.0
34.	Al Burke	D.C.	46:36.4
35.	Art Bauer	D.C.	50:58.4
36.	Guido Lucchesi	D.C.	dnf



AUGUST 9, 1975 • SANTA CRUZ SWIM



The *Santa Cruz Sentinel* featured the complete results of this annual classic in their Sunday Edition.

Mike Garibaldi captured first place in the men's 25-29 division, in the time of 18 minutes and 43 seconds.

The 15-year old over-all champion, Bob Maddock, clocked a time of 18:24. That makes Mike look pretty good.

74-year old Dolphin Joe Weiss was the oldest swimmer, finishing in 42:40.

South Ender Roger Major finished first in the 35-39 division and his teammate Bill Wilson was the first in the 40-44 category. Frank Coghlan was first in the 50-54 division, and George Farnsworth, another South Ender, conquered the 55-59 group with a time of 27:07.

Dolphin Lou Nagy won the 60-64 race in 27:23.

First in the 45-49 group was South Ender Carol Yates, in the time of 21:06.

Here are other Dolphin times:

25-29	Mike McElligott	29:30	45-49	Rudy DeMay	31:53
	George DeCossio	33:32		Gordon Cook	34:20
30-34	Jim Hulihan	25:05		Jack Bettencourt	35:10
	Tom Hofman	27:11	50-54	Dick Beeler	26:13
	Pete Bianucci	32:38		Bud Jenkins	27:08
	Mike Doyle	35:08		Bill Powning	37:42
35-39	Buck Swannack	33:58		Art Bauer	50:20
	Patrick Clancy	39:15	55-59	Nick Zoller	32:29
40-44	Jerry Cullen	32:03	60-64	Frank Drum	46:35
	Jim Morino	32:23	65-up	Jim Mayall	33:54
	Tom Robb	32:39		Joe Carroll	34:15
				Vern Louden	34:55
				Bill Greer	36:00



JULY 27, 1975
3rd ANNUAL A.A.U. MASTERS COVE SWIM

Men's Results

Name	Club	Age Group	Time	Overall Place	Age-Group Place
Alex Shestakov	UN	25-29	14:45.59	1	1
Walt Bricker	CON	20-24	14:51.78	2	1
Ed King	UN	20-24	15:04.30	3	2
Dave Gray	SMM	25-29	14:42.46	4	2
Jim Allen	SMM	25-29	15:42.47	5	3
Ed Rudloff	OLY	25-29	15:42.48	6	4
Thompson Mann	SE/SMM	30-34	15:42.49	7	1
Dennis Glass	Marin Dolph	20-24	15:42.50	8	3
Louis Zitnik	DC	25-29	15:42.51	9	5
Lee Faust	OLY/SE	25-29	15:42.52	10	6
Carl Yates	RIN/SE	45-49	15:42.53	11	1
Bob Roper	SE	35-39	16:05.86	12	1
Allen Cartwright	UN	30-34	16:23.23	13	2
Steve Clark	MAC	30-34	16:31.04	14	3
Ed Urban	DEAN	30-34	16:47.38	15	4
Denis Rice	SE/OLY	40-44	16:50.18	16	1
Roger Cumming	MAC	25-29	16:50.19	17	7
Fred Taioli	HAY	50-54	16:50.21	18	1
Tom McCarty	UN	30-34	17:26.63	19	5
Ed Price	WVTC	20-24	17:30.65	20	4
Dallas Boggs	COR	35-39	17:38.63	21	2
Richard Harley	UN	25-29	17:51.19	22	8
Tim Reid	SE	25-29	17:51.21	23	9
Bob Cunningham	SE	45-49	18:02.67	24	2
Steve Crow	UN	20-24	18:19.16	25	5
Ray Taft	SMM	55-59	18:46.46	26	1
Rick Haffey	UN	20-24	19:09.98	27	6
Frank Coghlan	SE	50-54	19:12.51	28	2
Chip Fussell	SE	30-34	19:27.66	29	6
Tom Scotton	WYMCA	45-49	19:43.07	30	3
Bud Jenkins	DC	50-54	20:13.74	31	3
Lou Nagy	DC	60-64	20:30.92	32	1
Dick Beeler	DC	50-54	20:55.88	33	4
Kevin Phipps	SE	20-24	20:56.07	34	7
George Farnsworth	SE	55-59	21:00.18	35	2
Kevin O'Keefe	SMM	25-29	21:08.33	36	10
Art Hargrave	UN	65-up	21:08.48	37	1
Luman Sutton	SAC.Y	45-49	21:12.37	38	4
Bill Wilson	SE	40-44	21:40.64	39	2
Mark Haskell	SE	30-34	22:07.96	40	7
Tom Brennan	UN	25-29	22:12.52	41	11
Hector Vanencia	SE	40-44	22:42.46	42	3
Roger Major	SE	30-34	22:55.48	43	8
Ray Minkel	SFPAC	45-49	22:55.49	44	5
Tom Royston	SMMM	30-34	23:45.57	45	9
Nick Zoller	DC	55-59	23:34.32	46	3
Ed Phipps	SE	45-49	24:13.10	47	6
Carl Laslovich		45-49	24:29.34	48	7
Richard Frenzel	SMM	40-44	24:38.18	49	4
Jim Mayall	DC	65-over	24:40.39	50	2
Guido Lucchesi	DC	35-39	25:05.12	51	3
Jim Morino	DC	40-44	25:14.34	52	5
Dan Hendrickson	COR	35-39	25:57.35	53	4
Bill Norton	SE	30-34	26:34.25	54	10
William Greer	DC	65-over	26:19.54	55	3
Joe Carroll	DC	65-over	26:19.57	56	4
Joe Bruno	DC	60-64	26:50.08	57	2
Willard Johnston	RIN	60-64	26:54.66	58	3
Jack Bettencourt	DC	45-49	27:55.74	59	8
James Beirne	SFR	20-24	27:55.75	60	8
Bill Powning	DC	50-54	29:07.71	61	5
G. T. Beirne	OLY	20-24	29:44.82	62	9
Lou Gallic	DC	65-over	29:45.85	63	5
Joe Michael	SE	40-44	30:00.44	64	6
Brian Eagle	UN	20-24	30:08.51	65	10
Jim Robertson	SE	35-39	30:36.33	66	5
John Collins	COR	35-39	31:12.32	67	6
Don Rhodes	UN	25-29	31:27.08	68	12
Evan MacBride	SMM	25-29	33:46.72	69	13
Joe Weiss	DC	65-over	34:12.04	70	6
Harry Cordellos	DC	35-39	34:12.04	71	7
Phil Hunter	SE	60-64	36:45.67	72	4
George Tracy	DC	50-54	37:37.02	73	6
Frank O'Brien	SE	65-over	37:43.84	74	7

Women's Results

Kristina King	SMM	25-29	18:41.47	1	1
Mickey Yates	UN	20-24	19:12.53	2	1
Sue Royston	SMM	30-34	19:30.33	3	1
Judy Collins	COR	35-39	19:42.48	4	1
Lee Bender	UN	30-34	20:13.75	5	2
Marie McSweeney	MAC	20-24	22:00.98	6	2
Veronica Mann	SMM	30-34	22:10.61	7	3
Marie Siddons	MAC	30-34	22:21.83	8	4
Mary Kaufman	SMM	40-44	22:34.40	9	1
Mary Connelly	SMM	35-39	22:39.80	10	2
Zada Taft	SMM	55-59	23:28.59	11	1
Diane Major	UN	30-34	23:24.30	12	5
Joanne Dake	UN	20-24	23:34.31	13	3
Theresa Zaro	SMM	40-44	24:55.76	14	2
Vera Kotas	UN	25-29	25:50.38	15	2
Joan Brown-Cook	UN	35-39	25:59.02	16	3
Marilyn Rodman	UN	45-49	25:59.04	17	1
Bev Conrad	UN	25-29	27:31.34	18	3
Suzanne Taggart	UN	25-29	27:36.35	19	4
Rosalind Hovsepian	UN	40-44	29:32.83	20	3
Mary Ann Dake	UN	40-44	30:12.35	21	2



AUGUST 24, 1975
PIER 41

1.	Mike Garibaldi	17:11.5	14.	Joe Carroll	29:13.1
2.	Lou Zitnik	17:33.8	15.	Tom Robb	30:26.7
3.	Jim Hulihan	21:06.9	16.	Joe Bruno	31:09.5
4.	Dick Beeler	21:36.1	17.	Ray Talavera (tie)	31:54.6
5.	Bob Colyar	23:13.1	18.	Harold Miramonte (tie)	31:54.6
6.	Tom Hofman	23:33.0	19.	Bill Powning	31:59.0
7.	Tom Brennan	24:10.3	20.	Lou Gallic	32:22.4
8.	Modesto Lanzone	24:25.0	21.	Don Warto	33:56.8
9.	Conrad Von Blankenburg	24:33.0	22.	Al Burke	34:57.9
10.	Nick Zoller	25:52.0	23.	Dan Padilla	37:04.1
11.	Hugh Reilly	26:03.5	24.	George Tracy	38:27.2
12.	Jim Morino	27:51.6	25.	Art Bauer	41.04.0
13.	Jim Mayall	28:29.0			

Pilots: from the Dolphin Club, Gordon Cook Jack Cooper, Jim Gaebe, Dave Hinton, Bill Walden, Herm Zahler; from the South End Club, Joe Davis, Garrett Estes, Tim Reid, Bob Roper, Mel Trowbridge, Carl Thiel, Hector Valencia.
Starters & Times: Hans Kramer, Frank Drum.

SEPTEMBER 13, 1975
ALCATRAZ SWIM

1.	Jim Hulihan	39:16.03
2.	Mickey Lavelle	44:30.02
3.	Dick Beeler	46:56.42
4.	Conrad Liberty	46:56.43
5.	Lou Nagy	50:11.08
6.	Bud Jenkins	50:48.98
7.	Tom Hofman	51:07.08
8.	Tom Brennan	54:07.44
9.	Modesto Lanzone	60:23.30
10.	Hugh Reilly	62:41.96
11.	Jim Morino	67:06.81
12.	Jerry Cullen	72:52.00
13.	Tom Robb	84:18.14
14.	Guido Lucchesi	84:29.72
15.	Stan Hlynsky	86:56.38
16.	Bill Powning	111:24.78

DNF: Art Bauer, Pat Clancy, George Kebbe
Timers: Jim Mayall, Dan Murphy, Hiro Tsuyumine
Pilots: from the Dolphin Club, Gordon Cook, Herman Zahler, Bill Walden, Dan Padilla, Joe Carroll, Al Burke, Mac McCaleb, Steve Pinetti, Mike McElligott, Dennis Foley; from the South Wnd Club, John Lynch, Frank Coghlan, Tom Rice, Phil Hunter, Mel Trowbridge.

EVEN MORE SWIMMING



AUGUST 16, 1975
LADIES BRAVE THE BAY

Pilots from the Dolphin Swimming and Boating Club and from the South End Rowing Club guided 23 women as they leaped into the Bay at Alcatraz in an attempt to swim to Aquatic Park, on August 16th.

Fourteen finished. Nine were picked up.

The *San Francisco Chronicle* published the story in their Sunday Edition on August 17th, with a photograph of Kristy King shivering on the beach after her 76-minute swim. Kristy is 27.

Zada Taft, 56, swimming coach for the San Mateo Marlins, arrived in 85 minutes.

Finishing with Kristy King were Sally Antonchuk, 31, from San Mateo, Lee Bender, 32, professor at USF, Sue Royston, 32, of San Francisco, and Veronika Mann.

Karen Jacobs, 34, UC Berkeley Education graduate, arrived in 96 minutes.

Diane McEwen, 32, San Francisco psychiatrist, finished in 98 minutes.

The last group of three women finished in 128 minutes. Conditions were not favorable.

Here are the results:

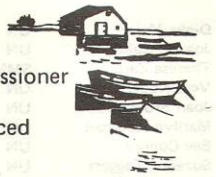
76 minutes	Christy King Sue Royston Lee Bender Sally Antonchuk	128 minutes	Gill Breslauer Judy Dittmer Betty Talbot
85 minutes	Zada Taft	Did Not Finish	Veronika Mann Robyn Paulsen Jo Anne Dake Terry Zaro Joan Cook Suzanne Taggart Cecile O'Boyle Lane Foedisch Cynthia Ehrlich
96 minutes	Karen Jacobs		
98 minutes	Dianne McEwen		
110 minutes	Vera Kotas		
112 minutes	Bev Conrad		
118 minutes	Marilyn Rodman		
126 Minutes	Mary Dake		

Congratulations to all who attempted this swim. It's never easy. Those who did not finish did their best and have our admiration.

TWO WAY CHANNEL RECORD

20-year-old Jon Erikson, son of Ted Erikson, completed the 42-mile swim from England to France to England in 29 hours and 50 minutes. He chopped 3 minutes from his father's record, set ten years ago.

ROWING NEWS 1975



STEVE PINETTI, Rowing Commissioner
MIKE McELLIGOTT, Asst. Rowing Commissioner
LAWTON HUGHES, Rowing Coach
TOM TRONEUM, Rowing Coach-Lake Merced

ROWERS' DINNER DANCE
SATURDAY, OCTOBER 25, 1975
$8.50 per person
Beverages extra
Rowers', Pilots', Swimmers' Awards
Special Drawing for Prizes
Raffle Tickets Available

We have a remarkable competition for the use of our boats: Walden, Herman, Kafka, Yeager, Robb, Burke, Korelec, Neesen, Cooper, Gaebe, McElligott, Dino, and DeCossio.

The 100 Mile Club (1st Annual Competition) includes the aforementioned and Hinton, Pinetti, Wolf, Casciato, Ohlson, Dougherty, Vanya, Kelly, McCann, Curtis, and Yuill-Thornton. Tom Troneum doesn't have any trouble in making a hundred miles. Awards are scheduled. October 25th is our Rowing Dinner Dance and Rowing Awards Date. Inquire, ask, invite, buy tickets!

The Pilots' Points Competition awards will be apportioned according to Piloting efforts by Dolphin Rowers.

THE OCTOBER 25 DINNER DANCE will combine awards for Rowing and Swimming with prizes for the best HALLOWEEN costume.

Please purchase your Rowing Fund raffle tickets at $1.00 per pop as soon as possible. Interesting prizes! Beverages, Bond, Dinner at Modesto Lanzone!

ROWING LAKE MERCED

On June 28, 1975 Dolphin members Steve Wolf, Vince Neeson, Mickey Griffin, and Al Casciato rowed to victory over the Contra Costa Sheriff's crew, at Lake Merced.

Coach Tom Troneum was well pleased with the 6 minute 45 second time for the crew in the 1800 meter course.

A surprisingly beautiful day welcomed many board members of the club and the families and friends of the crew. After the activities ceased at the boathouse many of the persons present adjourned to Joe's of Westlake where young Kevin Griffin was toasted for his excellent job as coxswain.

RECORD CIRCUMNAVIGATION OF TAHOE BY STEVE WOLF AND MIKE GRIFFIN

September 8:

Dolphin Rowers Wolf and Griffin rowed the 'Dan Nilan', a fibreglass 30 foot wherry weighing 100 pounds, around Lake Tahoe.

The distance was 60 miles; the time was 14 hours. 22 miles were rowed the first day and 38 miles the 2nd day.

They started at South Shore. Going clock-wise, they stopped at Tahoe City on the first night. Departure was at 8:00 a.m. They finished at 3:00 p.m. at the same beach, on the second day.

The Tahoe Daily Tribune printed a fine article on their achievement. Wolf and Griffin are trying to revive rowing competition among college and club teams. They like the Tahoe course.

Steve and Mike were on duty Sunday, September 14, to help pilot the South Enders across the Golden Gate in our venerable 40 foot barge, the John Wieland. Tom Troneum was Captain.

ROWING NEWS

By Steve Pinetti



The participation by both old and new Dolphin members in the rowing programs thus far has been fantastic. There is more and more usage of the boats during all the daylight hours. In the mornings you can find Bill Walden, Herman, Jerry Kafka, Charley Yeager and many others logging their miles. The afternoons find Tom Robb, Al Burke, Charley Korelec, Vince Neesen and their group keeping the boats warm. In the evenings Jack Cooper and Jim Gaebe are either down at Pier 41½ or out to Alcatraz. Steve Pinetti, Mike McElligott, Dino and Ed DeCossio keep those weekend mornings busy.

Thirty-five club members signed up to take part in the 1st Annual 100 Mile Club. Of these 35 there are 22 active participants and the following are their logs: Dino Landucci – 111 miles, Herman Zahler – 103½ miles (first oarsman to reach the 100 mile mark), Dave Hinton – 100 miles, Steve Pinetti – 83 miles, Steve Wolf – 83 miles, Bill Walden – 68 miles, Charley Yeager – 66 miles, Al Casciato – 61 miles, Jack Cooper – 52¾ miles, Jim Gaebe – 51 miles, Jerry Kafka –42¼ miles, Vince Neesen – 38 miles, Mike McElligott – 34 miles, Al Burke 28¾ miles, Skip Ohlson – 25½ miles, Charlie Korelec – 23½ miles, Tom Robb – 18¼ miles, Al McCann – 6 miles, Tom Dougherty – 7 miles, Jim Vanya – 5½ miles, Pat Kelly – 5 miles, Ed Curtis 4½ miles, and Malcolm Yuill – 3½ miles. All oarsmen completing the 100 mile mark will receive a beautiful trophy, those completing between 50 and 100 miles will also receive trophies and those with 49 miles or less will be awarded ribbons. We still have 2 full months to complete the program and hope you will all reach the 100 mile mark. *IT'S STILL NOT TOO LATE TO BEGIN AND AT LEAST REACH 50 MILES BEFORE THE CONTEST ENDS ON OCTOBER 25, 1975.*

The pilots' program is also getting into full swing and there are points awarded on a per swim basis. Also for the more difficult swims there are extra points. These totals so far are as follows, Bill Walden – 7 points, Gordon Cook – 7 points, Herman Zahler – 7 points, Dave Hinton – 6 points, The following have 2 points each: Steve Pinetti, Jack Cooper, Jim Gaebe, Mike Griffin, Tom Troneum, Takahashi, Steve Wolf, Jerry Kafka, Vince Neesen.

Later toward the end of September and the first of October will be the annual cove races on the short and long courses for the different age groups. Keep an eye on the rowing board for the announcements.

The Annual rowing Dinner will be on **OCTOBER 25, 1975.** Tickets will go on sale toward the end of September. This dinner will combine rowing and swimming presentations of awards and will also be a Halloween Party all rolled into one. Prizes for the best costume of the evening. There is also a raffle going on to support our team at Lake Merced, and cover some of the expenses of maintaining the boats at the club. First prize is a color T.V., second is a case of Chivas Regal Scotch, third is a $50.00 Savings Bond and fourth is Dinner for two at Modesto Lanzone's.

> The Fair breeze blew, the white foam flew,
> the furrows follwd free;
> We were the first that ever burst
> Into that Silent sea.

Those of you who row in the early morning or at twilight will feel the spirit these few lines reflect.

This has all been brought to you by your Rowing Commissioner.

Steve Pinetti

EDDIE DeCOSSIO'S 20TH ROW TO SACRAMENTO

Eddie DeCossio and Bill Walden rowed the 'Farrell' from the Dolphin Club to Da Rosa's Marina in Sacramento in four days. A hundred miles up-stream.

Between our dock and about a mile before the Carquinez Bridge we had a slight push tapering down to a slack. Afterwards it was uphill all the way. Sometimes one pull on the oars just made you even with the river. There was a half-mile of this just past Steamboat Slough in the Sacramento River.

Fish jumped. Birds sang. Stars shone.

Small world: In Rio Vista, where we restocked with fruit and soda water we were given a lift back to the Marina by the crayfish supplier to Sal Sancimino!

As we inched along the Sacramento River, it appears that all the marinas who observed us telephoned ahead to their colleagues.

When we arrived at Da Rosa's in Sacramento, there was an impressive reception. The *Sacramento Bee* published a fine story with two photographs in their Monday edition, September 8, 1975. One photograph of Eddie and Bill in the 'Farrell' featured Dolphin pennants flying from bow and stern.

Here is the log:

DEPARTURE:			ARRIVAL:	
WED.				
9/3	7:40 a.m.	Dolphin Club	10:00 a.m.	Red Rock
			2:30 p.m.	Carquinez Bridge
			3:15 p.m.	C. & H. Sugar
			7:00 p.m.	Martinez Marina
THUR.				
9/4	9:00 a.m.	Martinez	1:00 p.m.	Pittsburg Stacks
			7:30 p.m.	Rio Vista
FRI.				
9/5	11:00 a.m.	Rio Vista	5:30 p.m.	Courtland
SAT.				
9/6	7:10 a.m.	Courtland	12:10 p.m.	Clarksburg Landing
	12:40 p.m.	Clarksburg	7:15 p.m.	Sacramento

DOLPHIN SAN FRANCISCO BAY VOLUNTEER RESCUE SOCIETY

On June 8th, about 12:30 p.m., Charlie Yeager picked up a sailor and towed his sailboat to Gas House Cove, while rowing the 'Landucci'.

CHRISTENING OF A. WARD AT LAKE MERCED SEPTEMBER 28

INSTALLATION DINNER ANNOUNCEMENT

The Date is February 21, 1976, Saturday, at the Verdi Club.

This Dinner Dance at the Verdi Club has always been a smash success. Tickets will be on sale soon. Any officer or governor will accept your payment.

HANDBALL NEWS

Commissioners: Will Debrunner, Phil Sturiale

JUNE 14 – HANDBALL DINNER DANCE

This was a fine affair. Many Dolphins worked long hours. Here is a try at remembering all who labored: **Herman Zahler, Pete Sturiale, Gordon Cook, Joan Cook, Steve Pinetti, Steve Tomei, Jack Giacomini, Jerry Kafka, Mike McElligott, Rico Passanisi, Rich Fossat, Noel Cook, Will Debrunner.**

HANDBALL NEWS Continued

On Saturday, August 16th, a one day singles handicap tournament was held at the Dolphin Club. The winner was Don Quint.

The runner-up was Al Routh and third place went to Don Barash.

Refreshments were served during the day. An evening roast beef dinner was prepared by Pete Sturiale and Herman Zahler. Seventeen players participated in the tournament. Forty players and guests attended the dinner.

The annual Club doubles start in October. Sign-up sheet closes September 30th. There will be 4 classes. Sign-up sheet is located in the locker room. Handball Commissioners will make the final pairings.

A one-day doubles tournament is also planned for early fall. Watch the board for this announcement.

RUNNERS' NEWS

Running commissioner: Walt Stack

The 1975 Dipsea Race from Mill Valley to Stinson Beach was run by many Dolphins: Pat Kelly, Larry Witter, Don Ross, Walt Stack, John Whalen, Harry Cordellos, Pax Beale, Buck Swannack Walter Haacke, and Chuck Stagliano — our fastest Dolphin who came in 18th fastest over-all.

Busy, busy running activities. Weekly runs. Annual Pike's Peak Marathon. The 65 year old Dipsea Race. The Masters (over 40) International Track and Field Meet. (There were 1500 athletes there from 30 countries.)

On July 4th, there was an 'International Inner-tube Swim'. That was an 8-mile swim down the Colorado River.

Over 2500 competitors entered the river. Last year the Dolphin Club took 1st, 2nd, and 3rd places. Winners were Herb Barthels, Lew Cook and Buck Swannack with times of 2:45, 2:46, and 2:48.

Buck Swannack triumphed in his age group this year. Stack beat out 3 women by 5 to 15 minutes in the time of 3:45.

Dolphin George Wertin, 60 years old, came in First in the Pike's Peak Marathon, in the 60 to 70 age group, in the time of 3:48:47.

Sam Cole and Walt Stack followed making it one, two and three for the DSE Runners.

John Whalen, Dolphin Club Member, made his first ascent. Congratulations!

Three DSE women came in 1st, 2nd and third: Joan Ullyat, M.D., Louise Burns, and Gail Gustafson.

Stack placed 3rd in the Toronto International Masters Marathon.

WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116



PUMPING IRON

Gymnasium Commissioners:
Mike Horst, Moon Passanisi, Rich Fossat

Activity in the Dolphin Swimming and Boating Club weight room has increased dramatically.

Why is this Club interesting? Well, there is a dynamic and constantly changing scenario based upon the members who constitute the morning gang, the afternoon contingent and the evening crew.

Morning: Ivan Balarin, Dan Murphy, Don Kiernan, Mike Horst, Rich Schenone and Bill Pineda. Seventy-five year old Frank Petiti works out every day.

Afternoon and evening: Read the next issue. Not enough space now.

The Weight Room Committee is completing the technical work-out programs for handball and swimming competitors.

Communicate with your Gymnasium Commissioners for instruction and advice on beneficial exercises.

We repeat again: **Be nice and neat:** Replace weight plates. No food. No sand. No cigarettes. No dogs or elephants. Not even cats.

Rich Fossat has been studying the types and availablity of various weight machines. New acquisitions will be added to our inventory.

All members who have a useful idea and recommendation with regard to new equipment should communicate without delay to a Gymnasium Commissioner.

Again: **Stack and rack your weights.**
Olympic Bar, and Leg Press Machine users: Hello there: Thank you for restacking those weight plates.

We have the finest, most attractive, the most unique, the neatest, the cleanest, the best gymnasium in the whole City.

That's all.

IN MEMORIAM

JACK GORDON, faithful Dolphin Club member, timer, official observer for Channel Swimmers' Association, and PAAU official.

BILL FERGUSON, Dolphin Bay Swimmer, a Dolphin regular for decades.

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1975

President . . . . . Peter Bianucci
Vice-President . . . . . Gordon Cook
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Drum — Walter Stack
Frank Mennucci — Phil Sturiale
Bill Walden — Walter Thurman
Jack Giacomini

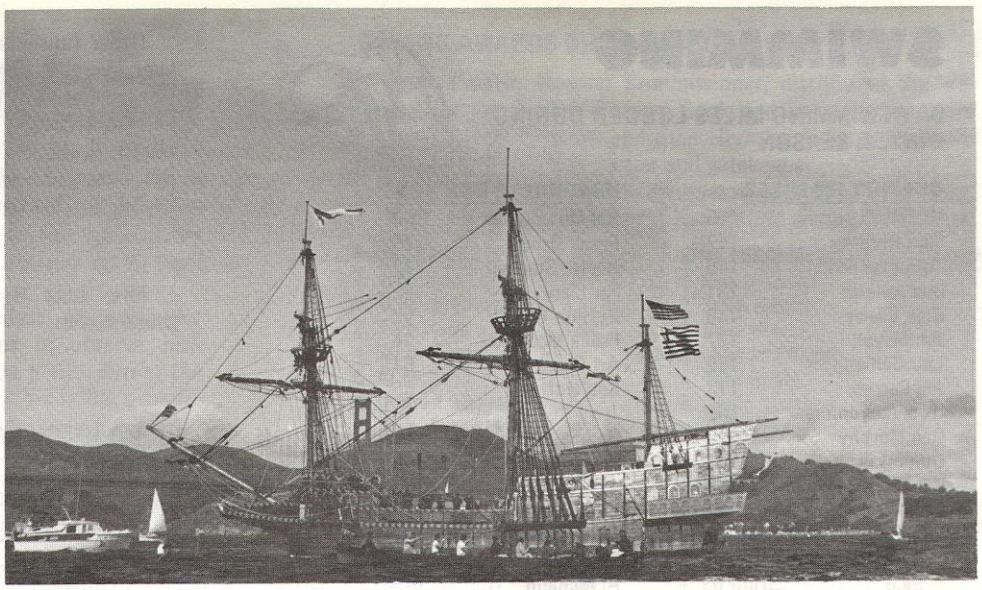
Regular meetings are held promptly at 8:00 p.m. every third Wednesday, January through November.
Our annual general meeting is held on the second Wednesday of December at 8:00 p.m.)

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

DOLPHIN LOG

OFFICIAL BULLETIN
OF THE
DOLPHIN
SWIMMING AND BOATING CLUB

DECEMBER 1975



SAN FRANCISCO — BILL WALDEN, *Editor* — ORGANIZED 1877

OFFICIAL LIAISON OFFICER FOR PUBLIC RELATIONS
Robin Kinkead, *Bay Swimmer*

SWIMMING COMMISSIONERS
Frank Drum
Dick Beeler
Bud Jenkins
Jim Mayall
Tom Gould, *Financial*

ROWING OFFICIALS
Steve Pinetti, *Rowing Commissioner*
Mike McElligott, *Asst. Rowing Commissioner*
Lawton Hughes, *Rowing Coach*
Tom Troneum, *Rowing Coach/Lake Merced*

HANDBALL COMMISSIONERS
Will Debrunner
Phil Sturiale

RUNNING COMMISSIONER
Walt Stack

GYMNASIUM COMMISSIONERS
Mike Horst
Moon Passanisi
Rich Fossat

CALENDAR OF COMING EVENTS!

SPECIAL ANNOUNCEMENT

OLD TIMERS CENTENNIAL NIGHT

Saturday • January 17th, 1976

Unusual Awards • Donation: $6.00

***Refreshments:* 6:30 P.M. • *Dinner:* 8:00 P.M.**

You can't miss this one!
Purchase your tickets now,
while they are still available.

COMMITTEEMEN:
Andy Burleigh, Herm Zahler, Jerry Kafka, Dan Padilla



ONE HUNDRED MILER SWIMMING AWARDS AND LUNCHEON

Saturday, December 20th, 1975

Cost: *pro rata*

ANNUAL CHRISTMAS GET-TOGETHER

Sunday, December 21st, 1975
2:30 P.M.

All Dolphins, Dolphin wives & girlfriends welcome!

INSTALLATION OF OFFICERS DINNER DANCE

Saturday, February 21st, 1976
at the
VERDI CLUB *(by popular demand)*
2424 Mariposa Street *(near Potrero Avenue)*
Donation: $12.00 *(includes everything)*
***Refreshments:* 7:15 P.M. • *Dinner:* 8:00 P.M.**
Purchase your tickets in advance from any officer

GALA NEW YEAR'S EVE PARTY

for
DOLPHINS
and their guests

CALL:
Peter or Philip Sturiale at 474-6438
for reservations



SWIMMING



BAY SWIMMING MILES LOGGED DURING WINTER SEASON

DOLPHIN 100 MILER		HONORABLE MENTION	
Modesto Lanzone	165	Hal Miramonte	80
Stan Hlynsky	147½	Frank Drum	75
Tom Brennan	145	Hector Stephen	73
Bud Jenkins	137½	Pat Clancy	69
Dick Beeler	136	Gordon Cook	68
Jim Mayall	127	Frank Mennucci	64
Lou Gallic	126	Art Bauer	61
Joe Carroll	113	Bob Hoff	55
Hiro Tsuyumine	105	Jerry Cullen	48
Dan Murphy	104	George Kebbe	46
Guido Lucchesi	103	Tom Dougherty	40
Bill Powning	102	Al Bogart	33
Don Kiernan	101	Cliff Quist	30
Lou Marcelli	100	Mike Cerre	22½
		Tom Silk	18
		Al McCann	15
		Bill Walden	4½

DENSE FOG CANCELS SAUSALITO SWIM

A dense, unfriendly fog forced the cancellation of our Sausalito Swim on Sunday morning, October 5th.

It was impossible to cross the channel without a compass.

Hanging in there as motor pilots were Pat Clancy, Rudy DeMay and Dan Padilla. Herman Zahler made it to Sausalito in the Sea Horse. Pete Bianucci and Bill Walden pulled the Viking to the jump-off dock at Sausalito. Mike Garibaldi was spotted there on a friend's yacht, raring to go. We telephoned the Club to find out that the swim was off.

Pilots on duty were: Modesto Lanzone, Tom Robb, Herman Zahler, Bill Walden, Pete Bianucci, Jim Gaebe, Tom Hofman, Gordon Cook and Hans Kramer.

Paul Capurro's Lucky Linda fouled her prop with the towline. Stan Hlynsky and Tom Robb did the diving work to clear the propeller. Hans Kramer came up with the air tanks for this job.



FORT POINT SWIM, 1975
Saturday, September 20

PLACE	CONTESTANT	TIME
1	Mike Garibaldi	52:33.8
2	Jim Hulihan	69:04.6
3	Dick Beeler	79:28.6
4	Lou Nagy	83:02.4
5	Tom Hofman	84:09.6
6	Bud Jenkins	85:49.9
7	Tom Brennan	93:28.3
8	Modesto Lanzone	96:52.6
9	Jim Morino	99:14.1
10	Tom Robb	103:28.4
11	Bill Powning	144:08.0
DNF	Joe Carroll, George Kebbe	

Official Timers: Dan Murphy, Lou Marcelli, Hiro Tsuyumine
Pilots: Dan Padilla, Bill Walden, Gordon Cook, Herman Zahler, Jacques Mergalli, Jim Gaebe, Jack Cooper, Denis Foley
S.E. Club Pilots: John Lynch, Mel Trowbridge, Roger Major

BEELER CAPTURES DOLPHIN SWIM

Dick Beeler won his second straight annual Dr. Fred Howard Memorial Swim in the Bay yesterday, leading 15 Dolphin Club and South End Rowing Club members from Gas House Cove to Aquatic Park in 24:22.

Other finishers in the race, which is restricted to age 45 and over, were: 2. Frank Coghlan, 25:09; 3. Lou Nagy, 25:18; 4. George Farnsworth, 25:35; 5. Bud Jenkins, 25:35; 6. Norm Peterson, 28:02; 7. Modesto Lanzone, 28:55; 8. Rod McLeod, 29:45; 9. Nick Zoller, 31:57; 10. Gordon Cook, 32:51; 11. Bill Greer, 33:47; 12. Bill Powning, 36:33; 13. Lou Gallic, 37:19; 14. Joe Weiss, 41:39; 15. Art Bauer, 46:15.

From the *San Francisco Chronicle*
October 19, 1975

Mrs. Lois Howard was guest of honor at the awards presentation.



RICHARDSON BAY SWIM, 1975
October 12

PLACE	CONTESTANT	TIME
1	Dick Beeler	28:38
2	Tom Hofman	29:55
3	Tom Brennan	33:17
4	Modesto Lanzone	34:32
5	Gordon Cook	40:32
6	Guido Lucchesi	40:53
7	Tom Robb	41:28
8	Joe Carroll	41:33
9	Don Kiernan	43:48
10	Bill Powning	48:31
11	Pat Clancy	51:28
12	Lou Gallic	56:01
13	Art Bauer	107:57
14	George Kebbe	DNF

An after swim brunch was served at the Sausalito Yacht Club where souvenir glasses were presented to the swimmers by Commodore George Barrett, who on behalf of the Yacht Club, welcomed the Dolphins, their wives and guests.

THANKSGIVING DAY SWIM, 1975
November 27

PLACE	CONTESTANT	TIME
1	Jim Hulihan	17:05
2	Jim Baird	17:50
3	Dick Beeler	17:57
4	George Farnsworth (SE)	18:05
5	Tom Brennan	18:06
6	Frank Coghlan (SE)	18:10
7	Tom Hofman	18:40
8	Bud Jenkins	18:55
9	Modesto Lanzone	20:06
10	Guido Lucchesi	21:10
11	Jim Morino	21:40
12	Phil Fay (SE)	22:10
13	John Lynch (SE)	23:15
14	Tsi Wang	23:45
15	Bill Powning	25:10
16	George Kebbe	26:10
17	Joe Carroll	26:40
18	Charbel Kebbe	27:30
19	Tom Dougherty	28:10
20	Frank Drum	28:25

Water Safety Man: Tom Rice (SE)
Pilots: Joe Michael (SE), Joe Davis (SE), Chip Fussell (SE), Gordon Cook, Dino Landucci, Herman Zahler, Al Burke, Dan Padilla, Denis Foley, Bill Walden

A large crowd witnessed the start at Pier 43½. TV cameramen covered the whole swim, from jump-off to the arrival at the Club. Congratulations to the Kebbe brothers, Tsi Wang and Tom Dougherty!



LaLANNE CROSSES GATE UNDERWATER

Followed by an armada of escorts and sightseers Dolphin Jack LaLanne swam underwater from Lime Point in Marin County to Crissy Field in San Francisco in 119 minutes. He was shackled hand and foot and towed a heavy motor boat while breathing from an air tank.

Jack Giacomini was the shackle engineer. Stan Hlynsky swam alongside and made regular dives to observe Jack LaLanne's condition. Jack's son who rode a raft during the crossing also made periodic dives to check his father's condition. Herman Zahler rowed the pilot's boat, the Sea Horse, while Jerry Hawryluk sat in the stern guiding Jack LaLanne with the underwater light which was powered by a small generator.

Jack LaLanne hosted a dinner dance at the Dolphin Club afterwards.

Support Pilots: Lawton Hughes, Tom Troneum, Herman Zahler, Jerry Hawryluk, Dave Hinton, Jim Morino, Al McCann, Jack Bettencourt, Bill Walden, John Lynch (SE), Frank Coghlan (SE), and Garrett Estes (SE).

Thursday, November 6, 1975

Report of Dolphin S.F. Bay Volunteer Rescue Society

On Wednesday morning, October 8th, George DeGear and Eddie DeCossio, Sr. assisted the S.F. Fire Department in the rescue of a stranded fisherman from below the Muni Pier, near the roundhouse.

ROWING



LAKE MERCED CREW NEWS

Al Casciato Reports: The Dolphin Crew is using the off season to good advantage. A regular work-out program keeps us in shape.

Recently Steve Wolf appeared before the Board of Governors and requested a plastic 4-man shell. The Board approved this request unanimously. This shell will help us to prepare for the Western Sprints.

The Western Sprints is the World Series of Rowing. In 1976 this event will take place in May at San Jose, California. We hope to see a lot of Dolphin Club supporters there.

We'll try to enter as many events as possible. A good showing will give the Dolphin Club recognition on the University circuit.

A Dolphin Acquisition: The Dolphin Swimming and Boating Club has purchased a new 16 foot fiberglass pulling boat. It was tested in the Bay. Everyone believes it will be a favorite.

New Rowers: Art Michel, whose father was a member of a rowing club on the Hoboken River back east, sailor Bob Greene, and Denis Foley are training to be Bay oarsmen and pilots. Paul Adrian demands rowing instruction.

Boat Repairs: The single Whitehall, Biaggiani, is being stripped, repaired and varnished by Herman Zahler, Boat Captain.

ANOTHER DOLPHIN VISITS SACRAMENTO BY WATER

Ken Crutchlow reported that he pulled a borrowed 60 pound fiberglass wherry to Sacramento in 48½ hours. He said he would have done better but he got lost in Honkers Bay.

(I told him to stay out of Honkers Bay.) Steve Wolf is planning a similar trip in a light fiberglass wherry.

ROWING AWARDS DINNER DANCE REPORT

Steve Pinetti, Rowing Commissioner, distributed the trophies. Herman Zahler, Gordon Cook and Peter Sturiale were the chefs. Rico Passanisi and Stan Hlynsky dispensed refreshments. Jerry Kafka was greeter and gatekeeper.

Many original Halloween costumes were worn.

Here is a list of the Rowing Results and Award Recipients:

SINGLES/SPRINTS *(21-45 yrs.)*

1. Pete Bianucci	3.47
2. Mike McElligott	3.57
3. Tom Robb	4.00
4. Steve Pinetti	
5. Al McCann	
6. Guido Lucchesi	
7. Dave Hinton	
8. Jerry Hontalas	

SINGLES/DISTANCE *(21-45 yrs.)*

1. Pete Bianucci	5.51
2. Steve Pinetti	5.52
3. Dave Hinton	5.55
4. Mike McElligott	
5. Tom Robb	
6. Guido Lucchesi	

SINGLES/SPRINTS *(46 yrs. on)*

1. Jim Vanya	4.07
2. Ed Curtis	4.14
3. Bill Walden	4.17
4. Herman Zahler	4.24

SINGLES/DISTANCE *(46 yrs. on)*

1. Jim Vanya	6.10
2. Herman Zahler	6.18
3. Bill Walden	6.45
4. Ed Curtis	6.48

100 MILES ROWING AWARDS

Ed DeCossio, Sr.
Mickie Griffin
Dino Landucci
Herman Zahler
Dave Hinton
Steve Wolf
Bill Walden
Al Casciato
Vince Neesen
Jim Gaebe
Steve Pinetti

50-59 MILES

Charley Yeager
Jack Cooper
Jerry Kafka
Tom Robb
Al Burke

AT LEAST 30 MILES

Mike McElligott
Skip Ohlson
Charles Korelic

PARTICIPANTS

Al McCann
Tom Dougherty
Jim Vanya
Pat Kelly
Ed Curtis
M. Yuill-Thornton
Frank Drum
Pete Bianucci

PILOTS AWARDS

1. Herman Zahler	24
2. Bill Walden	
3. Gordon Cook	
Dave Hinton	12
Jim Gaebe	11
Denis Foley	9
Dan Padilla	9
Steve Pinetti	8
Mickie Griffin	6
Tom Troneum	6
Steve Wolf	6
Al McCann	6
M. Yuill-Thornton	6
Jack Cooper	5
Monte Sahagian	3
Tom Robb	3
Modesto Lanzone	3
Frank Drum	3
Pete Bianucci	3
Tom Dougherty	3
Tom Hofman	3
Charley Yeager	2
Bill Takahashi	2
Jerry Kafka	2
Vince Neesen	2





CHRISTENING OF THE DR. A. WARD, A NEW SHELL

Champagne flowed and pizza was consumed when the Dr. A. Ward was christened at the Dolphin Boathouse at Lake Merced, by his daughter, Mrs. Dorothy Wisnom.

Attending the christening were Mr. and Mrs. Wisnom, Mr. and Mrs. John Ward and family, Mr. and Mrs. Tom Troneum, Lawton Hughes, Frank Mell, Mr. and Mrs. Gordon Cook, Mr. and Mrs. Will Debrunner, Frank Mennucci, Paul Adrian, Tom Robb, Steve Wolf, Pete Bianucci, Bob Nielsen, Larry Witter, Ray Morino, Frank Drum, Bill Walden and many other rowers and guests.

RUNNING

DOLPHIN RUNNERS IN THE NEWS

The publications *Sports Illustrated* and *City Sports* have featured big articles recently about Dolphin runners and Dolphin events. Among the Dolphins prominent in the news are Walt Stack, Buck Swannack and Harry Cordellos.

The First DSE Annual Turkey Triathlon was held on November 9th. Ex-Cleveland Brown Buck Swannack thought it was a good way to commemorate the 200th anniversary of the Marine Corps.

Here is the course with the machinery required:

1. **Bicycle to S.P. Depot from the Dolphin Club**
2. **Bicycle back to the Club** *(total of 7 miles)*
3. **Four mile run**
4. **Half-mile swim in the Bay**

Gunter Hemmersback of Sacramento won in the time of 57:08. There were 47 starters and 40 finishers.

Here are Dolphin results:

12.	Jim Vanya	1:08:50
13.	Jack Bettencourt	1:09:28
20.	Stan Hlynsky	1:12:50
22.	Buck Swannack	1:13:43
28.	Gene Simmons	1:16:20
32.	Harry Cordellos	1:21:40
36.	Walt Stack	1:29:00



PUMPING IRON

The gymnasium is kept spic and span by Moon Passanisi. Monte Sahagian's leg press machine, Stan Hlynsky's olympic weights, and LaLanne's wall weight machine are in constant use.

The rowing machine is under repair.

The outside horizontal bar was replaced by Herman Zahler and David Hinton.

Charlie Yeager and Son replaced the easterly porch column and the portion of the exterior deck adjacent to the Wieland Boathouse.

WILLINGER AERIE

The intermediate sub-level area of the upper mezzanine portion of the high Willinger belfry tower complex has been restored by Herman Zahler, Lou Marcelli and Dave Hinton. The 'tween deck Staib level is next.

Les Hendry visited the Club recently from Yountville to pull out a boat. He reports that Hank Willinger's condition is the same: stable and placid.

In Memoriam

JOHN L. (Jack) NICHOLS

In San Francisco, November 26, 1975, John L. (Jack) Nichols; son of George V. Nichols, Sr. and the late Anne E. Nichols; stepson of Mary L. Nichols; beloved friend of Gloria L. Armijo; brother of George V. Nichols, Jr. and Nancy MacPhee.

ELECTIONS COMMITTEE REPORT

A long day's work was put in by these Dolphins:

Elections Committeemen: Lou Marcelli, Bill Powning, Hans Kramer

Assistants: Guido Lucchesi, Mike Scafani, Hector Stephen, Hiro Tsuyamine, Charles Korelic

Here is the new roster for 1976:

President . . . . . Gordon Cook
Vice President . . . . . Bill Walden
BOAT CAPTAIN . . . . . Herman Zahler

BOARD OF GOVERNORS

Frank Mennucci — Walt Stack
Pete Sturiale — Jack Giacomini
Jerry Kafka — Ray Talavera
Tom Dougherty

Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

Peter Bianucci, outgoing Dolphin President for 1975 conducted our business most competently and we all thank him.

Congratulations to our new President for 1976, Gordon Cook.

DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1975

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Jack Giacomini

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DECEMBER 1975

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
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WALT SCHNEEBELI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116



DOLPHIN LOG

OFFICIAL BULLETIN
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SWIMMING AND BOATING CLUB

MARCH 1976



SAN FRANCISCO — BILL WALDEN, *Editor* — ORGANIZED 1877

DIRECTOR OF PUBLIC RELATIONS
Robin Kinkead

SWIMMING COMMISSIONERS
Frank Drum
Dick Beeler
Will Debrunner
Jim Mayall

ROWING OFFICIALS
Steve Pinetti, *Rowing Commissioner*
Steve Wolf, *Asst. Rowing Commissioner*
Lawton Hughes, *Rowing Coach*
Tom Troneum, *Rowing Coach, Lake Merced*

HANDBALL COMMISSIONERS
Gene Simmons, *Handball Commissioner*
Ed Kenney, *Assistant Handball Commissioner*

RUNNING OFFICIALS
Walt Stack, *Running Commissioner*
Buck Swannack, *Asst. Running Commissioner*
Chuck Stagliano, *Asst. Running Commissioner*

GYMNASIUM OFFICIALS
Rico Passanisi, *Manager*
Mike Hort, *Asst. Manager*
Rich Fossat, *Asst. Manager*

HOUSE COMMITTEE
Herman Zahler, *Boat Captain*
Stan Hlynsky, *Asst. Boat Captain*
Bert Arias
George DeGear
Jack Giacomini
Jerry Kafka
Lou Marcelli
Rico Passanisi
Peter Sturiale



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Tom Gould	Tom Dougherty	Ray Talavera

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1976 SWIMMING SCHEDULE

1.	Saturday	Jan 24	**Geriatric Swim** *(over 60)*	10:30 A.M.
2.	Saturday	Feb 21	**Pier 43½ Swim**	9:00 A.M.
3.	Sunday	Mar 14	**Gas House Cove Swim**	9:00 A.M.
4.	Saturday	Apr 10	**Spring Cove Swim**	10:00 A.M.
5.	Sunday	Apr 25	**Over 60 Cove Swim**	10:30 A.M.
6.	Saturday	May 1	**Cove Handicap Swim**	10:00 A.M.
7.	Saturday	May 15	**Three Club Cove Swim**	10:30 A.M.
8.	Friday	May 21	**Joint Gas House Cove Swim**	6:00 P.M.
9.		May 30/31	***Memorial Day Weekend.*** **First Dolphin Club Quadathlon.** *Four-man teams to compete in a Bicycle Race, a Run, Row and Swim.*	
10.	Sunday	June 13	**Yacht Harbor Swim**	10:30 A.M.
11.	Saturday	July 17	**Pier 41 Swim**	8:00 A.M.
12.	Sunday	July 25	**A.A.U. Masters Cove Invitational Swim**	10:30 A.M.
13.			**Santa Cruz Pier Swim** *(Time & date to be announced later)*	
14.	Saturday	Aug 21	**Alcatraz Swim**	10:15 A.M.
15.	Sunday	Sept 5	**Fort Point Swim**	8:30 A.M.
16.	Saturday	Sept 11	**One Mile Cove Swim**	10:30 A.M.
17.	Sunday	Sept 19	**Golden Gate Swim**	10:00 A.M.
18.	Saturday	Oct 9	**Dr. Howard Memorial Gas House Cove Swim** *(Joint over 45)*	10:00 A.M.
19.	Sunday	Oct 17	**Richardson Bay Swim**	9:30 A.M.

THE $15.00 SWIM FEE FOR THIS YEAR IS DUE AND PAYABLE ON OR BEFORE APRIL 1st.
NO FEE NO SWIM

SWIMMING



DANGEROUS STORM CANCELS ALCATRAZ SWIM

Tom Rice, Commissioner for the South End Club, ordered the cancellation of the traditional two-club New Year's Day Alcatraz Swim.

Our pilots were half-way across the channel, hauling the swimmers to the jump-off point. Severe gusts, whitecaps, and high swells dictated the termination of this event.

It was tough enough just to row the boats back into the cove before swamping.

Pilots on duty were: Herman Zahler, Gordon Cook, Bill Walden, Frank Drum, Modesto Lanzone, Matt Cook, Denis Foley, and Malcolm Yuill-Thornton.

Skip Ohlson, Tom Brennan and Herb Barthels were the disappointed swimmers. South Enders who participated were: Tom Rice, George Farnsworth, Phil Ward, Tim Reid, Joe Davis, Sal Reina and Hector Valencia.

PIER 43½ SWIM
February 21, 1976

PLACE	CONTESTANT	TIME
1	Jim Hulihan	17:30
2	Bud Jenkins	21:00
3	Guido Lucchesi	21:40
4	Modesto Lanzone	21:55
5	Jim Morino	24:30
6	George Kebbe	24:31
7	Stan Hlynsky	26:00
8	Charbel Kebbe	26:15
9	Bill Powning	26:35
10	Buck Swannack	26:40
11	Joe Carroll	26:45
12	Jerry Cullen	28:15
13	Bob Hoff	28:20
14	Hal Miramonte	28:23
15	Pat Clancy	29:35
16	Lou Gallic	30:25
17	Cliff Quist	30:40
18	Tom Dougherty	30:45
19	Frank Drum	31:45
20	Art Bauer	38:00
21	Hiro Tsuyumine	38:30

Congratulations to Hiro Tsuyumine!

GUEST SWIMMERS:

George Fransworth	19:55
Frank Coghlan	20:05
Mr. Cereghino	31:55

PILOTS:

D.C.	S.E.
Gordon Cook	Joe Davis
Bill Walden	John Hentz
Jerry Kafka	Garrett Estes
Herman Zahler	
Tom Robb	
Art Michel	



We all thank the Coast Guard, the Mariposa Club, the Oyster Point Yacht Club, yachtsmen Gene Messerschmidt, Rudy DeMay and South End pilots who assist the Dolphins in conducting their swims in the safest manner possible.

JOINT GERIATRIC (over 60) AQUATIC PARK SWIM
January 24, 1976

PLACE	CONTESTANT	CLUB	TIME
1	Bill Greer	D.C.	15:15
2	Dan O'Neill	S.E.	15:30
3	Joe Carroll	D.C.	15:55
4	Vern Louden	D.C.	17:00
5	Lou Gallic	D.C.	17:40
6	Joe Davis	S.E.	18:15
7	Jack O'Leary	D.C.	19:00
8	Cliff Quist	D.C.	19:01
9	Mac McCaleb	D.C.	19:15
10	Frank Drum	D.C.	19:45
11	Joe Weiss	D.C.	20:25
12	Hec Stephen	D.C.	22:15
13	Ed Hirsch	S.E.	24:15
14	Al Bogart	D.C.	27:18
15	John Hentz	S.E.	32:30

PILOTS	CLUB
Al Burke	D.C.
Tom Brennan	D.C.
Frank Coghlan	S.E.
Jerry Kafka	D.C.
Bill Walden	D.C.

TIMERS – JUDGES

Dick Beeler	D.C.
Will DeBrunner	D.C.
Jim Mayall	D.C.
Dan Murphy	D.C.

GALLEY

Pete Campana	D.C.-S.E.
Pete Sturiale	D.C.
Herm Zahler	D.C.

Brunch and drinks were served after the swim to the men who proved that life gets better and more interesting after sixty. The swim was covered by T.V. Stations 4, 5, and 7, Radio Stations KSFO and KCBS and the S.F. Chronicle.

ROWING



Here is what we have in mind for 1976, when we shall be culminating 100 years of our presence on San Francisco Bay.

THE 100 MILE EVENT: This begins on March 1, 1976, ending on October 1, 1976. Awards are planned for the first rower to achieve 100 miles and for the rower who has logged the most miles.

PILOT OF THE YEAR AWARD: Last year Herman Zahler won the coveted trophy, hotly contested by Gordon Cook and Bill Walden. In 1976 they will be challenged by Tom Robb, Jim Vanya, Pete Bianucci, Al Burke, and Guido Lucchesi.

ROWING RACES: Instead of long and short courses in the Cove, there will be individually logged times for rows of round trips to and from Alcatraz, Golden Gate, Anita Rock, Ferry Building and other itineraries we can cook up, singles and doubles. Watch the bulletin board for details. Naturally, part of the fun is the ability of the rower to calculate the best conditions according to the tide, current and wind.

WIELAND ROWS TO MARIN COUNTY: Our venerable 90-year-old six-oared barge will be pulled to Sausalito and to Tiburon for brunches on weekends by our dependable rowing regulars: Jack Cooper, Jim Gaebe, Mike McElligott, Bill Walden, Steve Pinetti, Al Burke, Herman Zahler, Al McCann, Jerry Kafka, Dave Hinton and many others who show up early enough.

LAKE MERCED: Tom Troneum, Steve Wolf, Al Casciato and Mickey Griffin have built a tremendous track record in nationally recognized rowing competition. We want to set up events where our rough-water rowers will come to the Lake for special regattas, and get acquainted.

NEW BOAT ACQUISITIONS: A fiber-glass Rangely will be delivered to us this week. This was tested in the Bay and was found to be unusually stable. A beautiful classic Whitehall, custom-built for Gordon Cook, was delivered on February 26th. This 16-foot double is the finest pulling boat on the West Coast. Five coats of varnish are being applied. These boats will replace those which are no longer restorable.

ROWING FOR FUN AND ROWBOAT PRESERVATION: The Dolphin Swimming and Boating Club has the greatest collection of Whitehall pulling boats on the West Coast. They are here to be rowed by rowers who appreciate them and who are conscious of their unique value. Those Dolphins who want to learn to row should not hesitate to ask for instruction from any of the old timers who are always glad to teach the fundamentals to a beginner. Launching and docking lessons are imperative in order to avoid damage to our museum-quality collection of Whitehalls. An amateur should never log out a boat unless he has been 'checked out' and trained.



THE 'JOHN WIELAND' OUTDISTANCES 'SOUTH END'

Al Casciato Reports:

On February 18th, a mixed group of Southenders, Dolphins, and guests set off on a voyage to Sausalito. The trip over was interesting in that both boats (South End and Wieland) were passed by the USS Enterprise. After a hearty lunch at Zacks' the crews rowed home with the experienced rowers evenly distributed.

From the beginning of the return trip both crews began to taunt one another as to who had the faster boat. Then the race was on with John Lynch stroking the South End and Steve Wolf stroking the Wieland. After a nip and tuck race across the Bay the Wieland began to outdistance the South End with approximately a mile left. From then on, it was the Wieland all the way with Dolphins Steve Wolf, Al Casciato, and Forrest Fulton making up the core of the crew. The losing crew, exhorted by Ray Savigliano, consisted of Southender John Lynch, Dennis Bennett and two Dolphins who wish to remain anonymous.

RUNNING



Here is a list of Dolphin Runners who have run the 26 mile and 385 yards of the Marathon distance:

Jim Keely	Pax Beale	Ken Crutchlow
Harry Cordellos	Andy Burleigh	Buck Swannack
Peter Bianucci	Chuck Stagliano	Don Kiernan
Jack Bettencourt	Larry Witter	Bill Walden
George Wertin	Jim Vanya	Walt Stack

RECENT BURLINGAME MARATHON FINISHERS:

Gene Simmons
Gene Messerschmidt
Denis Devlin



NEW ENTRY

Will Baptiste, who has run 8 years with us, finally is planning to try a marathon this year. Look for a surprise time.

HONOLULU 50 MILE RUN

Walt Stack and Eileen Waters (National Women's 50 Miler Champion) participated in this unusual run, as invitees.

1976 "DSE" (Dolphin South End Runners) SCENIC RUNS OF SAN FRANCISCO

This schedule includes only DSE runs. For information on AAU races, contact the AAU office at 942 Market Street, San Francisco.

The following is a list of future runs through July:

Date	Time	Distance	Event & Place
Sun. Mar. 21	10am	7 mi.	Golden Gate Plaza Run – Meet at Dolphin Club.
Sun. Mar. 28	10am	4.5 mi.	Legion of Honor – Meet at parking lot uphill from 31st and Clement.
Sun. Apr. 4	10am	3 mi.	Nob Hill – Meet at Dolphin Club.
Sun. Apr. 11	10am	5 mi.	Golden Gate Bridge Vista – Meet at Legion of Honor parking lot.
Sun. Apr. 18	10am	4 mi.	Golden Gate Park – Meet at Polo Field.
Sun. Apr. 25	10am	4 mi.	Diamond Heights Run – Meet at McAteer High School Track.
Sun. May 9	8am	7.8 mi.	Bay to Breakers Practice – Meet at Howard and Spear.
Sun. May 23	10am	3 mi.	Mt. Davidson Hill Climb – Meet at Phelan Ave. – north of Ocean Ave.
Mon. May 31 (Mem. Day)	10am	4 mi.	Bakers Beach and BYO Picnic – Meet at Beach parking lot.
Sun. June 13	10am	5 mi.	Presidio Roller Coaster Run – Meet at Mt. Lake Park, 12th Ave. and Lake.
Sat. June 19	6:30pm	5 mi.	Summer Solstice Run and BYO Picnic – Meet at Lake Merced Boathouse.
Sun. June 27	10am	5 mi.	Golden Gate Cross Country Run – Meet at Polo Fields.
Mon. July 5	10am	9.5 mi.	Double Lake Merced – Meet at Boathouse.
Sun. July 11	10am	3 mi.	Coit Tower – Meet at Dolphin Club.
Sun. July 18	10am	3.7 mi.	Fort Point – Meet at Presidio Gate (Marina Blvd.).
Sun. July 25	10am	4 mi.	Golden Gate Bridge Run – Meet at Fort Point.

This year we are departing from past practice of printing a full year's schedule. A final schedule will be published in July for the remaining months of the year. Have a good running year!

LATE NEWS

Dr. Tim Smith has just finished a 50 mile run! Tim finished tenth in the Turkey Triathion. An impressive achievement. We neglected to record that placing in our last log.

SPECIAL REQUEST

For the Marysville to Sacramento Run we need 3 Dolphins. The race will start at 9 a.m. on March 14th. There will be 10-man relay teams with two men per 10-mile leg. Contact Tom Dougherty immediately.

STAIB ROOM RENOVATION

A handsome checkerboard blue and white resilient flooring has been completed. The old, worn-out flooring had seen its day.

Lou Marcelli is scurrying for new chemicals to erase and clean scuff-marks.

HANDBALL

Gene Simmons Reports:

The Spring handball singles tournament is now underway with thirty-seven Dolphins participating in four divisions of competition.

The tourney is the first of several handball events that are planned during the year, and it is hoped that many Dolphin members, both in and out of the water, will try their hand at this most interesting and challenging sport.

The lineup of division contestants:

A Division	B Division	C Division	D Division
Dave Berti	George Brennan	Bill Arietta	Art Bauer
Don Barash	Denis Devlin	Paul Capurro	Ray Belluomini
Andy Burleigh	George Faltico	Wally Jennings	Terry Cush
Alan McCann	John Hodge	Pat Kelly	Frank Drum
Art O'Keefe	Mike Horst	Ed Kenney	Sid Goldstein
Steve Prizant	Skip Ohlson	Dino Landucci	Stan Hlynsky
Bill Walton	Al Routh	Gene Larson	Tom Lyons
Gene Simmons	Buck Swannack	Walt Schneebeli	John Nestor
	Phil Sturiale	Dave Seyler	G. Van Vranken
	Walt Thurman	Steve Tomei	

The semi-finals and final matches in all divisions will be held on a weekend in order that interested Dolphin members and friends can indulge themselves as spectators, etc. Date and time will be announced as the tournament progresses.

Watch the bulletin board for the Easter singles tournament sign-up about the first week of April. We shall attempt to have continuous play throughout the year.



PUMPING IRON

The rowing machine is operative. At last.

Thank you, Hinton and Hughes, for helping to put it together.

WARM-UPS BEFORE EXERCISE

An article from the magazine *The Physician and Sportsmedicine* was posted recently on our bulletin board. The author is R. James Barnard, PhD.

It appears from preliminary studies that warming up before a physicial exercise effort will diminish abnormal electrocardiographic changes and increases in abnormal arterial blood pressure.

The studies showed that when the subjects were given 15 to 20 minutes of warm-up followed by 15 to 20 minutes of rest before the sudden exercise, there was an elimination or a reduction in the severity of the abnormal electrocardiographic changes in all cases.

COW HOLLOW BASEBALL ANNIVERSARY

The 23rd anniversary and reunion of the Cow Hollow Boys was held on January 31st at the Seven Hills Restaurant.

Andy Demo was mentioned in the *Chronicle* story of January 24th as one of the old time athletes.

From Cow Hollow came Joe, Dom and Vince DiMaggio; Frank Crosetti; Charley Barca, Ray Arata and Ray Arata Jr.; Frank, Joe and Jim Guerrero; Babe Tognoli; Hook Falconi; Frank, Ed and Vince Costello; Rico Puccinelli; Cosmo Silvestri; Larry Paoli; Walt Del Carlo; Cecil Wolff and John Cordoni.

IN MEMORIAM

Alphonse C. La Rocca
January 28, 1976

* * * * * *

George C. Kiskaddon
January 28, 1976

* * * * * *

Romeo Rocca

Dolphin Life Member

MARCH 1976

WALT SCHNEEBELI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

DOLPHIN LOG

OFFICIAL BULLETIN
OF THE
DOLPHIN
SWIMMING AND BOATING CLUB

JUNE 1976



SAN FRANCISCO — BILL WALDEN, *Editor* — ORGANIZED 1877

DIRECTOR OF PUBLIC RELATIONS
Robin Kinkead

SWIMMING COMMISSIONERS
Frank Drum
Dick Beeler
Will Debrunner
Jim Mayall

ROWING OFFICIALS
Steve Pinetti, *Rowing Commissioner*
Steve Wolf, *Asst. Rowing Commissioner*
Lawton Hughes, *Rowing Coach*
Tom Troneum, *Rowing Coach, Lake Merced*

HANDBALL COMMISSIONERS
Gene Simmons, *Handball Commissioner*
Ed Kenney, *Assistant Handball Commissioner*

RUNNING OFFICIALS
Walt Stack, *Running Commissioner*
Buck Swannack, *Asst. Running Commissioner*
Chuck Stagliano, *Asst. Running Commissioner*

GYMNASIUM OFFICIALS
Rico Passanisi
Mike Horst
Rich Fossat
Jim Keely

HOUSE COMMITTEE
Herman Zahler, *Boat Captain*
Stan Hlynsky, *Asst. Boat Captain*
Bert Arias
George DeGear
Jack Giacomini
Jerry Kafka
Lou Marcelli
Rico Passanisi
Peter Sturiale



DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1976

President . . . . . Gordon Cook
Vice-President . . . . . Bill Walden
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Mennucci — Walt Stack
Jerry Kafka — Jack Giacomini
Tom Gould — Tom Dougherty — Ray Talavera

Regular meetings are held promptly at 8:00 P.M. every third Wednesday, January through November. Our annual general meeting is held on the second Wednesday of December at 8:00 P.M.

GREAT DOLPHIN EVENT! — MAY 30, 1976

RESULTS 1ST ANNUAL DOLPHIN QUADRATHON: Cycle — Row — Run — Swim.

TEAM TIMES

1.	Al McCann, Gordon Cook, Stan Hlynsky, Bob Colyar.	2 hrs. 16 min.
2.	Art Michel, Jim Vanya, Jim Lenneman, Mike Garibaldi.	2 hrs. 22 min.
3.	Geo Kebbe, Bill Walden, Tom Gould, Steve Rose.	2 hrs. 26 min.
4.	Tom Robb, Herm Zahler, Pete Bianucci, Bud Jenkins.	2 hrs. 32 min.
5.	Steve Tomei, Rico Passanisi, Phil Sturaile, Modesto Lanzone.	2 hrs. 36 min.
6.	Charles Corda, Frank Drum, Geo Wertin, Lou Nagy.	2 hrs. 37 min.
7.	Buck Swannack, Frank Mennucci, Tim Smith, Dick Beeler.	2 hrs. 40 min.
8.	Bill Powning, Tom Dougherty, Walt Stack, Jim Baird.	2 hrs. 40 min.

The combined ages of the #6 team totals 254 years. Youth is surely wasted on the young.

TIMERS JUDGES and RACE OFFICIALS: Jack Giacomini, Dave Hinton, Dan Murphy, Bev Bettencourt, Christine Gould, Marsha Rose, Julie Ortiz and Skip Swannack. Luncheon arrangements; Pete Sturiale.

Following the presentation of awards to all participants, luncheon was served to an enthusiastic group who obviously enjoyed the first Quadrathon. T.V. Channel #7 was on hand to record the days event.

Frank Drum
Swimming Commissioner

NET TIMES

BIKE		RUN	
Al McCann	20 min.	Tim Smith	50 min.
Geo Kebbe	24 min.	Phil Sturiale	51 min.
Art Michel	26 min.	Tom Gould	53 min.
Tom Robb	27 min.	Stan Hlynsky	53½ min.
Chas Corda	27 min.	Jim Lenneman	54 min.
Bill Powning	27½ min.	Pete Bianucci	58½ min.
Steve Tomei	34 min.	Walt Stack	61 min.
Buck Swannack	35 min.	Geo Wertin	62 min.
ROW		**SWIM**	
Gordon Cook	35 min.	Mike Garibaldi	19 min.
Moon Passanisi	37 min.	Dick Beeler	27 min.
Herm Zahler	38 min.	Jim Baird	27 min.
Frank Drum	39 min.	Bob Colyar	27½ min.
Bill Walden	41 min.	Steve Rose	28 min.
Jim Vanya	43 min.	Bud Jenkins	28½ min.
Tom Dougherty	44½ min.	Lou Nagy	29 min.
Frank Mennucci	48 min.	Modesto Lanzone	34 min.

Editor's Note:
The first Dolphin Swimming and Boating Club Quadrathon was organized by Frank Drum. The good-natured competitive spirit of all the contestants and the excited interest of the crowd of obervers promises that the Quadrathon will be a premier Dolphin event from now on.

SWIMMING



NOTICE

YACHT HARBOR SWIM TIME CHANGE!

Due to Regatta traffic in San Francisco Bay, the Yacht Harbor Swim date has been changed to 9:30 a.m. Sunday, June 13th.

From the *Salinas Californian* 5/17/76

Spring sports parade

Garibaldi sets records

MISSION VIEJO — Mike Garibaldi set three National Master's 30-34 age group swim records last weekend at a three-day Orange County meet.

He won the 200-yard freestyle in a record setting time of 1:49.7, 500 free in 5:01.3 and 1650 free in 17:45.6. Garibaldi is the Hartnell swim coach.

Garibaldi also placed in two sprint events. He finished fourth in the 50 free in 22.5 and fourth in the 100 free in 49.6. His three record setting performances are faster times than school records at Hartnell.

Garibaldi was a member of the Foothill Junior College swim team that was national champion in 1964-65. He was the national record holder that year in the 400, 800 and 1650 frees events. He was the Western Athletic Conference record holder 200, 500 and 1650 frees while at Utah University.

Editor's Note: Ed Duncan and Dick Beeler were among the participants with very creditable showings.

NOTICE

SANTA CRUZ SWIM DATE IS SET FOR AUGUST 14th, SATURDAY, 11:00 A.M.

Please arrange with Dream Inn for reservations. Big picnic to follow at Harvey West Park. Contact Swim Commissioner Frank Drum.

GARIBALDI vs. COGHLAN
April 2, 1976

Mike Garibaldi gave Frank Coghlan a full lead to the Opening at Aquatic Park.

The course was counter-clockwise: around the Pier, the Sea Scout bottles, the can buoy and then to the Dolphin Beach.

Mike caught Frank 200 feet past the bottles, and came in to a finish 300 feet ahead.

Congratulations, Frank, for a trememdous competitive performance against this unbeatable youngster!

HARTNELL COLLEGE

156 HOMESTEAD AVENUE
SALINAS CALIFORNIA 93901
408 758-8211

DR GIBB R MADSEN
SUPERINTENDENT-PRESIDENT

May 19, 1976

Mr. Frank Drum
Swim Commissioner
Dolphin Swimming and Boating Club
502 Jefferson Street
San Francisco, California 94109

Dear Frank:

Please extend my sincere appreciation to all the members of the Club who helped sponsor me in attending the National Master's Swim Championships.

I would like to donate my three (3) gold medals to the Club for display. I will continue to do my best as a Dolphin Club Swimmer in both the pool and the ocean. Your support is greatly appreciated.

Respectfully,

Mike Garibaldi
Swimming/Water Polo Coach

GAS HOUSE COVE SWIM RESULTS
March 14, 1976

PLACE	CONTESTANT	TIME
1	Mike Garibaldi	20:13.68
2	Jim Hulihan	23:36
3	John Brennan	26:47
4	Dick Beeler	27:36
5	Bob Colyar	28:31
6	Guido Lucchesi	30:49
7	Modesto Lanzone	32:43
8	Geo. Kebbe	35:44
9	Jerry Cullen	36:47
10	Buck Swannack	37:02
11	Jim Mayall	38:02
12	Bill Powning	38:02
13	Charbel Kebbe	38:30
14	Joe Carroll	38:36
15	Stan Hlynsky	38:39
16	Joe Bruno	40:34
17	Bob Hoff	41:41
18	Pat Clancy	44:31
19	Hal Miramonte	45:33
20	Cliff Quist	47:04
21	Tom Dougherty	49:59
22	Lou Gallic	50:13
23	Norm Dally	50:15
24	Frank Drum	53:09
25	Mack McCaleb	59:09
26	Art Bauer	71:01

High School Guest Swimmers
Coached by Bob Colyar

Brian Beck	22:13
Scott Goedde	26:43

They were scheduled to compete in Hawaii in April.

PILOTS:
Herm Zahler, Bob Johnson, Dave Hinton, Gordon Cook, Al Burke, Bill Walden, Art Michel, John Hentz (SE), John Lynch (SE), Frank Coghlan (SE) (Safety).

JUDGES & TIMERS:
Mike Lavelle, Diane Colyar, Lois Tonking, Matt Riolo, W. DeBrunner, Dan Murphy, David Brace.

DOLPHIN SOUTH-END
GAS HOUSE COVE SWIM RESULTS
May 21, 1976

PLACE	CONTESTANT	CLUB	TIME
1	Thompson Mann	S.E.	19:08.8
2	Lee Faust	S.E.	19:51.5
3	Jim Allen	S.E.	20:29.5
4	Jim Hulihan	D.C.	21:21.3
5	Tim Reid	S.E.	22:16.6
6	John Bricker	S.E.	24:13.8
7	Chip Fussell	S.E.	24:25.9
8	Dick Beeler	D.C.	24:26.6
9	Steve Rose	D.C.	24:26.8
10	Bob Colyar	D.C.	24:27.6
11	Geo Farnsworth	S.E.	25:19.2
12	Roger Major	S.E.	25:53.4
13	Bud Jenkins	D.C.	25:53.6
14	Frank Coghlan	S.E.	25:59.1
15	Norm Peterson	S.E.	26:07.4
16	Skip Ohlson	D.C.	27:19.8
17	Modesto Lanzone	D.C.	27:57.2
18	Guido Lucchesi	D.C.	28:00
19	Ray Minkel	S.E.	30:10.2
20	Bill Wilson	S.E.	30:20.2
21	Bill Woodbridge	S.E.	32:31.7
22	John Sullivan	S.E.	34:330
23	Tom Dougherty	D.C.	40:07.6
24	Stan Hlynsky	D.C.	40:07.6

PILOTS			TIMERS & JUDGES	
Gordon Cook	D.C.	Matt Cook	D.C.	Sharon Fussell
Herm Zahler	D.C.	John Lynch	S.E.	Andy Burleigh
Bill Walden	D.C.	Joe Davis	S.E.	Dan Murphy
Tom Robb	D.C.	Ray Savigliano	S.E.	Dave Hinton
Matt Cook	D.C.	John Brennan	S.E.	Frank Drum

SOUTH END JOINT COVE SWIM RESULTS
May 15, 1976

PLACE	CONTESTANT	CLUB	TIME
1	Jim Hulihan	D.C.	18:01
2	Mick Lavelle	D.C.	19:35
3	Chip Fussell	S.E.	20:27
4	Steve Rose	D.C.	21:35
5	Geo. Farnsworth	S.E.	21:45
6	Bud Jenkins	D.C.	21:54
7	Phil Ward	S.E.	21:58
8	Guido Lucchesi	D.C.	22:27
9	Modesto Lanzone	D.C.	23:36
10	Nick Zoller	D.C.	24:45
11	Jim Mayall	D.C.	25:10
12	Bill Greer	D.C.	26:55
13	Joe Bruno	D.C.	27:25
14	Buck Swannack	D.C.	27:46
15	Stan Hlynsky	D.C.	28:22
16	Pat Cunneen	S.E.	28:41
17	Bill Powning	D.C.	29:07
18	John Kebbe	D.C.	29:08
19	Carl Theile	S.E.	30:01
20	John Lynch	S.E.	30:27
21	Joe Davis	S.E.	32:15
22	Tom Dougherty	D.C.	33:47
23	Mac McCaleb	D.C.	35:16
24	Jack O'Leary	D.C.	35:26
25	Frank Drum	D.C.	36:21
26	Art Bauer	D.C.	39:14

PILOTS			TIMERS & JUDGES	
Herm Zahler	D.C.	Jerry Kafka	D.C.	Dan Murphy
Gordon Cook	D.C.	Tom Robb	D.C.	Jack Bettencourt
Matt Cook	D.C.	Sal Reina	S.E.	Skip Swannack
Bill Walden	D.C.	Ray Savigliano	S.E.	Sharon Fussell

OVER 60 SWIM RESULTS
April 25, 1976

PLACE	CONTESTANT	TIME
Short Course:		
1	F. Mennucci	24:05
2	P. Adrian	24:07
3	A. Bogart	31:47
4	H. Stephen	39:14
Long Course:		
1	J. Mayall	23:30
2	J. Bruno	24:25
3	B. Greer	25:11
4	L. Gallic	29:58
5	J. O'Leary	32:24
Xtra Long Course:		
1	J. Davis (SE)	39:10
2	F. Drum	39:14

TIMERS:	PILOTS:	
Dick Beeler	Bill Walden	Art Michel
Dan Murphy	Gordon Cook	Jim Vanya
Dave Hinton	Matt Cook	Hugo Bucholz
	Herm Zahler	

Paul Adrian has filed a formal complaint against Frank Mennucci for interference and unsportsmanlike behavior. Reliable witnesses substantiate Paul Adrian's claim. Frank Mennucci denies the allegations stating that he is the victim of unfounded charges and rank discrimination by jealous parties.

COVE HANDICAP SWIM RESULTS
May 1, 1976

PLACE	CONTESTANT	TIME	HANDICAP	NET TIME
1	Tom Brennan	34:48	15	19:48
2	Bill Blade	34:50	9:30	25:20
3	Modesto Lanzone	35:35	11	24:35
4	Joe Bruno	35:40	7	28:40
5	Jim Mayall	35:55	9	26:55
6	Jim Hulihan	36:02	17	19:02
7	Bud Jenkins	36:16	13:30	22:46
8	Gordon Cook	36:40	6	30:40
9	Guido Lucchesi	36:41	13	23:41
10	Bob Hoff	36:45	6	30:45
11	Bill Greer	37:38	8	29:38
12	Tom Dougherty	37:41	1	36:41
13	Geo Kebbe	38:31	10	28:31
14	Buck Swannack	39:51	11	28:51
15	Joe Weiss	39:51	0	39:51
16	Bill Powning	40:03	8:30	31:53
17	Jack O'Leary	42:26	1	41:26

PILOTS		TIMERS/JUDGES	
Herm Zahler	Matt Cook	Joe Carroll	Will DeBrunner
Bill Walden	Jim Gaebe	Frank Drum	Dave Hinton
Jerry Kafka			

SPRING COVE SWIM RESULTS
April 10, 1976

PLACE	CONTESTANT	TIME	PLACE	CONTESTANT	TIME
1	Mickey Lavelle	20:42	12	Bob Hoff	28:35
2	Dick Beeler	20:50	13	Wm. Powning	28:41
3	Bud Jenkins	21:37	14	Joe Bruno	29:12
4	Guido Lucchesi	22:23	15	Lou. Gallic	33:09
5	Jim Morino	24:40	16	Tom Dougherty	34:06
6	Bill Blade	24:42	17	Stan Hlynsky	34:06
7	Modesto Lanzone	24.42	18	Joe Weiss	35:08
8	Geo Kebbe	25:20	19	Jack O'Leary	35:23
9	Jim Mayall	26:47	20	Mac McCaleb	35:57
10	Buck Swannack	27:56	21	Art Bauer	41:53
11	Charbel Kebbe	28:14			

TIMERS:	PILOTS:	
Dan Murphy	Bill Walden	Jerry Kafka
Frank Drum	Herm Zahler	Art Michel
Skip Swannack	G. Cook	Jack Cooper
Dave Hinton	Matt Cook	Jim Gaebe

Attention: Bay Swimmers — THE EXPERTS SPEAK:

Here is an article concerning cold water immersion which is of vital interest to all of our swimmers. It was published by the Coast Guard Auxiliary's newsletter, *Whistling Buoy* of March 1976.

It's Cold Out There!

Regardless of whether you call it hypothermia, exposure, or chill factor it's a killer and your chances of survival are slim. However, they could be a little better if you knew something of the danger.

Hypothermia is the lowering of the body's temperature to the point it effects the vital organs. In marine disasters hypothermia can quickly turn survival into death. It attacks its victims 23 times faster in the water than on land.

To protect yourself from this "silent" killer, you should know how your body's defense system operatoes. This could save your life if you suddenly find yourself in ice water up to your neck.

There are several things you can do to protect yourself against hypothermia. First, before you even go near the water, put on warm clothing, preferably woolen (the sheer bulk of wool provides some insulation, even when wet). Include a hat - approximately 50 percent of the human body's heat is lost through the head.

Second, wear a PFD (Personal Flotation Device). In cold weather choose one with extra protection against heat loss, such as specially designed unicelular plastic foam vests, or the "Float Coat" known to many hunters and fishermen.

Should the worst happen and you find yourself in cold water, stay calm. Size up the situation. You should decide first whether to try and swim for shore. Remember though, the average person, in cold water, can swim one mile before he is overcome by fatal hypothermia. In choppy water and water lower than 50 degrees, one mile is probably too far.

If you are too far from shore, stay where you are and wait for rescue. The main idea is to stay afloat and conserve your body heat. Stay as still as possible, because contrary to what you might think, exercise actually increases the cooling of your body. Although exercise produces some heat, you loose more from the increased circulation of blood through your arms and legs and the surface areas of your body. Exercise also tires you out, further reducing your ability to survive.

If you have no PFD, tread water with as little exertion as possible. Do not engage in the widely taught method of "drownproofing," remember, 50 percent of your body heat is lost through your head. Treading water keeps your head out of the water.

Hopefully you will have a PFD on. If so, the best method to conserve your heat and extend your survival time is to assume what is called the Heat Escape Lessening Posture (HELP).

To get into the HELP, lean back in the water, tuck your elbows into your side, and bring both hands up against your chest, as in the fetal position. Using HELP can increase your survival time 50 percent over just floating in your PFD, and more than 100 percent over that of treading water.

Hypothermia can create problems, even after rescue. Improper or delayed treatment can not only be useless, but can actually cause the death of the victim. It is extremely important that rescuers understand the nature and seriousness of hypothermia and take immediate steps to treat it.

Recognizing a hypothermia victim is easy. He or she is pale, may be unconscious, has constricted pupils, and may be shivering violently. The victim usually has rigid muscles, slow and labored breathing, and a slow and irregular pulse. He or she may appear to be intoxicated, however, never assume intoxication.

The most critical time is the period immediately after the victim's removal from the water. The victim should be placed in a sheltered area and wet clothing removed immediately.

Great care must be taken to prevent the curious phenomenon known as "after-drop". This occurs when heat is applied to the hands and legs of the victim, which causes the blood vessels to relax and allow the cold blood in these extremeties to flow back into the body core further cooling the vital organs. "After-drop" may push the internal core temperature below the critical level, causing death.

To avoid "after-drop", heat should be applied to the trunk of the victim only, during the first few minutes of treatment.

The best method of treating a hypothermia victim is to place the person in a hot bath or shower with a water temperature between 105 and 115 degrees. If this is not possible, heated blankets, hot water bottles, warm air, and other external sources of heat should be used. Blankets without a source of heat should not be used. They warm the victim just enough to relax the blood vessels and cause "after-drop".

Warm liquids may be given, but care must be taken to insure the victim doesn't breathe the liquid into their lungs. Alcohol should never be given because it causes "after-drop".

Hypothermia is pretty frightening when you consider that almost half the drowning deaths in 1975 were probably from this "silent" killer. Wtih a little common sense, most boating accidents can be averted. Whenever you are around the water be aware of its temperature. Take extra care, wear warm clothing and PFD's, and if you do fall in, keep calm.

The Coast Guard uses a chart to determine a victim's chances of survival after an accident.

Water Temp. Degrees F.	Time to Unconsciousness	Expected Time of Survival
32.5	15 min.	15 - 45 min.
32.5 - 40	15 - 30 min.	30 - 90 min.
40 - 50	30 - 60 min.	1 - 3 hrs.
50 - 60	1 - 2 hrs.	1 - 6 hrs.
60 - 70	2 - 7 hrs.	2 - 40 hrs.
70 - 80	3 - 12 hrs.	3 hrs. - indefinite
Over 80	Indefinite	Indefinite

ROWING



The current rowing contests are in progress with interesting and close times recorded for the Alcatraz course.

As the season develops we'll see strong competition for the Anita Rock and Fort Point times.

'JACK GORDON' CHAMPAGNE CHRISTENING

The 'Jack Gordon' our new 4 oared shell, was christened and rowed at Lake Merced on Sunday, March 21st.

Mrs. Tom Troneum christened the shell.

Among the crowd were Gordon Cook, Lawton Hughes, Tom Troneum, Tom Gould, Frank Mennucci, Jim Morino, Ray Morino, Steve Wolf, Al Casciato, Paul Adrian and Bill Walden.

Jack Gordon was our Timer and Observer on innumerable swims for the Dolphin Swimming and Boating Club. He is missed by all.

EUROPEAN OARSMAN VISITS DOLPHIN CLUB

Mr. Klaus Leyers of Munich discovered the Dolphin Club during the last 6 hours of his visit to San Francisco.

He was delighted to tour our facilities and he admired our pulling boats.

We all enjoyed the visit of Mr. and Mrs. Leyers.

Mr. Leyers hopes some of us will visit his RGM Rowing Club in Munich, Germany, and that mutual visiting privileges may commence.

DOLPHIN S.F. BAY VOLUNTEER RESCUE SOCIETY

During the last several weeks, Dolphin members have assisted the Coast Guard in hauling off a stranded yacht, and in securing a drifting motor boat to a buoy in the Cove. Gordon Cook, Herman Zahler and Bill Walden participated.

Western Steamship Services, Inc.

350 Sansome Street, San Francisco, California • Telephone (415) 392-4100 Mail Address P.O. Box 3450, 94119

May 24, 1976

Dolphin Swim and Boat Club
Aquatic Park
Ft of Hyde Street
San Francisco, CA 94109

Gentlemen:

On behalf of the Company and its rowing crew, I would like to thank you for your courtesy in permitting us the use of your dock for our evening practice sessions. It would have been difficult, if not impossible, for us to prepare for the race without the use of your facilities and we are most grateful for your kind assistance.

Yours sincerely,

WESTERN STEAMSHIP SERVICES, INC.

J. J. Greene, Executive Vice President

JJG/bc

RUNNING



The 1976 running of the Bay to Breakers on Sunday, May 16th was the largest assembly of runners ever seen here.

An estimated 8000 runners in abbreviated running costume started on a windy, foggy morning near the Embarcadero to finish at the Beach after running through Golden Gate Park.

There were brief glimpses of Al McCann, Mike Horst, Andy Burleigh, Dave Seyler, Buck Swannack, Harry Cordellos, Tim Smith, Walt Haake, Dennis Devlin, Gene Simmons, Jim Lenneman, George Wertin, Bob Witter, Walt Stack, Tom Gould, Pete Bianucci, Gene Messermith and Bill Walden.

On February 8, Harry Cordellos, Pax Beale, Tim Smith, Buck Swannack, Walt Stack and Gene Simmons ran the Wet Valley Marathon. Congratulations to Gene Simmons on his first Marathon!

Tim Smith (who was top runner in our recently completed Quadrathon) finished the 50-mile race from Marysville to Sacramento. Walt Stack is the only other Dolphin who has run it.

DOLPHIN CLUB ONE TON TEAM IN 100 MILE CAMELLIA FESTIVAL RUN (Marysville to Sacramento)

Ten Dolphins averaging 204 lbs. per man, including Stag, who is only 136 lbs. dripping wet, led Race Director Col. Paul Reese to state "are you guys dolphins or whales?" This was a rough race for the big guys as the temperature was in the middle eighties, and after running in S.F. in the sixties, we got up there in the heat and lost a hell of a lot of beer fast.

We weren't the fastest team and we weren't the last. We had the best logistics and supply of any race I have ever been to. Pete Bianucci had his camper stocked with beer. Andy Burleigh had his Bronco 4-wheel drive (in case we got stuck) also filled with beer. Coach Tom Dougherty had a command staff car (Mercedes limousine) filled with beer. Tim Smith brought a broad to handle aching muscles, etc.

After the race was finished, we stopped off at the Pheasant Club and terrorized the place while having dinner and libations. A few of the honorable Dolphins even swam the Gas House Cove Swim that morning before the 100 miler!

The following are the great One Ton Team who competed in the 100 mile relay taking 13 hours 17 minutes and 8 seconds:

Perry Seyler	Dennis Devlin
Andy Burleigh	Jim Deignan
Chuck Stagliano	Tim Smith
Pete Bianucci	Stan Hlynsky
Tom Gould	Buck Swannack

P.S. Next year let's see some of you skinny guys out there!

By Buck Swannack
Assistant Running Commissioner

BASKET CASE RUNS A MARATHON

Somebody gave me a newspaper clipping by columnist Red Smith. It's about a man who was training to run the Boston Marathon.

Here's a summary: Tom Rongos of Honolulu is 55 years old. Last April he was told he needed major heart surgery – that he would survive only 3 months without it. He is legally blind.

He voted no on the surgery. A Southern California doctor put him on a low-fat diet and progressive exercise. He had been told the bad news in April. In June he ran his first race. In December he finished his first marathon in 5 hours 37 minutes. In January he finished the Mission Bay Marathon in San Diego in 4 hours 52 minutes. When he ran his first marathon in Honolulu, he had a heart attack! This was discovered when they did a routine electrocardiogram after the San Diego Marathon.

Tom returned to Honolulu on February 15 and in the next 12 days ran a total of 125 miles!

HANDBALL

HANDBALL NEWS

The current tournament has produced a winner in Division A:

Al McCann is the champion. Andy Burleigh won 2nd place and Bill Walton was third.

In B Division the top contender, Mike Horst, is challenged by Al Routh.

In C Division Ed Kenney is matched against Paul Capurro.

D Division shows Van Vranken matched against contenders Frank Drum and Ray Belluomini.

Another tournament is being planned while the present contest is concluding.

Handball tourneys naturally require longer times to complete than group events such as swimming and running, which are completed in one fell swoop. Understandably, 'no-shows' at matches are due to work requirements or other obligations. Timely notice to your opponent for a change of date is appreciated by all.

Watch the bulletin board for important announcements.

ANNUAL BALL GAME SINGLE MEN CRUSH MARRIED MEN'S TEAM

The final score was 13 to 8 after the 6th inning. The annual ball game took place at Funston Field on Sunday, May 23rd.

Here was the line-up:

1. Griff Hodge	1B	Wayne Tomei	2B
2. Frank Mennucci	2B	Phil Sturiale	CF
3. Jim Deignan	3B	Terry Collins	3B
4. John Hodge	SS	Al McCann	SS
5. Steve Tomei	LF	Tom Dougherty	1B
6. Herm Zahler	CF	Bob Barnes	LF
7. Frank Drum	P	Stan Hlynsky	P

Inning	1	2	3	4	5	6	T
Married	0	2	3	3	0	0	8
Singles	3	3	1	2	4	0	13

Al McCann and Phil Sturiale hit home runs for the Singles. John Hodge and Jim Deignan hit homers for the Married team. Wayne Tomei went five for five. Wayne is Steve Somei's brother. Pete Sturiale is Wayne's uncle. Phil Sturiale is Wayne's godfather. Stan Hlynsky was winning pitcher. Steve Tomei hit a triple. Frank Mennucci, oldest participant, got two hits off Stan Hlynsky. Losing pitcher, Frank Spitball Drum rang in a ripe cantaloupe at Al McCann. Griff and John Hodge were father and son combination. Sugar Belluomini collected fees. Charlie Corda was scorekeeper. Daniel Murphy was rooting section leader.

Peter Sturiale and Ray Belluomini were the chefs at the popular and tasty lunch served afterwards in the Keenan room.

THE GULLS AT AQUATIC PARK

An interesting article 'The High Fliers' by Roger Verran was published by *California Living* Magazine on May 30, 1976. Here are some identification tips:

Glaucous-winged gull: the largest; white beneath, and has light gray wings which have white spots at their tips. Pink feet.

The California gull: White beneath; grey wings with black tips enclosing white spots. Greenish feet. Its bill can have a red or a red and black spot on its lower mandible.

The Western gull: White beneath; darker grey wings which are black at the tips with no white spots. Pink feet. Brown eyes with a red eye ring and a red spot on the lower mandible of its bill.

But all immature gulls are a mottled brown and grey until they mature in their third year of growth.

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

SAN FRANCISCO JUN 10 '76 CALIF. U.S.POSTAGE 13 F215468 METER

WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116

REMAINING SWIMS FOR 1976

Sunday	June 13	**Yacht Harbor Swim**	9:30 A.M.
Saturday	July 17	**Pier 41 Swim**	8:00 A.M.
Sunday	July 25	**A.A.U. Masters Cove Invitational Swim**	10:30 A.M.
Saturday	Aug 14	**Santa Cruz Pier Swim**	11:00 A.M.
Saturday	Aug 21	**Alcatraz Swim**	10:15 A.M.
Sunday	Sept 5	**Fort Point Swim**	8:30 A.M.
Saturday	Sept 11	**One Mile Cove Swim**	10:30 A.M.
Sunday	Sept 19	**Golden Gate Swim**	10:00 A.M.
Saturday	Oct 9	**Dr. Howard Memorial Gas House Cove Swim** *(Joint over 45)*	10:00 A.M.
Sunday	Oct 17	**Richardson Bay Swim**	9:30 A.M.

DOLPHIN CENTENNIAL NOTICE
OLD TIMERS: RESPOND!!

Although it is likely that the Dolphin Swimming and Boating Club had boats in San Francisco Bay long before 1877, nevertheless 1977 is considered to be our Centennial Year.

You old timers: Dig into your old files and find those old photographs, newsletters, newspaper clippings, club dinner tickets and picnic outings memorabilia.

Lend them to Walter Schneebeli, Dolphin Archivist. Next year we shall publish a Dolphin Centennial Yearbook. Every Dolphin will be proud to own one.

Recently, Bob Hoff has been unearthing old San Francisco newspaper stories describing Dolphin Club rows and swims in San Francisco Bay.

David Hull, librarian at the Maritime Museum, will support this project with valuable professional assistance.



A MARINER'S MEMORIAL

Many Dolphins attended the memorial service aboard the lumber schooner Thayer at Aquatic Park on Friday, June 4, 1976, for Fred Purdue, who died at the age of 50.

Fred was the well-known manager of Johnson and Joseph, ship chandlers at the Wharf.

Our condolences to his wife, Gloria, and the children.

Fred Purdue wrote the training manual for the Alma's summer program for 100 inner city children.

He conducted safety seminars for yachtsmen.

He was a friend of the Dolphins.

IN MEMORIAM

ANTHONY SHERIDAN



Photo by William E. Reister, San Francisco

DOLPHIN LOG

SAN FRANCISCO

SEPTEMBER 1976

Bill Walden, *Editor*

ORGANIZED 1877

OFFICIAL BULLETIN OF THE

DOLPHIN SWIMMING AND BOATING CLUB

SWIMMING



60TH GOLDEN GATE SWIM SUNDAY, SEPTEMBER 19TH

Marshall of the Course	Lawton Hughes
Chief Pilot	Herman Zahler
Chief Steward	Jack Giacomini
Galley Captain	Peter Sturiale
Director of Public Rels.	Robin Kinkead
Official Photographer	Jerry Hawryluk
Swimming Commissioners:	
Frank Drum	James Mayall
Richard Beeler	Will Debrunner

REGISTERED SAN FRANCISCO BAY ROUGH WATER SWIMMERS

Modesto Lanzone	Mike Garibaldi
Buck Swannack	George Kebbe
Frank Drum	Joe Bruno
Lou Gallic	Charbel Kebbe
Lou Marcelli	Mack McCaleb
Jim Mayall	Bill Greer
Guido Lucchesi	Conrad VonBlankenburg
Joe Weiss	Bob Hoff
Bill Blade	Steve Pinetti
Stan Hlynsky	Bud Jenkins
Tom Dougherty	Gordon Cook
Jack O'Leary	Steve Rose
Hal Miramonte	Nick Zoller
Skip Ohlson	Bob Colyar
Dick Beeler	Lou Zitnick
J.V. Costello	Jim Baird
Art Bauer	Lew Cook
Norm Dally	Pete Applegate
Paul Melee	D. Pike
Tsi Wang	Frank Blair
Don Warto	Rudy De May
Bill Powning	Hiro Tsuyumine
Tom Robb	Jim Morino
Bill Harlan	Tom Hofmann
Lou Nagy	Herb Barthels
Conrad Liberty	Pierre Hathaway
Richard Castro	Ray Talavera

REGISTERED SAN FRANCISCO BAY ROUGH WATER PILOTS

Herman Zahler	Art Michel
Bill Walden	Gordon Cook
Tom Robb	George De Cossio
Jerry Kafka	Mike McElligott
Al Burke	B. Johnson
Dave Hinton	Matt Cook
Jack Cooper	Frank Mennucci
Malcolm Yuill-Thornton	Jim Gaebe
Frank Drum	Hans Kramer
Jim Keely	

AUXILIARY PATROL

U.S. Coast Guard	Oyster Point Yacht Club
Mariposa Boat Club	

REGISTERED LONG DISTANCE SAN FRANCISCO BAY ROUGH WATER ROWERS

Al Casciato	Mickey Griffin
Steve Wolf	Tom Troneum
Skip Ohlson	Tom Robb
Dave Hinton	Doug Kerty
Pete Bianucci	B. Johnson
Herman Zahler	Bill Walden
Steve Pinetti	Ed de Cossio
Art Michel	Sal Margulis
Jerry Kafka	Larry Payne
Jim Gaebe	Jack Cooper
Matt Cook	Gordon Cook
Al McCann	Frank Mennucci
Ed Curtis	Jim Mayall
Frank Drum	

60TH ANNUAL GOLDEN GATE SWIM DOLPHIN SWIMMING AND BOATING CLUB SUNDAY, SEPTEMBER 19TH, 1976

Patricia Jeanne Vought, 18 year old granddaughter of Lawton and Gladys Hughes, has been chosen as the 1976 Golden Gate Swim Queen. Patricia is a graduate of Ignacio Valley High School, where she received the Merit Award from the Society of Distinguished American High School Students. Her favorite sport is swimming. She plans to enter DeAnza College in Sunnyvale for the Fall Semester.

YACHT HARBOR SWIM RESULTS JUNE 13TH, 1976

Contestant	Time
Mike Garibaldi	24:52.8
Steve Rose	30:31.7
Lew Cook	31:03.9
Bud Jenkins	31:22.2
Modesto Lanzone	31:55.4
Guido Lucchesi	31:57.5
Jim Morino	34:02.5
Jim Mayall	34:17.6
Buck Swannack	34:50.5
Joe Bruno	35:17.9
Norm Dally	35:55.0
Bill Greer	35:55.3
Jack Bettencourt	37:12.4
Bill Powning	37:16.3
John Kebbe	42:22.2
Tom Dougherty	44:12.2

MOTORIZED ESCORT

One 40 ft. Patrol Boat
U.S. Coast Guard Fort Point

Two U.S.C.G. Auxuliary Boats. Crew Members: Captain Bob Masuda, Lt. Chuck Gibson, Lt. Dick Perry, Lt. & Mrs. Reme Duzak, Lt. Bob Walton.

GALLEY CREW

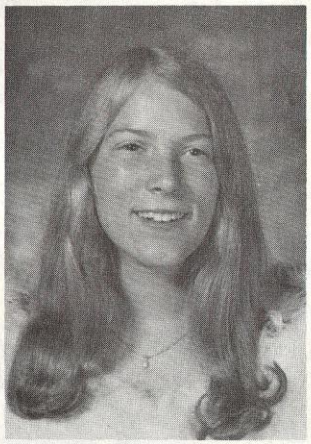
Pete Sturiale, Jerry Kafka, Herm Zahler.

PILOTS

Gordon Cook	D.C.
Matt Cook	D.C.
Bob Hoff	D.C.
Jerry Kafka	D.C.
Frank Mennucci	D.C.
Bill Walden	D.C.
Herm Zahler	D.C.
John Hentz	S.E.
Jim Hentz	S.E.
Sal Reina	S.E.
John Lynch	S.E.
Ray Savigliano	S.E.
Joe Davis	S.E.
Norm Peterson	S.E.

TIMERS & JUDGES

Will DeBrunner	D.C.
Hiro Tsuyumine	D.C.
Frank Drum	D.C.
Marsha Rose	
Jan Duffield	



Dolphin Swim Queen

SANTA CRUZ 4TH ANNUAL ROUGH WATER SWIM SATURDAY, AUGUST 14, 1976

The Dolphin Swimming and Boating Club was represented by a heavy contingent of swimmers.

The results are in transit from Santa Cruz.

BICENTENNIAL TRI-SPORT RESULTS
DOLPHIN-SOUTH END CLUB
JUNE 27TH, 1976

RUNNING RESULTS

Contestant	Club	Time
Chuck Stagliano	D.C.	1:31:49
Russ Kiernan	S.E.	1:37:31
Roger Major	S.E.	1:39:38
John Brennan	S.E.	1:45:03
Pat Kelly	D.C.	1:45:34
Ray Minkel	S.E.	1:48:35
Pat Cunneen	S.E.	1:52:43
John Boitano	S.E.	1:53:22
Jack Bettencourt	D.C.	1:58:08
Tim Smith	D.C.	2:12:30
Stan Hlynsky	D.C.	2:17:04
Al McCann	D.C.	2:17:58
Buck Swannack	D.C.	2:20:41
Ray Brennan	S.E.	2:45:23

CLUB SCORES
South End 61 Dolphin Club 44

SOUTH END CREW	32 min.
Coxswain:	Bob Keller
Stroke:	Bill Payne
	Brian Nevelle
	John Parent
	Dan O'Neill
	Ed Blum
	Tom Rice

TOTAL SCORE SOUTH END.....128

SWIMMING RESULTS

Contestant	Club	Time
Mike Garibaldi	D.C.	29:09:01
Joel Wilson	S.E.	29:13:08
Lou Zitnik	D.C.	30:38:09
Thompson Mann	S.E.	31:01:04
Lee Faust	S.E.	31:09:06
Jim Allen	S.E.	31:35:04
Jim Hulihan	D.C.	34:30:02
Cameron Emmett	S.E.	34:35:06
Tim Reed	S.E.	35:05:05
Frank Blair	D.C.	35:52:02
Mickey Lavelle	D.C.	37:15:06
Steve Rose	D.C.	38:48:04
Lou Nagy	D.C.	39:48:04
George Farnsworth	S.E.	40:51:04

CLUB SCORES
South End 57 Dolphin Club 48

DOLPHIN CREW	36 min.
Coxswain:	Lawton Hughes
Stroke:	Gordon Cook
	Ed Curtis
	Pete Bianucci
	Mike McElligott
	Tom Dougherty
	Tom Robb

TOTAL SCORE DOLPHIN 97

GRAND SLAM WINNER – SOUTH END ROWING CLUB

MAN OVERBOARD DRILL FEATURES DOLPHIN VOLUNTEERS

The U.S. Coast Guard Auxiliary and the Marin Power Squadron staged a man overboard training demonstration on Saturday, August 28th, near Gas House Cove. Bob Kraft, Public Relations Officer of Flotilla 13, organized the show. Television cameramen covered the event. Falling over the side from assorted pleasure craft were Bob Bogiages, Tom Hofmann, and Hector Stephen.

The tecniques of rescue were shown. By far, the star performance was that of Hector Stephen, 76 years of age. An Academy Award would not do it justice. Pilots standing by were Herman Zahler, Jerry Kafka and Bill Walden.

BILL GREER, DISTINGUISHED DOLPHIN ROUGH WATER SWIMMER FEATURED ON FRONT PAGE

The San Francisco Chronicle printed a great story and photograph of Bill Greer swimming in the Bay on August 27, 1976.

They forgot to mention that Bill Greer had swum from Alcatraz the previous Sunday on August 21, 1976!!

Bill Greer is 71 and still competing in our San Francisco Bay Rough Water Swims.

Chronicle reporter Mel Ziegler reported his interviews with Dan Murphy, Tom Dougherty, Frank Mennucci, Hiroshi Tsuyumine, Jack O'Leary, Gordon Cook and David Hinton on the extraordinary benefits of cold water swimming.

ALCATRAZ SWIM RESULTS
SATURDAY, AUGUST 21ST

Swimmer	Time
Mike Garibaldi	33:59:00
Lou Zitnik	34:17:05
Pete Applegate	39:43:07
Bill Harlan	40:19:01
Frank Blair	41:36:02
Bob Colyar	42:12:01
Conrad Liberty	49:18:09
Herb Barthols	50:32:00
Dick Beeler	51:48:01
Tom Hofmann	53:22:06
Bud Jenkins	56:49:09
Steve Rose	59:29:00
Skip Ohlson	61:57:01
Bill Blade	62:41:02
Pierre Hathaway	64:01:09
Guido Lucchesi	64:09:07
Modesto Lanzone	64:22:02
Jim Morino	64:32:03
Jim Mayall	71:47:08
Tom Robb	72:19:01
Joe Bruno	73:53:00
Charbel Kebbe	75:42:01
Buck Swannack	77:52:07
Steve Pinetti	78:48:02
Tsi Warg	81:07:00
Norman Dally	81:24:05
Bill Powning	82:19:01
Hal Miramonte	83: 52:02
Bill Greer	85:21:03
Tom Dougherty	95:24:06
George Kebbe	DNF
Ray Talavera	DNF
*Tony McCarley	43:54:02
*Rick Barthels	44:09:01

Pilots, Timers, Judges	Club
Herm Zahler	D.C.
Gordon Cook	D.C.
Bill Walden	D.C.
Malcolm Thornton	D.C.
Al Burke	D.C.
Art Michel	D.C.
Jim Gaebe	D.C.
Jerry Kafka	D.C.
Joe Carroll	D.C.
Joe Davis	S.E.
Hec Valencia	S.E.
Mel Trowbridge	S.E.
Ray Savigliano	S.E.
John Lynch	S.E.
Frank Coghlan	S.E.
John Brennan	S.E.
Joe Michaels	S.E.
Hoot Gibson	S.E.
J.B. Sullivan	S.E.
Joe Weiss	D.C.
Frank Drum	D.C.
Dan Murphy	D.C.
Marsha Rose	
Skip Swannack	
Pete Sturiale (Food Purveyor)	D.C.

*Guest Swimmers

Medals and Ribbons were presented to all participants after brunch was served.

Wind, chop and surface current created a condition not suitable to good swimming times.



ALCATRAZ SWIM

Commander Bob Walton of Flotilla 15 and Bob Masuda Captain of Division I of the U.S. Coast Guard Auxiliary provided important support for our swimmers' safety. Their crew included Helen Rossellini of Flotilla 15 and Dick Berry of Flotilla 13.

The Commander berths his 'Quo Vadis' at Oyster Point Yacht Club. The Captain berths the 'Osprey' at Bay View Boat Club.

Ladies and gentlemen, it sure is a welcome sight when you help to patrol our swims!

S.F. HEART ASSOCIATION EVENT PARTICIPATION BY DOLPHIN CLUB

On August 28th, Frank Drum rowed the 'Sid Foster', and Modesto Lanzone and Guido Lucchesi swam to participate in an extraordinary athletic event.

John Notch, 28 year old Oaklander had planned this program:

Leave S.F. Cliff House 8:30 AM
Jog to Pier 19 at the Embarcadero
Swim to Yerba Buena Island
Run across Yerba Buena Island
Swim to Berkeley
Jog from Berkeley to Stateline, Nevada in about seven days.

John Notch will be collecting pledges and invites anyone to join him on the 300 mile run, all for the benefit of the Heart Association.

How did he do on the 1st Bay Lap? Ask Frank Drum.

PIER 41 SWIM RESULTS JULY 17, 1976

Contestant	Time
Lou Zitnik	17:34
Jim Hulihan	19:44
Bob Colyar	19:45
Pete Applegate	19:46
Frank Blair	19:54
Bill Harlan	21:47
Dick Beeler	22:24
Tom Hofmann	22:34
Guido Lucchesi	24:42
Jim Morino	26:47
Nick Zoller	27:07
Jim Mayall	28:16
Rudy DeMay	28:18
Tom Robb	28:36
Joe Bruno	29:19
Hal Miramonte	30:13
Charbel Kebbe	30:21
Bill Greer	30:39
Steve Pinetti	32:03
Lou Gallic	32:05
Bill Powning	32:08
Tom Dougherty	35:42
Hiro Tsuyumine	39:31
Frank Drum	41:15

PILOTS	Club
Joe Davis	S.E.
Mel Trowbridge	S.E.
John Hentz	S.E.
Jim Hentz	S.E.
Frank Coghlan	S.E.
Art Michel	D.C.
Bill Walden	D.C.
Herm Zahler	D.C.

TIMERS

Joe Carroll	D.C.
Diane Colyar	
Mickey Pierotti	

REFRESHMENTS

Pete Sturiale

DOLPHIN SWIMMING AND BOATING CLUB, INC.

Organized 1877 • Incorporated 1888

502 JEFFERSON STREET · AQUATIC PARK · SAN FRANCISCO, CALIFORNIA 94109 · (415) 441-9329

RESULTS

Fourth Annual Invitational Aquatic Park Cove Swim, July 25, 1976

MEN

Finish	Name	Club	Time	Age Group	Age Group Place
1	Joel Wilson	SE	16:05	25-29	1
2	Dave Scott	DAM	16:10	20-24	1
3	Steve Gentes	HSC	16:38	25-29	2
4	Thompson Mann	SMM	16:55	30-34	1
5	Jim Allen	SE	17:05	25-29	3
6	Lou Zitnik	DC	17:11	25-29	4
7	Andre Hall	LACBLA	17:20	20-24	2
8	Ed Rudloff	OC	17:37	25-29	5
9	Leland Faust	OC	17:38	25-29	6
10	Craig Meacham	UN	17:39	25-29	7
11	Gerry Haggard	DAM	17:59	20-25	3
12	Rich Harley	DAM	18:07	25-29	8
13	Vin Urban	DSM	18:08	30-34	2
14	Tom McCarty	OC	18:10	30-34	3
15	Al Cartwright	UN	18:40	30-34	4
16	Tim Birnie	UN	18:41	30-34	5
17	Pete Applegate	DC	19:10	30-34	6
18	Frank Blair	DC	19:23	50-54	1
19	Fred Taioli	SMM	19:24	55-59	1
20-21	Rich Evans	HBSC	19:25	50-54	2
	Bob Beach	SE	19:25	45-49	1
22	Kim McDonald	UN	19:26	20+24	4
23	John McNellis	UN	19:28	20-24	5
24-25	Rich Glass	SE	19:29	25-29	9
	Kent Price	RM	19:29	35-39	1
26	Doug Matheson	DAM	19:41	30-34	7
27	Dennis Glass	DOM	19:42	20-24	6
28	Bill Foehr	OC	19:49	30-34	8
29	Tim Reid	SE	19:53	25-29	10
30	Scott Hagan	SMM	20:36	20-24	7
31	Denny Rice	OC	20:44	40-44	1
32	Cameron Emmett	SE	21:10	25-29	11
33	Bob Cunningham	SMM	21:37	45-49	2
34	Mickey Lavelle	DC	21:45	20-24	8
35	Jim Baird	DC	22:07	35-39	2
36	Kevin O'Keefe	UN	22:08	25-29	12
37	Dick Beeler	DC	22:17	55-59	2
38	Ray Taft	SMM	22:29	55-59	3
39	Steve Sprague	SCAT	22:32	25-29	13
40	Lou Nagy	DC	22:33	60-64	1
41	Mike Dower	SE	22:37	40-44	2
42	Jim Booth	SCAJ	22:52	25-29	14
43	George Farnsworth	SE	23:07	55-59	4
44	Terry Eckhardt	SCAJ	23:33	30-34	9
45	Rich Frenzel	SE	23:47	45-49	3
46	Loman Sutton	SAC Y	23:50	45-49	4
47	Bill Blade	DC	23:51	50-54	3
48-49	Bud Jenkins	DC	23:54	50-54	4
	Frank Coghlan	SE	23:54	50-54	4
50	Don MacPherson	SE	24:20	40-44	3
51	Hector Valencia	SE	24:45	40-44	4
52	Guido Lucchesi	DC	24:47	35-39	3
53	John Reid	UN	25:28	25-29	15
54	Nick Zoller	DC	26:10	55-59	5
55	Bill Wilson	SE	26:28	40-44	5
56	Modesto Lanzone	DC	26:29	45-49	5
57	Pat O'Brien	SAC	26:45	35-39	4
58	John Notch	DSER	26:55	25-29	16
59	Carl Laslovich	SMM	26:58	45-49	6
60	Mark Rude	UN	27:07	20-24	9
61	Jim Hentz	SE	27:12	25-29	17
62	Bob Van Der Plas	UN	27:44	35-39	5
64-64	Richard Lane	RSM	27:50	45-49	7
	Jim Mayall	DC	27:50	65-69	1
65	George Kebbe	DC	27:55	20-24	10
66	Tom Robb	DC	28:15	40-44	6
67	Jim Vanya	DC	28:44	45-49	8
68	Dave Weaver	OC	29:05	35-39	6
69	Buck Swannack	DC	29:10	40-44	7
70	Rowland Morin	SCAJ	29:21	30-34	10
71	Willard Johnson	SE	30:00	65-69	2
72	Ray Talavera	DC	30:08	55-59	6
73	Joe Bruno	DC	30:15	60-64	2
74	Bill Greer	DC	31:09	70-over	1

MEN (continued)

Finish	Name	Club	Time	Age Group	Age Group Place
75	Charbel Kebbe	DC	31:21	25-29	18
76	Bill Powning	DC	31:44	55-59	7
77	Vern Louden	DC	32:23	65-69	3
78	Steve Pinetti	DC	33:32	25-29	19
79	Lou Gallic	DC	33:45	70-over	2
80	Tony Gibson	SE	34:15	30-34	11
81	Joe Weiss	DC	36:03	70-over	3
82	Joe Michael	SE	36:12	45-49	9
83	Garrett Estie	SE	37:10	65-69	4
84	Phil Hunter	SE	51:14	60-64	3
85	Hector Stephen	DC	52:27	70-over	4

WOMEN

Finish	Name	Club	Time	Age Group	Age Group Place
1	Sally Antonchuck	SMM	20:28	30-34	1
2	Susanna Spencer	UN	20:33	25-29	1
3-4	Sharon Bell	DAM	20:37	20-24	1
	Evelyn Harley	DAM	20:37	25-29	2
5	Veronika Mann	SMM	20:40	30-34	2
6	Mickey Pierotti	UN	21:50	20-24	2
7	Alexandria Varakin	DAM	22:16	20-24	3
8	Susan Allen	UN	23:33	30-34	3
9	Paula Gerda	SMM	24:11	30-34	4
10	Dot Werry	SAC Y	24:16	40-44	1
11	Joann Dake	UN	24:36	20-24	4
12	Diane Campbell	UN	24:43	25-29	3
13	Kim Haggard	DAM	24:57	20-24	5
14	Cathy Kaufmann	SCAJ	25:20	20-24	6
15-16	Chris Underwood	UN	25:40	20-24	7
	Susan Geller	SCAJ	25:40	25-29	4
17	Maryann Kaufmann	SMM	25:53	40-44	2
18-19	Robyn Paulson	NCSTC	26:14	40-44	3
	Laurie Cartwright	SCAJ	26:14	20-24	8
20	Marie Siddons	SMM	26:29	30-34	5
21	Zada Taft	SMM	28:19	55-59	1
22	Marilyn Rodman	UN	28:27	40-44	4
23	Vera Kotas	UN	28:49	25-29	5
24	Vanessa Spear	UN	28:57	20-24	9
25	Jane Dornacker	UN	30:15	25-29	6
26	Joan Brown	UN	30:39	35-39	1
27	Cynthia Ehrlich	UN	31:08	25-29	7
28	Luiza DiGrazia	UN	33:08	20-24	10
29	Lane Foedesch	UN	33:21	25-29	8
30	Gail Finney	UN	33:47	20-24	11
31	Paula Rossova	UN	36:30	25-29	9
32	Debbie Johnson	UN	36:55	20-24	12
33	Alice Dingwall	PK	66:10	45-49	1

CLUB DESIGNATIONS

DAM	-	Davis Aquatic Masters
DC	-	Dolphin Swim & Boat Club
DOM	-	Dolphins of Marin
DSER	-	Dolphin South End Runners
DSM	-	DeAnza Swim Masters
HBSC	-	Huntington Beach Swim Club
HSC	-	Hastings Swim Club
LACBLA	-	Los Angeles County Beach Lifeguards Assoc
SAC	-	South Gate Aquatic Club
SAC-Y	-	Sacramento YMCA
OC	-	Olympic Club
RSM	-	Rinconada Swim Masters
SCAJ	-	Santa Cruz Aqua Jocks (Masters)
SE	-	South End Rowing Club
SMM	-	San Mateo Marlins
UN	-	Unattached
WVTC	-	West Valley Track Club

PUMPING IRON

Keenan Hall has become a prominent center of activity as an increasing number of Dolphins keep their bodies fit with the new equipment.

Complementing the existing "iron" are a number of weights purchased or donated in the past months. The recent additions include an Olympic bar with pairs of 45 and 25 plates, four sets of dumbells, weighing 40, 50, 55, and 60 pounds each (the 55's, soon to be added 75's and rack were purchased from Al Bradford). Also acquired was an incline bench and rack which is excellent for doing strict press work but leaves a lot to be desired in terms of comfort. Mike Horst or Rick Fossat will be happy to demonstrate the proper use of this bench.

Another recent addition are the squat racks generously donated by new member Neal Clayton. A heavy punching bag has also been installed for the pugilistically oriented. Several more purchases including a speed bag and dip bars are contemplated and any other suggestions are welcomed by the weight room commissioners.

Both the bicycle and rowing machines are under repair and are expected to be operational within a few weeks.

The new equipment gives the Dolphin Club one of the most well equipped and certainly the most aesthetically pleasing weight rooms in the City. We ask that all members help keep it this way by replacing all weights, turning out lights and reporting any damaged equipment.

It seems as if more and more members are using the weight room on a regular basis (we estimate at least 40 or so at this time). But the dedication to pumping iron award this year goes to Frank Petiti, an early morning regular who will celebrate his 76th birthday in this Bicentennial year, who walked 13 miles to the club to work out when the Muni was on strike!

Mike Horst

RUNNING

THE SAN FRANCISCO 56th ANNUAL STATUTO RACE

One Lap and Two Laps:
4 and 8 miles
JUNE 6, 1976
Sponsored by the S.F. Athletic Club



Betty Cuniberti of the *San Francisco Chronicle* wrote a great report. Here are excerpts:

John Cariani won this race in 1921, 1923, 1924, 1925 and 1931.

In 1922, Amaadeo Tommasini zapped him.

You can't imagine how much this competition excited the citizens of North Beach, and the Unione Sportiva Italiano.

Tommasini and Cariani are avid observers every year.

Jan Sershen, a 28 year-old sewer maintenance man won this race. 450 started. 411 finished. Pat Whitlingslow was first woman finisher. 189 finished the 8 mile course.

Jack Kirk, 70 years old, finished 131st. We always see him here and at the Dipsea. What a guy!

The 8 mile Statuto Race commemorates the Italian Constitution every first Sunday in June. Jack Kirk said, "I hope to God they never stop this Race."

66TH ANNUAL DIPSEA RUN

Sponsored by the Mill Valley Junior Chamber of Commerce, and covered by observers from nationwide TV and press, 2000 runners huffed and puffed up the 700 steps – Cardiac Hill, Steep Ravine and Eusult Hill to reach Stinson Beach where a salty dip in the Pacific was the only way to cool off and fight the poison ivy.

Many Dolphins were participants: John Beale, Pax Beale, Don Ross, Larry Witter, Bill Walden, Tim Smith, Chuck Stagliano, Buck Swannack, and Walt Stack.

George Tracy and Bill Powning joined the picnic table hosted by Chuck Stagliano and party.

MORE BIG RACES

The Bay to Breakers Race on May 16th and the Angel Island Race on May 9th included scores of Dolphin runners. 980 finished at Angel Island, including Jack Bettencourt, S. Sancimino, Harry Cordellos, and Bill Walden.

They say there were about 5000 runners at the Bay to Breakers. Nobody will ever know.

Al Burke was at his accustomed station at the west end of Golden Gate Park cheering the Dolphin runners: "MAKE YOUR MOVE 987!!!"

PIKE'S PEAK MARATHON

George Wertin and Walt Stack finished again on August 1st. Their ages add up to 133 years!

2ND ANNUAL DOUBLE DIPSEA RUN

The second annual Double Dipsea is scheduled for September 18th, 1976, Saturday at 8:30 AM starting from the hamburger stand at Stinson Beach.

The time limit is 4 hours. The record, held by Jose Cortez of the Redwood City Striders, is 1:45:43. This is an AAU event sponsored by the SFDSE Runners.

The Double Dipsea is probably the toughest running contest in the world for a short course of 13.4 miles.

Try it.

ROWING



ROWERS' LONG DISTANCE COMPETITION

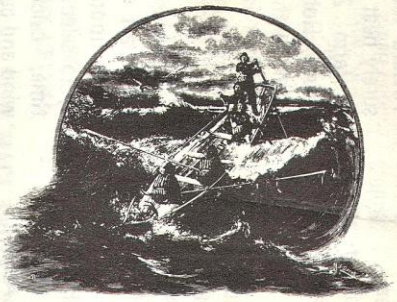
So far only a few trials have been completed. Toward the end, things will surely heat up.

Herm Zahler is leading Tom Robb and Gordon Cook in the Alcatraz course.

Zahler is also leading Pete Bianucci in the Anita Rock course.

These are solo ventures. A good part of the contest depends upon the rower's ability to select the right starting time, calculating for tide, wind and currents.

DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109



WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116

DIRECTOR OF PUBLIC RELATIONS
Robin Kinkead

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Frank Drum
Dick Beeler
Will Debrunner
Jim Mayall

ROWING OFFICIALS
Steve Pinetti, *Rowing Commissioner*
Steve Wolf, *Asst. Rowing Commissioner*
Lawton Hughes, *Rowing Coach*
Tom Troneum, *Rowing Coach, Lake Merced*

HANDBALL COMMISSIONERS
Gene Simmons, *Handball Commissioner*
Ed Kenney, *Assistant Handball Commissioner*

RUNNING OFFICIALS
Walt Stack, *Running Commissioner*
Buck Swannack, *Asst. Running Commissioner*
Chuck Stagliano, *Asst. Running Commissioner*

GYMNASIUM OFFICIALS
Rico Passanisi
Mike Horst
Rich Fossat
Jim Keely

HOUSE COMMITTEE
Herman Zahler, *Boat Captain*
Stan Hlynsky, *Asst. Boat Captain*
Bert Arias
George DeGear
Jack Giacomini
Jerry Kafka
Lou Marcelli
Rico Passanisi
Peter Sturiale



DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS 1976

President . . . . . Gordon Cook
Vice-President . . . . . Bill Walden
BOAT CAPTAIN . . . . . Herman Zahler
Treasurer . . . . . Lawton Hughes
Financial Secretary . . . . . Daniel Murphy
Recording Secretary . . . . . David Hinton

BOARD OF GOVERNORS

Frank Mennucci		Walt Stack
Jerry Kafka		Jack Giacomini
Tom Gould	Tom Dougherty	Ray Talavera

Regular meetings are held promptly at 8:00 P.M. every third Wednesday, January through November. Our annual general meeting is held on the second Wednesday of December at 8:00 P.M.

HANDBALL

Gene Simmons and Ed Kenny are expected to retire as Handball Commissioners soon. It appears that Al McCann will continue their good work.

See what happens at the next meeting.

Here are the latest results of our latest tournament:

Singles

A Class	1. Al McCann
	2. Andy Burleigh
	3. Bill Walton
B Class	1. Mike Horst
	2. Al Routh
	3. Phil Sturiale
C Class	1. Ed Kenney
	2. Paul Capurro
	3. Pat Kelly
D Class	1. George Van Vranken
	2. Ray Belluomini
	3. Frank Drum

IN MEMORIAM

Gregg De Gear
of Sebastopol, Ca.

Saturday, September 4, 1976

He was the son of George DeGear. Our condolences to his bereaved family.



Photo by William E. Reister, San Francisco

DOLPHIN LOG

SAN FRANCISCO

JANUARY 1977

Bill Walden, *Editor*

CENTENNIAL

ORGANIZED 1877

OFFICIAL BULLETIN OF THE

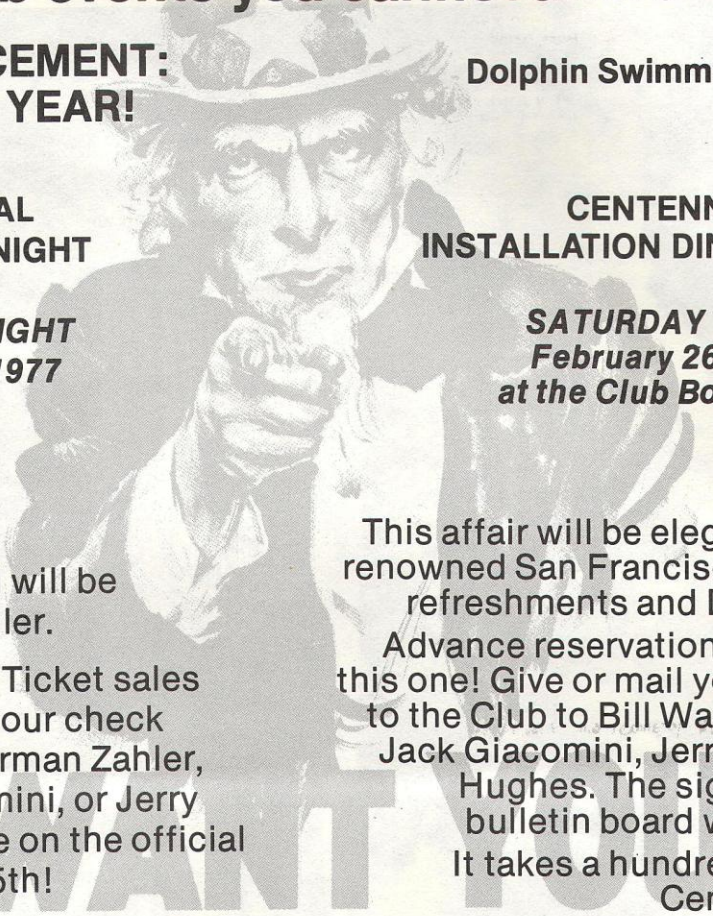
DOLPHIN

SWIMMING AND BOATING CLUB

ONE HUNDRED YEARS IN SAN FRANCISCO
The two club events you cannot afford to miss:

SPECIAL ANNOUNCEMENT:
OUR CENTENNIAL YEAR!

Dolphin Swimming & Boating Club
1877-1977



CENTENNIAL OLD TIMER'S NIGHT

SATURDAY NIGHT
January 22, 1977

$5.00 each member
$7.50 one guest only

A great cracked crab feed will be organized by Herman Zahler.

Reservations in advance. Ticket sales are limited! Give or mail your check payable to the Club to Herman Zahler, Dan Murphy, Jack Giacomini, or Jerry Kafka. Your name must be on the official sign-up before January 15th!

This happens only once every hundred years!

CENTENNIAL INSTALLATION DINNER DANCE

SATURDAY NIGHT
February 26, 1977
at the Club Boathouse

$12.50 per ticket

This affair will be elegantly catered by a renowned San Francisco house. No host refreshments and Dinner at 8:00 p.m.

Advance reservations only. Don't miss this one! Give or mail your check payable to the Club to Bill Walden, Dan Murphy, Jack Giacomini, Jerry Kafka or Lawton Hughes. The sign-up sheet on the bulletin board will list your name.

It takes a hundred years to make a Centennial. Be there!

Featuring Dave Warren and "The Incognitos" Dixieland Jazz Band.

1977
DOLPHIN SWIMMING AND BOATING CLUB
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Gordon Cook — Ray Talavera — Charles Stagliano

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Will Debrunner, *Asst. Commissioner (financial)*

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Jack Giacomini
Jerry Kafka
Lou Marcelli
Rico Passanisi
Peter Sturiale



ANNUAL NEW YEAR MORNING ALCATRAZ SWIM 1977
THE CLASSIC SOUTH END INVITATIONAL

Frank Blair	D.C.*	34:45
Bob Roper	S.E.**	35.07
Denis Rice	S.E.	38:34
Veronika Mann	D.C.	42:52
Skip Ohlson	D.C.	47:43
George Farnsworth	S.E.	47:45
Modesto Lanzone	D.C.	50:52
Tom Hofmann	D.C.	50:55
Buck Swannack	D.C.	60:32
Stan Hlynsky	D.C.	63:57

*D.C. – Dolphin Swimming and Boating Club
**S.E. – South End Club

John Lynch and Hoot Gibson were zapped by the powerful ebb tide. These South Enders pretty near mede the Muni Pier and would have had to finish at Crissy Field if they continued. Congratulations! John Lynch and Hoot Gibson! Water Temperature: 49°.

Water Safety Man: Tom Rice, S.E. Tom Rice was 89 minutes in the water.

South End Pilots:	Dolphin Pilots:
Joe Davis	Tom Dougherty
Mel Trowbridge	Bill Walden
Phil Hunter	Frank Drum
Ray Savigliano	Herman Zahler
Thompson Mann	Ray Talavera
Hector Valencia	Hans Kramer
Joe Michaels	Al McCann
Sal Reina	Hal Miramonte
John Tarantino	Bill Powning
John Brennan	
Brian Neville	

SPECIAL NOTE: New Year's Cove Swim

Shortly after the Alcatraz effort, Veronika Mann, D.C., won the Cove Swim sponsored by the Dolphin Club that same morning! Veronika is POWERFUL!

NEW YEAR'S DAY COVE SWIM 1977

Veronika Mann	14:32	Stan Hlynsky	18:01
Bud Jenkins	15:08	Bob Hoff	18:49
Modesto Lanzone	16:02	Harold Miramonte	19:00
Rudy DeMay	16:12	Bill Powning	19:57
George Kebbe	16:22	Bob Neuer	21:23
Mary Ann Kaufman	17:12	Jack O'Leary	21:29
Joe Bruno	17:28	Art Bauer	29:28
John Tansley	17:30		

George Kebbe is 23 years old.
Joe Bruno is 64 years old.

Mann, Lanzone and Hlynsky all finished the Alcatraz swim an hour or so earlier!

Tasty refreshments were served in the Staib Room to all participants.

DOLPHIN POLAR BEAR SWIM
December 19th, 1976
In The Cove

Frank Blair	12:13	Joe Carroll	18:21
Jim Hulihan	12:45	Hal Miramonte	18:37
Tom Hofmann	13:35	Charbel Kebbe	18:48
Sally Antonchuk	14:11	Lou Gallic	19:00
Skip Ohlson	14:36	Bob Hoff	19:38
Veronika Mann	14:56	Bill Powning	20:30
Jim Vanya	15:54	Mack McCaleb	20:49
George Kebbe	15:59	Tom Dougherty	22:48
Jim Morino	16:24	Jack O'Leary	22:57
Mary Ann Kaufmann	16:39	Bob Neuer	26:09
Rudy DeMay	16:48	Hiro Tsyumine	26:34
Norbert Dally	17:34	Art Bauer	26:59
Joe Bruno	17:55	Frank Mennucci	27:14
John Tansley	18:15	PILOT:	Herman Zahler

JUDGES AND TIMERS: Frank Drum; Jim Mayall

RESULTS 100 MILE SWIM AWARDS
ONE-HALF MILE COVE SWIM 11-20-76

1. Rich Castro	14:48	8. Bill Greer	19:06
2. Bud Jenkins	14:58	9. Lou Gallic	20:18
3. Jim Morino	16:09	10. Tom Dougherty	22:12
4. Geo Kebbe	16:15	11. Jack O'Leary	23:47
5. Stan Hlynsky	17:06	12. Mac McCaleb	23:49
6. Joe Bruno	17:55	13. Al Bogart	28:12
7. Joe Carroll	18:24	14. Hec Stephen	29:29

Following a hearty breakfast prepared by Herm Zahler, Pete Sturiale and Jerry Kafka the awards for the Summer Distance Swim Program were presented to the 37 Dolphins who completed a minimum of 25 miles. Next years minimum will be **50 miles.** For those who may have forgotten a mile consists of 5,280 feet or 1,760 yards no more no less.

RESULTS OF THANKSGIVING DAY
HALF MILE COVE SWIM 11-27-76

1. Tom Hofmann	13:51	11. Hal Miramonte	19:41
2. Dick Beeler	14:45	12. Bill Powning	19:56
3. Jim Vanya	16:23	13. Lou Gallic	19:56:2
4. Geo Kebbe	16:24	14. Al Burke	21:27
5. Guido Lucchesi	16:46	15. Bill Johnston	21:36
6. Norbert Dally	18:06	16. Bob Neuer	23:02
7. Stan Hlynsky	18:16	17. Tom Dougherty	24:10
8. Joe Bruno	18:48	18. Mac McCaleb	24:21
9. Joe Carroll	19:18	19. Frank Drum	25.32
10. Charbel Kebbe	19:21	20. Art Bauer	28:35

As this was a fun swim no awards or prizes were given, however the Holiday Cheer flowed freely and all present appeared to have a good time making excuses why their swim times were not faster.

Many thanks to Jack Giacomini for serving the coffee, snails and drinks.

RESULTS OF 1976 SUMMER DISTANCE SWIMMING PROGRAM

100 MILES
Jim Mayall
Guido Lucchesi
Jack O'Leary
Jim Morino
Joe Bruno
Bill Greer
Lou Gallic

50 MILES
Frank Mennucci
Frank Drum
Stan Hlynsky
Norm Dally
Mac McCaleb
Cliff Quist
Tom Robb

75 MILES
Dan Murphy
Tom Dougherty
Hal Miramonte
Bud Jenkins
Bill Powning
Joe Carroll
Dick Beeler
George Kebbe

25 MILES
Mike Cerre
Lou Marcelli
Gordon Cook
Charbel Kebbe
Al Bogart
Jim Hulihan

25 MILES (cont)
Tom Hofmann
Pat Clancy
Hector Stephen
Bob Hoff
Jim Vanya
Paul Sylvester
Skip Ohlson

Honorable mention:
Chet Wing

RESULTS OF RICHARDSONS BAY SWIM OCTOBER 17, 1976

1. Pete Applegate	17:57	14. Joe Bruno	26:54
2. Frank Blair	18:27	15. Joe Carroll	17:01
3. Bill Harlan	18:54	16. Charbel Kebbe	17:05
4. Dick Beeler	20:28	17. Norm Dally	29:36
5. Tom Hofmann	20:29	18. Lou Gallic	31:14
6. Skip Ohlson	22:20	19. Stan Hlynsky	31:35
7. Bud Jenkins	22:32	20. Bill Johnston	31:36
8. Modesto Lanzone	23:58	21. Bill Powning	31:55
9. George Kebbe	24:56	22. Tom Dougherty	35:10
10. Buck Swannack	25:47	23. Al McCann	35:45
11. Pete Bianucci	25:49	24. Frank Drum	36:18
12. Jack Bettencourt	25:55	25. Hiro Tsuyumine	36.44
13. Mac McLeod	26:26	26. George Tracy	37.24

PILOTS: Herm Zahler, Gordon Cook, Bill Walden, Bob Katurich, Hans Kramer.

MORORIZED ESCORT: Bev & Lil Ferreira, Mr. & Mrs. Jim Kearney & Family, U.S. Coast Guard Auxiliary, Robert Masuda, Jack Whittenton, Betty Whittenton and D.H. Imhoff.

TIMERS & JUDGES: Lawton Hughes, Bev Bettencourt, Debbie Grenelle, Gaye Leonardi, Jean Wall.

After the swim some seventy two Dolphins and Guests enjoyed drinks and brunch at the Sausalito Yacht Club.

RESULTS 4TH ANNUAL OVER 45 JOINT DR. HOWARD MEMORIAL GASHOUSE COVE SWIM – 10-9-76

1. Bob Cunningham	S.E.	19:28:09	13. Nick Zoller	D.C.	25:06:05
2. Dave Lomski	S.E.	19:29:01	14. Bill Greer	D.C.	26:24:02
3. Frank Blair	D.C.	19:38:06*15.	Joe Bruno	D.C.	26:33:04
4. John Bricker	S.E.	20:25:07	16. Joe Carroll	D.C.	26:41:03
5. Dick Beeler	D.C.	20:45:07	16. Bob Hoff	D.C.	26:41:03
6. Geo Farnsworth	S.E.	21:37:00	17. Jack Bettencourt	D.C.	26:58:04
7. Pierre Hathaway	D.C.	21:43:03	18. Garrett Estes	S.E.	17:39:05
8. Frank Coghlan	S.E.	22:12:02	19. Bill Powning	D.C.	27:55:02
9. Bud Jenkins	D.C.	22:21:06	20. Lou Gallic	D.C.	28:45:05
10. Bill Blade	D.C.	22:32:07	21. Joe Weiss	D.C.	31:27:08
11. Modesto Lanzone	D.C.	22:48:04	22. Art Bauer	D.C.	39:13:08
12. Jim Morino	D.C.	23:58:00			

TIMERS: Dan Murphy and Frank Drum.

DOLPHIN CLUB PILOTS: Pete Biannucci, Bill Gaebe, Hans Kramer, Zack Stewart, Bill Walden and Herm Zahler.

SOUTH END PILOTS: Dan O'Neill, Joe Davis, John Hentz, Mel Trowbridge and Ray Savigliano.

59TH ANNUAL GOLDEN GATE SWIM RESULTS SUNDAY, SEPTEMBER 19, 1976

FINISH	NAME	TIME	AGE GROUP
1.	Mike Garibaldi	20:17	1
2.	Ed Duncan	20:53	2
3.	Bill Harlan	22:57	1
4.	Pete Applegate	23:03	3
5.	Frank Blair	23:50	1
6.	Lew Cook	24:46	2
7.	Bob Colyar	25:27	4
8.	John Moyes	25:42	1
9.	Jim Baird	25:42	5
10.	Conrad Liberty	26:02	6
11.	Tom Hofmann	26:15	7
12.	Mickey Lavelle	27:08	2
13.	Dick Beeler	17:24	1
14.	Lou Nagy	27:27	1
15.	Joe Flahavan	27:42	1
16.	Skip Ohlson	28:06	8
17.	Steve Rose	28:28	1
18.	Dave Puder	28:42	9
19.	Rich Castro	28:52	10
20.	Pierre Hathaway	30:10	1
21.	Bud Jenkins	30:14	2
22.	Guido Lucchesi	30:15	3
23.	Bill Blade	30:27	3
24.	Modesto Lanzone	30:55	2
25.	Jim Morino	32:55	3
26.	Rudy DeMay	32:36	4
27.	Pete Bianucci	34:16	11
28.	Norm Dally	34:37	4
29.	Tom Robb	34:43	5
30.	Walt Schneebeli	34:59	4
31.	Nick Zoller	34:59	2
32.	Charbel Kebbe	35:07	2
33.	Tsi Wang	35:08	12
34.	George Kebbe	35:15	3
35.	Jack Bettencourt	35:17	6
36.	Jim Mayall	35:27	1
37.	Joe Bruno	35:27	2
38.	Lou Gallic	36:45	1
39.	Buck Swannack	37:07	2
40.	Bill Powning	37:21	3
41.	John Beale	37:35	5
42.	Bill Greer	37:48	2
43.	Hal Miramonte	37:54	4
44.	Steve Pinetti	38:35	3
45.	Al Burke	39:59	7
46.	Ray Talavera	40:31	5
47.	Don Warto	41:27	8
48.	Ken Crutchlow	41:40	13
49.	Mike Cerre	43:30	4
50.	Pat Clancy	43:59	9
51.	Tom Daugherty	44:06	5
52.	Al McCann	44:10	4
53.	Mike McElligott	44:20	2
54.	Paul Sylvester	46:30	2
55.	Stan Hlynsky	47:09	14
56.	Art Bauer	49:35	6
57.	Bill Johnston	49:35	15

PILOTS, TIMERS, JUDGES, HELPERS AND OTHER PERSONNEL ON GOLDEN GATE SWIM SUNDAY, SEPTEMBER 19, 1976

PILOTS – DOLPHIN CLUB

Jerry Kafka
Herman Zahler
Gordon Cook
Matthew Cook
Bill Walden
Tom Troneum
Steve Wolf
Jim Gaebe
Aldo Cuneo paddle board
Nick DeMay paddle board
Hans Kramer
Dave Hinton
Pete DeLucca bartender
Bob Katurich swimmer's boat
Charle Korelec power boat
Hiro Tsuyumine swimmers bus
Frank Mennucci bartender
Pete Sturiale cook
Dan Murphy timer
Paul Kantroon timer
Bev Bettencourt timer
Skip Swannack timer
Hector Stephen assistant
Jack Giacomini assistant

PILOTS SOUTH END CLUB

Ray Savigliano
Joe Davis
George Farnsworth
Norm Peterson
Mel Trowbridge
Sal Reina
Bob Keller
Joe Michaels
Bill Woodbridge
John Hentz
John Brennan
Hector Valencia

Coast Guard Auxiliary "Quo Vadis"
Crew: Bob Walton, Ed Cowing and Chuck Nunnemaker.
Spectator boat "Lene Marie".
Crew: Craig Brooks and Jeff Mann.
Spectator boat "Beth #2"
Patrol boat "Lil Bev",
Crew: Lil and Bev Ferrera.
Power boat operators: Tom Edwards and Joe Capelli

RESULTS OF ONE MILE COVE SWIM SEPTEMBER 11TH, 1976

1. Pete Applegate	11:09:9	21:45:1
2. Frank Blair	12:08:8	23:25:4
3. Dick Beeler	13:37:3	25:40:3
4. Bud Jenkins	15:17:8	28:59:4
5. Rich Castro	15:28:7	29:10:3
6. George Kebbe	16:09:1	31:23:6
7. Jim Vanya	16:44:3	32:31:7
8. Nick Zoller	17:08:5	32:55:1
9. Bill Greer	17:55:2	34:44:4
10. Hal Miramonte	18:11:7	34:44:7
11. John Kebbe	18:33:3	35:04:3
12. Jack Bettencourt	18:31:6	35:12:0
13. Lou Gallic	19:28:9	36:27:1
14. Al Burke	21:03:5	39:19:1
15. Mac McCaleb	25:28:4	DNF
16. Jim Mayall	DNF	DNF

PILOTS: Bill Walden, Dave Hinton. TIMERS: Joe Carroll, Frank Drum
GALLEY CAPTAIN: Pete Sturiale

RESULTS 1ST ANNUAL TWICE AROUND COVE SWIM SEPTEMBER 5TH, 1976

	1st Time	2nd Time
1. Pete Applegate	18:50	38:21
2. Frank Blair	19:26	39:35
3. Jim Baird	19:50	41:29
4. Dick Beeler	21:37	43:59
5. Tom Hofmann	21:40	44:43
6. Skip Ohlson	23:43	49:00
7. J.R. Robertson	23:50	50:12 (Guest)
8. Dave Puder	24:24	52:09 (Guest)
9. Guido Lucchesi	26:10	52:28
10. Modesto Lanzone	26:27	53:09 11th place
11. Jim Morino	26:32	53:08 10th place
12. George Kebbe	26:33	54:30
13. Norman Dally	28:05	58:26 14th place
14. Nick Zoller	28:11	57:51 13th place
15. Jim Mayall	28:32	58:27
16. Ray Talavera	29:20	65:16
17. Bill Greer	32:12	71:30 19th place
18. Bill Powning	33:35	68:56 17th place
19. Lou Gallic	34:22	71:22 18th place
20. Jack Bettencourt	32:36	DNF

PILOTS

Jim Gaebe	D.C.
Bill Walden	D.C.
Herm Zahler	D.C.
Al Burke	D.C.
Gordon Cook	D.C.
Art Michel	D.C.
John Brennan	S.E.

TIMERS

Bev Bettencourt
Dan Murphy
Frank Drum

CHEF

Pete Sturiale

After the serving of coffee and cake, ribbons were awarded to the finishers.

SANTA CRUZ CITY LIFEGUARDS 1976 SANTA CRUZ ROUGHWATER SWIM AUGUST 14

MEN'S OPEN (12-24)	AFFILIATION	AGE	TIME	PLACE
16. Nick Demay	Dolphin Club	23	N.T.	----
MEN'S (25-29)				
1. Joel Wilson	South End Rowing Club	27	19:06	1st (overal
3. Gordon Gallic	Dolphin Club	27	22:25	3rd
4. Richard Glass	South End Rowing Club	27	23:03	4th
MEN'S (30-34)				
5. Pete Applegate	Dolphin Club	34	23:04	5th
11. Tony Gibson	South End Rowing Club	33	N.T.	----
12. Tom Hofmann	Dolphin Club	33	N.T.	----
MEN'S (35-39)				
2. Thomas Dougherty	Dolphin Club	36	34:02	2nd
MEN'S (40-44)				
1. Hector Valencia	South End Rowing Club	42	27:02	1st
2. Don Mac Pherson	South End Rowing Club	41	27:59	2nd
3. William Woodridge	South End Rowing Club	40	30:18	3rd
4. Bill Wilson	South End Rowing Club	41	N.T.	----
5. Tom Robb	Dolphin Club	44	33:32	4th
MEN'S (45-49)				
3. Richard Frenzel	South End Rowing Club	45	28:15	3rd
4. Rudy DeMay	Dolphin Club	46	30:55	4th
5. James Morino	Dolphin Club	45	30:57	5th
10. Joe Michael	South End Rowing Club	45	40:52	10th
11. Jack Bettencourt	Dolphin Club	47	N.T.	----
MEN'S (50-54)				
1. Norm Peterson	South End Rowing Club	51	28:00	1st
2. Bill Blade	Dolphin Club	52	28:18	2nd
3. Bud Jenkins	Dolphin Club	51	28:22	3rd
MEN'S (55-59)				
1. John Bricker	South End Rowing Club	56	24:40	1st
2. George Furlong	South End Rowing Club	59	27:38	2nd
4. William Powning	Dolphin Club	55	39:53	4th
5. Dick Beeler	Dolphin Club	55	N.T.	----
MEN'S (60-64)				
1. Lou Nagy	Dolphin Club	64	27:18	1st
4. Joseph Bruno	Dolphin Club	63	34:35	4th
5. Frank Drum	Dolphin Club	61	47:10	5th
MEN'S (65-UP)				
2. James Mayall	Dolphin Club	68	30:13	2nd
3. Garret Estee	South End Rowing Club	67	31:12	3rd
4. Joe Caroll	Dolphin Club	69	35:00	4th
5. Vern Louden	Dolphin Club	68	36:33	5th
6. Bill Greer	Dolphin Club	71	36:40	6th
7. Louis Gallic	Dolphin Club	72	39:37	7th
8. Joe Weiss	Dolphin Club	75	43:37	8th

CALIFORNIAN SWIMS STRAITS OF MAGELLAN

December 30th News Item:

Lynne Cox of Los Alamitos and U.C. Santa Barbara became the first to swim this course at the tip of South America. The time was reported as 1 hour and 2 minutes for the 3 miles. She has also swam the English Channel.

NELLIE BROWN, 83 YEARS OLD

20 Gold Medals, 11 Blue Ribbons and 13 Trophies.

Nellie won all six events at the AAU Masters Long Course Championships at St. Louis in October 1976.

Since her early childhood as a polio victim, Nellie Brown had been swimming for recreation and therapy.

In 1974 the coach of the D.C. Masters swimming team saw her in Alexandria, West Va. YMCA pool and encouraged her to enter competitive events.

"I don't care that much about medals" Nellie related with a pleased smile, "I Just want to keep going."

(from the San Francisco Chronicle, November 21, 1976)

ROWING NEWS

The trophies were distributed at the special Rowing Awards Dinner Dance at the Clubhouse on Saturday, October 23, 1976.

Herman Zahler has been our star chef. At our clubhouse affairs the regular assistants always resurface: Pete Sturiale, Jack Giacomini, Dan Murphy, Moon Passanisi, Bob Katurich and Jerry Kafka.

LONG DISTANCE ROWING AWARDS

ALCATRAZ COURSE

1st Herman Zahler
2nd Tom Robb
3rd Gordon Cook

ANITA ROCK COURSE

1st Herman Zahler
2nd Pete Bianucci
3rd Bill Walden
4th Al Burke

PILOTS AWARDS:

Bill Walden
Herman Zahler
Gordon Cook
Matt Cook
Frank Mennucci
Jerry Kafka
Jim Gaebe

100 MILE LOG:

Herman Zahler
Al Casciato
Mickey Griffin
Steve Wolf
Tom Troneum
Bill Walden
Dave Hinton
Ed DeCossio
Tom O'Connel
Ed Curtis

PARTICIPANTS

Bill Johnston
R. Barnes
Art Michel
Frank Drum
Jim Gaebe

Art Michel
Dave Hinton
Al Burke
Tom Robb
Tom Dougherty
George DeCossio
Jack Cooper

Pete Bianucci
Jerry Kafka
Neal Clayton
Tom Robb
Tom Dougherty
Gordon Cook
Frank Mennucci
Skip Ohlson
Jim Mayall
F. Fulton
Al McCann
Sal Margulies
Larry Payne
Matt Cook
Jack Cooper

SPECIAL ROWING AWARDS:

Lawton Hughes
Tom Troneum
Ed DeCossio

LONGBOAT CONTEST

On Sunday, October 10th, 1976 the South End and the John Wieland were rowed to the Coast Guard Station near Fort Point. The course was 2½ miles from the Station to the Cove.

These 40-footers are the special pride of the Dolphin Swimming & Boating Club and the South End Club.

Their venerable ages make them unique in this whole country, and even the world.

Replenished by a powerful, champion crew at the Station, the South End handily bested the John Weiland by 38 seconds: South End: 12:42; Weiland: 13:20.

Congratulations South End Rowers!

PAT QUESNEL PULLS DORY TO HAWAII

The 27 year old fisherman from Washington state made the 111 day voyage single handed. He rowed 2300 miles from La Push on the Olympic peninsula to Honolulu, arriving on November 2, 1976. He is the first person to do this from the mainland of the U.S. He said, "I decided to do something like row to Hawaii rather than spend the rest of my life reading about it."

Pat used a 22-foot dory. A few years ago, with a partner from Piedmont, Pat attempted the Pacific crossing starting from San Francisco, where he had outfitted his dory, while tied up at Fisherman's Wharf near Scoma's. Emilio Massucco and Bill Walden escorted them to the Golden Gate Bridge in the Viking that morning wishing them good luck. Pat had to bring his partner back after a brief time at sea during that attempt. Congratulations – Pat Quesnel!

DOLPHIN S.F. BAY VOLUNTEER LIFE SAVING AND RESCUE SOCIETY

On Saturday, October 9th, 1976, a sailing dinghy was picked up and towed to the Desperado out of Anchorage, Alaska, anchored in the Cove.

Participating were Herman Zahler, Jerry Kafka and Bill Walden.

EDDIE DECOSSIO SR. FEATURED IN SAN FRANCISCO PROGRESS

There was a great photograph of Ed and his dancing partner in the Progress on Sunday, November 28th.

The Senior Activities Center on Fourth near Folsom was the scene where the folk dancing was sparked by Ed and his partner.

Eddie has rowed to Sacramento twenty times. Lately, in 1975.

The Center caters to dancers over 65.

RUNNER'S NEWS

ANNUAL AWARDS GALA
SATURDAY, JANUARY 8TH, 1977, 7:00 P.M.
$2 if you bring a dessert, $3 if you don't
At the Dolphin Swimming and Boating Club

Initiated by the Dolphin Swimming and Boating Club in 1966, a running program was approved, and shortly afterwards was known as the San Francisco Dolphin South End Runners.

About 900 families of men, women, gorls and boys are now regular participants in the world-famous Dolphin-South End regular runs. These are the San Francisco Scenic Runs and the Invitational regular runs all over the United States, such as Pike's Peak, and the Boston Marathon.

Many Dolphins remember the early Dipsea and Bay to Breaker Runs when only a handful of us were present. Look at them now!

Walt Stack was recently reelected as President of the Dolphin South End Runners.

1977 "DSE" (Dolphin South End Runners) SCENIC RUNS OF SAN FRANCISCO

This schedule includes only DSE runs. For information on AAU races, contact the AAU office at 942 Market Street, San Francisco.

1. Sun.	Jan. 9	10 a.m.	1.25 mi.	Single Muni Pier – Meet at Dolphin Club – Foot of Hyde St.
2. Sun.	Jan. 16	10 a.m.	2.5 mi.	Double Muni Pier – Meet as above
3. Sun.	Jan. 30	10 a.m.	3.65 mi.	Presidio Gate – Meet at DSE
4. Sun.	Feb. 6	10 a.m.	2.5 mi.	Coit Tower – Meet as above
5. Sun.	Feb. 27	10 a.m.	3.85 mi.	Ferry Bldg. – Meet at Dolphin Club
6. Sun.	Mar. 6	10 a.m.	3.6 mi.	Twin Peaks – Meet at Portola Dr. and Twin Peaks Blvd.
7. Sun.	Mar. 13	10 a.m.	5. mi.	Lake Merced – Meet at Boathouse
8. Sun.	Mar. 20	10 a.m.	7. mi.	Golden Gate Toll Plaza Via the Promanade – Meet at DSE
9. Sun.	Apr. 3	10 a.m.	4.5 mi.	Legion of Honor – Meet at Parking Lot Uphill from 31st and Clement
10. Sun.	Apr. 17	10 a.m.	2.4 mi.	Nob Nill – Meet at DSE
11. Sun.	Apr. 24	10 a.m.	6. mi.	Ocean Beach – Meet at Balboa and Great Hwy – On the Beach
12. Sun.	May 8	8 a.m.	7.63 mi.	Practice Bay to Breakers – Meet at Howard and Spear.
13. Sun.	May 29	10 a.m.	5.5 mi.	Golden Gate Bridge Vista – Meet at Legion of Honor Parking Lot
14. Mon.	May 30	10 a.m.	4. mi.	Diamond Heights – Meet at Legion of Honor Parking Lot
15. Sat.	June 18	6:30 p.m.	5. mi.	Summer Solstice Run and BYO Picnic – Meet at Lake Merced Boathouse
16. Sat.	June 25	10 a.m.	4. mi.	Kennedy Drive – Meet at Polo Field
17. Sun.	July 3	10 a.m.	9.5 mi.	Double Lake Merced – Meet at Boathouse
18. Mon.	July 4	10 a.m.	4. mi.	Baker Beach and BYO Picnic – Meet at Beach Parking Lot
19. Sun.	July 10	10 a.m.	4. mi.	Land's End – Meet at Balboa and Great Hwy
20. Sun.	July 24	10 a.m.	3.7 mi.	Ft. Point Via the Promanade – Meet at Presidio Gate – Marina Blvd.
21. Sat.	July 30	10 a.m.	4. mi.	Golden Gate Bridge – Meet at Fort Point

For further information, write to Pete Alexander, 336 San Jose Avenue, San Francisco, CA 94110.

HANDBALL NEWS

Centennial Commissioners for 1977 will be as follows:

Handball Commissioner: Phil Sturiale

Assitant Commissioners: Steve Tomei, Steve Pinetti, Will Debrunner (financial)

The new year of our Centennial in 1977 has much in store for anyone who wants to play handball. First of all we have four new commissioners with new ideas.

Starting in January there will be a Singles Tournament for all classes: A, B, C, and D. The favorites are as follows:

A Class: Al McCann, Andy Burleigh, Joe Flahavan
B Class: Phil Sturiale, Bernard Yosten, Ed Kenny
C Class: Steve Pinetti, Mike Cerre, Willie Durkin
D Class: Frank Drum, Terry Cush, Art Bauer

Entry fee is $4. Please pay promptly to Commissioners. At once, please, because this issue is late from the press, and we had planned to have a deadline by January 8th!

Trophies for 1st, 2nd, and 3rd places will be awarded to each class.

DOLPHIN SWIMMING AND BOATING CLUB 1877 BICENTENNIAL YEAR 1977

HANDBALL PLAYERS

A CLASS	*B CLASS*
Don Barash	George Brennan
Dave Berti	Paul Capurro
Andy Burleigh	Jim Cunnie
Rudy Capriotti	Will Debrunner
Joe Flahavan	*Denis Devlin*
Jim Glafkides	George Faltico
Mike Horst	Jose Fernandez
Bill Johnston	Howard Hall
Vince P. La Rocca	John Hodge
Dino Landucci, Jr.	Ed Kenny
Art O'Keefe	Charlie Korelec
Alan McCann	Skip Ohlson
Harry Miller	Dino Pangalos

A CLASS	B CLASS
Rico Passanisi	Bill Pfister
Al Routh	Phil Sturiale
Gene Simmons	Buck Swannack
Byron Van Alstyne	Walt Thurman
Bill Walton	Bernard Yosten

C CLASS	D CLASS	D CLASS (cont)
Bill Arietta	Bob Barnes	Ron Schroth
Ray Belluomini	Art Bauer	Larry Schultz
Mike Cerre	Pete Briggs	Tom Silk
Terry Collins	Perry Burr	Paul Watters
Jim Deasy	Jack Cooper	John Whalen
Michael Doyle	Terry Cush	Nick Winslow
Willy Durkin	Frank Drum	Charles Zarkskorn
Angelo Gounarides	Nick Galousin	
Pat Kelly	Sid Goldstein	
Lou Landini	Walt Haake	
Dino Landucci, Sr.	George Kebbe	
Gene Larson	Jim Leonard	
Joe Luchini	Tom Lyons	
Dave Pigott	Mike McElligott	
Steve Pinetti	John Nestor	
Steve Rose	Dan Padilla	
Walt Schneebeli	Len Pera	
Rich Schultz	Drummond Pike	
Steve Tomei	Dan Reed	
George Van Vranken	Monte Sahagian	

PUMPING IRON

Change continues in Joseph B. Keenan Hall as new equipment is constantly being acquired.

The latest addition is a three-tiered squat rack, now permanently affixed to the wall. A new bench press and extra plates are scheduled, as well as a new set of dumbbells.

It has been a tough job to find repair parts for the rowing machine. So that is our next project. This is our best rainy day exercise machine.

Our thanks to Neal Clayton for his many splendid gymnasium equipment donations and to Dave Hinton for lacquering the weights.

DOLPHINS HOST CHILDREN FROM RECREATION CENTER FOR THE HANDICAPPED

32 kids and 9 staff workers with the Recreation Center for the Handicapped located at 207 Skyline Boulevard were guests of the Dolphin Swimming and Boating Club on December 7, 1976.

The Captain Ron I, skippered by Paul Capurro, and with Dino Landucci as Mate, hauled them out in the Bay for a great boat ride.

Many of these children are retarded in addition to other handicaps. Everyone enjoyed.

A great lunch was hosted by the Club. Frank Mennucci and Hector Stephen slaved in the galley preparing hamburgers and miniature pizzas.

Workers from the Center: David Staff, Roberta Schnitzer, Cathy Tenant, Charles Jenkins, Barbara Bates, Brian Dineen, Martha Winthers, Kathleen *Lancaster.*

Workers from the Club: Frank Mennucci, Hector Stephen, Frank Drum, Jack Giacomini, David Hinton, Freddy Herms, Bert Arias, Al Bogart, Lawton Hughes, Stan Hlynsky, Bill Walden.

S.F. Fire Department: Lonnie Magnusen, Willy Durkin, Walt Batiste, Bob Verango; S.F. Police Departmentt: Al McCann, Bob Del Torre.

The Christmas party on December 19th was held in The Staib Room, as usual. Many members contributed home-prepared delicacies and Jack Giacomini served refreshments. The younger members saw to it that nothing had to be put back in the refrigerator.

DOLPHIN LOG

OFFICIAL BULLETIN OF THE

DOLPHIN SWIMMING & BOATING CLUB

JUNE 1977

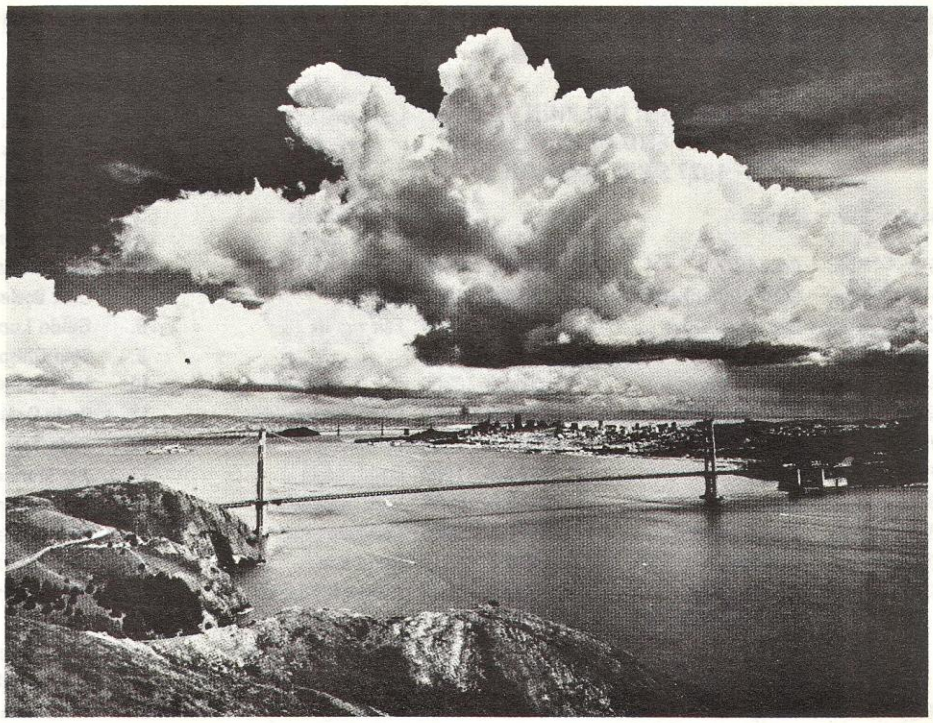


Photo by William E. Reister, San Francisco

SAN FRANCISCO **BILL WALDEN, *Editor*** **ORGANIZED 1877**

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1977
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Regular meetings are held promptly at 8:00 P.M. every third Wednesday, January through November. Our annual general meeting is held on the second Wednesday of December at 8:00 P.M.

DOLPHIN 1977 SWIM SCHEDULE

1.	Saturday	1/1/77	Short Cove Swim	11:30 A.M.
2.	Saturday	1/29/77	Pier 43½	10:45 A.M.
3.	Sunday	2/20/77	Gas House Cove	10:30 A.M.
4.	Saturday	3/12/77	Joint Over 60 Swim	11:00 A.M.
5.	Sunday	4/17/77	Spring Cove Swim	10:00 A.M.
6.	Saturday	4/30/77	Over 60 Cove Swim	10:30 A.M.
7.	Sunday	5/22/77	Cove Handicap	10:30 A.M.
8.	Thursday	5/26/77	Joint Gas House Cove	6:30 P.M.
9.	Saturday	5/28/77	2nd Annual Dolphin Quadrathon.	9:00 A.M.
10.	Saturday	6/18/77	Yacht Harbor Swim	10:45 A.M.
11.	Sunday	6/26/77	Pier 41	11:00 A.M.
12.	Saturday	7/9/77	2nd Annual Double Cove	10:00 A.M.
13.	Sunday	7/24/77	5th Annual Masters AAU Cove Swim (South End)	11:00 A.M.
14.	Saturday	8/13/77	Santa Cruz Pier Swim*	11:00 A.M.
15.	Sunday	8/28/77	Fort Point Swim	9:45 A.M.
16.	Sunday	9/4/77	60th Annual Golden Gate Swim	10:00 A.M.
17.	Saturday	9/17/77	Alcatraz Swim	10:00 A.M.
18.	Saturday	9/24/77	Dr. Howard Memorial Gas House Cove Swim	8:30 A.M.
19.	Sunday	10/16/77	Richardsons Bay Swim	9:45 A.M.

A Lake Tahoe swim and a 17 mile relay swim from the S.F. Light Buoy to Aquatic Park swim are in the planning stage.

* NOTE: This is tentative! Check bulletin board.

Frank Drum
SWIMMING COMMISSIONER

SWIMMING



ATTENTION: DOLPHIN PILOTS!
SOUTH END ROWING CLUB
1977 SWIM SCHEDULE

Date	Day:	Event:	Tide:	Approx. Start	Comments
5-1	Sun.	Cove (C/W)	H 1108 4.8	0930	
5-15	Sun.	Cove (3-Club) (C/W)	H 1133 4.4	1000	
5/26	Thur.	Gas House Cove (Joint) (nite)	H 1935 5.2	1830	Fair run-in
6-12	Sun.	Yacht Harbor	H 1032 4.0	0800	Fair run-in
6-19	Sun.	Tri-Sport Relay	H 1527 4.6	1200	Good run-in
7-24	Sun	Masters AAU (Cove)	H 0839 3.8	1100	(C/C/W)
7-17	Sun.	Fort Point	H 1412 4.8	1000	Good run-in
8-7	Sun.	Pier 41	L 1208 2.5	0930	Very little help
8-17	Wed.	Pier 43½ (nite)	L 2008 1.5	1830	Fair help
9-18	Sun.	Alcatraz	L 0923 2.3	0930	Good tide
10-2	Sun.	Golden Gate (North/South)	L 0859 2.7	0900	Jump off boat at Lime Point. (Spectators at Fort Point)
10-16	Sun.	Kirby Beach	L 0812 2.4	1000	
1-1-78	Sun.	Alcatraz (est.)	L 1025 2.4	1030	Good tide

PIER 43½ SWIM – JANUARY 29th, 1977

1.	Frank Blair	15:55	**TIMERS-JUDGES**
2.	Sally Jo Antonchuk	16:47	
3.	Veronika Mann	17:10	Skip Swannack
4.	Dick Beeler	17:12	Jim Mayall
5.	Skip Ohlson	18:10	Frank Drum
6.	Bud Jenkins	18:29	
7.	Guido Lucchesi	19:13	
8.	Modesto Lanzone	19:32	
9.	Rudy DeMay	20:10	
10.	Maryann Kaufman	20:26	
11.	Geo Kebbe	20:28	
12.	Zada Taft	21:14	
13.	Joe Bruno	21:42	
14.	Jerry Cullen	21.59	
15.	Buck Swannack	22:26	
16.	Stan Hlynsky	22:47	
17.	Charbel Kebbe	23:05	
18.	Joe Carroll	24:00	
19.	Bill Powning	25:25	
20.	Tom Dougherty	26:03	
21.	Jack O'Leary	30:20	
22.	Art Bauer	34:20	

PILOTS

Bill Walden D.C.
Herm Zahler D.C.
Gordon Cook D.C.
Cindy Ehrlich D.C.
Frank Coghlan S.E.
John Lynch S.E.
Joe Davis S.E.
Ed Bloom S.E.
John Hentz S.E.
Mel Trowbridge S.E.

RESULTS OF GAS HOUSE COVE SWIM
FEBRUARY 20, 1977

SWIMMERS

1.	Lou Zitnik	17:31		
2.	Sally Antonchuk	19:24	**PILOTS**	
3.	Frank Blair	19:31	Mel Trowbridge	S.E.
4.	Veronika Mann	19:38	Dan O'Neill	S.E.
5.	Jim Hulihan	20:18	Hec Valencia	S.E.
6.	Bud Jenkins	21:49	Tony Gibson	S.E.
7.	Dick Beeler	22:30	Ray Savigliano	S.E.
8.	Guido Lucchesi	23:00	Joe Davis	S.E.
9.	Skip Ohlson	23:29	John Hentz	S.E.
10.	Maryann Kaufman	24:17	Garrett Estes	S.E.
11.	Rudy DeMay	24:18	John Lynch	S.E.
12.	Zada Taft	24:32		
13.	Jim Morino	25:00	Al Burke	D.C.
14.	Geo Kebbe	25:20	Herm Zahler	D.C.
15.	Norbert Dally	26:06	Gordon Cook	D.C.
16.	Stan Hlynsky	26:12	Jerry Kafka	D.C.
17.	Buck Swannack	26:26	Bill Walden	D.C.
18.	Joe Bruno	26:48	Hans Kramer	D.C.
19.	Pete Bianucci	27:10	Jack Bettencourt	D.C.
20.	Joe Carroll	27:41	Jim Vanya	D.C.
21.	Hal Miramonte	27:45	Cindy Ehrlich	D.C.
22.	Charbel Kebbe	28:09	Bev Bettencourt	D.C.
23.	Bill Powning	28:28		
24.	Bill Greer	29:04	**TIMERS & JUDGES**	
25.	Lou Gallic	29:10	Jim Mayall	D.C.
26.	Tom Dougherty	30:24	Dan Murphy	D.C.
27.	Bob Neuer	31:33	Howard Hall	D.C.
28.	Pat Clancy	31:59	Frank Drum	D.C.
29.	Mac McCaleb	32:56		
30.	Jack O'Leary	33:39		
31.	Hiro Tsuyumine	33:54		
32.	Pat Flynn	DNF		

Pat Flynn making her first open water bay swim was not prepared for the wake of one of the Harbor Tour Boats. She says she will be ready next time.

After coffee and snails, awards were given to all participants.

OVER 60 COVE SWIM
March 12, 1977

1.	Joe Bruno	17:53
2.	Joe Carroll	19:17
3.	Bill Greer	19:35
4.	Lou Gallic	21:22
5.	Jack O'Leary	23:17
6.	Al Bogart	34:42
7.	Walt Stack	DNF

PILOTS
Bill Walden
Gordon Cook
Herm Zahler
Hans Kramer
Geo. Kebbe

TIMERS
Frank Drum
Jack Bettencourt

POLAR BEAR AWARDS COVE SWIM

Saturday, March 19, 1977

1.	Jim Hulihan	17:32
2.	Bud Jenkins	19:14
3.	Modesto Lanzone	21:24
4.	Geo Kebbe	22:41
5.	Jim Morino	22:58
6.	Jerry Cullen	23:59
7.	Joe Bruno	24:00
8.	Jim Vanya	24:09
9.	Buck Swannack	25:09
10.	Charbel Kebbe	25:24
11.	Joe Carroll	25:27
12.	Hal Miramonte	25:37
13.	Bill Powning	25:53
14.	Bill Greer	26:22
15.	Lou Gallic	27:17
16.	Bob Hoff	28:12
17.	Jack O'Leary	30:41
18.	Bob Neuer	30:54
19.	Art Bauer	36:44

PILOTS
Hans Kramer
Herm Zahler
Gordon Cook

TIMERS
Frank Drum
Dan Murphy

SPRING COVE SWIM – SUNDAY, APRIL 17, 1977

	NAME	TIME
1.	Mike Garibaldi	17:00
2.	Sally Jo Antonchuk	22:15
3.	Frank Blair	22:26
4.	Veronika Mann	22:48
5.	Carol Haffey	23:18
6.	Mickey Lavelle	23:36
7.	John Moyes	23:36
8.	Bud Jenkins	26:00
10.	Bill Blade	27:04
11.	Geo Kebbe	27:31
12.	Jim Morino	28:22
13.	Zada Taft	29:17
14.	Maryann Kaufman	29:28
15.	Jim Vanya	29:41
16.	Rudy DeMay	30:23
17.	Joe Bruno	30:26
18.	Jerry Cullen	30:30
19.	Norb Dally	30:45
20.	Marilyn Rodman	32:40
21.	Charbel Kebbe	33:58
22.	Bill Powning	34:41
23.	Jack Bettencourt	35:06
24.	Cindy Ehrlich	35:12
25.	Lou Gallic	37:40
26.	Stan Hlynsky	41:00
27.	Tom Dougherty	41:00
28.	Pat Flynn	42:24
29.	Pat Clancy	42:46
30.	Hiro Tsuyumine	46:04
31.	Art Bauer	52:32
32.	Hec Stephen	54:12

PILOTS	
Al Burke	D.C.
Herm Zahler	D.C.
Frank Mennucci	D.C.
Mac McCaleb	D.C.
Hans Kramer	D.C.
Ray Savigliano	S.E.

GALLEY CREW
Ray Belluomini
Pete Sturiale
Herm Zahler
Pete Campana
Al Burke
Hiro Tsuyumine

TIMERS
Dan Murphy
Jim Mayall
Frank Drum

After a plentiful serving of Hot Cakes, Sausage and Eggs, the awards were given to all participants.

3 CLUB COVE SWIM RESULTS

Sunday May 15, 1977

Joe Wilson	SE	15:20
Thompson Mann	SE	15:42
Lee Faust	SE (OC)	17:10
Denis Rice	SE (OC)	17:50
Bob Roper	SE	17:52
Frank Blair	DC	18:51
Mickey Lavelle	DC	19:40
Geo. Farnsworth	SE	21:53
Phil Ward	SE (OC)	21:58
Joanne Dake	SE	23:13
Ed Mackay	OC	23:56
Geo. Kebbe	DC	24:00
Ed Phipps	SE	24:58
Nick Zoller	DC (OC)	25:03
Bill Wilson	SE	25:54
Joe Bruno	DC	26:03
Hoot Gibson	SE	26:20
John Sullivan	SE	27:27
Bill Powning	DC	28:55

COVE HANDICAP SWIM

May 22, 1977

Finish	Name	Elapsed Time	Handicap	Net Tim
1.	Mike Garibaldi	37:50	21	16:50
2.	Tom Hofmann	38:10	12	26:10
3.	Carol Haffey	40:00	14	26:00
4.	Dick Beeler	40:02	12:30	27:58
5.	George Kebbe	40:33	9	31:33
6.	Sally Jo Antonchuk	41:26	18	23:26
7.	Frank Blair	41:27	18	23:26
8.	Karen Jacobs	41:45	5:30	36:15
9.	Lew Cook	41:53	17	24:53
10.	Zada Taft	41:59	7	34:59
11.	Jim Vanya	41:59	8:30	33:29
12.	Guido Lucchesi	42:25	9	33:25
13.	Claudia Fenton	42:45	3	39:45
14.	Rudy DeMay	42:51	8:30	34:21
15.	Marilyn Rodman	42:53	6	38:53
16.	Joe Bruno	43:10	7:30	35:40
17.	Nick Zoller	43:20	8	35:20
18.	Bud Jenkins	43:30	9	34:30
19.	Maryann Kaufman	44:35	6:30	38:05
20.	Charbel Kebbe	45:41	4:30	41:11
21.	Bill Powning	47:21	4	43:21
22.	Lou Gallic	52:30	4	48:30
23.	Don Warto	54:25	1	53:25
24.	Dan Padilla	54:35	2	52:35
25.	Pat Flynn	58:10	0	58:10
26.	Geo. Tracy	93:00	0	93:00
27.	Hec Stephen	DNF		
28.	Mac McCaleb	DNF		

PILOTS: Herm Zahler, Hans Kramer, Gordon Cook, Bill Walden, Dino Landucci
TIMERS: Jim Mayall, Tom Gould, Frank Drum

GARIBALDI AGAIN!
May 16th, 1977

Report from Fort Lauderdale, Florida. National Masters Swim Meet. Mike Garibaldi for five events: 2 Firsts, 1 Second, 1 Fourth, and 1 Fifth.

1650 Free style. (17:38) New National Record.
500 Free Style. (5:01:5) (1:10th of a second off record.)
200 Free Style. (1:49:9)
100 Free Style. (.50)
50 Free Style. (22:08)

ROWING

SINGLE HANDLED SAILING VOYAGE FROM JAPAN

February 6, 1977

T. Ikegawa, the small boat sailor from Japan was expected to arrive soon.

Herman Zahler, Al Burke, Gordon Cook and Bill Walden rowed out towards the Golden Gate.

At the Coast Guard Station they reported that no news had been received.

Ikegawa's arrival was much later that evening.

Congratulations to a courageous sailor!

A HERO OF SAN FRANCISCO BAY: JOHN NAPOLI, SAN FRANCISCO BAY FISHERMAN AND HIS 34-FOOT BOAT, FLORA.

(A San Francisco Bay newsletter would not be complete unless it brought back to attention what John Napoli accomplished.)

In August 1950 the 15,000 ton hospital ship, U.S. Benevolence, was returning to San Francisco loaded with 10 million dollars worth of new hospital equipment below, after test runs outside the Gate.

526 persons were aboard.

There was fog. The Mary Luckenbach knifed through the Benevolence's port bow.

Inside of 5 minutes the Benevolence had rolled over, and a half-hour later, she sank. Hundreds of survivors were attempting to survive in the treacherous waters under the Headlands.

John Napoli on his fishing boat was shocked at the terrible sight of hundreds of human beings trying to survive in the cold waters of the Bay.

He did not hesitate to dump his cargo of hard-earned crates of fish overboard. One by one he hauled aboard his human cargo. He brought his human cargo back to the Luckenbach, which had dropped its anchor. 'Back and forth he went transporting load after load of bedraggled, more-dead-than-alive victims.'

'As darkness approached, an exhausted John Napoli transferred the last of the 54 survivors that he personally had plucked from the water.'

The toll was surprisingly low; 498 were saved out of the 526 people aboard. Still, it was the worst Bay disaster since the Rio de Janiero went down in 1901.

John Napoli developed spine trouble and he could not fish any more. John Napoli rejected the gifts offered to him by his new friends. He said that he did not do any more than he would expect them to do for him.

Finally in 1961, Congress voted him $25,000 in compensation after the Navy compensated him for his lost cargo and damage to the Flora.

In 1952, the wreck of the Benevolence was dynamited as a hazard to navigation in the channel.

(This story is a synopsis of Dick Brill's article in the Progress of Jan. 21, 1977.)

SEPTEMBER INVITATIONAL G.G. BRIDGE, SOUTH TOWER TO AQUATIC PARK

The open ocean rowers of Santa Cruz have proposed an invitational rowing competition from the Bridge to the Cove. This will take place in September. Watch the bulletin board.

SANTA CRUZ AND MONTERY

On June 4th and 5th, Saturday and Sunday, all rowers who are experienced and have seaworthy boats are invited to compete in two events:

20 miles, Santa Cruz to Monterey

2 miles, a Santa Cruz course

See bulletin board for details.

Joe Weiss of Santa Cruz, Dolphin life member, will participate.

Lee Faraola, (408- 423-0243) is organizing this race.

1977 DOLPHINS TRIUMPH OVER 28 BOATS IN FIRST OPEN OCEAN ROWING REGATTA

(From the front page of the newspaper, Marin Scope)

"Two rowers from the Dolphin Club of San Francisco – Bill Walden and Larry Payne, competing in a rowboat of whitehall design with sliding seats – were first over the finish line in the "Open Ocean Regatta" held from the Sausalito Cruising Club on April 17.

The winners took one hour and two minutes to complete the five mile course.

Close behind were two Sausalitans, Kit Africa and Peter Christensen, in a fixed seat dory. Another local man, Billy Martinelli, in an identical boat also built by Africa, came in fifth in the 29-boat race that began at Horseshoe Cove and extended at its furtheest point to Kirby Cove outside the Golden Gate Bridge.

Third and fourth place finishers were Ed Blum of the South End Rowing Club of San Francisco in a sliding seat whitehall and Tom Rogers and Ed Walters of Santa Cruz in a fixed seat whitehall. . ."

Making creditable performances were Joe Weiss and Tom Robb in a Dolphin double and Gordon Cook in a Dolphin single. South Enders Danny O'Neill in a single and a double rowed by Bill Payne and Brian Nevelle were hard to pass before the Kirby Cove buoy.

In a recently completed new dory from his Davenport shop near Santa Cruz, Bill Gruenwald, the well-known boat-builder, assisted by Lee Faraola, Ted Ciesla and another rower, rowed valiantly. Lee said to me that their oars were too short.

Bill Walden and Larry Payne rowed the Viking. This lapstrake whitehall is 72 years old. It was built in the San Francisco cable-car barn. It is a very good boat.



DOLPHIN CREW VICTORIOUS OVER OAKLAND STROKES

The Dolphin racing crew was challenged by the Oakland Strokes to a 1000 meter race on the Oakland Estuary, Saturday, May 21st at noon.

Dolphin Swimming and Boating Club members Steve Wolf, Bruce Gendron, Mickey Griffin and Tom O'Connell met the challenge.

The Dolphin crew outpulled the Oakland Strokes by two boatlengths.

The Oakland club has again challenged the Dolphins, this time to an 1800 meter race at Lake Merced. This will be in June, date and time to be announced later.

ROWING REGATTA AT LAKE MERCED SCHEDULED FOR SEPTEMBER

Rowing teams from clubs and schools in Northern California will be invited.

LAKE TAHOE ROW

Mickey Griffin and Steve Wolf will repeat their spectacular feat in late August. All members who are interested in rowing around Lake Tahoe should see Steve and Mickey for details.

RUNNING



RACING SCHEDULES TO REMEMBER!

Sunday, June 5th	57th Statuto	9 AM
Saturday, June 11th	Lake Merced Relays	10 AM
Sunday, June 12th	12th Woodminster	10 AM

ANGEL ISLAND RACE

Brian Maxwell, 24 years old, of Berkeley, won the sixth annual Guardsmen's Race on May 7, 1977, in the time of 23:43 for the scenic hilly course of 4.8 miles.

1600 runners participated. The youngest was five years old.

Dolphin runners have supported this race since the event was first organized.

SOUTH END TRIATHLON RUNNING EVENT

On Sunday, June 19th, eight Dolphin runners will compete against the South End runners in a 13 mile cross-country race in Marin County. The course includes a reverse leg of the classic Dipsea event.

12,000 RUN BAY TO BREAKERS

Among the Dolphins sighted throughout the 7.6 mile Bay to Breakers race on May 15th were: Pax Beale, Ty Yamada, Mike Cerre, Walt Stack, Tom Gould, Pete Bianucci, Al McCann, Mike Horst, Gene Simmons, George Wertin, John Beale, Harry Cordellos, Mike Doyle, Jim Sancimino, Steve Sancimino, Jim Lenneman, Phil Sturiale, Steve Pinetti, John Whalen, Tim Smith, Buck Swannack, Skip Swannack, and Tom Silk.

Paul Geis, a Stanford graduate who represented the U.S. in the 1976 Olympic 5000 meters, set a record of 37:03 in the 7.6 mile Bay to Breakers race.

88 YEAR OLD GOLD MEDALIST

Eula Weaver of Santa Monica jogs a mile a day.

10 years ago she suffered a stroke and was nearly paralyzed. She moved from Illinois to Southern California to be near her grandson.

In 1975 she entered the National Senior Olympics in Irvine. She earned six gold medals during three years of competition running.

There is no one else left around who competes with Eula Weaver in the 1500 meter run for those over 80.

DOLPHIN CLUB PICNIC SUNDAY, JULY 31, 1977 AT ANGEL ISLAND

The picnic starts at 10:00 A.M.

A Special site has been reserved.

If arriving by ferry boat does not suit you, try rowing.

A five-mile race will be run around the island.

Watch the bulletin board for more details.

BOSTON MARATHON 81st running April 18, 1977

The Dolphin Club was represented at this year's running of the Boston Marathon by Chuck Stagliano and Ken Crutchlow.

A field of 3000 runners surged forward at 12:Noon in 80 degree heat in Hopkinton, Massachusetts.

It was a long, long afternoon, as the thermometer climbed into the mid-80's.

The heat took its toll from even the best in the field. Several of the seeded runners dropped out in the Newton Hills.

Derek Clayton, a Canadian Olympic Team member, won the race in 2 hours and 15 minutes.

Chuck Stagliano's time was 2 hours and 43 minutes for 275th place.

Ken Crutchlow finished in 4 hours.

PUMPING IRON

It is springtime again and the weight room is alive with those who wish to get their bodies 'summer trim'.

In addition to regulars Rich Fossat, Moon Passanisi, Neal Clayton, Mike Horst, Dave Hinton and Ivan Balarin, curious newcomers continue to ask for instruction and guidance. Among the visitors to Joseph B. Keenan Hall are Lonnie Magnusen, Al McCann, June Church, Dulcie Thorstensen and Barbara X.

A power lift contest is planned for early summer: bench press, squat, incline and military. Watch bulletin board for details.

Keenan Hall has taken on a more organized appearance thanks to Neal and Dave. There are racks for the dumbbells and barbells, a less cumbersome dip bar, and a repaired rowing machine was reinstalled. (Since then, the rowing machine has exhibited severe fatigue. It is time, perhaps, to seek a replacement. We invite proposals).

Bars have been fixed to at various weights to eliminate the need for constant change. Future additions include a set of light dumbbells and a leg extension machine.

The weight room commissioners require that you rack the weights after using them.

Please allow us to repeat this important requirement:

You must rack the wieghts after you use them.

We have a first class facility. Let's keep it that way.

HANDBALL

NOR-CAL SINGLES HANDBALL TOURNAMENT
BOB LITTLE BENEFIT

Captain Robert Little, S.F.F.D., was critically injured while on duty a night in September, 1976. Bob achieved national ranking in both singles and doubles. Now at age 50, he will never walk again.

Participating Clubs are: Dolphin Club, South End Club, University of California, Olympic Club, San Mateo Elks, San Francisco Central Y.M.C.A. and Chabot College.

Here's the schedule:

1st round	Sat., June 4	at the various sponsoring clubs
2nd round	Sunday., June 5	
3rd round	Tues., June 7	
4th round	Thurs., June 9	
5th round	Saturday, June 11	at South End & Dolphin Clubs
6th round	Sunday, June 12	

Please see Phil Sturiale, Handball Commissioner for additional details.

ANNOUNCEMENT!
HANDBALL DINNER DANCE
SATURDAY, JUNE 18

Watch the bulletin board for sign-ups. Talk to your handball commissioners: Phil Sturiale, Steve Pinetti, Steve Tomei, and Will Debrunner.

ADVANCE PAYMENT ONLY!
$30 per couple

ANNUAL DOLPHIN SOFT BALL GAME
MARRIED VS. SINGLES

OFFICIALS: Frank Drum and Moon Passanisi
Sunday, June 19th 9:30 A.M.
At Funston Field

Brunch will be served at 12:00 Noon
The Tab is Two Dollars

You must sign up to be served

MANAGER: Ray Belluomini

IN MEMORIAM

EDWARD B. BARRETT

In San Francisco, March 27, 1977, beloved husband of Evelyn Barrett of Alameda; father of James Barrett of Fremont; grandfather of four grandchildren; a native of San Francisco; aged 72 years; a member of the Inland Boatmen's Union of the Pacific of San Francisco; Screen Actors and Extras' Guild of San Francisco; member of the Dolphin Swimming and Boating Club of San Francisco.

IN MEMORIAM

FRANK D. PETITI

March 11, 1977; beloved husband of the late Mary Petiti; loving father of Jack Smith, Glen Smith, Helen Downall, Frank Petiti, and Patricia Prause; survived by 18 grandchildren and nine great-grandchildren. Member of the Dolphin Swimming and Boating Club of San Francisco.

JUNE 1977



DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

WALT SCHNEEBELI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116



DOLPHIN LOG

OFFICIAL BULLETIN OF THE

DOLPHIN SWIMMING & BOATING CLUB

DECEMBER 1977 CENTENNIAL YEAR



Photo by William E. Reister, San Francisco

SAN FRANCISCO **BILL WALDEN, *Editor*** **ORGANIZED 1877**

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Steve Wolf, *Asst. Rowing Commissioner*
Lawton Hughes, *Rowing Coach*
Tom Troneum, *Rowing Coach, Lake Merced*

HANDBALL OFFICIALS
Phil Sturiale, *Handball Commissioner*
Steve Pinetti, *Asst. Commissioner*
Steve Tomei, *Asst. Commissioner*
Will Debrunner, *Asst. Comm. (financial)*

RUNNING OFFICIALS
Chuck Stagliano, *Running Commissioner*
Buck Swannack, *Asst. Running Comm.*

GYMNASIUM OFFICALS
Rico Passanisi
Mke Horst
Rich Fossat
Jim Keely

HOUSE COMMITTEE
Herman Zahler, *Boat Captain*
Bill Walden, *Asst. Boat Captain*
Bert Arias
George DeGear
Jack Giacomini
Jerry Kafka
Lou Marcelli
Rico Passanisi
Peter Sturiale



1977
DOLPHIN SWIMMING AND BOATING CLUB OFFICERS AND BOARD OF GOVERNORS

President ..... Frank Drum
Vice-President ..... Tom Gould
BOAT CAPTAIN ..... Herman Zahler
Treasurer ..... Lawton Hughes
Financial Secretary ..... Daniel Murphy
Recording Secretary ..... David Hinton

BOARD OF GOVERNORS

Frank Mennucci — Tom Dougherty
Jack Giacomini — Walter Stack
Gordon Cook — Ray Talavera — Charles Stagliano

Regular meetings are held promptly at 8:00 P.M. every third Wednesday, January through November. Our annual general meeting is held on the second Wednesday of December at 8:00 P.M.

RESULTS 2nd ANNUAL DOLPHIN QUADRATHON • CYCLE/ROW/RUN/SWIM • SATURDAY, MAY 28, 1977

1.	Al Casciato, Bill Walden, Chuck Stagliano, Frank Blair	2:00:56	5.	Buck Swannack, Perry Burr, Ray Talavera, Maryann Kaufmann	2:09:36
2.	Bob Hoff, Dino Landucci, Tai Yamada, Bob Colyar	2:05:37	6.	Charles Corda, Steve Wolff, Skip Swannack, Lou Nagy	2:12:07
3.	Jim Strange, Herm Zahler, J. Bettencourt, Tom Hofmann	2:06:19	7.	Geo. Kebbe, Guido Lucchesi, Geo. Wertin, Mike Garibaldi	2:12:49
4.	Steve Pinetti, Rico Passanisi, Phil Sturiale, Modesto Lanzone	2:09:28	8.	Bill Johnston, Gordon Cook, Tom Gould, Joe Bruno	2:13:00

NET TIMES

Cycle:		Row:		Run:		Swim:	
Bill Johnston	19:58	Dino Landucci	25:23	Chuck Stagliano	42:12	Mike Garibaldi	18:01
Buck Swannack	20:25	Rico Passanisi	25:28	Skip Swannack	48:00	Frank Blair	23:43
Geo. Kebbe	23:43	Steve Wolf	25:56	J. Bettencourt	48:55	Tom Hofmann	24:23
Steve Pinetti	24:16	Bill Walden	26:22	Tai Yamada	49:34	Bob Colyar	25:12
Bob Hoff	25:28	Herm Zahler	26:29	Ray Talavera	49:42	Modesto Lanzone	29:14
Jim Strange	26:28	Gordon Cook	26:35	Phil Sturiale	50:30	Lou Nagy	30:10
Charles Corda	28:01	Perry Burr	28:45	Tom Gould	53:30	Maryann Kaufmann	30:44
Al Casciato	28:39	Guido Lucchesi	29:29	Geo. Wertin	61:36	Joe Bruno	32:57

Timers: Bev Bettencourt, Chris Gould, Frank Drum.

SWIMMING



RESULTS: YACHT HARBOR SWIM
Saturday, June 18, 1977

1.	Mike Garibaldi	23:23	NEW RECORD
2.	Jim Hulihan	27:06	
3.	Morgan Kulla	27:47	
4.	Lew Cook	28:27	
5.	Carol Haffey	28:53	
6.	Dick Beeler	30:30	
7.	Skip Ohlson	31:01	
8.	C. Van Blankenburg	31:30	
9.	Geo. Kebbe	31:55	
10.	Bud Jenkins	32:09	
11.	Lou Nagy	32:27	
12	Guido Lucchesi	32:39	
13.	Zada Taft	33:26	
14.	Jim Morino	33:28	
15.	Karen Jacobs	35:06	
16.	Buck Swannack	35:08	
17.	Jim Mayall	35:44	tie
18.	Jerry Cullen	35:44	tie
19.	Joe Bruno	35:50	
20.	Bill Powning	37:15	
21.	Charbel Kebbe	38:03	
22.	Claudia Fenton	38:34	
23.	Don Warto	39:43	
24.	Lou Gallic	40:20	
25.	Ken Crutchlow	40:37	
26.	Tom Dougherty	42:33	
27.	Bob Neuer	43:10	
28.	George Tracy	45:50	

Pilots – South End:
Joe Michaels
Dan O'Neill
Mel Trowbridge
John Hentz
Tony Gibson
John Tarantino

Pilots – Dolphin Club:
Al Burke
Bill Walden
Mac McCaleb
Carol Burns
Hans Kramer
Gordon Cook

Timers:
Lois Beeler
Tai Yamada
Frank Drum

Continental Breakfast was served after the swim.

*Yacht Harbor Swim. Distance: 3,000 yards or approximately one and a half miles. Yacht Harbor Swim is approximately ½ mile longer than the Gas House Cove Swim.

RESULTS PIER 41 SWIM
June 26th, 1977

1.	Mike Garibaldi	18:02	17.	Zada Taft	31:08
2.	Jim Hulihan	21:17	18.	Jim Morino	31:30
3.	Morgan Kulla	22:44	19.	Joe Bruno	31:37
4.	John Moyes	23:16	20.	Nick Zoller	31:42
5.	Carol Haffey	24:04	21.	Jim Mayall	32:20
6.	Pepe Carranza	24:24	22.	Jack Bettencourt	33:22
7.	Tom Hofmann	25:41	23.	Marilyn Rodman	34:39
8.	Dick Beeler	25:49	24.	Charbel Kebbe	35:26
9.	Skip Ohlson	25:53	25.	Bill Powning	35:39
10.	Bob Colyar	25:59	26.	Don Warto	37:19
11.	Lou Nagy	27:00	27.	Ken Crutchlow	37:28
12.	C. Von Blankenburg	27:20	28.	Lou Gallic	37:49
13.	George Kebbe	27:49	29.	Dan Padilla	38:24
14.	Donna Robbins	29:06	30.	Bob Neuer	41:39
15.	Guido Lucchesi	29:42	31.	George Tracy	45:50
16.	Norb Dally	31:08			

Pilots South End: Joe Davis, John Hentz, Mel Trowbridge, Dan O'Neill, George Farnsworth and Frank Coghlan.

Pilots Dolphin Club: Frank Mennucci, Hans Kramer, Bill Walden, Herm Zahler and Gordon Cook.

Timers: Lois Beeler, June Nagy and Frank Drum.

Awards were given to all participants after a serving of pastry and coffee.

RESULTS 2nd ANNUAL DOUBLE COVE SWIM
July 9, 1977

1.	Mike Garibaldi	14:43	29:10
2.	Dick Oliver	16:10	32:30
3.	Morgan Kulla	17:35	35:02
4.	Jim Hulihan	17:43	35:24
5.	Frank Blair	18:20	36:20
6.	Sally Jo Antonchuk	18:39	37:32
7.	Tom Hofmann	19:04	38:22
8.	Bob Colyar	19:11	38:38
9.	Mickey Lavelle	18:59	39:02
10.	Dick Beeler	19:57	39:27
11.	Wayne Riddle	20:02	40:08
12.	C. Von Blankenburg	21:15	41:48
13.	Bud Jenkins	21:20	42:05
14.	Rich Castro	21:23	43:26
15.	George Kebbe	22:17	44:22
16.	Jim Morino	24:21	47:44
17.	Karen Jacobs	24:16	47:59
18.	Zada Taft	24:02	48:50
19.	Robin Gorman	24:02	49:03
20.	Nick Zoller	24:02	49:05
21.	Jerry Cullen	24:38	49:15
22.	Ken Frank	24:09	49:37
23.	Jim Mayall	24:47	50:15
24.	Joe Bruno	25:01	50:18
25.	Jack Bettencourt	24:56	50:51
26.	Bill Powning	27:43	54:49
27.	Charbel Kebbe	28:08	55:14
28.	Claudia Fenton	27:55	55:42
29.	Lou Gallic	30:00	61:09
30.	Dan Padilla	33:01	66:45
31.	Pavla Rossova	34:27	72:17
32.	Art Bauer	34:04	73:06
33.	George Tracy	35:48	80:31

Pilots:
Herm Zahler
Guido Lucchesi
Bill Walden
Hans Kramer

Timers:
Lois Beeler
Ray Taft
Frank Drum

Special thanks to Bill Woodbridge, Swimming Commissioner South End Club, for his help.

SANTA MONICA BREAKWATER SWIM
One Mile
July 10,1977

In the Men's 50 to 54 category, The Dolphin Club's Frank Blair finished first in the time of 29:15.

In the Women's 45 and up category, Betty Talbot finished first in the time of 42:59.

In the Men's category of 30 to 34, Leland Faust finished second in the time of 25:35.

As a matter of interest, the fastest time was that of Paul Stader, in the Boys category of 15 to 17 years of age; 21:57.

The slowest time was Ron Gardner's in the Men's 40 to 44 category: 1:17:22.

There were 81 finishers. The water was 65^{0}.

DOLPHINS HOST 60 CHILDREN

Dolphin Bill Harlan, skipper of the 66 year old Baltic ketch, the Lene Marie, entertained 60 children from the San Francisco Center for the Handicapped.

They cruised the Bay.

Assisting the regular Center staff, Frank Drum, Hector Stephen, Jack O'Leary and Nancy Holliday monitored the fun.

SOUTH END ROWING CLUB
DOLPHIN SWIMMING & BOATING CLUB
5th ANNUAL INVITATIONAL
ROUGH WATER AQUATIC PARK COVE SWIM
San Francisco Bay, July 24, 1977

MEN

FINISH	TIME	PLACE	DIVISION	NAME	CLUB
1	15:10	1st	30 - 34	Garibaldi	Dolphin
2	15:21	1st	25 - 29	Shestakov	South End
3	15:48	1st	20 - 24	Bricker	
4	16:21	2nd	30 - 34	Rudloff	Olympic
5	16:24	3rd	30 - 34	Faust	Olympic
6	16:26	2nd	25 - 29	Meacham	South End
7	16:28	4th	30 - 34	Gray	SM Marlin
8	16:35	5th	30 - 34	McCarty	Olympic
9	16:46	6th	30 - 34	Mann	South End
10	17:01	1st	35 - 39	Cartwright	
11	17:10	2nd	35 - 39	Winn	
12	17:11	3rd	25 - 29	Markel	LA
13	17:20	4th	25 - 29	Campbell	SM Marlin
14) Tie	17:35	5th	25 - 29	McNellis	Olympic
15)	17:35	7th	30 - 34	Clark	
16	17:59	6th	25 - 29	King	Olympic
17	18:10	7th	25 - 29	Glass	Dolphins of Marin
18	18:25	1st	50 - 54	Blair	SM Marlin
19	18:31	8th	30 - 34	Doyle	Embarcadero YMCA
20	18:32	1st	45 - 49	Rice	South End
21	18:33	9th	30 - 34	Foehr	Olympic
22	18:34	10th	30 - 34	Hulihan	Dolphin
23	18:39	2nd	50 - 54	Evans	Hunting B.
24	18:40	2nd	45 - 49	Cunningham	SM Marlin
25	18:41	3rd	35 - 39	Bennam	San Diego S. Maste
26	18:42	4th	35 - 39	Roper	South End
27	18:43	2nd	20 - 24	Brading	
28	18:45	11th	30 - 34	Ziegler	
29	18:50	12th	30 - 34	Beglinger	SM Marlin
30	18:55	13th	30 - 34	Matheson	Davis Aq.
31	19:06	14th	30 - 34	Reid	South End
32	19:52	15th	30 - 34	Brown	Santa Cruz
33	19:54	8th	25 - 29	Amann	SM Marlin
34	20:04	1st	55 - 59	Taft	SM Marlin
35	20:20	9th	25 - 29	Riddle	SM Marlin
36	20:21	16th	30 - 34	Dower	South End
37	20:23	5th	35 - 39	Van Horn	Olympic
38	20:25	3rd	20 - 24	Morris	Pacific Assoc.
39	20:28	4th	20 - 24	George	
40	20:29	17th	30 - 34	Hofmann	Dolphin
41	21:20	5th	20 - 24	Thomas	SCAq.
42	21:27	18th	30 - 34	Hochstadt	Embarcadero YMCA
43	21:29	1st	40 - 44	Van Dyke	SCAq.
44	21:34	3rd	45 - 49	Frenzel	South End
45	21:39	2nd	55 - 59	Beeler	Dolphin
46	21:41	6th	35 - 39	Lucchesi	
47	21:44	10th	25 - 29	O'Keefe	South End
48	21:45	1st	60 - 64	Farnsworth	South End
49	21:50	3rd	50 - 54	Sutton	Sacramento
50	21:52	11th	25 - 29	Heck	Embarcadero YMCA
51	22:08	4th	50 - 54	Peterson	South End
52	22:12	19th	30 - 34	Amudson	Olympic
53	22:17	5th	50 - 54	Jones	Texas
54	22:19	6th	20 - 24	Cabelera	Stacy
55	22:22	4th	45 - 49	McPherson	SCAq.
56	22:34	7th	20 - 24	Kebbe G.	Dolphin
57	22:35	6th	50 - 54	Jenkins	Dolphin
58	22:38	20th	30 - 34	Kindier	Olympic
58	22:38	7th	35 - 39	O'Brien	S Gate
60	22:56	21st	30 - 34	Chouteau	South End
61	23:29	22nd	30 - 34	Jones	
62	23:34	12th	25 - 29	Hyland	
63	23:40	2nd	40 - 44	Foerster	Sacramento
64	24:09	13th	25 - 29	Frank	Dolphin
65	24:30	3rd	40 - 44	Wilson	South End
66	24:34	14th	25 - 29	Stubbs	Sacramento
67	25:52	2nd	60 - 64	Zoller	Dolphin
68	26:08	23rd	30 - 34	Scalmanini	Davis Aquatic
69	26:24	3rd	60 - 64	Bruno	Dolphin
70	26:30	8th	35 - 39	Dally	Dolphin
71	27:02	5th	45 - 49	Dowsett	Embarcadero YMCA
72	27:10	1st	65 over	Mayall	Dolphin
73	27:12	15th	25 - 29	Koenig	Davis Aquatic
74	27:23	24th	30 - 34	Weber	Los Altos
75	27:39	9th	35 - 39	Schopp	Tamalpais
76	28:30	4th	60 - 64	Blackledge	Rinconada
77	28:34	16th	25 - 29	Kebbe Ch.	Dolphin
78	38:50	3rd	55 - 59	Tracy	Dolphin

WOMEN

FINISH	TIME	PLACE	DIVISION	NAME	CLUB
1	19:02	1st	25 - 29	Camner	SCAq.
2	19:08	2nd	25 - 29	Horner	
3	19:37	1st	30 - 34	Antonchuk	SMM
4	20:07	1st	20 - 24	Haffey	Dolphin
5	20:35	2nd	20 - 24	Yates	Primo Masters
6	20:36	2nd	30 - 34	Riedinger	SCAq.
7	20:58	1st	40 - 44	Werry	Sacramento
8	21:02	3rd	30 - 34	Howe	Los Altos
9	21:07	4th	30 - 34	Covin	Sacramento
10	21:10	3rd	25 - 29	Cambell	Los Altos
11	21:16	5th	30 - 34	Allen	
12	21:17	3rd	20 - 24	Davis	Tamalpais
13	21:30	4th	20 - 24	Schmucker	Davis
14	22:03	6th	30 - 34	Sims	Los Altos
15	22:40	4th	25 - 29	Geller	SCAq.
16	24:12	7th	30 - 34	Perkins	Sacramento
17	24:20	5th	25 - 29	Weaver	
18	25:03	8th	30 - 34	Wynn	Los Altos
19	25:30	6th	25 - 29	Thomas	Sacramento
20	25:35	9th	30 - 34	German	Hartnell Aq.
21	25:53	7th	25 - 29	Houqard	Costa Mesa
22	26:06	1st	55 - 59	Taft	DOLPHIN
23	26:19	10th	30 - 34	Stuebner	Embarcadero YMCA
24	26:24	11th	30 - 34	Kock	
25	26:42	1st	50 - 54	Talbot	Long Beach
26	27:17	1st	45 - 49	Rodman	Dolphin
27	27:30	5th	20 - 24	Van Riper	
28	28:50	6th	20 - 24	Tassen	Davis Aq.
29	29:17	8th	25 - 29	Fenton	DOLPHIN
30	29:33	9th	25 - 29	Nichols	Sacramento
31	30:01	7th	20 - 24	Bronfeld	
32	31:33	2nd	50 - 54	Scholer	
33	31:56	10th	25 - 29	Osibe	
34	34:53	2nd	45 - 49	Burns	
35	34:58	1st	35 - 39	Rossová	Dolphin

GARIBALDI CONQUERS SANTA CRUZ WHARF SWIM

(From the Santa Cruz Sentinel)

Mike Garibaldi of the Dolphin Swimming and Boating Club of San Francisco won the 1977 event sponsored by the Santa Cruz City Beach Lifeguards.

Mike completed the one mile course around the wharf in the time of 19:04 minutes. That is the same time as Dave Scott's all-time record established in 1976.

Dave Scott swims in the Men's 18-24 years of age Division.

Mike Garibaldi is 31 years old.

Dave Scott's time was 20:58. Alek Shestakov's time was 20:10. Hugh Winn's time was 21:20.

Dick Frenzel of the South End finished in 28:14, in the 45 to 49 year old division. Bill Wilson of the South End finished in 33:22, in the 40 to 44 year old division.

Men's 50 to 54 Division:
Norm Peterson (South End) 29:29, first
Dr. Bill Blade (Dolphin Club) 29:50, second

Men's 50 to 59 Division:
William Powning (Dolphin Club) 38:57, second

Men's 60 to 64 Division:
George Farnsworth (South End) 29:22, second
Bert Capps (South End) 32:24, third

Men's 65 to 69 Division:
James Mayall (Dolphin Club) 34:38, first
Vern Louden 36:45, second
Garrett Estie (South End) 40:33, third

Men's 70 to 74 Division:
Joe Carroll (Dolphin Club) 36:30, first
William Greer (Dolphin Club), 42:13, third

Men's 75 and over Division:
Joe Weiss (Dolphin Club) 44:00, champion

Women's 50 to 54 Division:
Betty Talbot (Long Beach Swim Club) 33:54, first

Paul Thompson, 36, finished in 19:35 for the Livermore Masters. Robby Case, 14, finished third in 19:44 for the State Center swim club. 150 swimmers competed. This report is a condensation.

BERT ARIAS, MONITOR OF THE DOLPHIN CLUB TIDE GAUGE

Employing an ancient engineer's wye level, Herman Zahler and Bill Walden transferred the elevation of a bench mark from a monument in front of the beach to a point on our dock.

With the able assistance and cooperation of Engineer Noel Gann of the Corps of Engineers it was established that the brass marker was a First Order bench mark by the Coast and Geodetic Survey.

The elevation of that bench mark was relative to Mean Sea Level. Tide heights in the Bay are according to Mean Lower Low Water in the Bay charts. The Conversion Factor must be applied to the transferred elevation in order to develop a Tide Gauge for the Bay.

Through interpolation we have established our Conversion Factor at plus 3.10 feet. Soon we shall have a highly visible tide gauge fastened to one of our outboard pilings. This tide gauge will be a valuable bay marker for rowers, swimmers and yachtsmen in San Francisco Bay.

Bert Arias, House Committee Anchorman, will be Custodian & Monitor of the Dolphin Swimming and Boating Club Tide Gauge.

RESULTS 60th GOLDEN GATE SWIM
September 17, 1977

	NAME	TIME		NAME	TIME
1.	Mike Garibaldi	26:30 1	33.	Donna Robbins	54:35
2.	Ed Duncan	29:06	34.	Zada Taft	54:56
3.	Bill Harlan	32:28	35.	Ron McDowell	55:49
4.	Hugh Winn	32:37	36.	Lou Nagy	56:54
5.	Frank Blair	32:55	37.	Jerry Cullen	58:22
6.	Pepe Carranza	37:14	38.	Karen Jacobs	58:46
7.	Morgan Kulla	37:16	39.	Mickey Griffin	58:58
8.	Bill Van Horn	38:20	40.	Rudy DeMay	60:22
9.	Sally Jo Antonchuk	39:03	41.	Nick Zoller	60:24
10.	Lew Cook	39:46	42.	Ken Frank	60:33
11.	Jim Hulihan	39:52	43.	Milo Fay	60:36
12.	John Moyes	41:27	44.	Joe Schatz	60:54
13.	Veronika Mann	41:36	45.	Claudia Fenton	61:50
14.	Carol Haffey	42:28	46.	Tom Callinan	62:30
15.	Conrad Liberty	42:54	47.	Guido Luchessi	64:08
16.	Tom Hofmann	43:43	48.	Pete Bianucci	64:37
17.	Mickey Lavelle	44:34	49.	Buck Swannack	64:54
18.	Glynn Jones	44:52	50.	Margot Van Riper	65:04
19.	Jim Baird	45:20	51.	Joe Bruno	64:33
20.	Bud Jenkins	46:38	52.	Jim Morino	66:00
21.	Bob Colyar	47:37	53.	Rod McLeod	66:56
22.	Joe Flahaven	47:40	54.	Marilyn Rodman	67:27
23.	Dan Osborne	48:55	55.	Bill Powning	68:00
24.	C. Von Blankenburg	49:08	56.	Don Warto	69:59
25.	Wayne Riddle	50:36	57.	Hugo Buchholz	70:04
26.	Dick Beeler	50:39	58.	Pavla Rossova	70:54
27.	George Kebbe	50:50	59.	Jim Mayall	71:19
28.	Stu Kinder	51:14	60.	Art Bauer	72:39
29.	Skip Ohlson	51:55	61.	Pat Hogan	73:04
30.	Steve Jones	52:36	62.	Charles Rockwood	75:11
31.	Modesto Lanzone	52:41	63.	Mike Horst	77:05
32.	Rich Castro	52:44	64.	Carol McCallion	84:47
	Bill Greer	DNF		Lou Gallic	DNF
	Hal Miramonte	DNF		Dan Padilla	DNF
	Ken Crutchlow	DNF		Ray Talavera	DNF
	Mac McCaleb	DNF		Nancy Holiday	DNF
	John Beale	DNF		Stan Hlynsky	DNF
	Ken O'Dell	DNF		Hiro Tsuyumine	DNF
	Mike Cerre	DNF		Jim Hill	DNF
	George Tracy	DNF			

South End Pilots
Ray Savigliano
Tony Gibson
Joe Michael
John Lynch
Garret Este
Hec Valencia
Ed Blum
Brian Neville
Bill Payne
Bill Woodbridge
Mel Trowbridge
Sal Reina
Dan O'Neill

Dolphin Club Pilots
Dino Landucci
Gordon Cook
Bell Walden
Jerry Kafka
Al Burke
Walt Shiel
Zack Stewart
Vince Simpson paddle board

Marshall of the Course: Lawton Hughes. Starter: Frank Drum. Timers: Dan Murphy, Jack Mergalli, Skip Swannack and Lois Beeler.

Power Boats: Sandpiper, Skipper Chuck Loefleur. L'Chaim, Skipper Eric Lund. Carquinez Power Squadron. Lil-Bev, Skipper Bev Ferrera.

The conditions under which this swim was held ranged from poor to extremely hazardous. Never in the 60 year history of the Golden Gate Swim have the current, tidal, weather and water traffic conditions been so adverse.

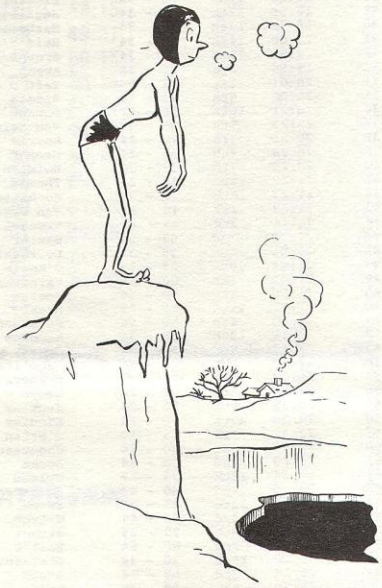
RESULTS FORT POINT SWIM
8-28-77

1.	Morgan Kulla	59:03	16.	Steve Wolf	77:24
2.	Jim Hulihan	62:09	17.	Modesto Lanzone	78:10
3.	Pepe Carranza	62:31	18.	Jim Morino	83:24
4.	Carol Haffey	65:26	19.	Jerry Cullen	87:44
5.	John Moyes	67:58	20.	Jim Mayall	92:11
6.	Wayne Riddle	67:59	21.	Joe Bruno	94:17
7.	Mick Lavelle	68:32	22.	Buck Swannack	96:21
8.	Tom Hofmann	69:02	23.	Pete Biannuci	100:42
9.	Dick Beeler	72:11	24.	Jack Bettencourt	103:32
10.	Rich Castro	74:29	25.	Bill Powning	105:27
11.	C. Von Blankenburg	74:30	26.	Charbel Kebbe	108:22
12.	Ron McDowell	75:00	27.	Dan Padilla	139:15
13.	Steve Jones	75:20	28.	Tom Dougherty	147:12
14.	George Kebbe	76:36	29.	George Tracy	148:28
15.	Bud Jenkins	76:51	30.	Mike Horst	DNF

Dolphin Pilots
Herm Zahler
Gordon Cook
Mac McCaleb
Dino Landucci
Ed DeCossio
Jerry Kafka
Bill Walden

South End Pilots
Mel Trowbridge
Sal Reina
Dan O'Neill
Tony Gibson
Linda Harper
Joe Michael
Ray Savigliano

Timers
Dan Murphy
Frank Drum



RESULTS DR. HOWARD GAS HOUSE COVE JOINT SWIM
September 24th, 1977

1.	Dennis Rice	S.E.	19:23	15.	Marilyn Rodman	D.C.	29:04
2.	Frank Blair	D.C.	19:41	16.	Hal Miramonte	D.C.	29:04
3.	Bob Cunningham	S.E.	20:37	17.	Bill Powning	D.C.	30:37
4.	Glynn Jones	D.C.	22:42	18.	Lou Gallic	D.C.	31:17
5.	Dick Beeler	D.C.	23:03	19.	Hugo Buchholz	D.C.	31:56
6.	Geo. Farnsworth	S.E.	23:05	20.	Garret Este	S.E.	32:51
7.	Bud Jenkins	D.C.	23:11	21.	Don Warto	D.C.	33:29
8.	Frank Coghlan	S.E.	23:26	22.	Jim Hill	D.C.	34:20
9.	Norm Petersen	S.E.	23:54	23.	Mary Dake	S.E.	34:48
10.	Mo Lanzone	D.C.	24:53	24.	Joe Weiss	D.C.	35:03
11.	Jim Morino	D.C.	26:34	25.	Hiro Tsuyumine	D.C.	35:23
12.	Nick Zoller	D.C.	27:16	26.	Mac McCaleb	D.C.	35:41
13.	Jim Mayall	D.C.	27:33	27.	Art Bauer	D.C.	36:41
14.	Joe Bruno	D.C.	28:31	28.	George Tracy	D.C.	39:31

South End Pilots
Mel Trowbridge
Sal Reina
Tony Gibson
Dan O'Neill

Dolphin Club Pilots
Herman Zahler
Bill Walden
Jack Bettencourt
Hans Kramer

Starter and Timer
Dan Murphy and Frank Drum

Water Safety
Joe Flahaven

RESULTS RICHARDSON'S BAY SWIM
Sunday, October 16th, 1977

1.	Dave Gray	23:22	21.	Mary Ann Kaufman	40:31
2.	Morgan Kulla	26:25	22.	Jerry Cullen	40:57
3.	Frank Blair	26:35	23.	Zada Taft	42:16
4.	Steve Clark	27:52	24.	Karen Jacobs	42:51
5.	Sally Jo Antonchuk	28:03	25.	Norbert Dally	42:57
6.	Veronika Mann	29:22	26.	Milo Fay	45:28
7.	Tom Hofmann	29:44	27.	Pete Bianucci	46:22
8.	Lew Cook	30:05	28.	Joe Bruno	47:26
9.	Dan Osborne	30:13	29.	Jan Herhold	48:48
10.	Jim Baird	32:11	30.	Charbel Kebbe	50:45
11.	Glynn Jones	32:13	31.	Nick Zoller	51:47
12.	Dick Beeler	33:05	32.	Era Osibe	51:58
13.	Andrea Diamond	33:17	33.	Jack Bettencourt	53:04
14.	George Kebbe	33:30	34.	Hugo Bucholz	54:57
15.	Wayne Riddle	34:33	35.	Don Warto	55:43
16.	Steve Jones	36:27	36.	Lou Gallic	57:15
17.	Ken Frank	36:35	37.	Pavla Rossova	67:18
18.	Modesto Lanzone	36:54	38.	George Tracy	77:59
19.	Donna Robbins	37:58	39.	Jim Hill	DNF
20.	Joe Schatz	37:59			

Thanks to San Jose Yacht Club, Bev Ferriera, Rudy & Gigi Demay, Charles Korelec, Jim Kane and Dan O'Neill for pilot protection.

Timers:
Bev Bettencourt, Dan Murphy, Ray Taft, Thompson Mann and Frank Drum.

ALCATRAZ SWIM
OCTOBER 29, 1977

An implacable flood tide forced our swimmers into the Bay where forty had to be picked up.

The powerful swimmers who finished were:

Hugh Winn
Mike Garibaldi
Frank Blair
Sue Allen

Dolphin Pilots were Herman Zahler, Mac McCaleb, Hal Miramonte, Gordon Cook, Mickey Griffin, Bill Johnston and Bill Walden.

South End Pilots included Ray Saviglione, Hector Valencia, Mel Trowbridge, Dan O'Neill and Bill Norton.

REMARKABLE CHANNEL SWIM BY A 13-YEAR OLD

The San Francisco Chronicle reported the English Channel crossing by David Morgan on Tuesday, July 26, 1977.

He reached the French coast near Calais 11 hours and five minutes after leaving Dover in England.

He broke the record held by Abla Khairi of Egypt, who was 13 years and 10 months when she swam the channel in 1974. David Morgan was 3 weeks younger.

CURRENT CHANNEL RECORDS

This year, a 17-year-old Egyptian student, Nasser Shazii, swam the English Channel in a record time of 8 hours and 45 minutes.

His crossing was 11 minutes faster than the previous time set in 1976 by Wendy Brooks of Great Britain.

Shazli was accompanied by seven other Arab swimmers from five Arab nations. Three of them beat Brooks' time of 8 hours and 56 minutes.

The straight line distance is about 21 miles. Because of tides and currents, the swimmers cover from 30 to 36 miles.

DOLPHIN SWIMS TAHOE

Greetings from the mountains!

In an effort to uphold the name of the Dolphin Club, I joined the South End and Olympic Club relay teams at Glenbrook yesterday morning to attempt a solo swim across the Lake.

The attempt was successful, which makes it (depending on which paper you read) either the 7th or 9th crossing of the width.

It took me 8 hours and 18 minutes, which was about an hour longer than I planned. I went from Glenbrook to Sugar Pine Point (while the relay teams went from Glenbrook to Chambers Landing, which is about 1½ miles further – but there is a bar there).

At least now the Dolphin Club can claim a demented individual to match Frank Coghlan from next door.

The ever popular Sam Quinan from Squaw Valley was making serious noises about getting active again in Dolphin Club swims this year – but the Lord struck him down – while playing racquetball in Reno he slipped on a pile of his opponent's sweat and tore the ligaments in his left leg. He is still in a cast (two weeks more) and then will have an extended period of rehabilitation (for his knee) – so much for his swimming this year!

Pierre Hathaway

ANCIENT SWIM

The San Francisco Chronicle printed a letter from Anne Vandenhoff of Auburn, on June 11, 1977:

> 'Editor – I ran across this interesting news item: "John Caughlan, of San Francisco, accomplished the remarkable feat of swimming across the Golden Gate from Lime Point to Fort Point. He swam against a flood tide and made the distance in 52 minutes." From the Placer County REPUBLICAN of October 22, 1897.'

Very likely a Dolphin.



THE DIVING REFLEX

David Perlman, Science Correspondent for the San Francisco Chronicle, reported on interesting studies made by Dr. Martin J. Nemiroff of the University of Michigan.

Whales and sea lions have this 'diving reflex.' They can stay under water for an hour or two.

In a study of 13 near-drownings in cold water, nine recovered from a long submersion without any ill effects. The doctor said that their exposure to 'cold water initiated a complex series of reflex actions that shut off blood circulation to their muscles, their skin and their abdominal organs. The little oxygen-bearing blood their hearts continued to pump was reserved for their brains, the one organ absolutely essential to survival.'

Dr. Nemiroff said that the diving reflex in humans seems to operate effectively in cold water – that is, in water temperatures lower than 70 degrees.

The moral of the whole story, especially for Californians who swim in cold water:

'Don't give up trying to save a drowning victim, and don't discontinue resuscitation no matter how lifeless the victim may seem; for inside the cold, flaccid body and the unresponsive pulse, hidden reflexes may be working to marshal reserves that can spell life and full recovery.'

ROWING



LAKE TAHOE RECORD ROW BY DOLPHINS

The front page of the local Tahoe Tribune carried the story.

This was the third annual Tahoe Row.

It is a 60-mile two day pull.

It took place on September 8th and 9th, 1977.

Mickey Griffin pulled a single racing scull around the Lake for the first time.

Neal Clayton and Al Casciato pulled a double wherry. Mark James pulled a single wherry.

The course was from South Shore, to Emerald Bay, to Tahoe City (overnight), and back to South Shore.

FIRST TOM CROWLEY PERPETUAL TROPHY ROUGH WATER ROWING REGATTA RESULTS

On September 25th, 1977, the Dolphin Swimming & Boating Club hosted the Tom Crowley regatta. Herman Zahler, Gordon Cook and Jerry Kafka cooked. You never saw so many rowing boats on the beach at Aquatic Park.

There was a small boat race in the Cove. It was won by Glenn Dauphin of the Berkeley Rowing Club, in a kayak, in the time of 4 minutes 40.8 seconds.

The main event was a race to Anita Rock and return. The winner over-all was John Holland & Co. They were 4 men in a plastic kayak from the Berkeley Rowing Club. That kayak finished in the amazing time of 24 minutes and 13 seconds. No boat will beat them in smooth water.

In second place was the venerable South End in their famous long boat in the time of 31 minutes and 13 seconds.

Third place: Mickey Griffin of the Dolphin Swimming and Boating Club in the time of 33 minutes, in a fibreglass wherry.

Fourth place: Tom O'Connell in the time of 33 minutes and 3 seconds, also in a fibreglass wherry, for the Dolphins.

First place in a whitehall: Dave Hinton and Bill Walden in the 80 year old Viking for the Dolphin Swimming and Boating Club.

Here are some of the participants:

Leland Lewis	Robert Rainey	Ted Ciesla
David Manuebo	Dave Hinton	Peter Evans
Phil Mitchell	Bill Walden	Jon. S. Clendinin
Michael Nadeau	Bill Grunwald	Lee Faraola
Mark O'Brien	Robert Rainey	Michael Griffin
Matthew O'Brien	Manette Radford	John Holland
Art Michel	Joe Weiss	Harry Kelly
Tom O'Connell	Steve Wolf	South End Crew

Tom Crowley was a champion whitehall rower in San Francisco Bay 70 years ago. Before he died he visited the Club to say hello and see the barge named after him.

DOLPHIN SPRINTS

The Dolphin Swimming and Boating Club hosted the Dolphin Sprints at Lake Merced in San Francisco on October 2, 1977.

77 rowers competed and hundreds of spectators cheered.

Results:

Men's Single Sculls: 3 heats: 1500, 1000, 500 meters:

1st:	Dick Lyons	– Bronze Medalist Tokyo 1964 7 place Munich
2nd:	Lee Chu	– National Medal Holder NAAO 1975
3rd:	Andy Kerr	– Stanford

Women's 4 with Cox: 1500 meters:

Cox: Wendy Hamilton
Bettina Bents
Jennifer Scott
Barbara McCuthan
Rachel Jackson

That crew was formed from the U.C. Berkeley crew and Lake Merritt Rowing Association.

Women's Eights: 1500 Meters

1st Place – Mixed Crew (Lake Merritt and Independents)

Cox Ted Van Bronkhorst
1. Sue Carson
2. Debbie Stewart
3. Marla Wong
4. Patricia Spratlen
5. Jennifer Scott
6. Mary Jane Callahan
7. Carolyn Walker
8. Jean Sacconaghi



Men's 4 with Cox: 1500 and 1000 meters

1st California Rowing Club
2nd University of California Berkeley
3rd White Stud Rigger Stick Company

Many thanks are due to Al Casciato and Mickey Griffin who organized this complicated event. Participating Dolphins were: Steve Wolf, Tom O'Connell, Bruce Gendron, and Mickey Griffin. Regatta Participants included Tom Troneum, Jim Storm and Neal Clayton.

Come out and see the new dock we built.

THE *HALL TEMPLETON* A NEW BOAT FOR THE CLUB

The Club has acquired a new fibreglass wherry from Pocock of Seattle.

It is very fast.

On November 5th, Steve Wolf and Mickey Griffin gave instructions on how to carry it, how to launch it, and how to row it.

As listed on the Board, those members who have been checked out are permitted to log out this boat.

Hall Templeton is a devoted member and an avid rower. Overcoming what would be insurmountable handicaps for most people, Hall Templeton is an inspiration every time he appears at the Club to pull out a boat.

We plan a christening ceremony in the near future.

THE ROW TO AUSTRALIA

John Fairfax and Sylvia Cook were our guests of honor at the Club on September 20th.

They rowed 8,000 miles to complete that Pacific crossing.

The Dolphin Swimming & Boating Club is proud to have been a supporter of that magnificent effort and record.

COYOTE POINT ROWING REGATTA
November 20, 1977

Phil Mitchell of Burlingame organized this first open invitational Coyote Point Rowing Regatta. The 6.9 nautical mile course from Coyote Point to the marker opposite the Seaplane Harbor attracted 18 boats and 25 rowers from all over Northern California. A lunch was served at the Coyote Point Yacht Club where the participants and winners were acknowledged.

Phil Mitchell participated both in the Sausalito Cruising Club Regatta and in the Dolphin-sponsored Tom Crowley Rowing Regatta. Phil often rows to the Club from Coyote Point just to say hello.

Bill Payne and Ed Blum, our friendly competitors from the South End Club rowed down the Bay to Coyote Point to enter the race. Dolphin Joe Weiss and the Santa Cruz ocean rowing gang did very well in their 20-foot whitehall. Dolphins Steve Wolf, Tom O'Connell and Mickey Griffin were right on the kayaks' tails. Those kayaks are hard to catch.

Here are the results:

1.	Glen Dauphin Bill Stanley	2-man kayak K-Z	1:14:35
2.	John Holland	1-man kayak Lancer	1:15:10
3.	Steve Wolf Tom O'Connell	Pocock double wherry	1:17:50
4.	Mike Griffin	single wherry	1:23:05
5.	Bill Payne Ed Blum	2-man 18-foot 'Lawley'	1:30:10
6.	Joe Weiss, Lee Faraola, Bill Grunwald, Jeremy Fisher-Smith, Miss Ciesla in a 4 man 20-foot whitehall		1:37:07
7.	X. Travarsero	single wherry	1:38:45
8.	Ted Ciesla Leland R. Lewis	2-man dory	1:47:06
9.	Phil Mitchell	1-man dory	1:47:25
10.	Leo Kuloss	Alden Ocean Shell, 16 foot single	1:56:14
11.	Carl B. Ruhne	1-man dory Rampart 12-foot F.G.	2:03:21
12.	David Frazeur Steve Bean	2-man whitehall, 'Stella'	2:04:02
13.	Gregory J. Martin	1-man Peapod	2:07:40
14.	Glen Thompson	1-man 'banana' (2 pontoons)	2:10:37
15.	Rich Kolin James Dirkson	2-man whitehall lapstrake 14-foot	2:13:02
16.	Jack M. Scott	1-man dory	2:13:36
17.	Bud Shipley	1-man dory 'Almadory'	2:15:41
18.	John Clendennin	1-man dory 'Tina'	2:17:39

1977 COLUMBUS DAY CELEBRATION

The 90 year old John Wieland, our forty foot barge, was rowed in Aquatic Park as enormous crowds admired from the beach, on October 1st.

In the crew was Wally Smith who swam the Golden Gate in 1917 and Lawton Hughes, our treasurer (who was unbeaten at his weight in rowing contests all over the West Coast 40 years ago), Joe Weiss, Tom Troneum, Hector Stephen, Les Hendry, and Dino Landucci.

A swim demonstration was given by Dolphin swimmers, and the Queen and Duchess were rowed around the Cove.

The rowers were Herman Zahler, Bill Walden and Art Michel.

A NEW NATIONAL ROWING SOCIETY "TRADITIONAL SMALL CRAFT ASSOCIATION"

A powerful revival of interest in the rowing of classic pulling boats is spreading all over the United States.

That society is growing by leaps and bounds. In Santa Cruz, Joe Weiss, Lee Faraola, Ted Ciesla and Bill Grunwald are leading proponents of the sport.

They have organized rows up and down coast: Santa Cruz, Monterey, Carmel and Capitola.

Gordon Nash of Sausalito organized the Open Ocean Regatta on April 17th. It was a smashing success. Gordon Nash's Sausalito Cruising Club sponsored this rowing race which course was from Fort Baker, to Kirby Cove, to the Sausalito Cruising Club. The Dolphin Swimming and Boating Club won it, in the Viking, over 28 competitors.

There are over 40 rowing members in the Santa Cruz area. Bill Grunwald built a 20 foot Winde Whitehall at his Aeolus boat yard. Owner Lee Faraola and a crew of four won a 17 mile race across Monterey Bay in six hours. The second boat was an 18 foot dory crewed by Joe Weiss of the Dolphin Club and owner-builder Jeremy Fisher-Smith. Ted Ciesla organized the victory champagne brunch.

K. E. Barney, at Eureka, is expecting delivery of a Cornish pilot gig built by Paul Schweiss of Tacoma. Mr. Barney of Arcata, Ca., is active in a newly formed rowing club there.

In Maine TSCA members Steve Neal, Lance Lee and Dick Shew organized a small craft meet on September 17th and 18th. Mike Mitchell of Christmas Cove donated his marina facilities.

On September 25th, the Dolphin Swimming and Boating Club hosted the First Tom Crowley Perpetual Award Rough Water Rowing Race. The course was from the Club to Anita Rock and Return. You never saw so many hand-propelled boats in Aquatic Cove in your memory. The Crowley Race will be an annual feature from now on.

SAN FRANCISCO BAY VOLUNTEER ROWING RESCUE SOCIETY

On July 2nd, Herm Zahler and Bill Walden hauled off an O'Day (Polaris) from the dread Hyde Street Hole.

On September 5th, Dan Osborne and crew, in the Farrell, hauled off the Sakura. The motor yacht had lost power and was blown against the dock.

DOLPHIN CENTENNIAL
ROWING DINNER DANCE
DECEMBER 3rd
SATURDAY NIGHT
AT THE CLUB

RUNNING



THE GREEK MARATHON

One hundred Americans participated among the 1400 who competed.

18 nations were represented.

The original course from Marathon to Athens was run on October 17th, 1977. It commemorated the first running in 490 B.C.

Buck Swannack and Walt Stack finished in 3:59. Congratulations, Dolphins!

The amazing Ethiopians finished in under 2:15! There were three of them.

Deak Talbot from Maine made the best U.S. time of 2:41.

A Swedish woman finished in 90th place as first woman in the time of 3 hours and 30 seconds.

Less than one-half of the starters finished this unique race. Many ill-prepared runners entered the race.

PIKE'S PEAK MARATHON

Rick Trujillo, 29 years of age, won this grueling classic (14 miles up and 14 miles down) in the ascent time of 2:20:30, return time 3:40:20.

Walt Stack at 70 years of age made the ascent in 4:35 and the return time of 8:10.

George Wertin, another hardy Dolphin, at age 65, made the ascent in the time of 4:21:51.

It is considered a dangerously fatiguing trial:

On that August 13th, 1977, 600 completed the ascent. Only 202 made the round trip.

LEROY 'SATCHEL' PAIGE'S SIX RULES FOR LIVING A LONG LIFE

This famous American athlete who amazed all when he started his major league career with the Cleveland Indians while in his 50's, in 1948, is admired for special reasons by Dr. Joseph Unger, an internal medicine specialist.

The doctor believes that Paige's SIX RULES was a forerunner of the new brand of preventive medicine. Here they are:

Avoid fried meats which angry up the blood.

If your stomach disputes you, lie down and pacify it with cool thoughts.

Keep your juices flowing by jangling around gently as you move.

Go very light on vices such as carrying on in society. The social ramble ain't restful.

Avoid running at all times. (Dr. Ungar interprets this to mean that a person should not succumb to unnecessary job pressures and hurry around just to be hurrying around.)

Don't look back. Something may be gaining on you. (Don't dwell on the past.)

[This article is a synopsis of the UPI story printed by the San Francisco Chronicle on July 10, 1977.]

IN MEMORIAM

STEVE GAAL

In this city, Nov. 11, 1977, beloved husband of Mabel Gaal; loving father of Stephen A., Philip, Roger and Kenneth Gaal; devoted grandfather of Sandrew, Megan, Gretchen, Bridgette, Christopher, Lynne, Jeffery, Jennifer, Collette and Karl Gaal; loving uncle of Betty Potts; aged 71 years; a member of San Francisco Electrical Contractors Assn.; life member of Dolphin Club; Eagle Scout and Silver Beaver recipient; a member of Lutheran Church of Our Saviour.

DECEMBER
1977



DOLPHIN SWIMMING & BOATING CLUB
502 Jefferson Street
San Francisco, CA 94109

WALT SCHNEEBELI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116





DOLPHIN LOG



OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB
502 Jefferson Street | Organized 1877
MAY, 1978 SAN FRANCISCO, CALIFORNIA

QUADRATHON MAY 28, 1978

In what could qualify as one of the most grueling and zaniest athletic events conceived, the Dolphin fourth Quadrathon is scheduled for Sunday May 28, 1978.

The Italian team of Steve Pinetti, Moon Passanisi, Phil Sturiale, and Modesto Lanzonne, stands ready to accept the challenges of other teams.

The first event is a seven mile bike ride from the club down the Embarcadero to Third and Townsend and return. As soon as the first cyclist reaches the club, team member no. 2 shoves off in a single skiff for a row to Gashouse Cove and back. Then the runners take over as the third lap is a fast round-trip jog to the Golden Gate Bridge Toll Plaza.

Swimmers will hit the water from the beach for a one mile cove swim when their team members return from the jog.

After the swim prizes will be awarded to the intrepid athletes at the Clubhouse.

WOMEN'S LOCKER ROOM

The work in the women's locker room is 90% complete. 62 lockers are installed together with new showers with four heads, sauna, linoleum, toilets and lighting, for a total cost of $21,000. Additional lockers are planned for the women's area.

SUIT FILED AGAINST CLUBS

On March 16 the Park and Recreation Commissioners voted 5-1 to comply with the City Attorney's opinion to open private clubs on public land to the general public on a daily fee basis. Details subject to negotiations.

Attorney Sandra Terzian has filed a class action in the Federal Court of Judge Renfrew.

Attorney James Moore, who has been retained by the Dolphin Club and South End Club discussed ensuing litigation with the membership, May 17, at the Board of Directors meeting.

CLUB REPAIRS SLATED

Estimate for club repairs could easily run as high as $66,000, according to President Frank Drum.

Damage to the dock by recent storms is estimated at $4,000.

Anderson Construction Co. has stated a cost of $12,000 to replace the beam in the entrance way.

Shoring the face of the building will cost an additional $50,000 (see financial report).

SOCIAL COMMITTEE FORMED

Chuck Stagliano is heading up a new social committee to revitalize club activities.

March 15, 1978

D O L P H I N C L U B

PROJECTED CASH FLOW STATEMENT
FOR THE 1978 CALENDAR YEAR

SOURCE OF FUNDS		
Cash in hand January 1, 1978		$17,425 (1)
RECEIPTS		
Dues	$45,000 (1)	
Lockers	1,500	
Initiations	1,500	
Sale of portable sauna	1,000	
Interest	300	$49,300
Total funds available for the year		$66,725
APPLICATION OF FUNDS		
CAPITAL IMPROVEMENTS TO CLUB HOUSE TO BE FINANCED FROM CURRENT FUNDS		
Estimated current portion of Women's Locker Room	$15,000	
Shore up the foundation	12,000 (2)	($27,000)
FIXED OPERATING EXPENSES		
Utilities	$ 6,000	
Janitorial & Supplies	5,500	
Garbage	250	
Water	700	
Accounting	2,000	
Insurance & Taxes	13,000	
Repairs & Maintenance of Club House	6,000	
Repair of dock	2,500	($35,950)
Funds remaining to cover such variable expenses as swimming events, boat repairs, handball, gym, banquets, The Log, etc.		$ 3,775

NOTES TO PROJECTED 1978
DOLPHIN CLUB PROJECTED
CASH FLOW STATEMENT

1) Cash on hand at the beginning of 1978 contains some 1978 dues collected during 1977. New members pay six months dues at initiation, so that all new members after July 1977 prepaid a portion of their 1978 dues.

Some 1978 dues were collected and deposited in December 1977.

This process will be repeated in the second half of 1978 concerning 1979 dues. Therefore the situation is assumed to be constant, and the entire $45,000 dues is recognized.

2) $12,000 covers only the main beam supporting the club house. It is estimated that an additional $50,000 will be required for the foundation of the front wall.

Both of these projects could increase once the contractors begin removing the old decayed wood.

RECOMMENDATIONS TO THE BOARD

1) It is recommended that the Board of Directors obtain a LONG TERM LEASE before undertaking major improvements.

2) Some of the variable expenses are particularly self supporting by charging entry fees, admission, etc. A proposed schedule of net expenses is:

SWIMMING	$3,000
BOAT REPAIRS	2,000
HANDBALL	300
GYM EQUIPMENT - BALANCE OF 1977 EQUIPMENT BUDGET, PLUS REPAIRS	900
THE LOG	1,000
TOTAL	$7,200

No dollar amount has been assigned to cover possible legal fees in representing the club's interest in preventing the general public from having access to the club's facilities.

3) The Board of Directors must review the estimated expenses, and set a list of priorities to determine which operating and/or activities expenses can be continued at prior levels, or reduced.

4) The Board of Directors should review the club's policy of subsidizing dinners. The cost overrun in prior years has been quite substantial primarily because too much food is often ordered and members sign up for parties but fail to attend.

ISSUES TO BE CONSIDERED

1) Should capital improvements to the Club House be charged entirely against one year's receipts, or should a longer term means be found ? Actually $6,600 was paid in 1977 for progress on the Women's Locker Room last year. The total cost of the locker room will be about $21,600.

2) Should dues, locker fees and/or initiation fees be increased ? What influence will the court have on increases ? Are there other means of raising receipts, either as a one shot deal or a steady ongoing source ?

FINANCE COMMITTEE:

Frank Drum - President
Dan Murphy
Lawton C. Hughes
Roland Demarais
John R. Hodge

IN MEMORY

Col. Stewart Evans, aged 52, died last April in an east coast hospital. Evans succumbed to cancer of the throat.

Col. Evans was the only person to swim from the Farallone Islands to shore in August, 1967. The feat has not been duplicated. Col. Evans entered the water on the South Farallone Island, August 28, 1967. Thirteen hours, 44 minutes and 52 seconds later he stepped ashore at Point Bolinas and jogged up the beach in elation.

* * *

Jim Keeley died in May. Jim was a weight lifter enthusiast and a runner.

REVISED 1978 SWIM SCHEDULE

Date	Day	Time	Event	Remarks
May 13	Saturday	8:00 am	Pier 41	
June 17	Saturday	8:30 am	Yacht Harbor	
July 1	Saturday	9:30 am	Cove Handicap	
July 22	Saturday	11:00 am	AAU Cove	Dolphin Club hosts this invitation
July 30	Sunday	10:00 am	Double Cove	Twice around the cove - approx 1½ miles - qualifies new swimmers for Golden Gate Swim
Aug 5	Saturday	11:00 am	Santa Cruz Pier	Big favorite with Dolphin families - plan to stay overnight.
August 26	Saturday	9:30 am	Golden Gate 1)	Large numbers necessitate two groups: slower swimmers on Sat.; faster on Sun. Sign up accordingly. No one may swim both. New Gate swimmers must have gone 1½ miles to qualify.
August 27	Sunday	9:00 am	Golden Gate 11)	
September 17	Sunday	10:00 am	Fort Point	
October 7	Saturday	10:30 am	Alcatraz	
October 15	Sunday	9:15 am	Dr. Fred Howard Memorial Swim Gas House Cove	Limited to those of 45 tears of age or over
October 29	Sunday	11:00 am	Richardson's Bay	Held from Sausalito Yacht Club with their cooperation. Dutch treat drinks and lunch very reasonable.
September 30	Saturday	9:00 am	Columbus Day Cove Swim & Regatta	

SPECIAL NOTE: $15 annual swim fee must be paid on or before July 1. No one swims in any event after that date unless his $15 is paid !

OTHER EVENTS: Several special swimming events are under consideration. Watch for special announcements.

Swimming Commissioners: Rudy Demay, Pete Bianucci, Mac McCaleb, Jerry Cullen, Dick Beeler

PIER 43½ SWIM, MARCH 19
RESULTS

PLACE		TIME
1. Hugh Winn		16:46
2. Susanna Spencer-Horner		18:16
3. Morgan Kulla		18:17
4. Susan Allen		19:02
5. Bob Colyar	TIE	20:04
5 Carol Haffey		20:04
7. Jim Amann		20:19
8. Jim Hulihan		20:37
9. Pepe Carranza		20:38
10. Andrea Diamond		20:39
11. Glynn Jones	TIE	20:49
11. Joni Beemsterboer		20:49
11. Tom Hofman	TIE	20:49
14. John Moyes		21:13
15. George Kobbe		21:27
16. Wayne Riddle		21:28
17. Jerry Cullen		25:23
18. Joe Bruno		27:48
19. Hugo Buchhols		29.25
20. Bill Powning		29:45
21. Hal Miramonte		29:59
22. Lou Gallic		30:38
23. Pavla Rossova		31:23
24. Art Bauer		33:24
25. Era Osibe		34:21

SPRING COVE SWIM, APRIL 15, 1978 RESULTS

Place	Swimmer	Time
1	Morgan Kulla	21:19
2	Suzanne Spencer-Horner	21:23
3	Veronica Mann	22:25
4	Susan Allen	22:37
5	Carol Haffey	22:50
6	John Moyes	24:14
7	Andrea Diamond	24:22
8	Dick Beeler	24:26
9	Glynn Jones	24:27
10	Wayne Riddle	24:37
11	George Kebbe	24:41
12	Skip Ohlson	24:46
13	Bud Jenkins	24:47
14	Jerry Cullen	31:46
15	Louis Beah	31:55
16	Wendy Katzman	32:24
17	Joe Bruno	37:24
18	Bill Powning	38:57
19	Hal Miramonte	40:29
20	Lou Gallic	44:10
21	Pavla Rossova	48:29

The winner was guest Charles P. Chapman, Sacramento: 21:18

PIER 41 SWIM RESULTS

John Moyes clocked in at 18 min. and 20 sec. to take the Pier 41 Swim, May 13.

Place	Swimmer		Time
1.	John Moyes		18:20
2.	Pepe Carranza		19:04
3.	Bob Colyar		19:20
4.	Carol Haffey		19:28
5.	Wayne Riddle		19:49
6.	Glynn Jones		20:08
7.	Joni Beemsterboer		20:25
8.	Bud Jenkins		21:00
9.	George Kebbe		21:05
10.	Ron McDowell		22:07
11.	Modesto Lanzone	TIE	23:37
11.	Guido Lucchesi		23:37
12.	Jim Morino		24:48
13.	Nick Zoller		25:00
14.	Jerry Cullen		25:53
15.	Milo Fay		26:08
16.	Cindy Ehrlich		26:43
17.	Bill Powning		27:01
18.	Joe Bruno		27:10
19.	Lou Gallic		27:52
20.	Era Osibe		28:28
21.	Pavla Rossova		28:50
22.	Art Bauer		34:50

WE HEARD IN THE LOCKER ROOM

After being away from the task for a few years, we agreed to take up where we started in 1949 - when we put out the first edition of the Dolphin Log.

Swimmer Bob Colyar and Diane are the new parents of an 8lb baby boy - Jason Robert Colyar

Mr. & Mrs. Micky Griffin are proud parents of two future Dolphin scullers - twin boys.

June Church assisted in typing this Log and has agreed to assist in future editions.

Roland Demarais,
Editor



DOLPHIN LOG



OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB
502 Jefferson Street | Organized 1877

JULY 1978

6TH ANNUAL INVITATIONAL AQUATIC PARK COVE SWIM
July 22nd.

The Dolphin and South End Clubs will host the Sixth Annual Invitational Aquatic Park Cove Swim, Jully 22nd.

The event sanctioned by the AAU will feature entries in the masters age class.

Starting time is 11:00 A.M.

2ND ANNUAL ROWDY ROWING RACE
Sunday, September 24th.

Open to all boats rowed, paddled, or sculled the 2nd Annual Rowdy Rowing Race is stated to be held in the Cove Sunday, September 24th

2nd ANNUAL ROWING SPRINTS
November 4-5
AT LAKE MERCED

Men and women will compete in the second Annual Rowing Sprints slated for Lake Merced, Saturday and Sunday, November 4th and 5th.

Events include: eight with cowswain, fours with coxswain, double paired, double sweep, single scull, and single wherry.

Entrance fees are $10.00 per crew event and $5.00 per single event. Fees include awards, ribbons and lunch.

Contacts are:
Micky Griffin - 347-4285
Forrest Fulton 564-0931
Al Casciato 359-5018

TRIATHOLON, August 20
DOLPHINS vs. SOUTH END

Sunday August 20, a triatholon is scheduled between the Dolphins and South Enders.

The events include a run, swim, and rowing event. All events will finish at the club.

Starting in Mill Valley at 10:00 A.M. runners will pass through Sausalito, over the Golden Gate bridge to the clubhouse. The first seven from each team will score points.

Swimmers will jump off at Yacht Harbor at 11:00 A.M. Points will be scored for the first seven finishers.

The venerable eight-oared barge the John Wieland will be rowed against her sister barge the South End from Sausalito starting at 12.00 noon.

A gala picnic will be held on the beach after the races.

PILOTS NEEDED

President Frank Drum announced that open water swims may be cancelled in the future if there are not sufficient pilots signed up.

Interested members may sign on the swimming sheets.

MEMBERSHIP CENSUS
406 regular members
29 life members
28 Out of town members
2 Special members
465 total membership

QUADRATHON RESULTS

George Kebbe, Herman Zahler, Tom Gould, and Joni Beemsterboet took the Third Annual Quadrathon in 2 hours, five minutes and five seconds May 28th.

The much touted Italian team of Steve Pinetti, Rico Passanisi, Phil Sturiale and Modesto Lanzone came in fourth.

TEAM TIME:
1. Geo. Kebbe, Herm Zahler, Tom Gould, Joni Beemsterboer - 2:05:05

2. Bob Colyar, Bill Walden, Ray Talavera, Morgan Kulla - 2:06:04

3. Veronika Mann, Nick Griffin, Chuck Stagliano, Joe Bruno - 2:07:45

4. Steve Pinetti, Rico Passanisi, Phil Sturiale, Modesto Lanzone - 2:09:38

5. Art Michel, Pepe Carranza, Tai Yamada, Wayne Riddle - 2:11:15

6. Ron McDowell, Jim Mayall, Jack Bettencourt, Karen Jacobs - 2:15:59

7. Sue Spencer-Horner, Frank Mennucci, Susan Allen, Glynn Jones - 2:19:07

CYCLE:
Ron McDowell 19:33, Steve Pinetti 23:21
Sue Spencer-Horner 23:23, George Kebbe 23:45,
Art Michel 24:42, Bob Colyar 26:36,
Veronika Mann 26:40.

RUN:
Chuck Stagliano 45:34, Tai Yamada 50:18,
Ray Talavera 51:35, Tom Gould 53:01,
Phil Sturiale 53:18, Jack Bettencourt 54:28,
Susan Allen 65:49.

ROW:
Mick Griffin 24:59, Rico Passanisi 25:27,
Bill Walden 26:40, Frank Mennucci 26:44,
Herm Zahler 28:09, Jim Mayall 29:15,
Pepe Carranza 32:35.

SWIM:
Morgan Kulla 21:07, Wayne Riddle 23:40,
Joni Beemsterboer 24:22, Glynn Jones 25:11,
Modesto Lanzone 27:32, Joe Bruno 31:27,
Karen Jacobs 32:43.

TIMERS: Bev Bettencourt, Chris Gould, Reba Roach and Frank Drum.

COVE HANDICAP, July 1
RESULTS:

NAME	GROSS TIME	NET
1. Morgan Kulla	27:15	17:45
2. Lew Cook	27:22	18:22
3. Louise Bea	27:28	23:58
4. Veronika Mann	27:33	19:03
5. Frank Blair	27:37	18:37
6. Carol Haffey	27:42	19:12
7. Tom Hofmann	27:51	20:51
8. Glynn Jones	28:00	20:00
9. Bob Colyar	28:07	19:37
10. S. Spencer-Horner	28:11	18:41
11. Dick Beeler	28:18	21:18
12. Stu Kinder	28:24	22:24
13. Milo Fay	28:25	24:55
14. George Kebbe	28:26	22:26
15. J. Beemsterboer	28:30	20:30
16. Joe Bruno	29:00	27:00
17. Jim Mayall	29:07	27:07
18. J. Bettencourt	29:10	26:40
19. Jim Baird	29:22	20:52
20. Nick Zoller	29:33	25:03
21. A. Diamond	29:43	21:43
22. Ginny Lutz	30:04	24.34
23. Zada Taft	30:51	25:51
24. Bill Powning	31:04	29:34
25. Sue Lauritzen	31:14	26:14
26. Lou Gallic	32:28	31:28
27. Rod McLeod	33:45	31:45
28. Pavla Podolska	33:49	33:49

Pilots were Herman Zahler, Bill Walden, Tom Troneum, and Forrest Fulton.

Ray Taft, Dan Murphy, Dick Beeler, and Frank Drum were timers and handicappers.

Pete Sturiale and Bert Arias operated the galley.

YACHT HARBOR SWIM, JUNE 17
RESULTS

1.	Marianne Brems	33:35
2.	Morgan Kulla	35:35
3.	Bill Van Horn	36:41
4.	Lew Cook	36:44
5.	Frank Blair	37:46
6.	Pepe Carranza	38:50
7.	Glynn Jones	39:02
8.	Susan Allen	39:40
9.	John Moyes	39:47
10.	Joni Beemsterboer	41:18
11.	Tom Hofman	41:32
12.	Dick Beeler	41:33
13.	George Kebbe	42:26
14.	Steve Jones	42:49
15.	Bud Jenkins	42:55
16.	Stu Kinder	45:57
17.	Ron McDowell	46:17
18.	Jim Morino	48:06
19.	Katie Maloney	48:28
20.	Ginny Lutz	48:44
21.	Milo Fay	49:04
22.	Frank Drum	49:09
23.	Zada Taft	49:24
24.	Susanna Spencer-Horner	49:25
25.	Susan Lauritzen	49:27
26:	Buck Swannack	50:08
27.	Pete Bianucci	51:06
28.	Jim Mayall	51:34
29.	Karen Jacobs	51:36
30.	Jack Bettencourt	53:20
31.	Bill Powning	53:30
32.	Hugo Buchholz	54:37
33.	Joe Bruno	54:57
34.	Cindy Ehrlich	55:58
35.	Pavla Podolska	60:20
36.	Lou Gallic	72:30
Guest Swimmers:		
Tim Timken		35:41
Jerry Dopple		48:05

DOLPHIN CLUB PILOTS. Charles Korelec Al Burke, Bill Walden and Herman Zahler. SOUTH END PILOTS. Tom Rice (Water Safety) John Brennan and Mel Trowbridge. TIMERS were Mac McCaleb and Dan Murphy. Awards were given at a breakfast prepared by Peggy Knickerbocker and committee.

SOCIAL COMMITTEE

Any member desirous of participating on the Social Committee should contact Chuck Stagliano. Chuck has volunteered to head up the Committee to revitalize club activities.

DOLPHIN MEMBER SETS WORLD RECORD

Steve Rose won the 12th Annual Tube Race sponsored by the Yuma, Arizona Chamber of Commerce. Steve a Gate swimmer and runner finished the eight mile course in the record time of 2:42 hours on Tuesday July 4th. The event was on NBC National T.V. Buck Swannack finished 3rd in his age group 3hrs 7 minutes. Joe Schatz also came in third in the 26 to 35 age bracket. Other Dolphin members who finished were Jim Anderson, Dave Cooper and Bill Shields

Over 4000 entered this event where the heat reached 115 degrees. How many finished is not known.

DOLPHIN-SOUTHEND ROWING CLUB

HANDICAP TOURNAMENT

SITE:	**Southend Rowing Club and Dolphin Club at Hyde and Jefferson Street in San Francisco**
DATE:	**August 12 and 13**
ENTRY FEE:	**$5.00**
HOSPITALITY:	**Extensive, including free beer, food, lunches and snacks**
CLASSES OF PLAY:	**AA & A – B & C**
PRIZES:	**1st and 2nd places in both divisions**

Games played to 31 points, three time-outs, with the game ball being supplied. Each class limited to 32 players.

MAIL ENTRY WITH ENTRY FEE TO:

Charles E. Quarton
1133 Taylor Street
San Francisco, Ca 94108



WALT SCHNEEBLI
83 CRAGMONT AVE.
SAN FRANCISCO, CA 94116



DOLPHIN LOG



August 1978

LAKE TAHOE SWIM RELAYS

The Dolphins were well represented in the Lake Tahoe Relay with three teams competing in the swimming relays July 29.

Swimmers swam across the lake from Glenbrook, Nevada to Chambers Landing on the California side.

First place was taken by a men's team from the Olympic Club in 4:51.05. Dolphins took 7th, 8th and 13th place.

7th place team (5:30.55): Dave Gray, Glen Jones, Brian Gilpin, Pepe Carranza, John Moyes, and Tom Hofmann.

8th Place team (5:33.55): Morgan Kulla, Carol Haffey, Susan Allen, Suzanna Spencer-Horner, Sally Jo Antonchuk, Joni Beemsterboer.

13th place team (7:10.00): Milo Fay, Karen Jacobs, Andrea Diamond, Maryann Kaufmann, Dave Weaver, and Joe Schatz.

The only club that had a personal pilot wan the Dolphins. Frank Drum did duty on the oars for 7½ hours.

#

VOLUNTEERS NEEDED AT SF CENTER FOR HANDICAP

Dolphins Frank Drum, Walt Stack, Joe Bruno and Hector Stevens have been among the volunteers at the San Francisco Center for the Handicapped, but more are needed.

Due to the passage of Prop.13 the staff at the center has been drastically curtailed. Volunteers are urgently needed.

Dolphins may contact Carla Curtis, Aquatics Director, S.F. Center for the Handicapped, telephone: 665-4100.

BIG TRIATHALON COMPETITION AND PARTY SCHEDULED AUGUST 20, ALL MEMBERS AND GUEST WELCOME

Designed for exciting spectator interest as well as a competitive event between the Dolphins and South Enders the Triathalon is slated to get underway at 10:00 A.M., Sunday, August 20.

Coffee will be served at the club house while we get a direct report from Mill Valley as runners line up at the starting line at 10:00 A.M.

Radio reports from officials will be coming in to the clubhouse from various spots with status reports on runners, swimmers, and rowers. All events will finish at the clubs.

Swimmers will jump off at yacht Harbor at 11:00 A.M. Points will be awarded to the first 14 swimmers to hit the Dolphin beach.

As swimmers are approaching the beach runners will be striding through the club house to the beach finish line and hearty rowers will be entering the gap at the Cove as the six-oared barges the John Wieland and South End are pulled in from Sausalito.

Each team boat starts out with 50 points. The first boat to cross the finish line will retain its 50 points. The second boat will lose points at the rate of one point every two seconds behind the second boat.

Points for the first 14 runners to cross the finish line will be tabulated the same manner as for the swimmers.

It should be quite an exciting traffic jam on the Dolphin Beach.

Chuck Stagliano heads the organization of this event.

GOLDEN GATE SWIM INSTRUCTIONS.
TWO SWIMS SLATED - AUGUST 26-27.

Due to the number of swimmers it is necessary to have the Golden Gate Swim on two days, August 26 and 27.

The swim commissioners wish that each swimmer has a successful swim making the entire swim a success.

The swimmers cooperation is needed to make the swim a success.

Two sign up sheets are posted. Please fill in the proper spaces.

To keep the group together the slower swimmers will be on Saturday and the faster swimmers on Sunday. Exceptions will be allowed if possible.

RULES:

1. Any swimmer piloting on one day will be assured of a swim on the other day.

2. Cap numbers have been assigned to most swimmers. If you have no cap number contact Pete Bianucci on or before the day of the swim.

3. All swim fees and dues must be paid before the day of swim to Dan Murphy.

4. No non-members will be allowed under any circumstances due to liability.

5. Swimmers will be allowed to swim on one day only.

6. Meeting time schedules are your own responsibility.

7. Each swimmer must ear an orange cap with number

SCHEDULE:

There will be a brief pilot briefing at the club the morning of each swim. Approximately 1½ hours before jump off.

There will be a brief pilot briefing at the club the morning of each swim. Approximately 1½ hours before jump off.

Tow boats will leave club 1 hour before jump off. Please be ready !

The pilots with the better boats should row and jump off because there is not enough room on tow line for all boats.

Swimmers will board a bus approximately 45 minutes before jump off. Once on the bus a briefing will be given.

Jump-off is at Fort Point.

The swim is on a flood tide.

A water taxi will be at the finish. Clothes should be deposited on taxi before you enter the bus. Clothes on bus will be brought back to club.

Coffee and donuts will be served on the boat.

A short awards ceremony will be held at club after the swim. The winner and places will not be awarded until Sunday after all times are posted.

There will be a gala awards dinner with trophy presentations after the swim season.

For any questions please contact a swim commissioner. We will try to meet all needs to make this a successful swim for one and all.

SWIMMING COMMISSIONERS: Pete Bianucci, Rudy Demay, Jerry Cullen, Dick Beeler and Mac McCaleb.

SANTA CRUZ SWIM RESULTS

Veronicca Mann and Sally Antonchut took 1st and 2nd place in the Women's 30-34 division, August 6, in the one mile Santa Cruz rough water swim. Times: Mann, 24:44; Antonchut, 24:50.

Zada Taft took a 1st in the women's 55-59 division, 33:50.

In the men's open, 12-24, Brian Gilpin posted a 23:27 for a 14th place.

Women 25-29: Joni Beemsterboer, 5th, 26:48. Andrea Diamond,7th, 27:50. Ginnie Lutz, 9th, 30:08. Era Osibu, 12th, 40:29.

Men 25-29: Mickey Lavelle, 10th, 24:23. Wayne Riddle, 12th, 26:07. Ken Frank, 18th, 31:37.

Men 30-34: Dave Eray, 1st and 10th overall, 21:03. Steve Jones, 11th, 27:13. Joe Schatz, 15th, 32:36. Mike Horst, 19th, 36:43.

Men 35-39: Bill Van Horn, 6th, 23:46 Tom Hofmann, 10th, 25:23, Peter Bianucci, 15th, 36:20.

Men 45-49: Modesto Lanzone, 2nd, 31:41. Jack Bettencourt 3rd, 32:03. Jerry Cullen, 4th, 32:13. Rudy Demay, 5th, 32:33. Tom Robb, 6th, 35:53.

Men 50-54: Frank Blair, 2nd, 24:24. Glynn Jones, 3rd, 26:55. Bill Blade, 4th, 28:07.

Men 55-59: Bill Powning, 3rd, 38:09.

Men 60-64: Frank Drum, 3rd, 35:22.

Men 65-69: Joe Bruno, 1st, 34:49, (note - edging out Frank Drum).

Men 70-74: James Mayall, 2nd, 33:54.

Joe Weiss took the 75-79 Men's division by clocking 43:03.

HANDBALL ROUND UP by Ray Belluomini

Well here I am back in the saddle again. After being commissioner for 10 or more years and then a rest from the headache trail for about 8 years, President Frank Drum, the persuasive one, gave me a large bottle of aspirin tablets and then said to me I want you to be handball commissioner.

As yet I havent opened the aspirin bottle because of the wonderful cooperation of the players.

In 1st class Al McCann retains his title and Dave Berti takes 2nd place, 21-18 21-18.

Phil Sturiale defeated Walt Thurman; 21-16, 21-4 and John Hodge took a 3rd place.

Steve Tomei fought a tough duel with Drummond Pike for spot in 3rd class; 21-17, 14-21, 21-18. Wayne Tomei placed 3rd.

Scores of other games:
Cook over Bauer; 21-15, 21-8
Pangalos over Van Vranken; 21-11, 17-21, 21-7. W.Tomei over Mandell; 21-15,21-20
Hodge over Pangalos; 16-21, 21-18,21-16
W. Tomei over Cook; 21-12, 21-14
Thurmond over Hodge; 21-19, 21-16.

HATHAWAY TRAINS FOR TAHOE

Pierre Hathaway is training to swim the length of Tahoe in 1979.

Last year Hathaway swam the width from Glenbrook to Sugar Pine Point in 8 hours and 18 minutes.

This Issue: New Board & Officials

DOLPHIN LOG

Preliminary 1979 Swim Schedule

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

Organized 1877 | San Francisco, California | February 1979

SWIMMERS/PILOTS DINNER & OLD TIMERS NIGHT

FEASTS LAUNCH NEW YEAR

One hundred seventy-two people celebrated the Swimmers' Awards and Pilot Appreciation Dinner January 27. Barely two weeks later, February 10, 70 more staggered home under the weight of 257 pounds of crab which had been cracked, cleaned and boiled up earlier by the Herculean Herman Zahler, Jerry Kafka, Pete Sturiale, Joni Beemsterboer and Bobbie Dykas.

Preparations and kitchen work for the Swimmers/Pilots buffet were made by Frank Drum, Ginny Lutz, Cathy Holton, Vince Huang, Erika Drewes, Bobbie Dykas, Robin Phalin and Doris Trimble. Rico Passanisi and Rich Fossat tended bar. Dan Murphy and Hector Stephen grabbed the money at the door.

Frank Drum made several special presentations, along with the brass Dolphins given to swimmers of the October 7 Alcatraz Swim. (Walt Shiel deserves many thanks for assembling the trophies.) Joni Beemsterboer and Andrea Diamond were honored as the first to swim from Angel Island to Aquatic Park, November 18 (50°). Andrea made it in one hour 58 minutes 55 seconds, Joni in two hours 15 minutes four seconds. Joni Beemsterboer also received a citation for her incredible five hour 48 minute swim of the 13-mile Boston Harbor course (61°) September 11. Morgan Kulla received a medallion for holding the Dolphin women's record for the Alcatraz round trip (1 hour 30 minutes).

Frank Mennucci -- past president, swimmer, rower of note, bon vivant and Don Ameche lookalike -- was cited as Pilot of the year, his name to be engraved on the Modesto Lanzone Perpetual Trophy.

At Old Timers' Night, Chairman Hector Stephen introduced the Old Timers present: John Sargis, at 84 the oldest living Dolphin, who was recently made Senior Citizen of the Year in Stanislaus County; Lawton Hughes, "Mr. Dolphin," esteemed for his contributions over 50 years; Dick Harms and Elmer Gunther, both 50-year members; Roland Demaris; Fred Herms, "World's greatest Fisherman;" Frank Mennucci; Joe Wiess from Santa Cruz; Joe Bruno, who has made the most Golden Gate crossings (approximately 45); Ray Belluomini, longtime handball commissioner; and himself, Hector Stephen.

Mennucci and Jerry Kafka tended bar for the evening. Dan Murphy took the gate.

Walter Smith
1893 - 1978

Joined the Dolphin Club in 1917. Last surviving member to swim the club's first Golden Gate Swim in 1917. He is survived by his wife, Louise.

THE LOCKER ROOM

AMPHIBIOUS DOLPHINS

Three Dolphin members ran their first marathons this winter. Tom Gould completed the Honolulu Marathon on December 10, the second largest marathon in the history of America. Susan Allen and Susanna Spencer-Horner ran the Paul Masson Marathon in Saratoga on January 28. Buck Swannack ran along to spur them on.

-Continued on Page 2

Annual Dinner Dance
&
Installation of Officers
March 3rd, 1979
at
The Italian American Social Club
25 Russia Avenue
(near Mission Street)
In San Francisco
Music by Dixieland Jazz Band, the Ingognitos
Bar Open - 7:00 $12 Dinner at 8:00
Dancing in the American Room

Bill Walden is organizing the Installation Dinner Dance. A reservations sheet is posted on the club bulletin board. Tickets may be purchased in advance from Bill, Dan Murphy, Herman Zahler or Mickey Griffin.

1979
DOLPHIN SWIMMING & BOATING CLUB
OFFICIALS

PRESIDENT
Frank Drum

VICE-PRESIDENT
Bill Walden

RECORDING SECRETARY
Dave Hinton

FINANCIAL SECRETARY
Dan Murphy

TREASURER
Lawton Hughes

BOAT CAPTAIN
Herman Zahler

BOARD OF GOVERNORS
Gordon Cook
Mickey Griffin
Stan Hlynsky
Jerry Kafka
Walter Stack
Phil Sturiale
Ray Talavera

SWIMMING COMMISSIONERS
Jack Bettencourt,
Jerry Cullen, Rudy Demay,
Beth Fisher, Ginny Lutz

ROWING COMMISSIONERS, CLUBHOUSE
Al Casciato, Forrest Fulton,
Mickey Griffin

ROWING COACH, LAKE MERCED
Tom Troneum

ROWING COACH, CLUBHOUSE
Lawton Hughes

HANDBALL COMMISSIONERS
Wayne Tomei,
Steve Tomei, Phil Sturiale

RUNNING COMMISSIONERS
Ray Talavera

WEIGHT ROOM MANAGER
Rico Passanisi

ASSISTANT BOAT CAPTAIN
Walt Shiel

LOCKER ROOM CAPTAINS
Rich Fossat
Marilyn Rodman

DIRECTOR OF PUBLIC RELATIONS
Robin Kinkead

HOUSE COMMITTEE
Bert Arias, June Church,
George DeGear, Cynthia Ehrlich,
Lawton Hughes, Rico Passanisi,
Herman Zahler

EDITOR, DOLPHIN LOG
Cynthia Ehrlich

Regular meetings are held at 8:00 p.m. the third Wednesday of each month, January through November. Our annual general meeting is held on the second Wednesday of December.

LOCKER ROOM
-Continued

SWIM FEE INCREASE

The Swim Fee, which must be paid by all who participate in club swims and which is due now, at the onset of 1979 swimming activities, has increased to $20. The new rate is due mainly to higher rates for insurance covering the swims. The money will also be used to reward the pilots' contribution with Dolphin Club wearing apparel, and to purchase blankets for the boats, additional safety equipment and other improvements to coincide with Coast Guard regulations and our own improvement program.


Hans Kramer

RESULTS
ALCATRAZ SWIM
Sunday, January 1, 1979

NAME	TIME
1. Lou Zitnik (DC)	31:51:8
2. H. Linbarger (SE)	32:38:2
3. Morgan Kulla (DC)	33:56:6
4. Tim Reid (SE)	33:59:1
5. Rich Harley (SE)	34:18:5
6. Steve Jones (DC)	39:10:3
7. Linda Harper (SE)	40:30:4
8. Beth Fisher (DC)	42:14:7
9. Kathie Kock (SE)	43:54:1
10. Tony Gibson (SE)	44:06:3
11. Mike Restani (SE)	44:57:2
12. Tony Ragusin (SE)	47:28:5
13. Dick Beeler (DC)	47:52:4
14. G. Farnsworth (SE)	48:40:7?
15. Cynthia Hilton (DC)	54:40:5
16. Bob Roper (SE)	No Time
17. Rich Porto (SE)	DNF

SOUTH END CLUB SE PILOTS	DOLPHIN CLUB DC PILOTS
John Brennan	Susan Allen
Joe Davis	Gordon Cook
Garret Estes	Paul Cook
Phil Hunter	Mick Griffin
Art Maloney	Dave Hinton
Joe Michael	Hans Kramer
Bill Norton	Dino Landucci
Dan O'Neil	Frank Mennucci
Sal Reina	Dan Osborne
Tom Rice	Bill Powning
Ray Savigliano	Joe Schatz
John Tarantino	Bill Walden
Hec Valencia	Susanna Spencer-Horner
Phil Ward	Herman Zahler

SPECIAL THANKS TO

U.S. Coast Guard
Ed & Louise Cowens
Coast Guard Auxiliary
Bay View Yacht Club
Operator, Wacky Jacky

TIMERS

Frank Drum
Jim Mayall
Pavla Podolska

RESULTS
PIER 43½ SWIM
Sunday, February 4, 1979

NAME	TIME
1. Morgan Kulla	16:33
2. Cathy Holton	17:47
3. Beth Fisher	17:53
4. Steve Jones	18:33
5. Wayne Riddle	18:41
6. Joni Beemsterboer	18:43
7. Dick Beeler	18:46
8. Roger Allebone	19:31
9. Vince Huang	20:09
10. C. Von Blankenburg	20:16
11. Pat Kelly	20:20
12. Jayne McDonagh	20:36
13. Emery Weed	21:19
14. George Kebbe	21:27
15. Ginny Lutz	21:28
16. Modesto Lanzone	21:36
17. Gerry Cullen	22:50
18. Rick Murray	23:04
19. Zada Taft	23:18
20. Jane Dornacher	24:18
21. Joe Bruno	24:28
22. Erika Drewes	25:15
23. Bill Powning	25:45
24. Era Osibe	26:04
25. Frank Drum	26:51
26. Pavla Podolska	32:30

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Dave Hinton	Joe Davis
Jerry Kafka	Bill Woodbridge
Hans Kramer	
Frank Mennucci	TIMERS
Bill Walden	Ray Taft
Herm Zahler	Jim Mayall

GALLEY

Pete Sturiale

1979 SUMMER SWIM RESULTS

Pier 41

Sunday, May 20, 1979

NAME	TIME
1. Suzanne Heim	17:29
2. Roger Allebone	17:38
3. Bill Van Horn	17:46
4. Paul Watts	17:57
5. Morgan Kulla	19:14
6. Wayne Riddle	19:52
7. Bob Coylar	19:58
8. Steve Jones	20:01
9. Cathy Holton	20:03
10. Glynn Jones	20:13
11. Mickey Lavelle	20:14
12. Rick Barthold	20:15
13. Tom Hofmann	20:17
14. Robbie Rideau	21:18
15. Sally Antonchuck	21:28
16. C. VonBlankenburg	21:50
17. Ginny Lutz	21:58
18. Rich Cooper	21:58
19. George Kebbe	22:26
20. Milo Faye	23:32
21. Jane Dornacker	23:40
22. Modesto Lanzone	23:56
23. Ron Bogioges	23:56
24. Vince Huang	24:20
25. Erica Drewes	24:59
26. Maryann Kaufman	25:44
27. Zada Taft	26:10
28. Joe Bruno	26:34
29. Norbert Dally	26:35
30. Pete Biannucci	26:45
31. Era Osibe	27:50
32. Bill Powning	28:05
33. Frank Drum	28:15
34. Suzanne Taggart	28:31
35. Lou Gallic	31:38
36. Don Warto	33:12
37. Pavla Podolska	33:36

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Bob Hoff	Joe Davis
Hans Kramer	Herman Duack
Frank Mennucci	Tony Gibson
Bill Walden	Bill Woodbridge
Herman Zahler	

STARTER/TIMER: Jim Mayall

RECORDERS: Hector Stephens, Erik VonBlankenburg

GALLEY: Pete Sturiale

4th Annual Quadrathon

CYCLE/ROW/RUN/SWIM - Sunday, May 27, 1979

1st 1:27:11: Yada Claassen, Modesto Lanzone, Tai Yamada, Rick Barthels

2nd 1:27:14: Bob Colyar, Norbert Dally, Rob Rideau, Paul Watts

3rd 1:28:14: Claudia Fenton, Herman Zahler, Katsu Yamada, Cathy Holton

4th 1:32:04: Buck Swannack, Bill Powning, Roger Allebone, Glynn Jones

5th 1:33:58: Jane Dornacker, Bill Walden, Kayo Aoki, Steve Jones

6th 1:34:13: Ron McDowell, Vince Huang, Geo Wertin, Mike Garibaldi

7th 1:34:46: Art Michel, Wayne Riddle, Era Osibe, George Kebbe

8th 1:42:04: Ginny Lutz, Guido Lucchessi, Tom Hofmann, Joe Bruno

STARTERS/TIMERS: Frank Drum, Dan Murphy

Cove Handicap

Saturday, June 2, 1979

NAME	FINISH	TIME	HANDICAP	NET TIME
Art Bauer	1	34:48	0 minutes	34:48
Meg Gawler	2	35:14	8	27:14
Hugh Winn	3	35:22	20	15:22
Louise Bea (tie)	4	35:26	14	21:26
Sherryl Kent (tie)	5	35:26	7	28:26
Cathy Holton	6	35:29	18:30	16:59
Rick Barthels	7	35:35	18	17:35
Mike Garibaldi	8	35:37	22	13:15
Jayne McDonagh	9	35:45	15	20:45
Lou Gallic	10	35:49	6	29:49
Bud Jenkins	11	35:50	16	19:50
Mike Barrango	12	35:51	15:30	20:21
Bob Colyar	13	35:58	18	17:58
Tom Hofmann	14	36:00	18	18:00
Tom Macy	15	36:09	17	19:09
Joe Bruno (tie)	16	36:14	11:15	24:59
Guido Lucchesi (tie)	17	36:14	15:30	20:44
Modesto Lanzone	18	36:18	13:30	22:48
Paul Watts	19	36:21	20	16:21
Vince Huang	20	36:23	15	21:33
Morgan Kulla	21	36:25	19:30	16:55
Don Warto (tie)	22	36:40	6	30:40
Steve Jones (tie)	23	36:40	19	17:40
Glynn Jones (tie)	24	36:42	19	17:42
Brian Gilpin (tie)	25	36:42	19	17:42
Ginny Lutz (tie)	26	36:43	17	19:43
C. Von Blankenburg (tie)	27	36:43	17:30	19:12
Joni Beemsterboer	28	36:45	18:30	18:15
John Moyes (tie)	29	36:53	19:30	17:23
Beth Fisher (tie)	30	36:53	17:30	19:23
Zada Taft T	31	37:05	13:30	23:35
Dan Osborne I	32	37:05	18:30	18:35
George Kebbe E	33	37:05	17	20:05
Wayne Riddle	34	37:05	19	18:05
Bill Powning T	35	37:12	10:45	26:27
Jack Bettencourt I	36	37:12	13:30	23:42
Rod McCleod E	37	37:12	13:30	23:42
Era Osibe	38	37:22	12:30	24:52
Jim Mayall	39	37:27	12:30	24:57
Pavla Podolska	40	37:52	5	32:52
Erica Drewes	41	38:03	14	24:03
Jane Dornacker	42	38:05	14	24:05
Nick Zoller	43	38:16	14	24:16
Mac McCaleb	44	38:19	7	31:19
Suzanne Taggart	45	39:16	10	29:16
Bill Barr	46	40:50	8:30	32:20

HANDICAPPER Frank Drum TIMERS Frank Drum, Dan Murphy, Ray Taft

SWIM COURSE MARSHALLS Jerry Kafka and Herman Zahler

Late 1979 Swims

September

1-3....Maui Channel & Waikiki
15.10:00 a.m....Golden Gate I
16.10:30 a.m...Golden Gate II

October

13.8:30 a.m.....Alcatraz
31. 2400.....End 100-Mile Swim

November

3..5:00 p.m.....Doc Howard Gas House Cove
22.10:00 a.m.Thanksgiving Day

December

21.0100.Start Polar Bear Swim

Dolphin-South End Double Cove

(In Lieu of Gas House Cove)

Tuesday, June 19, 1979

NAME	CLUB	TIME
1. Mike Garibaldi	DC	26:10
2. Patty Baier	DC	27:29
3. Rich Harley	SE	27:39
4. Dave Grey	DC	27:42
5. Bill Van Horn	DC	30:12
6. Roger Allebone	DC	30:44
7. Hal Lingarger	SE	31:22
8. Rick Barthels	DC	32:50
9. Lew Cook	DC	33:00
10. Tom Hofmann	DC	33:30
11. Steve Jones	DC	33:40
12. Eve Harley	SE	34:05
13. Glynn Jones	DC	34:10
14. Beth Fisher	DC	34:56
15. J. Beemsterboer	DC	35:06
16. Ginny Lutz	DC	36:01
17. Dick Beeler	DC	36:14
18. VonBlankenburg	DC	36:59
19. Jim Amman	DC	38:47
20. Rich Cooper	DC	39:02
21. G. Farnsworth	SE	40:17
22. Louise Bea	DC	40:19
23. Joe Bruno	DC	42:51
24. Jane Dornacker	DC	43:08
25. Milo Fay	DC	45:17
26. Zada Taft	DC	45:27
27. Erica Drewes	DC	45:34
28. Suzanne Taggart	DC	56:28
29. Pavla Podolska	DC	62:09
30. George Tracy	DC	67:10

PILOTS	PADDLEBOARDS
Jack Bettencourt	George Kebbe
Frank Mennucci	Susan Allen

TIMERS	GALLEY
Frank Drum	Jerry Kafka
Dan Murphy	Herman Zahler

Yacht Harbor

Saturday, June 23, 1979

NAME	TIME
1. Mike Garibaldi	24:29
2. Dave Grey	25:13
3. Hugh Winn	25:21
4. Suzanne Heim	25:46
5. Paul Watts	26:07
6. Roger Allebone	26:52
7. Morgan Kulla	27:55
8. Rick Barthels	28:22
9. Brian Gilpin	28:51
10. John Moyes	29:02
11. Steve Jones	29:37
12. Tom Hofmann	29:57
13. S. Spencer-Horner	29:58
14. Glynn Jones	30:05
15. Robbie Rideau	30:09
16. Joni Beemsterboer	30:15
17. Beth Fisher	30:41
18. Wayne Riddle	30:51
19. Dan Osborne	31:00
20. Conrad VonBlankenburg	31:33
21. Louise Bea	31:39
22. Ginny Lutz	31:50
23. Rich Cooper	31:58
24. Jayne McDonagh	32:35
25. George Kebbe	32:45
26. Dick Beeler	32:56
27. Bud Jenkins	33:06
28. Cathy Holton	33:46
29. Jane Dornacker	35:04
30. George Tracy	51:38
31. Erica Drewes	36:58
32. Joe Bruno	37:58
33. Rudy DeMay	38:11
34. Bill Powning	38:24
35. Joyce Coniglio	38:25
36. Art Bauer	44:44
37. Pavla Podolska	45:15
38. Meg Gawler	40:31
39. Don Warto	42:44
40. Era Osibe	44:45

#29/15 min. handicap; #37/6 min. handicap; #38/6 min. handicap.

#30/15 min. handicap; #38/6 min. handicap; #39/6 min. handicap.

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Dave Hinton	Frank Coglin
Bob Hoff	Mel Trowbridge
Jerry Kafka	Bill Woodridge
Bill Johnson	
Bill O'Brian	
Herman Zahler	
Vince Huang (paddleboard)	

GALLEY

Pete Sturiale

Double Cove

Sunday, July 8, 1979

NAME	TIME
1. Dave Scott	28:09
2. Mike Garibaldi	29:12
3. Patty Baier	30:21
4. Dave Gray	30:41
5. Maryann Brems	30:56
6. Bill Van Horn	32:41
7. Morgan Kulla	34:35
8. Cathy Holton	35:18
9. Brian Gilpin	36:12
10. John Mayes	36:55
11. Steve Jones	37:37
12. Sally Antonchuck	38:02
13. Gina Gatto	38:23
14. Beth Fisher	38:30
15. Tom Hofmann	38:37
16. Glynn Jones	38:40
17. Bob Colyar	38:58
18. Wayne Riddle	39:03
19. Joni Beemsterboer	39:05
20. Dick Beeler	39:30
21. Dan Osborne	39:43
22. Ginny Lutz	42:14
23. Mike Barrango	42:19
24. Rich Cooper	42:49
25. Vince Huang	43:48
26. George Kebbe	44:04
27. Bud Jenkins	44:55
28. Bill Blade	45:26
29. Jane Dornacker	46:59
30. Maryann Kaufman	47:35
31. Erica Drewes	47:42
32. Andrea Diamond	48:15
33. Zada Taft	49:12
34. Jack Bettencourt	50:39
35. Nick Zoller	51:19
36. Joyce Coniglio	52:38
37. Robin Phelan	53:14
38. Joe Bruno	53:59
39. Era Osibe	54:57
40. Meg Gawler	58:02
41. Suzanne Taggart	58:08
42. Bill Powning	58:35
43. Jim Mayall	59:34
44. Lou Gallic	63:10
45. Art Bauer	70:02
46. Pavla Podolska	72:10
47. George Tracy	75:18
Jane Goodwin	DNF

PILOTS	TIMERS
Jerry Kafka	Frank Drum
Bill Walden	Dan Murphy
Herman Zahler	Ray Taft
Robbie Rideau (paddleboard	

GALLEY

Pete Sturiale

CONGRATULATIONS...

...To Liadain O'Donovan-Cook and Gordon Cook, on the birth of their daughter, Kate O'Donovan-Cook, on October 31, 1978.

...And to Kate O'Donovan-Cook, on being the first baby whose parents are both Dolphins.

...To Wendy and Seth Katzman, on the birth of their daughter, Lauren Rachael, on January 4.

...To Louise and Carlos Bea, who are expecting their second child in April.

Both the Katzmans and both the Beas are Dolphins also.

LEGAL BRIEF

Information regarding pending legal affairs is provided at regular board meetings, for members wishing to know the status of such matters.

OPEN TO EVERYONE

Some newer members have shied away from the Rowers' Dinner because they weren't rowers, or from Old Timers' Night because they weren't old timers. But these and other club affairs are for <u>all</u> members. They are usually either to honor or be presented by the group (e.g. Old Timers) whose name they bear. Certain affairs are for members only, with the understanding that the member may bring one guest.

WARM THANKS

Professor Briton C. Busch has written to thank the Dolphin Club for extending its hospitality, in the form of "warm rooms and hot water," to Busch and the Colgate University study group who stayed aboard the Balclutha in December. The group has done historical work for the Maritime Museum in the past, and expects to work on future exhibits on the historic ships pier.

NOT JUST MORE FAT

Not only do women have an extra layer of fat which protects them from extreme temperatures. They have been found to have a vestigial, subcutaneous layer of feathers which gives them added bouyancy in water.

PRESIDENT'S MESSAGE

The two most important matters facing the Dolphin Club at the present time are the negotiations with the S.F. Rec & Park Department for a long term lease, and the shoring up of the clubhouse with a new foundation where necessary.

Respecting the lease, most of the provisions are standard and present no problems. The language in the section regarding the admission of the general public has yet to be determined on a mutually agreed upon basis.

The most conservative estimate for the foundation is $50,000. Undoubtedly this sum will be revised upward. This work has to be done soon or one day the men's shower may be located in the entranceway. The financing of this venture has not been decided. So prepare yourselves.

Frank Drum

ROWING NEWS

BAY AREA ROWERS ORGANIZE

Mickey Griffin just attended a meeting of rowing coaches from all over the Bay Area, and is very excited about the possibilities it raised for local rowing. Steve Gladstone, head coach at U.C. Berkeley, organized the conference. About 40 people represented local colleges, universities, and rowing clubs from Marin to Stanford and the East Bay. "This has never come about before," Mickey said, "where the colleges have gotten together with the clubs."

The group laid plans for a summer rowing program that would include rough water races in the Bay, Sausalito, the Oakland Estuary, and Lake Merced.

"It looks like we're in the planning stages of developing a lot of rowing activity here," Mickey said. He hopes to announce scheduled events in the May issue of the Dolphin Log.

•

The Sausalito Cruising Club will sponsor an Open Ocean Rowing Regatta on April 8. Consult the Dolphin Club bulletin board for further details.

•

Hall Templeton sent the club $100 "for the rowing program," to thank the club for allowing him to use its boat for a few weeks on Mission Bay in San Diego -- even though he <u>bought</u> the boat for the club in the first place.

HANDBALL NEWS

Usually Dolphin handball players are only now beginning to venture onto the thawing court, but this winter they never left it.

On November 15, ten doubles teams started participating in a Double-Elimination Tournament. Now there are only three teams left, with Phil Sturiale and Wayne Tomei at the top of the Winner's Bracket; the teams of Steve Tomei/Walt Thurman and Mike Horst/Willie Durkin will fight it out soon to see who plays them. There have been about twenty matches, many of them very close.

Handball players are also showing an interest in outside tournaments.

The Dolphin Club is having its own Handicap Singles Tournament on Sunday, February 25. Gin fizzes will be served in the morning, hot dogs and beer in the afternoon, and a roast beef dinner in the evening. Only $10 for a player and $7 and $7 for a guest (meals and all). Sign-up sheets are posted on the bulletin board and will close February 20.

In the near future there will be a sign-up sheet for the annual singles tournament.

Wayne Tomei

Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, California 94109

SAN FRANCISCO FEB 23 '79 CALIF. U.S.POSTAGE .15 F219069 METER



Richard B. Cooper
1140 Filbert St.
San Francisco, CA 94109

1979 SWIM SCHEDULE



Hans Kramer

January	1	Monday	7:30 a.m.	South End Alcatraz Swim
	1	Monday	11:00 a.m.	Dolphin Cove Swim
February	4	Sunday	8:30 a.m.	Pier 43½ Swim
	25	Sunday	10:30 a.m.	Cove Swim Relay
March	24	Saturday	10:00 a.m.	Spring Cove Swim
April	14	Saturday	10:00 a.m.	Gas House Cove Swim
May	4	Friday	6:30 p.m.	Twilight Gas House Cove Swim
	20	Sunday	10:30 a.m.	Pier 41 Swim
June	1	Friday	0100	Start 100-mile Swim (Ends October 31)
	2	Saturday	10:00 a.m.	Cove Handicap Swim
	23	Saturday	9:00 a.m.	Yacht Harbor Swim
July	8	Sunday	10:30 a.m.	Double Cove Swim
*	21	Saturday		TENTATIVE: AAU Invitational (South End Host)
*	?			Lake Tahoe Relay Swim
*August	1-15			Open for confirmation of Santa Cruz Pier Swim
	19	Sunday	7:30 a.m.	Fort Point Swim
*September	3	Monday		Labor Day Weekend Maui Channel & Waikiki Swim
*	15-16 or			Golden Gate Swim
*	29-30			(South End first choice)
*October	12-13			Alternative Golden Gate Swim
	14	Sunday	10:30 a.m.	Double Cove Swim
November	22	Thursday	10:00 a.m.	Thanksgiving Day Cove Swim
December	21	Friday	0100	Start of Polar Bear Swim

Alcatraz Swim to be scheduled

*UNCONFIRMED DATES
Revised and confirmed schedule will appear in May and August issues of the Dolphin Log, and on the club bulletin board.

Confirmed 1979 Swim Schedule & Early Results

DOLPHIN LOG



OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

Organized 1877 | San Francisco, California | May 1979

THE LOCKER ROOM

HOW FIRM A FOUNDATION

Herman Zahler, aided by Jerry Kafka, built a handsome and indestructible brick porch and stairway at the Club's entrance, and has completed fifty percent of the needed work on the Clubhouse foundations. The foundation work will be finished by early summer.

DOLPHINS GIVE HANDICAPPED A HAND

Several Dolphins helped out at the Aquatics Division events of the Special Olympics held at Balboa Pool April 28. Bill Barr, Joe Bruno, Jane Dornacker and Frank Drum pitched in. Carla Curtis, Rob Rideau and Emery Weed, who work at the Rec Center for the Handicapped, are also Dolphins.

The Club received a plaque May 3 at the S.F. Handicapped Volunteer Appreciation Dinner for its continued support, with special recognition to Joe Bruno, Frank Drum and Hector Stevens.

The Lene Marie (owned by Bill Harlan and Pete Stocker) carried 45 handicapped people on a Bay cruise Saturday, May 12, skippered by Jeff Mann. Hector Stevens, Dave Hinton and Frank Drum were there to help kids from the Rec Center.

OLYMPIC OFFSPRING?

Ray Talavera's granddaughter, Tracee Talavera, 12, is one of the six top women gymnasts in the country, a World Class contender for the next Olympic team, and currently a member of the U.S. traveling team, the National Elite Team. Tracee is featured in a Look Magazine article, June 11 issue.

THE AQUATIC PARK SCROLLS

Bob Hoff dug up a copy of the S.F. Morning Call from October 18, 1897, which records the Gate swim of Jack Caughlan in 52 minutes as part of a Dolphin Club exhibition. The Whelan was damaged in a collision with Lime Rock.

ONE MAN, ONE BOAT

Masato Sako tied up near the Dolphin Club and was our guest during April and May, following his one-man, 57-day crossing from Japan to Canada in the 28-foot "Tarachine," which he built himself. The 30-year-old will move south in time to round Cape Horn in January. Eventually he'll sail across 7000 miles of open water to Australia and return home, completing a two-and-a-half year trip.

--Continued on Page 3

PLUS A LITTLE SWIMMING NEWS

MAUI CHANNEL OR BUST

An energetic campaign is underway to raise funds for the Maui Channel Swim, including two parties and a raffle. Although it is hoped we will be able to send both a six-man and a six-woman team, the men's team will take priority this year. If the women cannot be sent, leftover money will go toward sending them next year. Qualifying swims will be held in early August.

New and old dance music, live entertainment, comedy, dancing, drinks and free hors d'oeuvre will presumably attract a large crowd to the June 2 fundraising party at the Club. Tickets will be $10, drinks three for two dollars.

Raffle tickets go on sale in July for Paul Watts' clipper ship metal sculpture, which sells for $400 at Gump's.

A moonlight boat ride on the three-masted schooner, the Lene Marie, on July 21 should be irresistible.

Anyone planning to attend the Tahoe Relays is urged to line up a pilot in the area with a power boat, if at all possible.

RUN, RIDE, ROW, SWIM

The 27th Annual Quadrathon will be this weekend, Sunday, May 27. Teams will be handicapped for maximum nail-chewing competitive hairiness.

A hot buffet will be served at cost following the Quadrathon.

WINTER-SPRING SWIM RESULTS

Two-Mile Relay

Sunday, February 25, 1979

TEAM	TIME
First Place:	51:12
Cathy Holton.....(*4th)	11:07
Conrad VonBlankenburg....	11:40
Vince Huang.....	11:38
Joe Bruno.....	16:47
Second Place:	51:45
Roger Allebone....(*2nd)	10:28
Ginny Lutz.....	11:17
George Kebbe.....	11:45
Era Osibe.....	18:15
Third Place:	52:30
Jim Houlihan.....(*3rd)	10:56
Wayne Riddle.....	11:23
Norbert Dally.....	14:50
Robin Phalen.....	15:21
Fourth Place:	52:35
Joni Beemsterboer.(*1st)	10:05
Pepe Caranza.....	11:10
Modesto Lanzone.....	15:00
Bill Powning.....	16:20

*½-mile lap time

PILOTS	TIMERS
Jerry Kafka	Jerry Cullen
Bill Walden	Jo Cullen
Herman Zahler	GALLEY
	Pete Sturiale

PRESIDENT'S MESSAGE

Beginning June 1, the Club will be open to the general public on certain days for an admission fee of $5 per person. The Club will be thus available every Sunday and Wednesday, and every other Friday. The South End Club will maintain a similar schedule.

In order to implement this plan, the clubs will hire a worker to take admissions and keep records of those admitted. Such visitors are entitled to use the beach, the building and its permanent fixtures, but not to use movable member-owned equipment, such as boats and exercise equipment.

--Frank Drum

The Dolphin Log appears quarterly. This issue edited by Cynthia Ehrlich.

1978-79 Polar Bears

24 MILES

FIRST TIME FINISHERS

Erica Drewes	Ginny Lutz
Cindy Ehrlich	Jayne McDonagh
Beth Fisher	Rick Murray
Brian Gilbert	Era Osibe
Cathy Holton	Wayne Riddle
Vince Huang	Doris Trimble
Pat Kelly	Emery Weed

SECOND TIME FINISHERS

Joni Beemsterboer	Steve Jones
Andrea Diamond	Morgan Kulla
Glynn Jones	Pavla Podolska

THREE OR MORE FINISHES

Dick Beeler	Tom Hofmann
Bill Blade	George Kebbe

THREE OR MORE (CONT.)

Joe Bruno	Guido Lucchesi
Jerry Cullen	Dan Murphy
Norbert Dally	Bill Powning
Frank Drum	Cliff Quist
Lou Gallic	Walter Stack
Bill Greer	Joe Weiss
Bob Hoff	

Cove

Saturday, March 24, 1979

NAME	TIME
1. Suzanne Heim	17:04
2. Roger Allebone	17:53
3. Tim Lavelle	19:10
4. Cathy Holton	19:26
5. Wayne Riddle	19:37
6. Pepe Caranza	19:50
7. Glynn Jones	19:58
8. Brian Gilpin	20:12
9. Steve Jones	20:23
10. John Moyes	20:30
11. Joni Beemsterboer	20:35
12. Jim Ammen	21:42
13. Conrad VonBlankenburg	22:00
14. Ginny Lutz	22:03
15. Tom Macy	22:19
16. Pat Kelly	22:39
17. Vince Huang	23:11
18. Ron McDowell	24:00
19. Sid Shafroth	25:18
20. Jerry Cullen	25:45
21. Zada Taft	25:56
22. Joe Bruno	27:48
23. Jane Dornacker	28:07
24. Era Osibe	28:37
25. Sarah McCluskey	28:41
26. Frank Drum	29:44
27. Art Bauer	37:10
28. Mac McCaleb	38:29
29. George Tracy	50:13

PILOTS	TIMERS
Dave Hinton	Jack Bettencourt
Jerry Kafka	Jim Mayall
Bill Walden	Ray Taft
Herman Zahler	GALLEY
	Pete Sturiale

Gas House Cove

Saturday, April 14, 1979

NAME	TIME
1. Mike Garabaldi	15:43
2. Paul Watts	17:30
3. Roger Allebone	18:02
4. Cathy Holton	19:13
5. Mickey Lavelle	19:32
6. Tim Lavelle	19:37
7. Wayne Riddle	19:42
8. Glynn Jones	20:04
9. Bob Coylar	20:05
10. Joni Beemsterboer	20:11
11. Steve Jones	20:14
12. Conrad VonBlankenburg	21:14
13. Andrea Diamond	21:36
14. Tom Macy	21:41
15. Dick Beeler	21:56
16. Ginny Lutz	22:10
17. Jayne Mcdonagh	22:15
18. Emery Weed	22:54
19. Milo Fay	23:05
20. Vince Huang	23:06
21. Modesto Lanzone	24:01
22. Zada Taft	24:39
23. Erica Drewes	25:36
24. Buck Swannack	25:50
25. Pete Bianucci	25:56
26. Joe Bruno	26:02
27. Robin Phalen	26:02
28. Era Osibe	26:44
29. Bill Powning	27:02
30. Sarah McClusky	27:17
31. Frank Drum	27:39
32. Jane Dornacker	28:30
33. Meg Gawler	28:48
34. Hal Miramonte	30:12
35. Lou Gallic	32:15
36. Pavla Podolska	33:15
37. Art Bauer	34:06

PILOTS	TIMERS
Dave Hinton	Jack Bettencourt
Frank Coghlin (SE)	Jim Mayall
Joe Davis (SE)	Ray Taft
Jerry Kafka	Hugh Wynn
Hans Kramer	
Herman Zahler	GALLEY
Bill Walden	Pete Sturiale
Suzanna Spencer-Horner (paddleboard)	

HENRY (HANK) WILLINGER
1893 - 1979

Contributed his humor, skills, and positive attitude during 20 years' membership. His labors on behalf of the Club are conservatively estimated at $10,000, including the main work on the men's sauna. Beloved by "Sinbad" the seagull (raised from a chick on liver and hamburger) and other creatures he cared for, especially Dolphins.

Twilight
Gas House Cove

Friday, May 4, 1979

NAME	TIME
1. Roger Allebone	20:18
2. Mickey Lavelle	22:07
3. Wayne Riddle	22:28
4. Glynn Jones	22:56
5. Steve Jones	23:06
6. Rob Rideau	23:12
7. Joni Beemsterboer	23:27
8. Dick Beeler	24:05
9. Ginny Lutz	24:09
10. Conrad VonBlankenburg	24:12
11. Andrea Diamond	24:37
12. Tom Macy	24:37
13. Emery Weed	25:10
14. Jayne McDonagh	25:11
15. Ron McDowell	26:56
16. Modesto Lanzone	28:55
17. Erica Drewes	29:16
18. Jane Dornacker	29:32
19. Karen Jacobs	30:42
20. Frank Drum	31:01
21. Era Osibe	31:40
22. Meg Gawler	32:01
23. Bill Powning	32:27
24. Suzanne Taggert	34:22
25. Pat Hogan	38:34
26. Pavla Podolska	40:42

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Dave Hinton	John Brannan
Jerry Kafka	Tony Gibson
Hans Kramer	J.B. Sullivan
Mac McCaleb	
Cecco Menucci	
Suzanne Spencer-Horner (paddleboard)	

TIMERS	GALLEY
Jim Mayall	Frank Menucci
Kathy Weed	Hector Stevens
	Herman Zahler

ROWING

The Club is acquiring several new boats. Three new wooden Whitehall singles are on order. We will have them by Fall. A fiberglass Viking is expected by July. And a new two-person trainer has been purchased for Lake Merced. Meanwhile the "Whelan" will be refurbished at the Police Athletic Club at Hunter's Point in time for the upcoming triathalon.

Plans are underway for the first women's rowing meet at Lake Merced. Steve Wolf, assistant coach at the lake, is currently coaching a women's crew there.

The 100-Mile Row has begun but there's plenty of time to make it if you start now.

RUNNING

Thirty-three runners have meanwhile signed up for the April-July 360-Mile Running Program mapped out by new Running Commissioner Dave Hinton. This will culminate in a running meet in early August, with a 5-mile just-get-there run and an awards bargeque lunch for summer runners. Those who have completed 250 and 300 miles will also be recognized.

HANDBALL

The team of Mike Horst and Willie Durkin took the Doubles Handball Championships, winning by 21-20 in the third game May 19.

The handball court will be closed for three weeks during June or July while a new maple floor is being installed.

The Singles tournament will start after the new floor is put in.

WEIGHT ROOM

During the past year the weight room got a fresh coat of varnish and paint, and lots of new equipment. The Club purchased additional dumbbells, free weights and a leg extension machine (to arrive soon), and Vince Huang donated a leg press machine.

George Cararza, Rupert Johnson and Rich Fossat lead the early-bird group getting in shape for summer. Mike Horst and Ivan Balarin are coaching swimmers Susan Allen, Suzanna Spencer-Horner and Jayne McDonagh in pumping iron. Nooners Dave Hinton, Don Vidal, Beth Fisher, June Church, Jane Dornacker and the venerable Rico "Moon" Passanisi have also been working out.

--Mike Horst

CYCLING

The Dolphin Cycling Program is just a few weeks old, but off to a great start, under the enthusiastic supervision of Vince Huang. The first trip was to Sausalito to watch the open rowing race. Then May 12 a trip to Phoenix Lake in Ross (50-plus miles) brought out Vince, Yada Claassen, Jane Dornacker, Erica Drewes, Bob Hoff, Cathy Holton, Jayne McDonagh, Wayne Riddle and Rob Rideau's brother, Rick.

"We want to emphasize," Vince says, "that these rides are very casual and non-competitive. We stop at every ice cream store. It's not stressful."

The next ride will be to Paradise Cove in Tiburon on June 3. An overnighter to Mt. Tamalpais during the summer will help people get in shape for a later overnighter to Pt. Reyes. Cyclers also plan to go to the wine country, perhaps packing bikes and bikers to the general locale first. Non-cyclers are encouraged to rendevous with cyclers at these destinations.

THE LOCKER ROOM

--Continued from Page 1

BLIND AMBITION

A Boston company makes prescription swimming goggles. They are clear (no tints), lightweight plastic Speedo-type goggles, and cost $35 plus $1.50 postage, the last time anyone ordered them. From Spex, 575 Boylston St., Boston, Mass., 02116. Send lens prescription and pupillary distance.

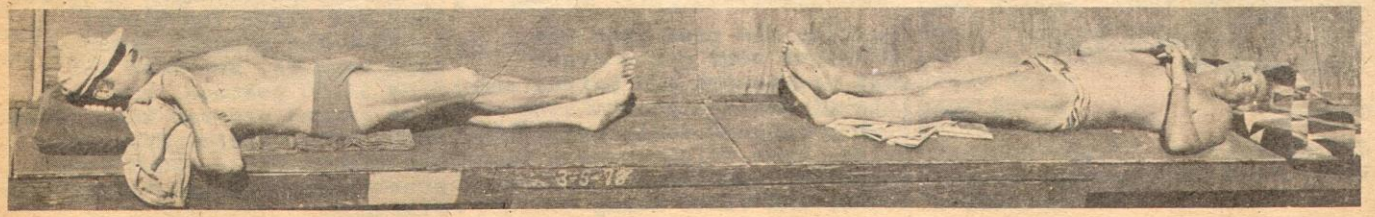
Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, California 94109



1979 SWIM SCHEDULE


Hans Kramer

May:	20 Sunday	10:30am	Pier 41 Swim
	22 Tuesday	6:30pm	South End / Dolphin Twilight Gas House Cove Swim
	27 Sunday		Dolphin/South End Quadrathon
	28 Monday		South End / Dolphin / Olympic Club Memorial Day Cove Swim
June:	1 Friday	0100	Start 100-Mile Swim (ends October 31)
	2 Saturday	10:00am	Cove Handicap Swim/ Presentation of Polar Bear Awards
	23 Saturday	9:00am	Yacht Harbor Swim
July:	8 Sunday	10:30am	Double Cove Swim
	15 Sunday	10:30am	AAU Invitational Swim
	28 Saturday	10:30am	Lake Tahoe Relay
August:	11 Saturday		Santa Cruz Pier Swim
	19 Sunday	7:30am	Fort Point Swim
September:	1-3		Maui Channel and Waikiki Swim
	15 Saturday	10:00am	Golden Gate Swim: Part I
	16 Sunday	10:30am	Golden Gate Swim: Part II
October	13 Saturday	8:30am	Alcatraz Swim
November:	3 Saturday	5:00pm	Doc Howard Gas House Cove Swim
	22 Thursday	10:00am	Thanksgiving Day Swim
December	21 Friday	0100	Start of Polar Bear Swim



Big Summer Issue

DOLPHIN LOG

A Report on the Boats: See Page 6

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

Organized 1877 San Francisco, California August 1979

BENEFIT SWIMMERS

PARTIES FOR FUN & PROFIT

A smash party June 3 kicked off the fundraising drive to send Dolphin Club teams to Hawaii. After cocktails, mild-mannered member Bill Barr performed a juggling act cum snappy monologue. Ray Jason, a reknowned juggler currently juggling his way through Europe, donated a performance that included playing fast and loose with axes and lit torches. Jane Dornacker, a member who is a professional comedian, brought the house down with her routine, which climaxed when she performed a "beauty makeover" on Frank Drum, slathering him from head to toe with creamed beets and carrots, Crisco, sardines and alfalfa sprouts.

Herman Zahler and Jerry Kafka stayed on their feet with the young blood through several hours of wild dancing to relentless rhythms taped in advance by Vince Huang and Cathy Holton. Ginny Lutz, Frank Drum and Wayne Riddle managed hors d'oeuvres and tickets, Richie Fossat and Moon tended bar. More than a dozen diehards swam to the flag and back at 2:00 a.m.

The party netted $600 for the team. Attendance was somewhat light due to the ten dollar ticket price. The enthusiastic crowd demanded a replay, currently being planned with a lower admission price.

•

Sixty people filled the Lene Marie for a Bay cruise July 21. Although a freak thunder storm shook the Bay that morning, the evening was clear and beautiful, breaking a streak of windy, foggy nights.

Hector Stephens, Frank Mennucci and Frank Drum worked in the galley serving up cocktails and chicken dinner. Vince Huang and Cathy Holton provided hors d'oeuvres and taped music. Owners Bill Harlan and Peter Stocker donated the use of the romantic schooner, built in 1910, and Jeff Mann skippered. All three are Dolphin Club members.

The cruise, including drinks and dinner, cost $20 per person.

•

The final Maui Channel fundraising event was a Swimathon. Swimmers arranged sponsorship for each quarter mile they swam between July first and fifteenth. Frank Drum collared a legion of sponsors and was responsible for $228 of the $600 total raised. Glynn Jones, who makes up in miles what he lacks in sponsors, brought in $131. Vince Huang and Cathy Holton raised $116. Other Swimathon participants included Joe Bruno, Meg Gawler, Tom Hofmann and Pavla Podolska.

We regret that the Third Annual Dolphin Vs. South End Triathalon conflicted with out press date, so that we were unable to herald its coming or publish the results this issue.

THE LOCKER ROOM

New members are reminded that the Dolphin Club is a cooperative Club which relies upon the voluntary efforts of members to keep membership costs down and to maintain the spirit in which its members have thrived. Members are expected to contribute their time to keep the Clubhouse and its equipment clean and in good repair, to pitch in at athletic and social events, and to seek other opportunities to return in kind the benefits they derive.

COVE RESCUE

Three Dolphin members initiated the rescue of three teenage boys who jumped from the end of Muni Pier into the Cove July 11.

Jane Dornacker and Milo Faye were swimming the Nooners' (noon swimming group) Wednesday course when they heard two of the boys call for help. The boys, aged 12 to 15, had jumped in clothed and attempted to swim to the beach. They had gone barely a quarter of the way when they realized they couldn't make it.

Milo hauled one boy toward shore, joined by Ron McDowell. Jane took the other to a boat, accompanied by the third boy, who regained his confidence when help arrived and swam unaided. A GGNRA lifeguard intercepted them and took the boys to shore on a paddleboard.

Continued on page 5

HALFWAY TO PARADISE

BOTH TEAMS WILL SWIM MAUI

The Club has succeeded in raising enough money to send the men's team to the Maui Channel Swim. Hector Stephens volunteered to lend the women's team the necessary money, to be repaid through fundraising events in the near future.

Saturday, September 1, the teams will swim the ten miles from the pineapple island of Lanai to the old whaling port of Lahina on Maui. Dave Scott, Dave Gray, Mike Garibaldi, Bill Van Horn, Hugh Winn and Paul Watts comprise the men's team. Suzanne Heim, Susanna Spencer-Horner, Susan Allen, Morgan Kulla, Cathy Holton and Beth Fisher make up the women's team.

BEEMSTERBOER TO SWIM SOLO

Joni Beemsterboer, who finished the 13-mile Boston Harbor Swim last September, has decided this year to attempt alone the same Maui Channel course being swum by these relay teams. She will make the swim in late August, piloted by Frank Drum and accompanied on paddleboard by Susan Allen. If her arms still work, she will join the two teams in the grand finale, a two-and-a-half mile Waikiki Beach swim September 3, sponsored by the Honolulu Parks and Recreation Department.

NEW RECORDS

Mike Garibaldi set two new records for Bay swimming in August. He swam Alcatraz (around and back) in one hour, twelve minutes, thirty seconds, breaking the record previously held by himself. He swam from Angel Island to the Club in one hour, fifteen minutes, thirty seconds, breaking the time set by Andrea Diamond in the first Angel Island swim (with Joni Beemsterboer) last year. Both swims are about 3.2 miles.

THIRTY DOLPHINS COMPETE

DOLPHINS WIN AT TAHOE

Five Dolphin Club teams competed in the Lake Tahoe Relays July 28, taking first place overall, first place in the men's division and second place in the women's division. Thirty-three teams entered, compared to twelve last year, swimming the thirteen and one-half miles from Glen Brook, Nevada, to Chambers Landing, California. Mike Garibaldi, Dave Scott, Dave Gray, Hugh Winn, Paul Watts and Bill Van Horn were the winning team.

The second place women's team (which was sixteenth overall) was Morgan Kulla, Carol Pirotti-Haffey, Susanna Spencer-Horner, Cathy Holton, Joni Beemsterboer and Susan Allen.

Tom Hofmann, John Moyes, Brian Gilpin, Steve Jones, Glynn Jones, and Pepe Caranza finished seventeenth. Bob Colyar, Rick Barthels, Beth Fisher, Rob Rideau, Linda Harper (SE), and Bill Gorden (non-member) finished eighteenth.

Wayne Riddle, Conrad Von-Blankenburg, Ginny Lutz, Jane Dornacker, Andrea Diamond and Vince Huang came in twenty-sixth.

Pierre Hathaway provided three pilot boats, Conrad Von-Blankenburg was both swimmer and captain of his own boat, and former Dolphin Club member Sam Quinan provided a boat.

Tom Hofmann arranged for a house in Agate Bay where the swimmers stayed, paying a minimal cost for room and board. Ginny Lutz organized a barbeque following the swim, and the party was invited to the lakeside villa of Ned Richmond. Beth Fisher printed up distinct commemorative T-shirts for each Dolphin Club team.

The Dolphin Log appears quarterly. This issue edited by Cynthia Ehrlich.

FIRST IN SANTA CRUZ

Dave Scott of the Dolphin Club won first place overall against 234 contestants in the Santa Cruz Wharf Swim August 11. Thirty-four other Dolphin members finished. Mike Garibaldi took third place overall and was first in his age division, as were Patti Baier, Sally Antonchuk, Dick Beeler and Jim Mayall.

The water temperature was 60° despite persistent claims that swimming in Santa Cruz is like taking a bath. The swim from the south to north side of Santa Cruz Municipal Pier was followed by a barbeque on the beach.

DC	SC	NAME	TIME
1	1	Dave Scott	18:16
2	3	Mike Garibaldi	19:07
3	7	Patti Scott Baier	19:46
4	17	Alex Lichner	20:19
5	24	Bill Van Horn	20:57
6	27	Paul Watts	21:11
7	54	Rick Barthels	22:31
8	76	Tom Hofmann	24:14
9	90	Sally Antonchuk	25:00
10	97	Steve Jones	25:19
11	110	J. Beemsterboer	25:54
12	111	Beth Fisher	26:02
13	118	Ginny Lutz	26:30
14	120	Rob Rideau	26:49
15	122	Vince Huang	27:00
16	126	Dick Beeler	27:45
17	128	Diane Campbell	27:56
18	138	Wayne Riddle	28:41
19	140	Bill Blade	2. 51
20	155	Bud Jenkins	29 1
21	156	Milo Faye	29:56
22	167	Jane Dornacker	31:45
23	171	Jack Bettencourt	31:57
24	188	Rudy DeMay	34:20
25	197	Era Osibe	35:41
26	198	Joe Bruno	35:47
27	199	Mike Horst	35:48
28	203	Frank Drum	36:29
29	204	Jim Mayall	36:30
30	208	Mineko Saito	37:33
31	217	Bill Powning	41:21
32	221	Don Warto	42:11
33	223	Art Bauer	43:28
34	224	Lou Gallic	45:06
35	229	Joe Weiss	54:11

Zada Taft was the Dolphin Club's only entrant in the Santa Cruz Run-Swim-Run August 12. She completed the run-two-and-a-half-miles/swim-a-half-mile/run-two-miles course in fifty-six minutes twenty-one seconds.

1979 SUMMER SWIM RESULTS

Pier 41

Sunday, May 20, 1979

	NAME	TIME
1.	Suzanne Heim	17:29
2.	Roger Allebone	17:38
3.	Bill Van Horn	17:46
4.	Paul Watts	17:57
5.	Morgan Kulla	19:14
6.	Wayne Riddle	19:52
7.	Bob Coylar	19:58
8.	Steve Jones	20:01
9.	Cathy Holton	20:03
10.	Glynn Jones	20:13
11.	Mickey Lavelle	20:14
12.	Rick Barthold	20:15
13.	Tom Hofmann	20:17
14.	Robbie Rideau	21:18
15.	Sally Antonchuck	21:28
16.	C. VonBlankenburg	21:50
17.	Ginny Lutz	21:58
18.	Rich Cooper	21:58
19.	George Kebbe	22:26
20.	Milo Faye	23:32
21.	Jane Dornacker	23:40
22.	Modesto Lanzone	23:56
23.	Ron Bogioges	23:56
24.	Vince Huang	24:20
25.	Erica Drewes	24:59
26.	Maryann Kaufman	25:44
27.	Zada Taft	26:10
28.	Joe Bruno	26:34
29.	Norbert Dally	26:35
30.	Pete Biannucci	26:45
31.	Era Osibe	27:50
32.	Bill Powning	28:05
33.	Frank Drum	28:15
34.	Suzanne Taggart	28:31
35.	Lou Gallic	31:38
36.	Don Warto	33:12
37.	Pavla Podolska	33:36

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Bob Hoff	Joe Davis
Hans Kramer	Herman Duack
Frank Mennucci	Tony Gibson
Bill Walden	Bill Woodbridge
Herman Zahler	

STARTER/TIMER: Jim Mayall

RECORDERS: Hector Stephens, Erik VonBlankenburg

GALLEY: Pete Sturiale

4th Annual Quadrathon

CYCLE/ROW/RUN/SWIM - Sunday, May 27, 1979

1st 1:27:11: Yada Claassen, Modesto Lanzone, Tai Yamada, Rick Barthels
2nd 1:27:14: Bob Colyar, Norbert Dally, Rob Rideau, Paul Watts
3rd 1:28:14: Claudia Fenton, Herman Zahler, Katsu Yamada, Cathy Holton
4th 1:32:04: Buck Swannack, Bill Powning, Roger Allebone, Glynn Jones
5th 1:33:58: Jane Dornacker, Bill Walden, Kayo Aoki, Steve Jones
6th 1:34:13: Ron McDowell, Vince Huang, Geo Wertin, Mike Garibaldi
7th 1:34:46: Art Michel, Wayne Riddle, Era Osibe, George Kebbe
8th 1:42:04: Ginny Lutz, Guido Lucchessi, Tom Hofmann, Joe Bruno

STARTERS/TIMERS: Frank Drum, Dan Murphy

Cove Handicap

Saturday, June 2, 1979

NAME	FINISH	TIME	HANDICAP	NET TIME
Art Bauer	1	34:48	0 minutes	34:48
Meg Gawler	2	35:14	8	27:14
Hugh Winn	3	35:22	20	15:22
Louise Bea (tie)	4	35:26	14	21:26
Sherryl Kent (tie)	5	35:26	7	28:26
Cathy Holton	6	35:29	18:30	16:59
Rick Barthels	7	35:35	18	17:35
Mike Garibaldi	8	35:37	22	13:15
Jayne McDonagh	9	35:45	15	20:45
Lou Gallic	10	35:49	6	29:49
Bud Jenkins	11	35:50	16	19:50
Mike Barrango	12	35:51	15:30	20:21
Bob Colyar	13	35:58	18	17:58
Tom Hofmann	14	36:00	18	18:00
Tom Macy	15	36:09	17	19:09
Joe Bruno (tie)	16	36:14	11:15	24:59
Guido Lucchesi (tie)	17	36:14	15:30	20:44
Modesto Lanzone	18	36:18	13:30	22:48
Paul Watts	19	36:21	20	16:21
Vince Huang	20	36:23	15	21:33
Morgan Kulla	21	36:25	19:30	16:55
Don Warto (tie)	22	36:40	6	30:40
Steve Jones (tie)	23	36:40	19	17:40
Glynn Jones (tie)	24	36:42	19	17:42
Brian Gilpin (tie)	25	36:42	19	17:42
Ginny Lutz (tie)	26	36:43	17	19:43
C. Von Blankenburg (tie)	27	36:43	17:30	19:12
Joni Beemsterboer	28	36:45	18:30	18:15
John Moyes (tie)	29	36:53	19:30	17:23
Beth Fisher (tie)	30	36:53	17:30	19:23
Zada Taft TIE	31	37:05	13:30	23:35
Dan Osborne TIE	32	37:05	18:30	18:35
George Kebbe TIE	33	37:05	17	20:05
Wayne Riddle TIE	34	37:05	19	18:05
Bill Powning TIE	35	37:12	10:45	26:27
Jack Bettencourt TIE	36	37:12	13:30	23:42
Rod McCleod TIE	37	37:12	13:30	23:42
Era Osibe	38	37:22	12:30	24:52
Jim Mayall	39	37:27	12:30	24:57
Pavla Podolska	40	37:52	5	32:52
Erica Drewes	41	38:03	14	24:03
Jane Dornacker	42	38:05	14	24:05
Nick Zoller	43	38:16	14	24:16
Mac McCaleb	44	38:19	7	31:19
Suzanne Taggart	45	39:16	10	29:16
Bill Barr	46	40:50	8:30	32:20

HANDICAPPER Frank Drum TIMERS Frank Drum, Dan Murphy, Ray Taft
SWIM COURSE MARSHALLS Jerry Kafka and Herman Zahler

Late 1979 Swims

September

1-3....Maui Channel & Waikiki
15.10:00 a.m....Golden Gate I
16.10:30 a.m...Golden Gate II

October

13.8:30 a.m.....Alcatraz
31. 2400.....End 100-Mile Swim

November

3..5:00 p.m.....Doc Howard Gas House Cove
22.10:00 a.m.Thanksgiving Day

December

21.0100.Start Polar Bear Swim

Dolphin-South End Double Cove

(In Lieu of Gas House Cove)

Tuesday, June 19, 1979

	NAME	CLUB	TIME
1.	Mike Garibaldi	DC	26:10
2.	Patty Baier	DC	27:29
3.	Rich Harley	SE	27:39
4.	Dave Grey	DC	27:42
5.	Bill Van Horn	DC	30:12
6.	Roger Allebone	DC	30:44
7.	Hal Lingarger	SE	31:22
8.	Rick Barthels	DC	32:50
9.	Lew Cook	DC	33:00
10.	Tom Hofmann	DC	33:30
11.	Steve Jones	DC	33:40
12.	Eve Harley	SE	34:05
13.	Glynn Jones	DC	34:10
14.	Beth Fisher	DC	34:56
15.	J. Beemsterboer	DC	35:06
16.	Ginny Lutz	DC	36:01
17.	Dick Beeler	DC	36:14
18.	VonBlankenburg	DC	36:59
19.	Jim Amman	DC	38:47
20.	Rich Cooper	DC	39:02
21.	G. Farnsworth	SE	40:17
22.	Louise Bea	DC	40:19
23.	Joe Bruno	DC	42:51
24.	Jane Dornacker	DC	43:08
25.	Milo Fay	DC	45:17
26.	Zada Taft	DC	45:27
27.	Erica Drewes	DC	45:34
28.	Suzanne Taggart	DC	56:28
29.	Pavla Podolska	DC	62:09
30.	George Tracy	DC	67:10

PILOTS	PADDLEBOARDS
Jack Bettencourt	George Kebbe
Frank Mennucci	Susan Allen

TIMERS	GALLEY
Frank Drum	Jerry Kafka
Dan Murphy	Herman Zahler

Yacht Harbor

Saturday, June 23, 1979

	NAME	TIME
1.	Mike Garibaldi	24:29
2.	Dave Grey	25:13
3.	Hugh Winn	25:21
4.	Suzanne Heim	25:46
5.	Paul Watts	26:07
6.	Roger Allebone	26:52
7.	Morgan Kulla	27:55
8.	Rick Barthels	28:22
9.	Brian Gilpin	28:51
10.	John Moyes	29:02
11.	Steve Jones	29:37
12.	Tom Hofmann	29:57
13.	S. Spencer-Horner	29:58
14.	Glynn Jones	30:05
15.	Robbie Rideau	30:09
16.	Joni Beemsterboer	30:15
17.	Beth Fisher	30:41
18.	Wayne Riddle	30:51
19.	Dan Osborne	31:00
20.	Conrad VonBlankenburg	31:33
21.	Louise Bea	31:39
22.	Ginny Lutz	31:50
23.	Rich Cooper	31:58
24.	Jayne McDonagh	32:35
25.	George Kebbe	32:45
26.	Dick Beeler	32:56
27.	Bud Jenkins	33:06
28.	Cathy Holton	33:46
29.	Jane Dornacker	35:04
30.	George Tracy	51:38
31.	Erica Drewes	36:58
32.	Joe Bruno	37:58
33.	Rudy DeMay	38:11
34.	Bill Powning	38:24
35.	Joyce Coniglio	38:25
36.	Art Bauer	44:44
37.	Pavla Podolska	45:15
38.	Meg Gawler	40:31
39.	Don Warto	42:44
40.	Era Osibe	44:45

#29/15 min. handicap; #37/6 min. handicap; #38/6 min. handicap.

#30/15 min. handicap; #38/6 min. handicap; #39/6 min. handicap.

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Dave Hinton	Frank Coglin
Bob Hoff	Mel Trowbridge
Jerry Kafka	Bill Woodridge
Bill Johnson	
Bill O'Brian	
Herman Zahler	
Vince Huang (paddleboard)	

GALLEY

Pete Sturiale

Double Cove

Sunday, July 8, 1979

	NAME	TIME
1.	Dave Scott	28:09
2.	Mike Garibaldi	29:12
3.	Patty Baier	30:21
4.	Dave Gray	30:41
5.	Maryann Brems	30:56
6.	Bill Van Horn	32:41
7.	Morgan Kulla	34:35
8.	Cathy Holton	35:18
9.	Brian Gilpin	36:12
10.	John Mayes	36:55
11.	Steve Jones	37:37
12.	Sally Antonchuck	38:02
13.	Gina Gatto	38:23
14.	Beth Fisher	38:30
15.	Tom Hofmann	38:37
16.	Glynn Jones	38:40
17.	Bob Colyar	38:58
18.	Wayne Riddle	39:03
19.	Joni Beemsterboer	39:05
20.	Dick Beeler	39:30
21.	Dan Osborne	39:43
22.	Ginny Lutz	42:14
23.	Mike Barrango	42:19
24.	Rich Cooper	42:49
25.	Vince Huang	43:48
26.	George Kebbe	44:04
27.	Bud Jenkins	44:55
28.	Bill Blade	45:26
29.	Jane Dornacker	46:59
30.	Maryann Kaufman	47:35
31.	Erica Drewes	47:42
32.	Andrea Diamond	48:15
33.	Zada Taft	49:12
34.	Jack Bettencourt	50:39
35.	Nick Zoller	51:19
36.	Joyce Coniglio	52:38
37.	Robin Phelan	53:14
38.	Joe Bruno	53:59
39.	Era Osibe	54:57
40.	Meg Gawler	58:02
41.	Suzanne Taggart	58:08
42.	Bill Powning	58:35
43.	Jim Mayall	59:34
44.	Lou Gallic	63:10
45.	Art Bauer	70:02
46.	Pavla Podolska	72:10
47.	George Tracy	75:18
	Jane Goodwin	DNF

PILOTS	TIMERS
Jerry Kafka	Frank Drum
Bill Walden	Dan Murphy
Herman Zahler	Ray Taft
Robbie Rideau (paddleboard	

GALLEY

Pete Sturiale

PRESIDENT'S MESSAGE

On July 19 the Recreation and Park Commissioners voted unanimously to grant 25-year leases with a 24-year option to the Dolphin and South End Rowing Clubs. On a five-to-one vote, the San Francisco Rowing Club was included in the Dolphin Club lease. Future procedure is as follows: Lease approval by the Finance Committee of the Board of Supervisors (Quentin Kopp, Ella Hutch and Carol Ruth Silver), then reading of Committee's recommendations to two successive meetings of the Board of Supervisors for approval, and finally to Mayor Feinstein for signing.

Judge Renfrew will hear the case still pending in federal court on Thursday, September 20, at 9 a.m. Interested members should attend. -- Frank Drum

THE LOCKER ROOM

--Continued from Page 1

MAYOR'S APPOINTMENT

Walter Stack has been asked by Mayor Feinstein to serve on the newly created Mayor's Physical Fitness Council. The Council's purpose is to promote fitness among the city's residents, especially through healthy activities that are family oriented.

CLEANUP

In July a work party ripped apart the galley, the Wieland shed and the sunroof before it ran out of steam. Subsequent reinforcements finished scouring and painting every inch of the galley, and replacing its equipment. The sunroof is being resurfaced. The Wieland shed is being rebuilt.

The Dolphin Clubhouse work force, directed by Frank Drum and the boundlessly energetic Herman Zahler and Jerry Kafka, included Bert Arias, Joe Bruno, June Church, Jane Dornacker, Bobbie Dykas, Cindy Ehrlich, Richie Fossat, Rosalyn Hovsepian, Cathy Holton, Vince Huang, Dino Landucci, Frank Mennucci and Doris Trimble. Jack Bettencourt contributed the use of his truck.

ROWING

The Dolphin Sprints are coming up in November, tentatively set for the first week. Lake Rowing Coach Steve Wolf is coordinating the competition between the Dolphin Club and other clubs and schools in Northern California. Look for information on the Club bulletin board.

•

After several months at the Hunters Point Police Athletic Club, the Wieland returned to the Club Friday, August 24, to participate in the Triathalon. It was completely overhauled, including new oarlocks, new seats, a tarling couple, and the trimming of a hundred pounds excess weight.

Mark Hurley supervised the work, performed by Al Cascia-to, Forrest Fulton, Mickey Griffin, Mark Hawthorne, Jerry Kafka, Dennis Mixner and Herman Zahler.

•

With rowing equipment on loan from the Dolphin Club, the San Francisco Police Department took three gold medals and one silver medal in the four rowing events of the Police Olympics, held July 25 and 26 in Alameda.

CYCLING

Next big cycling event will be a one-day 80-mile ride around Lake Tahoe over September 21-23, with a day to anticipate and a day to recuperate. Bicyclers will camp, tentatively at Camp Richardson, and ride clockwise around the lake.

Cathy Holton, who is planning the trip with Vince Huang, describes it as "not an easy one-day ride, but it's been done. It will be more gruelling than the other rides." Signup will be at the Club. Private cars and a van will carry up bikes and bikers.

An overnighter to Mt. Tamalpais is also in the works for a weekend prior to the Tahoe ride.

June 4 several bicyclers managed to drag themselves to Tiburon despite the Maui fundraiser, which folded at three that morning. Yada Claassen, Jane Dornacker, Erica Drewes, Beth Fisher, Dave Hinton, Bob Hoff, Tom Hofmann, Cathy Holton, Vince Huang, Era Osibe, Wayne Riddle and Rob Rideau peddled over, but only Hoff and Hofmann peddled home. The rest took the ferry.

Wayne Riddle was the lone, lorn guy who rode to Fort Cronkite June 23 with Yada Claassen, Erica Drewes, Claudia Fenton, Cathy Holton, Vici MacDonald and Era Osibe. The cyclers had a windy ride, running into 50 m.p.h. winds crossing the Golden Gate Bridge.

RUNNING

While the swimmers were in Tahoe, the Dolphin runners celebrated the end of the Summer Running Program July 28 with a barbeque lunch, cooked by Jerry Kafka and Herman Zahler, and presentation of awards.

First Awards for running 360 miles went to Dan Kiernan, Steve Sancimino, Gerald Blume, Pat Kelly, Tom O'Connell, Tom Gould, Hugo Bucholz, Kayo Aoki, Tai Yamada and Katsu Yamada.

Second Awards for completing 300 miles were received by Rick Murry, George Wertin, Susanna Spencer-Horner and Susan Allen. Frank Mennucci and Ken Frank received awards for finishing 250 miles.

More events are being planned for the fall and winter, including a Dolphin Marathon.

HANDBALL

The new floor in the handball court is finished and the court operable. A formica-coated particle-board wall will be installed in the court soon. Handball players have volunteered to repaint and refurbish the walls, install a new door and a safety rail in the bleachers, under the supervision of Wayne Tomei, Phil Sturiale and Dino Landucci.

•

The Singles Tournament begins September 1, with signups for A, B and C divisions. An enthusiastic turnout is anticipated.

Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, California 94109

SAN FRANCISCO AUG 24 '79 CALIF. U.S.POSTAGE .15 F219069 METER



Morgan Kulla
236 - 4th Ave.
San Francisco, CA 94118

THE BOATS OF THE DOLPHIN CLUB

A REPORT SUBMITTED BY A DOLPHIN CLUB ROWER (ANONYMOUS)

The Dolphin Club is probably the principal salt water rowing station in the Western United States. There will be twenty-three boats at the San Francisco Clubhouse when the three singles now under construction are delivered. There are four lapstrake singles: The Baggiani, the Landucci, the Foster, and the Good Luck. There are four lapstrake doubles: The Hughes, the Cronin, the Farrell, and the Viking. There is one lapstrake six -- the ninety-one-year-old Wieland. The Dolphin Club's new boat, the Wally Smith, is a fiber glass copy of the Viking with running lights, bilge pump, and compass. Other fiber glass boats include two singles, the O'Shea and the Sterling, and a rangely named the Howard. In addition there is a lakeboat, the Foca, the plywood Crab, the lapstrake Horse, and a kayak, a canoe, a windsurfer, and a catamaran.

The saltwater fleet provides protection for the club swims and a chance for saltwater rowers to row in the Bay. The boats are as important to swimmers, who rely on them for safety, as they are to those who row for pleasure. Launching boats and rowing in San Francisco Bay takes skill and experience. The boats are fragile and the Bay sometimes extremely dangerous.

A typical wooden Whitehall saltwater rowboat might be constructed of cedar or pine



strakes and floorboards, copper rivets, machined bronze oarlocks, oak ribs, stem, and keel, Philippine mahogany thwarts and trim, and applewood knees. Hall Templeton obtained seasoned sitka spruce from British Columbia for the Club, and many of the oars are made from this wood.

The Wieland, the Cronin, the Wally Smith and the Farrell are being worked on. A number of other boats need work. Some are presently unusable. Fifty or sixty oars need fitting to the boats. Herman Zahler does most of the maintenance on the boats. To get all the boats in top shape will require a lot of labor and money. Herman needs a lot of help. The work requires time, patience and skill. Some must be done by paid professionals, but a significant amount of supervised work could be done by volunteers in order to avoid staggering costs to the Club.

According to the boat log, members who used boats during June and July 1979 are: Dornacker, Ehrlich, Stewart, Bea, LeBlanc, Sahagian, Kelly, Hinton, Mennucci, Griffin, Hoff, Shiel, Johnston, Drum, Herms, Fisher, Kafka, Zahler, Robb, Strotroen, Curtis, Krolok, Riddle, Rideau, Landucci, Geiselhart, Frank, Walden, Hull, Balarin, Cervarich, Van Vrankle, Antonoli, Michel, and Silk. Some rowed many miles and many times, some only once around the cove. The following salt water rowers have rowed over one hundred miles since February 1979: Hinton, Morino, Robb, Stortroen, Walden and Zahler.

This Issue:
Wildlife
See Page 6

DOLPHIN LOG

Happy
Holidays

OFFICIAL BULLETIN OF THE DOLPHIN SWIMMING AND BOATING CLUB

Organized 1877 San Francisco, California November 1979

CITY APPROVAL

CLUB SIGNS LONG-TERM LEASE

On October 1 the San Francisco Board of Supervisors unanimously passed an ordinance granting a 25-year lease to the Dolphin Club, with a 24-year renewal option. The South End Club was granted a similar lease.

The Dolphin Club has not had a long-term lease since 1958, when the lease granted in 1938 expired. Since then the Club had been on a month-to-month basis. The Recreation and Park Department administrates the property for the city.

The Dolphin Club's lease includes the former San Francisco Rowing Club next door. The lease requires that certain health and safety codes be met on both buildings.

Any member wishing to inspect the newly acquired property should see Herman Zahler on Saturdays or Sundays.

A ramp into the new facilities is under construction adjacent to the boat deck. Other work being done is primarily surveying what will need to be done to get the buildings in shape.

BALLOT ERROR

Due to confusion in the turning in of petitions for candidacy in the Board of Governors election, the petition turned in by Stan Hlynsky was misplaced and his name did not appear on the ballot. In order to save the Club the expense of a new election to which he was entitled, he withdrew his objection. The question was raised whether to increase the Board to accomodate Stan being appointed. He declined this alternative, stating that unless he could be elected by the membership, he did not want the position.

--Dave Hinton
Recording Secretary

SHOCKING TRUTH ABOUT WATER TEMPERATURES

Below is information excerpted from an article by Walt Stack in the July 1966 Dolphin Log:

The following are average mean sea temperatures at Fort Point, San Francisco Bay, from 1922 through 1960. The Fort Point figures are used because they most closely approximate our cove temperature. The source is the U.S. Department of Commerce Coast and Geodetic Survey publication 31-3, published in 1962.

January/50.9°	July/58.7°
February/51.7°	August/59.6°
March/53.2°	September/60.2°
April/54.5°	October/59.0°
May/55.8°	November/55.6°
June/57.5°	December/52.6°

The average maximum sea temperature is 63 degrees. Average minimum is 46 degrees. The highest this area has ever recorded was 68 degrees.

COMING UP

Every Saturday, 9 a.m.
Rowing Classes
Herman Zahler conducts ongoing instruction in Bay rowing -- covering theory, Coast Guard rules, vocabulary, and practical experience on the water. Members using Club boats must now be certified to do so.

December 8 Turkey Dinner, $5
Drinks at 6, dinner at 7:30. Slides, entertainment. Fundraising party for 1979 Women's Relay Team.

December 12 Voting Deadline
Ballots will be counted beginning at 1 p.m., Staib Room.

December 16 Christmas Party
1-5 p.m. Please contribute hors-d'oeuvres.

December 21 Opening Day of Polar Bear Swim
Entrants will swim 24 miles between December 21,1979, and March 21, 1980.

December 31 New Years Eve Party in honor of Uncle Pete Sturiale (rhymes with "galley")
Steak dinner, cocktails $18/person, $35/couple. 6 p.m. to 1 a.m. Stick around for...

January 1, 1980 New Years Day Alcatraz Swim
Entrants must complete a winter double cove swim to qualify.

January 19 Swimmers' Dinner
See bulletin board for further details.

DOLPHIN SPRINTS

LAKE HOSTS 560 FOR REGATTA

Over 560 oarspersons participated in the tremendously successful Dolphin Sprints at Lake Merced October 27 and 28. They ranged from the awesome Cal Berkeley heavyweights to the lean and mean lightweights of Santa Clara, entering events from novice singles to open eights.

Hector Stephen and his stories provided light entertainment. Tom Troneum presented the first place perpetual trophy to Cal Berkeley, the overall winners.

People behind the scenes made the regatta a success: Thanks to Frank Drum for his moral support; Mark and Ann Bruneman, regatta chairpersons; Lawton C. Hughes for his expertise as finish line judge; Jim Bruneman, head starter, and the Lake Merritt Rowing Club for providing officials; Bob Cummings for his advice; Gus Bruneman, finish line judge; Lori Bruneman, head recorder; Bob Buggetta, John May and Joe Pierucci, finish line judges; Michael Smookler, assistant race course official and regatta photographer; Tom Schaini for driving the regatta boat; Charlie Lazaro, aligner; Frank and Dave Mehl, for lending their facilities; Barbara Barrish, Rene O'Dell, Sharon Mehl and Diane McDermott, banquet chairpersons; Fred Naman, for providing the food; the St. Ignatius High School boys, for manning the stake boats and doing the odd jobs. Thanks to Dolphins Steve Wolf, Jeannette Klingel, Les Huest, Dan Murphy, John McDermott, Jim Storm, Herman Zahler, Dan Phillips, D.D. Hil, Ray Mey, Herman Dudek (South End), Sylvia Romero; and to our sponsors Berkeley Farms, Luciers, Parisian Bakers and our ad sponsors.

--Sylvia Romero

ANNUAL AWARDS DINNER

ROWERS: HONOR AMONG STEAKS

A mellow atmosphere characterized the Rowers' Awards and Pilot Appreciation banquet November 24. With barely a day to recuperate after Thanksgiving, a huge steak dinner was served to the 129 diners.

Forrest Fulton presented the rowing awards for 1979, first to those who completed the 100-Mile Row between March and October: Al Casciato, Tom Dougherty, Forrest Fulton, Jerry Kafka, Dennis Meixner, Tom Robb, Bill Walden and Herman Zahler. Those who exceeded the 100 miles by degrees were Zach Stewart, Joe Weiss and Walt Stortroen, who rowed over 200 miles; Tommy O'Connell, who rowed over 300 miles; and Dave Hinton and Jim Morino, who rowed over 400 miles.

Six Pilot Appreciation Awards were given to the year's top pilots: Dave Hinton, Jerry Kafka, Hans Kramer, Frank Mennucci, Bill Walden, and Herman Zahler. They received an ingenious kinetic trophy designed by Jerry Kafka. Kafka himself was honored as Pilot of the Year.

Other members rewarded for their piloting during the year besides the above were Jack Bettencourt, Gordon Cook, Bev Ferriera, Forrest Fulton, Mickey Griffin, Bob Hoff, Cathy Holton, Vince Huang, Dino Landucci, Mac McCaleb, Dennis Meixner, Bill O'Brien, Susanna Spencer-Horner and Paul Watts. (Thanks to Teresa Fulton for her needlework.)

Eddie de Cassio and Bill Walden received special mention for their 20 rowing trips to Sacramento from the Club. Tom Dougherty, Ray Mey, Gordon Nash and Bill Walden were recognized for their participation in the Catalina-to-Marina del Rey event.

Zahler and Kafka were chefs for the dinner, assisted by June Church, Teresa Fulton, Ann Griffin, Cathy Holton, Vince Huang, Doris Trimble and Louise Zahler. Jack Giacomini and Frank Mennucci mixed a mean drink at the bar. Dan Murphy and Hector Stephen took tickets.

HANDBALL

A Singles Tournament in A, B, and C Classes will begin in January, 1980. Details will be announced on the bulletin board in late December.

•

Awards for the 1979 handball tournaments were presented at the November 10 Handball Dinner, which drew 105 people for steak dinner, followed by dancing to the Dick Crest Corporation dance band.

Mike Horst and Willie Durkin won the 1979 A and B Class Doubles Championships. Phil Sturiale and Wayne Tomei took second, and Walt Thurman and Steve Tomei took third. In the Handicap Tournament Dave Berti won first place, and Willie Durkin, second.

Belated awards for the 1978 Singles Championships were also presented.

Awards also went to Dino Landucci, Sr., in appreciation for his work on the handball court and gallery in the past year, and to Bill Pfister and Lou Scrivant for consistent daily attendance on the court.

Moon Passanisi and Pete Sturiale were chefs for the affair, aided by Jerry Kafka, Jack Giacomini, Beth Fisher, Morgan Kulla and Joni Beemsterboer. Steve Tomei and Ray Brunetti tended bar. Phil Sturiale was ticket taker. Chuck Kambuzzi, Frank Alvarez and Dino Landucci, Sr., did the party preparations.

CYCLING

As promised, Dolphin cyclists peddled the 80-mile Lake Tahoe Lap on October 6. Yada Claassen, Erica Drewes, Cathy Holton, Vince Huang, Jayne McDonagh and Sandy Thomas left Fallen Leaf Camp at 7 a.m., completing the ride eleven hours later. They never encountered the support team of Jim McDonagh and Ken Keller, who drove around the lake twice looking for them. The group camped out Friday and Saturday nights.

No cycling trips are planned for the winter season.

FINAL 1979 SWIM RESULTS

Fort Point

Sunday, August 19, 1979

NAME	TIME
1. Mike Garibaldi	43:42
2. Dave Gray	44:46
3. Paul Watts	49:02
4. Morgan Kulla	50:34
5. Brian Gilpin	51:53
6. Cathy Holton	52:20
7. Tom Hofmann	53:55
8. Steve Jones	54:00
9. Debbie Howard	54:05
10. Beth Fisher	55:07
11. Susan Allen	56:12
12. Sally Jo Antonchuck	56:12
13. Bob Colyar	57:00
14. Joni Beemsterboer	57:39
15. Vince Huang	58:22
16. Dick Beeler	58:59
17. Ginny Lutz	58:59
18. C. Von Blankenburg	59:32
19. Emery Weed	62:02
20. Louise Bea	62:45
21. Jayne McDonagh	63:06
22. Rich Cooper	64:14
23. Ron McDowell	64:40
24. MaryAnn Kaufman	67:22
25. Erica Drewes	68:12
26. Jane Dornacker	70:32
27. Joe Bruno	71:09
28. Frank Drum	71:09
29. Bill Powning	77:45
30. Meg Gawler	81:09
31. Pavla Podolska	92:25

PILOTS	MOTOR ESCORT
Jack Bettencourt	Jerry Colson
Gordon Cook	Steve Cordoni
Linda Harper (S.E. - kayak)	George Cowing
	Bev Ferriera
Dave Hinton	Dino Landucci
Bob Hoff	George Smalling
Dino Landucci	Willie Snead
Frank Mennucci	
Art Michel	TIMERS/STARTERS
Bill Walden	Jim Mayall
Bill Woodbridge	Hector Stephen
	Charles Lockwood
GALLEY	
Pete Sturiale	

The Dolphin Log appears quarterly. This issue edited by Cynthia Ehrlich.

Alcatraz

Sunday, September 23, 1979

NAME	TIME
1. Mike Garibaldi	24:10
2. Dave Gray	25:30
3. Hugh Winn	26:06
4. Paul Watts	27:41
5. Ron Rawson	29:12
6. Brian Gilpin	29:18
7. Rod Leland	29:28
8. Kent Price	29:41
9. Morgan Kulla	29:53
10. Cathy Holton	30:21
11. Gary Taylor	30:21
12. Steve Jones	30:36
13. Debbie Howard	31:08
14. Dianne Campbell	31:21
15. Tim Lavelle	31:27
16. Pepe Caranza	31:36
17. Tom Hofmann	31:57
18. Dan Osborne	33:10
19. Glynn Jones	33:25
20. Mickey Lavelle	33:27
21. Rick Barthels	33:30
22. Laura Sims	33:34
23. Susan Allen — TIE	34:00
24. Herb Barthels — TIE	34:00
25. Bob Colyar	34:50
26. Joni Beemsterboer	34:51
27. John Moyes	35:02
28. Ginny Lutz	35:16
29. Emery Weed	35:21
30. George Kebbe	35:25
31. Jerry Cullen	35:39
32. Mike Barrango — TIE	35:52
33. Tom Macy — TIE	35:52
34. C. Von Blankenburg	36:04
35. Phil Gay	36:36
36. Ron McDowell	37:00
37. Pat Kelly	37:44
38. Vince Huang	37:48
39. Carla Curtis	38:57
40. Rick Cooper	39:46
41. Bud Jenkins	39:53
42. Jane McDonagh	40:04
43. Guido Lucchesi	40:35
44. Jack Fleming	40:43
45. Richard Murray	41:07
46. Pete Biannucci	41:30
47. Syd Shafroth	41:42
48. R.C. Livingston	41:50
49. Judy Dittmer	41:58
50. MaryAnn Kaufman	42:02
51. Zada Taft	42:20
52. Jane Dornacker	42:33
53. Dick Beeler	42:52
54. James Farrell	43:47
55. Milo Faye	44:16
56. Chris Codelago	45:02
57. Joyce Coniglio	45:13
58. Sara McCluskey	45:17
59. Erica Drewes	45:17
60. Roger Linquist	45:26
61. Robin Phalen	45:44
62. Cheryl Kent	46:07
63. Jim Mayall	46:22
64. Vici MacDonald	46:58
65. Micki Plunkett	47:29
66. Joe Bruno	47:55
67. Steve Krolik	48:34
68. Era Osibe	48:37
69. Carol Thomas	49:01
70. Suzanne Taggart	49:30
71. Cynthia Hilton	51:26
72. Norbert Daly	51:29
73. Meg Gawler	51:45
74. Hugo Bucholtz	53:59
75. Pax Beale	57:45
76. Art Bauer	68:28
77. Pavla Podolska	72:52
78. George Tracy	97:53

DOLPHIN CLUB PILOTS	SOUTH END CLUB PILOTS
Jack Bettencourt	John Brennan
Gordon Cook	Laura Fairhurst
Aldo Cuneo	George Farnsworth
Bev Ferrera	Tony Gibson
Beth Fisher	John Hentz
Dave Hinton	Bob Roper
Jerry Kafka	Ray Savigliano
Mac McCaleb	Mel Trowbridge
Frank Mennucci	Bill Trowbridge
Art Michel	
Hal Miramonte	MOTOR ESCORT
Tom Robb	Jerry Colson
Walt Shiel	Steve Cordoni
Mike Thornton	George Cowing
Bill Walden	Bev Ferriera
Herman Zahler	Dino Landucci
	George Smalling
TIMERS	Willie Snead
Frank Drum	
Tom Gould	MARSHALL OF SWIM
Dan Murphy	Lawton Hughes
Ray Taft	
	GALLEY
	Pete Sturiale

SWIM SHORTS

FISHER IN THE WATER

Beth Fisher accomplished two dramatic Bay swims this fall. On October 26 she swam from Sausalito to Aquatic Park in two hours 44 minutes, breaking Walt Schneebeli's 19-year record. Susan Allen accompanied her on paddleboard, and Dave Hinton and Zach Stewart rowed the Farrell. Then on November 14 the same crew accompanied her swim from Treasure Island to the Club in one hour 22 minutes.

CORRECTION

Mike Garibaldi's time in his August 1979 Alcatraz swim (around and back) was one hour fifteen minutes three seconds.

Golden Gate

Saturday, October 13, 1979

NAME	TIME
1. John Selmer	24:24
2. Ron Leland	24:51
3. Kent Price	25:15
4. Gary Taylor	28:25
5. S. Spencer-Horner	28:58
6. Susan Allen	30:27
7. Leslie Sims	31:57
8. Andrea Diamond	32:25
9. Mike Barrango	32:50
10. Diane Campbell TIE	34:45
11. Steve Prokop TIE	34:45
12. Ron McDowell	37:42
13. Chris Cadelago	38:24
14. Hilary Brosby	38:43
15. Joe Bruno	39:27
16. Mineko Saito	41:10
17. Jerry Cullen	41:34
18. Joyce Coniglio	43:30
19. Cindy Ehrlich	43:44
20. Katie Maloney	43:56
21. Ray Beale	44:00
22. Robin Phalen	44:12
23. Ken Frank	44:16
24. Zada Taft	44:18
25. Modesto Lanzone	44:38
26. Susan Lauritzen	46:06
27. Sarah McCuskey	47:16
28. Tom Callinan	47:47
29. Mike Horst	48:15
30. Bill Powning	48:34
31. Vici MacDonald	48:55
32. Joe Schatz	48:59
33. Jim Mayall	50:15
34. Charles Rockwood	50:32
35. Judy Dittmer	51:10
36. Pete Biannucci	51:30
37. Meg Gawler	51:32
38. Lou Gallic	52:15
39. Rudy Demay	53:11
40. Art Michel	53:27
41. Steve Krolik	53:48
42. Buck Swannack TIE	53:55
43. Joe Mahler TIE	53:55
44. Suzanne Taggart	54:00
45. Ken Crutchlow	54:10
46. Mike Cerrie	54:44
47. Art Bauer	55:15
48. Cindy Hilton	57:22
49. George Austin	57:24
50. Pavla Podolska	60:00
51. George Tracy	81:55

DOLPHIN CLUB PILOTS

Jack Bettencourt
Tom Edwards
Dave Gray
Mickey Griffin
John Hentz
Tom Hofmann
Joe Johnson
Jerry Kafka
Hans Kramer
Dino Landucci
Frank Mennucci
Dan Osborne
Zach Stuart
Bill Walden
Paul Watts
Bob Whaley
Herman Zahler

MOTOR ESCORT

Jerry Colson
Steve Cordoni
George Cowing
Bev Ferriera
Dino Landucci
George Smalling
Willie Snead

SOUTH END CLUB PILOTS

Al Burke
Tony Gibson
Norman Peterson
Mel Trowbridge

PADDLEBOARD

Pepe Caranza
Ron Chish
Brian Gilpin
Cathy Holton
Vince Huang
R. Kleitman
Ginny Lutz

TIMERS

Dan Murphy
Ray Taft
Joni Beemsterboer

GALLEY

Pete Sturiale

Sunday, October 14, 1979

NAME	TIME
1. Mike Garibaldi	21:58
2. Hugh Winn	22:15
3. Dave Gray	23:04
4. Paul Watts	23:48
5. Suzanne Heim	23:53
6. Bill Van Horn	24:57
7. Brian Gilpin	25:00
8. Morgan Kulla	25:07
9. Pepe Caranza	25:18
10. Charles Raven	25:28
11. Bill Harlan	26:46
12. Rick Barthels	26:50
13. Steve Jones	27:12
14. Debbie Howard	27:14
15. Lew Cook	27:16
16. Cathy Holton	27:30
17. Bill Gordon	27:45
18. Glynn Jones	27:50
19. Jim Amann	27:52
20. Tom Hofmann	27:54
21. Dan Osborne	28:11
22. Sally Antonchuck	28:13
23. Pete Applegate	28:32
24. Phil Gay TIE	30:39
25. Peter Brand TIE	30:39
26. Mickey Lavelle	30:58
27. Conrad Liberty	31:03
28. Joni Beemsterboer	31:10
29. Ginny Lutz	31:54
30. Bob Colyar	31:55
31. Dick Bartels	32:27
32. George Kebbe	33:00
33. Veronika Mann	33:10
34. Dick Beeler	33:15
35. Bud Jenkins	33:24
36. Emery Weed	33:43
37. Kurt Ghan	33:52
38. Vince Huang	34:08
39. Carla Curtis TIE	34:41
40. Mary Gellinas TIE	34:41
41. MaryAnn Kaufman	35:00
42. Rich Cooper	35:25
43. Pat Kelly	37:06
44. Guido Lucchesi	37:14
45. Peter Stocker	37:18
46. Jane McDonagh	37:43
47. Jane Dornacker	37:50
48. Norbert Dally	38:12
49. Pat Hill	38:20
50. Tom Brennan	38:31
51. C. VonBlankenburg	38:54
52. Ron Burg	38:55
53. Laurie Lahr	39:22
54. Erica Drewes	42:33
55. Jack Fleming	43:47
56. Joe Bruno	43:50
57. Era Osibe	44:02
58. Thomas Sandra	44:18
59. Roger Linquist	47:45
60. Cheryl Kent	49:20
61. Ken Odell	50:42
62. Mike McGidigan	52:34
63. Pat Clancy	56:50

DOLPHIN CLUB PILOTS

Gordon Cook
Jerry Cullen
Lou Gallic
Dave Hinton
Jerry Kafka
Hans Kramer
Modesto Lanzone
Rod Leland
Jim McDonagh
Bill Walden
Herman Zahler

SOUTH END CLUB PILOTS

George Farnsworth
Tony Gibson
Koch
Linda Harper
Bob Roper
J.B. Sullivan

PADDLEBOARD

Susan Allen
Beth Fisher
Ron McDowell
Joe Schatz
S. Spencer-Horner

TIMERS

Reba Caranza
Jim Mayall
Pavla Podolska

MOTOR ESCORT

Jerry Colson
Steve Cordoni
Bev Ferriera
Dino Landucci
George Smalling
Willie Snead

BARTENDERS AT PARTY

June Church
Rich Fossat
Bill Sleater
Rico Passanisi

GALLEY

Pete Sturiale

Doc Howard
Twilight Cove

Saturday, November 3, 1979

NAME	TIME
1. Phil Gay	17:14
2. Dan Osborne	18:15
3. Dennis Rice	19:05
4. George Farnsworth	20:12
5. Bud Jenkins	20:16
6. Frank Coghlan	22:14
7. Zada Taft	22:24
8. Nick Zoller	23:31
9. Bill Powning	24:33
10. Modesto Lanzone	24:34
11. Joe Bruno	25:04
12. Jim Mayall	26:14

PILOTS

Gordon Cook
Hans Kramer
Herman Zahler

TIMERS

Joni Beemsterboer
Tom Hofmann
Dan Murphy
Ray Taft

Paddleboard:
Susan Allen
Ginny Lutz

Thanksgiving Day Cove

Thursday, November 22, 1979

NAME	TIME
1. Mike Garibaldi	14:50
2. Suzanne Heim	14:57
3. Paul Watts	15:53
4. Morgan Kulla	16:48
5. Cathy Holton	16:57
6. Bill Gordon	17:17
7. S. Spencer-Horner	17:30
8. Bob Colyar	17:36
9. Phil Gay	17:39
10. Tom Hofmann	17:42
11. Glynn Jones	17:47
12. Steve Jones	18:07
13. Rick Barthels	18:13
14. Leslie Sims	18:15
15. Diane Campbell	18:51
16. Joni Beemsterboer	18:53
17. Ron Maas	19:28
18. Ginny Lutz	19:29
19. Brian Gilbert TIE	19:52
20. Dick Beeler TIE	19:52
21. *Joe Bruno	19:54
22. Emery Weed	20:13
23. *Era Osibe	20:21
24. George Kebbe	20:25
25. Vince Huang	20:28
26. Mike Barrango	20:36
27. Tom Macy	20:57
28. Susan Allen	20:59
29. Syd Shafroth	21:18
30. *Joe Carroll	21:46
31. Jayne McDonagh	22:20
32. Hugh Bucholtz	22:24
33. Rich Cooper	22:40
34. Jane Dornacker	22:48
35. Lydia Mendoza	22:58
36. Nick Zoller	23:05
37. Zada Taft TIE	23:11
38. Erica Drewes TIE	23:11
39. Jerry Cullen	23:14
40. Chris Cadelago	23:31
41. Joyce Coniglio	23:46
42. Tim Arnstein	23:47
43. Modesto Lanzone	24:30
44. Sarah McCuskey TIE	24:39
45. William Powning TIE	24:39
46. Vici MacDonald	25:55
47. Hubert Vignaut	27:25
48. Art Bauer	28:37
49. *Jack O'Leary	30:00
50. Noel Frelicot	32:00

*short cove

PILOTS	STARTERS
Jerry Kafka	Dan Murphy
Frank Mennucci	Ray Taft
Bill Walden	
Herman Zahler	GALLEY
	Pete Sturiale

PRESIDENT'S MESSAGE

To meet the requirements of our new lease, presently the firm of Osborne & Stewart, Architects, is preparing drawings to be submitted for competitive bidding to various fire sprinkler companies. The second code requirement is rewiring the clubs where necessary. Much of the other work required can be done by Club members, skilled and unskilled, so sharpen your saws, clean your paint brushes and get out your work clothes. Help is needed. Check with Boat Captain Herm Zahler.

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No decision has been reached in Federal Court regarding the Dolphin and South End Clubs. A date is yet to be set for a mid-December hearing.

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WHERE DOES THE MONEY GO? Several new members have asked this question regarding the $20 swim fee.

ANSWER: For eighteen club-sponsored swims in 1979, the cost, including water taxi, bus, awards, trophies, coffee, pastry and other refreshments, amounted to $4538.57, plus an additional $465.50 for accident and hospital insurance covering swimmers and pilots. Income from 121 swimmers at $20/per totals $2420. See the Treasurer's Report for breakdown. --Frank Drum

PHOTO CONTEST

The Dolphin Log is sponsoring a contest to determine whether it is possible to take a black and white photograph of any Dolphin-related subject.

WE GET LETTERS WRONG

If your name is always misspelled in the Log, or you have other complaints or suggestions regarding its contents, please contact Cindy Ehrlich c/o the Club.

DOLPHINS CLEAN UP IN HAWAII

Dolphin Club members -- in teams, alone, and in all age brackets -- dominated Labor Day weekend swimming events in Hawaii. On August 29 Joni Beemsterboer became the first woman to swim the complete 10-mile Maui Channel. The Men's and Women's Relay Teams from the Dolphin Club took first place in the men's and women's divisions in the Maui Channel Relay Swim September 1. Members of both relay teams went on to place high in their divisions in the 2.3-mile Waikiki Beach Swim September 3, as did other Dolphins Sally Jo Antonchuck (swimming for the San Mateo Marlins), Joe Bruno, Ray and Zada Taft.

Beemsterboer swam the Channel in 5 hours 59 minutes, accompanied alternately on paddleboard by Susan Allen, Cathy Holton and Susanna Spencer-Horner. The men's relay team -- Mike Garibaldi, Dave Gray, Dave Scott, Bill Van Horn, Paul Watts, and Hugh Winn -- finished the course in 3 hours 28 minutes. Susan Allen, Beth Fisher, Suzanne Heim, Cathy Holton, Morgan Kulla and Susanna Spencer-Horner finished in 4 hours 9 minutes. Three hundred swimmers competed in Waikiki. Dave Scott was first overall in the Masters Division, Suzanne Heim second overall in the Women's Masters Division. Waikiki times:

NAME	AGE GROUP	PLACE	TIME
Dave Scott	25-29	1st	50:00
Mike Garibaldi	30-34	1st	53:35
Dave Grey	30-34	3rd	55:36
Hugh Winn	35-44	1st	56:38
Suzanne Heim	20-24	1st	58:51
Bill Van Horn	35-44	2nd	59:43
Morgan Kulla	25-29	1st	62:01
Susanna Spencer-Horner	25-29	3rd	1:07:57
Sally Jo Antonchuck	35-44	2nd	1:09:59
Ray Taft	55-64	1st	1:10:24
Zada Taft	55-64	1st	1:34:48
Joe Bruno	65+	2nd	1:48:08

Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, California 94109

SAN FRANCISCO DEC-6'79 CALIF. U.S.POSTAGE .15 F219069 METER



Richard B. Cooper
1140 Filbert St.
San Francisco, CA 94109

THE BIRDS OF THE DOLPHIN CLUB AREA

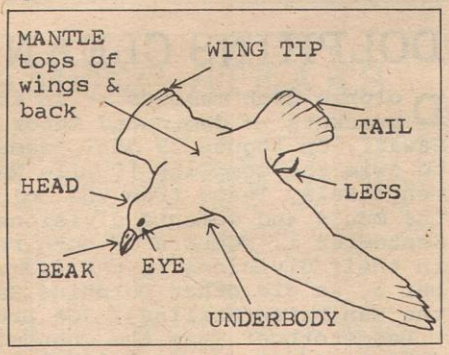
By Herman Zahler

As an introduction, a personal list of shore and water birds observed while rowing around the Bay follows:

DUCKS	OTHER WATER BIRDS
Canvasback	Cormorant
Coot	Pelican (Brown)
Western Grebe	Common Murre
Mallard	Black Crowned Heron
Pin Tail	Blue Heron
Lesser Scaup	Red Phalarope
Widgeon	Black Bellied Plover
	Snowy and Common Egret
	Least Sandpiper
	Forster Tern
	Caspian Tern
	Willet
And all of the Gulls (below)	

GULLS (LARIDAE)

World wide there are some 43 species of gull. Of these



there are 17 that are considered birds of the western United States. Of these 17, there are possibly seven that visit the Bay on a regular basis. Of these seven the list below are five actually seen on San Francisco Bay (in order of greatest number):

Western Gull
(Larus Accidentalus)

California Gull
(Larus Californicus)

Herring Gull
(Larus Argentatus)

Heerman's Gull
(Larus Heermanni)

Bonaparte's Gull
(Larus Philadelphia)

Please note these are adult characteristics. Immature gulls are either brown or gray checked and may not develop their adult coloring until after the third year. (the exception among juveniles, Heerman's Gull, is dark gray.) Among adults there is little change in coloring except during the breeding season. Male and female gulls look alike.

SPECIES	SIZE	EYE COLOR	HEAD COLOR	WING TIPS	MANTLE	BILL	LEGS	APPEARANCE
Western Gull	24-27"	Yellow	White	Black w/ white tips	Very dark gray	Yellow w/ red spot	Flesh	All year
Herring Gull	22-26"	Yellow	White	Black w/ white spots	Pearly gray	Yellow w/ red spot	Flesh	Common W
California Gull	20-23"	Dark	White	Black w/ white spots	Medium gray	Yellow w/ red spot	Greenish	Common Sp, F Abundant W
Heerman's Gull	18-21"	Dark	White	Black	Dark	Red	Black	Common F
Bonaparte's Gull	12-14"	Dark	Black	Triangle white tipped black	Light gray	Black	Red	Common Sp, F

Species: See Above for Latin Name • Size: From Beak to Tail • Mantle: Upper Surface of Wings & Back